

ZONE 1 NORTH SHORT COURSE SWIM CHAMPIONSHIPS

January 27-January 28, 2007

USA/PACIFIC SWIMMING SANCTION NUMBER: **0357**

Enter online at: <http://swimconnection.com/pc/meet/z1champ>

LOCATION: De Anza College, corner of Stevens Creek Blvd. and Stelling Road, Cupertino, CA. Outdoor 25-yard heated pool with up to 20 lanes for competition.

PARKING IS \$2.00 PER DAY; YOU NEED QUARTERS!!

COURSE: 25-yard x 50 meter outdoor pool. A 25-yard course of up to 12 lanes. Separate warm-up/warm-down pool is available.

TIME: Meet begins at 9 a.m. each day. The meet will be run in two sessions: Swimmers 13 and over in the morning session. Swimmers 12 and under in the afternoon session. WARM-UP for the morning session will be held from 7:30 to 8:45 a.m. each day. **A thirty minute warm-up period will be held in the competition pool for the 12 and under swimmers at the completion of the morning session.** Swimmers 13 and over may continue to warm-down in the diving well area during that time. *The afternoon session will not begin before 1 p.m.*

RULES: Current USA and Pacific Swimming rules will govern this meet. All coaches and deck officials must wear their USA-S membership card in a visible manner. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the clerk-of-the-course. All events are timed finals. **SWIMMERS MAY SWIM IN THE OPEN AND AGE GROUP EVENTS. SWIMMERS MAY COMPETE IN A TOTAL OF 3 INDIVIDUAL EVENTS AND 1 RELAY PER DAY.** Relays will be swum in one course at the end of the morning session and at the beginning of the afternoon session. Clubs are permitted to enter up to three (3) relays in each relay event (A/B/C), but only the 'A' relay team may score points. Relay teams must be designated before the event. Swimmers 19 and older may compete in individual events on a non-scoring basis, but may not swim relays. If conditions warrant the Meet Director and Head Referee may require a mandatory scratch down. In such cases of mandatory scratches immediate cash refunds will be made. Entry times submitted for this meet will be checked against a computer database and maybe changed in accordance with Pacific Swimming Entry Time Verification Procedures.

RESTRICTIONS: Smoking and the use of other tobacco products are prohibited on the pool deck, in the locker rooms, in spectator seating and standing areas, and in all areas used by swimmers during the meet and during warm-up periods. The sale and use of alcoholic beverages are prohibited in all areas of the meet venue. **NOTE: TENTS ARE NOT ALLOWED ON THE POOL DECK OR IN THE AISLES AT THE ENTRANCE TO THE POOL, OR IN ANY AREA POSTED WITH "NO TENTS ALLOWED" SIGNS. NO GLASS CONTAINERS ARE PERMITTED ON THE DECK OR IN THE STANDS.** Access to the Pool Deck will be restricted to officials, timers, swimmers, coaches, and meet staff.

ELIGIBILITY: The meet is open only to members of Zone 1 North swim clubs. Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **Swimmers must have met the listed qualifying time standards.** Swimmers over the age of 18 may participate in the 17/18 division, but will not receive awards. **Disabled swimmers are welcome to attend this meet and should contact the meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.**

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course. The close of check-in for all events shall be no more than **30 minutes** before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered at this meet. The penalty will not apply if the swimmer scratches before the event is seeded, or the Referee accepts proof that the failure to swim was caused by illness, injury, or other circumstances beyond the control of the swimmer.

ENTRIES:

Option 1: Online Meet Entries:

Enter at: <http://swimconnection.com/pc/meet/z1champ> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. **Online entries must be made by Monday, January 15, 2007. NO LATE ENTRIES, NO REFUNDS.**

Option 2: Team Entries via Hy-Tek:

Entire team entries should be on disk and sent to The Sunnyvale Swim Club, P.O. Box 2580, Sunnyvale, CA 94087-2580. Attn: Mike Jufiar, cell phone number 408-896-5736, email: mikejufiar@sbcglobal.net. If your team does not own Team Manager (TM), you may download "TM Lite" at no charge from www.Hy-Tekltd.com.

Option 3: Traditional Team Entry:

Entries must include: (1) a completed SAMMS entry form for each swimmer, (2) a completed Team Consolidated Entry Form including fees due and a contact person (form is attached), (3) a single check made out to Zone 1 North.

Relay Entries:

Relay entries and fees are due the day of the event at a time to be announced each day. Relay-Only swimmers must be pre-entered using one of the three entry methods described above.

Team entries must be delivered no later than Monday, January 15, 2007 at the Zone 1 North meeting. Sunnyvale is the Entries Chair. Cards must be completely filled out. "No Time" entries cannot be accepted. Cards will be provided at the meet for relays.

