

2007 NEVADA STATE SHORT COURSE SWIMMING CHAMPIONSHIPS

JANUARY 12-15, 2007

Hosted by

THE CARSON TIGERSHARKS

- SANCTION:** Held under USA/Pacific Swimming Sanction No. **0057**
- LOCATION:** Carson City Aquatic Facility, 841 N. Roop St., Carson City, NV. Two traffic lights east of Hwy 395 on Hwy 50 (E. Williams St.), a right turn onto Roop St. then one block south of Hwy 50, behind the Carson City Community Center. Additional parking available at the Bank of America at the corner of Roop St. and Hwy 50 (E. Williams St.).
- COURSE:** 50 meter X 25 yard indoor heated pool. 8 short course lanes for competition and 8 short course lanes for warm-up and warm-down. Touch pads and electronic timing will be used.
- TIME:** **FRIDAY TIMED FINALS:** begins at 4:00 p.m. with warm-ups from 2:30-3:45 p.m.
SAT, SUN, & MON PRELIMS (11 & OVER): begin at 8:30 a.m., with warm-ups from 7:00 am to 8:15 a.m.
SAT, SUN, & MON TIMED FINALS (10 & UNDER): will not begin before 12:30 p.m. with warm-ups beginning no sooner than 11:00 noon.
SAT, SUN, & MON FINALS (11 & OVER): will begin no sooner than ONE HOUR AFTER the completion of the 10 and under session. The final's start time will be determined at the daily coaches meeting.
- RULES:** Current USA/Pacific Swimming rules will govern the meet. Pacific warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events for 10 and under are timed finals. All swimmers aged 10 and under should complete competition within four (4) hours. Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down.
- All swimmers must meet the **published minimum time standards** in short course yards. Conversion times from long course meters using the formula in the Pacific Swim Guide are acceptable.
 - The events for Friday night will be run on two (2) courses.
 - The 400 IM will be swum fastest to slowest. The events will remain in separate age groups, 13-14, and 15 & Over.
 - The 1000 and 1650 freestyle races are timed finals and will be swum fastest to slowest, alternating women and men.
 - Both events will be swum combining 13-14 and 15-18 age groups, but will be scored and awarded separately.
 - The top 8 entered times for boys and the top 8 entered times for girls in the combined age groups for the 1000 freestyle, will be swum during finals on Sunday.
 - Swimmers must provide their own timers and lap counters for the 1650 and 1000.
 - **Bonus Events:** Make 1 cut, add 2 Bonus Events where bonus standard is achieved
Make 2 cuts, add 1 Bonus Event where bonus standard is achieved
Make 3 cuts or More **No Bonus**
 - **Finals:** Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet.
If the failure to compete occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable,

the swimmer shall be fined \$25.00. [Exceptions for failure to compete- No penalty shall apply for failure to withdraw or compete in an individual event if:

- 1) The referee is notified in the event of illness or injury and accepts proof thereof.
 - 2) It is determined by the referee that the failure to compete is caused by circumstances beyond the control of the swimmer.
- Swimmers must swim in their actual age group as determined by their age on the first day of the meet.
 - 19 & Over swimmers will be allowed to swim prelims if they meet the time standards for 15-18, not finals, and they cannot score points.
 - 8 & Under swimmers will be scored for High Point within their age group, but will not count toward team points.
 - 11 & Over swimmers may compete in the open relays or in relays for their age division, BUT NOT BOTH.
 - **Relays will be deck entered by the announced time on Sat. & Sun. Relay cards will be handed out the morning of the relays.**
 - All relay swimmers must be entered in an individual event in the meet or the name of the relay only swimmer must be submitted with the team entries with the participation fee.
 - **Event Limit:**
 - 10 & Under: 4 events per day, 7 maximum for the meet, plus relays.
 - 11 & Over: 3 events per day, 7 maximum for the meet, plus relays.
 - Each team is limited to 2 scoring relays, per event, to be designated 'A' and 'B,' additional non-scoring relays will be allowed, 19 and older may not participate in scoring relays. **Relays will be deck entered, at the cost of \$12.00 per relay regardless of scoring designation. Relay cards will be handed out the morning of the relays.**
 - All coaches and deck officials must wear their USA Swimming membership (USA-S) cards in a visible manner.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited in all interior swimming pool areas.
- The sale and use of alcoholic beverages is strictly prohibited in **all** areas of the meet venue.
- There will be closed areas of the deck. The cooperation of swimmers, their families, and coaches will be appreciated.
- Folding and camp chairs will not be allowed due to limited space on the deck. Seating is on a first come first serve basis and reserving seats will not be allowed. Special bleachers have been constructed for the meet to create as much seating as possible. **LARGE COOLERS WILL NOT BE ALLOWED ON BLEACHERS.**