ENTRY FEES: \$2.25 per individual event and \$7.00 per relay event. There will be a \$5.00 participation fee per swimmer.

SCORING: The top sixteen finishers in each individual event will score as follows: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. The top eight finishers in each relay event will score as follows: 40-34-32-30-28-26-24-22

AWARDS: Ribbons will be awarded to the top sixteen (16) places in individual and top eight (8) places relay events. Team awards will be awarded to the top three (3) teams overall and to the teams with the most points in the YOUNGER and OLDER age groups.

The Ray Taft Award will be awarded to the fastest male 100 back stroke of the meet.

ADMISSION: Free. A two-day program will be on sale. THERE WILL BE NO HOSPITALITY. TEAMS SHOULD PROVIDE FOR THEIR WORKERS. There will **not** be a Snack Bar available.

OFFICIALS: Meet Referee: Darryl Woo

Head Starter: Ric Lee

Head Marshall: Tony Batis

Meet Director:

Marie Wise
408 823-3416 Cell
650 233-0651 Home
mariewise@aol.com

SCHEDULE OF EVENTS

Morning Session

<u>SATURDAY</u>						<u>SUNDAY</u>				
Girls	Time Standard	Event	Time Standard	Boys	Girls	Time Standard	Event	Time Standard	Boys	
1	2:25:39	13/14 200 Free	2:16:29	2	51	2:43:89	13/14 200 IM	2:33:69	52	
3	2:40:69	15/16 200 IM	2:26:99	4	53	1:12:39	15/16 100 Fly	1:05:59	54	
5	2:29:19	17/Over 200IM	2:23:59	6	55	1:11:49	17/Over 100 Fly	1:04:09	56	
7	1:14:39	13/14 100 Back	1:10:29	8	57	2:37:99	Open 200 Back	2:29:89	58	
9	1:22:69	15/16 100 Breast	1:14:99	10	59	1:17:99	13/14 100 Breast	1:18:39	60	
11	1:22:69	17/Over 100 Breast	1:13:19	12	61	1:13:29	15/16 100 Back	1:06:39	62	
13	2:36:19	Open 200 Fly	2:20:39	14	63	1:12:59	17/Over 100 Back	1:04:99	64	
15	1:13:79	13/14 100 Fly	1:08:69	16	65	2:58:59	Open 200 Breast	2:39:89	66	
17	30:49	15/16 50 Free	27:49	18	67	30:99	13/14 50 Free	28:79	68	
19	30:49	17/Over 50 Free	26:89	20	69	2:22:39	15/16 200 Free	2:10:89	70	
21	5:38:20	Open 400 IM	5:06:69	22	71	2:21:49	17/Over 200 Free	2:08:19	72	
23		13/14 200 Free Relay		24	73		13/14 200 Medley Relay		74	
25		15/18 200 Free Relay		26	75		15/18 200 Medley Relay		76	

A thirty minute warm-up period will be held for the 12 and under swimmers at the completion of the morning session.

Afternoon Session

<u>SATURDAY</u>						<u>SUNDAY</u>				
Girls	Time Standard	Event	Time Standard	Boys	Girls	Time Standard	Event	Time Standard	Boys	
27		8/U 100 Free Relay		28	77		8/U 100 Medley Relay		78	
29		9/10 200 Free Relay		30	79		9/10 200 Medley Relay		80	
31		11/12 200 Free Relay		32	81		11/12 200 Medley Relay		82	
33	1:49.29	8/U 100 IM	1:45.09	34	83	42.99	8/U 50 Free	40.89	84	
35	36.79	9/10 50 Free	36.49	36	85	41.59	9/10 50 Fly	40.99	86	
37	1:22.79	11/12 100 IM	1:23.99	38	87	2:35.89	11/12 200 Free	2:36.19	88	
39	19.49	8/U 25 Free	18.39	40	89	24.79	8/U 25 Breast	24.29	90	
41	45.19	9/10 50 Back	44.49	42	91	49.29	9/10 50 Breast	49.29	92	
43	43.29	11/12 50 Breast	43.29	44	93	39.59	11/12 50 Back	38.99	94	
45	23.19	8/U 25 Back	22.69	46	95	21.59	8/U 25 Fly	20.49	96	
47	1:34.79	9/10 100 IM	1:32.99	48	97	1:22.79	9/10 100 Free	1:19.69	98	
49	32.99	11/12 50 Free	32.79	50	99	36.69	11/12 50 Fly	36.79	100	

NOTE: All relays will be seeded by time and will compete slowest to fastest.

EVENT RECAP

SATURDAY, JANUARY 27, 2007

8/Under	9/10	11/12	13/14	15/16	17/Older	Open
100 IM	50 Free	100 IM	200 Free	200 IM	200 IM	200 Fly
25 Free	50 Back	50 Breast	100 Back	100 Breast	100 Breast	400 IM
25 Back	100 IM	50 Free	100 Fly	50 Free	50 Free	
100 Free Relay	200 Free Relay	200 Free Relay	200 Free Relay	15/18 200 Free Relay		

SUNDAY, JANUARY 28, 2007

8/Under	9/10	11/12	13/14	15/16	17/Older	Open
50 Free	50 Fly	200 Free	200 IM	100 Fly	100 Fly	200 Back
25 Breast	50 Breast	50 Back	100 Breast	100 Back	100 Back	200 Breast
25 Fly	100 Free	50 Fly	50 Free	200 Free	200 Free	
100 Medley Relay	200 Medley Relay	200 Medley Relay	200 Medley Relay	15/18 200 Medley Relay		

Zone 1 North Championships – 2007
Team Job Assignments

<u>Club</u>	<u>Job Assignment</u>
BAC	Head Timer Sat. & Sun. Morning Sessions – Provide 16 watches, 16 clip boards, and 16 pencils One Marshal for the Sat. morning session and one Marshal for the Sat. afternoon session Timing assignment for 1 lane – Sat. and Sun. morning sessions
DCD	First Aid One Marshal for the Sat. & Sun. morning and afternoon sessions Timing assignment for 1 lane – Sat. and Sun. afternoon sessions
DACA	Facilities Awards Set-up and take down Timing assignment for 3 lanes – Sat. and Sun. morning and afternoon sessions
LO	Head Timer Sat. & Sun. Afternoon Sessions – Provide 16 watches, 16 clip boards, and 16 pencils Two Runners for Sat. and Sun. morning sessions Timing assignment for 1 lane – Sat. and Sun. afternoon sessions
LAMV	Desk – Sat. and Sun. morning and afternoon sessions Check-In – Sat. and Sun. morning and afternoon sessions Two Desk Runners – Sat. and Sun. morning and afternoon sessions No timing assignments.
OSC	Intermediary for Sat. and Sun. afternoon sessions Announcer – Sat. and Sun. morning and afternoon sessions One Marshal for the Sat. and Sun. morning and afternoon sessions Timing assignment for 1 lane – Sat. and Sun. morning and afternoon sessions
PASA	Meet Director Intermediary for Sat. and Sun. morning sessions Head Marshal – Sat. and Sun. morning and afternoon sessions Two Marshals for the Sat. and Sun. morning and afternoon sessions Set-up Timing assignment for 3 lanes – Sat. and Sun. morning and afternoon sessions
PCA	Two Marshals for the Sat. and Sun. morning and afternoon sessions Two Runners for the Sat. and Sun. afternoon sessions Timing assignment for 1 lane – Sat. and Sun. morning sessions
SUNN	Programs, Printing, and Sales Entries One Marshal Sat. and Sun. morning and afternoon sessions Timing assignment for 1 lane – Sat. and Sun. morning and afternoon sessions

TIMERS

Lane Assignments by Team AM and PM Sessions

<u>Team</u>	<u>Lane #</u>
BAC	#1 - am session
DCD	#1 - pm session
DACA	#2, #3, #6 - am & pm sessions
LO	#10 - pm session
OSC	#8 – am & pm sessions
PASA	#4, #5, #7 – am & pm sessions
SUNN	#9 – am & pm sessions
PCA	#10 – am session

If only 8 lanes are utilized LO, SUNN, and PCA will be backup timers

Zone 1-North Pacific Swimming Short Course Championship Meet January 27-28, 2007 CONSOLIDATED ENTRY CARD			
Name: Last First Initial			
Club Abbr.	Unattached	Club Name	
AGE	Date of Birth	Amt. Paid	
USA-S Registration			
Gender: Boy Girl		Age Group	
(Circle one of the above)			
Event #	Distance / Stroke	Entry Time	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
# of Entries _____ X \$2.25 = _____ <div style="text-align: right;"> Participation Fee: + \$5.00 ----- Total </div>			
Coach: _____			
Swimmer's _____			
Address: _____			
Phone # () -			
Team E-mail: _____			

Zone 1-North Pacific Swimming Short Course Championship Meet January 27-28, 2007 CONSOLIDATED ENTRY CARD			
Name: Last First Initial			
Club Abbr.	Unattached	Club Name	
AGE	Date of Birth	Amt. Paid	
USA-S Registration			
Gender: Boy Girl		Age Group	
(Circle one of the above)			
Event #	Distance / Stroke	Entry Time	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
		: .	
# of Entries _____ X \$2.25 = _____ <div style="text-align: right;"> Participation Fee: + \$5.00 ----- Total </div>			
Coach: _____			
Swimmer's _____			
Address: _____			
Phone # () -			
Team E-mail: _____			