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. *Disabled swimmers meeting the eligibility requirements are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.* Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

CHECK-IN: The meet will be deck seeded. **The 1st 2 events of each session will close together thirty (30) minutes before the start of the session. Events will close thirty (30) minutes prior to the estimated start of the event. Swimmers who do not check-in will not be allowed to compete in the event.**

SCRATCHES: Any swimmer who has checked-in for an individual event and fails to swim that event will be barred from competing in his/her next individual event. The penalty will not apply if the swimmer scratches before the event is seeded or if the Meet Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

OFFICIALS: Meet Referee: Gale Maynor Starter: Van Fortier
Meet Marshall: Marc Grunert Meet Director: Nancy Dyer 775-883-4277
nancy@tigersharks.org

ENTRIES: THREE OPTIONS FOR MEET ENTRY

Option 1: Online Meet Entries

Enter at <http://swimconnection.com/pc/meet/cars> to receive immediate confirmation of acceptance via email. The “billing information” email should be brought to the meet as proof of entry. No Online entries will be accepted after January 3, 2006.

Online entry requires payment by credit card using our secure site. The cost of using online meet entries is \$1 per swimmer plus 5% of the total entry fee. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

Option 2: Team Meet Entries

If teams wish to do a group entry using Hytek’s Team Manager please contact Diana Ballard at diana@tigersharks.org to receive the computer file and instructions on entries.

Option 3: Surface Mail Entries: Entries must be submitted on the enclosed consolidated entry form. Each entry must be completely filled out with **short course yards times** for the events. Entered times must be submitted in yards. “No time” entries **will not be accepted. ALL ENTRIES MUST BE POSTMARKED BY MIDNIGHT TUESDAY, JANUARY 2, 2007**, or hand delivered by **WEDNESDAY, JANUARY 3** to:

Carson Tigershark Team Box (Hand Delivery Address Only)
Carson Aquatic Facility
841 N. Roop Street
Carson City, NV 89702*

If you mail entries and need confirmation of entry include a self-addressed stamped postcard/envelope. No refunds will be given except for mandatory scratch downs. **Relays will be deck entered, at the cost of \$12.00 per relay regardless of scoring designation by the announced time on Saturday and Sunday.**

ENTRY FEES: \$5.00 for each individual event plus \$10.00 participation fee per swimmer must accompany each entry card. \$12.00 per relay event.

NO REFUNDS. Make checks payable to **Carson Tigersharks** and mail with entries to:
Nancy Dyer
P.O. Box 1876
Carson City, NV 89702

NO LATE OR DECK ENTRIES (except for Relay events) WILL BE ACCEPTED.

AWARDS: **Team Trophies:** 1st - 3rd
Trophies will be awarded for Individual High Point & Runner-up
 (Individual high point awards will be awarded 8 & Under, 9-10, 11-12, 13-14, 15 & Over)
Individual Events: medals 1st – 9th place, ribbons 10th – 16th place
 (Individual events will be awarded 8 & Under, 9-10, 11-12, 13-14, 15 & Over)
Relays: Medals 1st-3rd

ALL AWARDS MUST BE PICKED UP AT THE MEET. NO AWARDS WILL BE MAILED.

SCORING: Individuals 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
 Relays 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

ADMISSION: Free. A four-day program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet

- Pancake breakfast available Sat., Sun. and Mon.
- BBQ grill will be serving chicken sandwiches, hamburgers, and hotdogs.

HOSPITALITY: Snacks, lunches, and beverages will be served to all working officials, coaches, and timers.

EVENT SUMMARY:

	8 & Under	9-10	11-12	13-14	15 & Over
Friday	None	None	500 Free	400 IM 1650 Free	400 IM 1650 Free
Saturday	25 Free 25 Breast 50 Back 100 IM 100 Med R	200 Free 50 Breast 100 Back 100 IM 200 Med R	200 Free 50 Breast 100 Back 50 Fly 200 Med R	200 Free 100 Breast 200 Back 100 Fly 400 Med R	200 Free 100 Breast 200 Back 100 Fly 400 Med R <i>Open</i>
Sunday	25 Fly 25 Back 50 Breast 100 Free 100 Free R	50 Fly 50 Back 100 Breast 100 Free 200 Free R	100 IM 50 Back 100 Free 200 Free R	200 IM 100 Back 100 Free 1000 Free 400 Free R	200 IM 100 Back 100 Free 1000 Free 400 Free R <i>Open</i>
Monday	50 Fly 50 Free	200 IM 100 Fly 50 Free	200 IM 100 Breast 100 Fly 50 Free	500 Free 200 Breast 200 Fly 50 Free	500 Free 200 Breast 200 Fly 50 Free

Friday, January 12, 2007

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description Timed Finals	Boys Time Standards	Boys Event #	Boys Bonus Standards
No Bonus	1	6:06.96	13-14 400 IM	5:58.64	2	No Bonus
No Bonus	3	5:25.05	15& Over 400 IM	5:39.95	4	No Bonus
No Bonus	5	6:43.35	11-12 500 Freestyle	7:17.42	6	No Bonus
No Bonus	7	23:14.20	13-14 1650 Freestyle	22:52.30	8	No Bonus
No Bonus	7	21:12.49	15& Over 1650 Freestyle	21:48.50	8	No Bonus

Saturday, January 13, 2007

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description AM and Finals Sessions	Boys Time Standards	Boys Event #	Boys Bonus Standards
2:34.03	9	2:32.03	11-12 200 Freestyle	2:42.20	10	2:44.20
2:21.68	11	2:19.68	13-14 200 Freestyle	2:22.55	12	2:24.55
2:09.08	13	2:07.08	15 & Over 200 Freestyle	2:16.01	14	2:18.01
41.98	15	41.48	11-12 50 Breaststroke	45.76	16	46.26
1:26.14	17	1:25.14	13-14 100 Breaststroke	1:28.30	18	1:29.30
1:19.94	19	1:18.94	15 & Over 100 Breaststroke	1:23.70	20	1:24.70
1:20.18	21	1:19.18	11-12 100 Backstroke	1:32.10	22	1:33.10
2:44.53	23	2:42.53	13-14 200 Backstroke	2:51.30	24	2:53.30
2:34.19	25	2:32.19	15 & Over 200 Backstroke	2:45.94	26	2:47.94
37.26	27	36.76	11-12 50 Butterfly	38.59	28	39.09
1:19.40	29	1:18.40	13-14 100 Butterfly	1:15.95	30	1:16.95
1:11.44	31	1:10.44	15 & Over 100 Butterfly	1:12.00	32	1:13.00
-	33*	-	11-12 200 Medley Relay	-	34*	-
-	35*	-	13-14 400 Medley Relay	-	36*	-
-	37*	-	Open 400 Medley Relay	-	38*	-

*Relays will be swum only during the evening finals.

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description Afternoon Session Timed Finals	Boys Time Standards	Boys Event #	Boys Bonus Standards
3:03.39	39	3:01.39	9-10 200 Freestyle	3:01.09	40	3:03.09
21.76	41	21.51	8 & Under 25 Freestyle	21.57	42	21.82
			10 minute break			
49.29	43	48.79	9-10 50 Breaststroke	50.81	44	51.31
29.59	45	29.34	8 & Under 25 Breaststroke	28.54	46	28.79
			10 minute break			
1:34.84	47	1:33.84	9-10 100 Backstroke	1:41.20	48	1:42.20
59.80	49	59.30	8 & Under 50 Backstroke	57.98	50	58.48
			10 minute break			
1:33.54	51	1:32.54	9-10 100 IM	1:37.16	52	1:38.16
2:05.43	53	2:04.43	8 & Under 100 IM	2:00.80	54	2:01.80
1:11.44			10 minute break			
-	55	-	9-10 200 Medley Relay	-	56	-
-	57	-	8 & Under 100 Medley Relay	-	58	-

Sunday, January 14, 2007

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description AM and Finals Sessions	Boys Time Standards	Boys Event #	Boys Bonus Standards
2:27.57	59	2:25.57	15 & Over 200 IM	2:34.92	60	2:36.92
2:40.46	61	2:38.46	13-14 200 IM	2:45.20	62	2:47.20
1:18.04	63	1:17.04	11-12 100 IM	1:26.96	64	1:27.96
1:11.17	65	1:10.17	15 & Over 100 Backstroke	1:16.12	66	1:17.12
1:16.30	67	1:15.30	13-14 100 Backstroke	1:20.80	68	1:21.80
36.87	69	36.37	11-12 50 Backstroke	41.52	70	42.02
1:00.15	71	59.15	15 & Over 100 Freestyle	59.48	72	1:00.48
1:04.89	73	1:03.89	13-14 100 Freestyle	1:04.94	74	1:05.94
1:09.49	75	1:08.49	11-12 100 Freestyle	1:14.34	76	1:15.34
No Bonus	77	13:55.80	13-14 1000 Freestyle	13:40.70	78	No Bonus
No Bonus	77	12:06.02	15 & Over 1000 Freestyle	13:03.30	78	No Bonus
			15 minute break			
-	79*	-	Open 400 Freestyle Relay	-	80*	-
-	81*	-	13-14 400 Freestyle Relay	-	82*	-
-	83*	-	11-12 200 Freestyle Relay	-	84*	-

*Relays will be swum only during the evening finals.

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description Afternoon Session Timed Finals	Boys Time Standards	Boys Event #	Boys Bonus Standards
43.92	85	43.42	9-10 50 Butterfly	42.53	86	43.03
26.36	87	26.11	8 & Under 25 Butterfly	26.11	88	26.36
			10 minute break			
43.20	89	42.70	9-10 50 Backstroke	45.78	90	46.28
26.58	91	26.33	8 & Under 25 Backstroke	26.42	92	26.67
			10 minute break			
1:49.27	93	1:48.27	9-10 100 Breaststroke	1:52.21	94	1:53.21
1:04.84	95	1:04.34	8 & Under 50 Breaststroke	1:02.72	96	1:03.22
			10 minute break			
1:22.22	97	1:21.22	9-10 100 Freestyle	1:23.22	98	1:24.22
1:49.58	99	1:48.58	8 & Under 100 Freestyle	1:44.43	100	1:45.43
			10 minute break			
-	101	-	9-10 200 Freestyle Relay	-	102	-
-	103	-	8 & Under 100 Freestyle Relay	-	104	-

Monday, January 15, 2007

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description AM and Finals Sessions	Boys Time Standards	Boys Event #	Boys Bonus Standards
2:54.04	105	2:52.04	11-12 200 IM	3:07.35	106	3:09.35
No Bonus	107	6:12.00	13-14 500 Freestyle	6:25.30	108	No Bonus
No Bonus	109	5:41.41	15 & Over 500 Freestyle	5:52.00	110	No Bonus
1:33.32	111	1:32.32	11-12 100 Breaststroke	1:39.49	112	1:40.49
3:12.60	113	3:10.60	13-14 200 Breaststroke	3:11.49	114	3:13.49
3:02.99	115	3:00.99	15 & Over 200 Breaststroke	3:02.80	116	3:04.80
1:26.42	117	1:25.42	11-12 100 Butterfly	1:27.57	118	1:28.57
3:01.68	119	2:59.68	13-14 200 Butterfly	2:51.80	120	2:53.80
2:54.90	121	2:52.90	15 & Over 200 Butterfly	2:38.77	122	2:40.77
30.91	123	30.41	11-12 50 Freestyle	34.45	124	34.95
30.69	125	30.19	13-14 50 Freestyle	30.19	126	30.69
28.05	127	27.55	15 & Over 50 Freestyle	27.38	128	27.88

Girls Bonus Standards	Girls Event #	Girls Time Standards	Event Description Afternoon Session Timed Finals	Boys Time Standards	Boys Event #	Boys Bonus Standards
3:31.37	129	3:29.37	9-10 200 IM	3:30.38	130	3:32.38
57.17	131	56.67	8 & Under 50 Butterfly	57.47	132	57.97
			10 minute break			
1:44.51	133	1:43.51	9-10 100 Butterfly	1:42.00	134	1:43.00
49.10	135	48.60	8 & Under 50 Freestyle	48.28	136	48.78
			10 minute break			
36.13	137	35.63	9-10 50 Freestyle	37.70	138	38.20

CONSOLIDATED ENTRY CARD											
2007 NEVADA STATE SWIMMING CHAMPIONSHIPS January 12-15, 2007											
NAME: LAST, FIRST, MIDDLE INITIAL										SEX	
DATE OF BIRTH					AGE		LSC:				
USA-S REG NUMBER											
TEAM ABBR		SWIM TEAM (IF UNATT SWIM CLUB)									
SWIMMER'S ADDRESS											
TELEPHONE											
EVENT	ENTRY TIME		DISTANCE & STROKE								
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COACH:											
Participation FEE		# of entries		ENTRY FEE \$			TOTAL FEE \$				
\$10.00				___ X \$5.00							