

## **2010 CARSON TIGERSHARKS "POLY" TATHLON**

January 16 & 17, 2010

Hosted by

THE CARSON TIGERSHARKS

<http://ome.swimconnection.com/pc/cars20100116>

- SANCTION:** Held under USA/Pacific Swimming Sanction No: **10-009**
- LOCATION:** Carson City Aquatic Facility is located at 841 N. Roop St., Carson City, NV, 89701. From Business Hwy 395 go two traffic lights east on Hwy 50 (E. Williams St.). Turn right on Roop St. go one block south on Roop and turn left behind the Carson City Community Center. **Or** from Hwy 395 take exit 39. Turn right and go .9 mile. Turn left at Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy 50 (E. Williams St.).
- COURSE:** **Short Course.** 25 yard heated pool with up to 8 lanes for competition and 8 lanes for warm-up and warm down. Colorado Timing system. The competition course has been certified in accordance with 104.2.2C(4). Minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 5 feet at the start end and 5 feet at the turn end.
- TIME:** **SATURDAY & SUNDAY MORNING SESSIONS (11 & up)** warm-ups 7:30-8:15am, meet begins at 8:30 am  
**AFTERNOON SESSIONS:** (10 and under): meet will not start before 12:30 pm; and warm-ups will not start before 11:00am
- RULES:** Current USA/Pacific Swimming rules will govern the meet. Pacific warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. All swimmers aged 12 and under should complete competition within four (4) hours. All coaches and deck officials must wear their USA Swimming membership (USA-S) cards in a visible manner. Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. **Swimmers aged 10 years and younger will swim three (3) events per day and a total of six (6) events for the entire meet. Swimmers aged 11 years and older will swim four (4) events per day and a total of eight (8) events for the entire meet.**
- RESTRICTIONS:** Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Glass containers and sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms. **NO ANIMALS ARE ALLOWED ON THE PREMISES.**
- RELAYS:** There will be no relays.
- ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. This meet is open to qualified members of USA-S. Swimmers 19 years of age and older may participate in open or 13-Up events but will not receive awards or score points. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations or entry times and seeding per Pacific Swimming Policy.**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Any swimmer who has checked-in for an individual event and fails to swim that event will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after the second check-in process will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches before the event is seeded, or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

**ENTRIES:** **TWO OPTIONS FOR MEET ENTRY**

**Option 1: Online Meet Entries**

Enter at <http://ome.swimconnection.com/pc/cars20100116> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. No Online entries will be accepted after January 6, 2010.

Online entry requires payment by credit card using their secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fee. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

**Option 2: Surface Mail Entries:** Entries must be submitted on the enclosed consolidated entry form. Each entry must be completely filled out with **short course yards times** for the events. Entered times must be submitted in yards. "No time" entries will be accepted. **ALL ENTRIES MUST BE POSTMARKED BY MIDNIGHT MONDAY, JANUARY 4, 2010**, or hand delivered by **WEDNESDAY, JANUARY 6, 2010** to:

*Carson Tigershark Team Box (\* Hand Delivery Address Only)*  
Carson Aquatic Facility  
841 N. Roop Street  
Carson City, NV 89702

No late entries will be accepted. If you mail entries and need confirmation of entry include a self-addressed stamped postcard/envelope. No refunds will be given except for mandatory scratch downs.

**ENTRY FEES:** **10 and Under:** \$21.50 for the meet - includes \$2.75 per event (6 events) and \$5.00 participation.  
**11 and Up:** \$27.00 for the meet – includes \$2.75 per event (8 events) and \$5.00 participation.

Make checks payable to **Carson Tigersharks** and mail with entries to:

Carson Tigersharks  
P.O. Box 1876  
Carson City, NV 89702  
775- 883-4277

**SCORING:** *Hy-Tek Points System for Combined Events* will be used for scoring. The points range from 1 to 1150 where 800 points closely approximates a U.S. Top 16 reportable time for a particular age group. This system allows one to approximately compare the quality of swims between age groups. The total points of each swim will be added to determine the top three winners in each age group for both men and women.

**AWARDS:**     **10 and Under:** Awards are based on total score for 6 events (not individual events) and will be awarded separately by age group and gender.

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place and ribbons for 4<sup>th</sup> through 8<sup>th</sup>.

**11 and Up:** Awards are based on total score for 8 events (not individual events) and will be awarded separately by age group and gender.

Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place. (no ribbons for 4<sup>th</sup> through 8<sup>th</sup>)

**Age groups awarded:** 6 and Under; 7-8; 9-10; 11-12; 13-14; 15-16; 17-18.

No awards for swimmers 19 years of age and older

**ADMISSION:** Free. A two day program will be available for a fee.

**SNACK BAR:** A snack bar will be available during the meet.

**HOSPITALITY:** Limited hospitality will be available for working officials, coaches and timers.

**OFFICIALS:** Head Referee: **Gale Maynor**

Meet Director: **Regina Ford/Nyna Rew, 775/230-5660, reginaford@rocketmail.com**

Head Starter: **Jim Morefield**

Head Marshall: **John Branco**

**Saturday AM Session (11 and Up) January 16, 2010**

Women's Event Number	Age Group	Event Description	Men's Event Number
<b>1</b>	11 and Up	200 Freestyle	<b>2</b>
<b>3</b>	11 and Up	100 Breaststroke	<b>4</b>
<b>5</b>	11 and Up	200 Backstroke	<b>6</b>
<b>7</b>	11 and Up	50 Freestyle	<b>8</b>

**Saturday PM Session (10 and Under) January 16, 2010**

Women's Event Number	Age Group	Event Description	Men's Event Number
<b>9</b>	9-10	100 Freestyle	<b>10</b>
<b>11</b>	8 and Under	50 Freestyle	<b>12</b>
<b>13</b>	9-10	50 Breaststroke	<b>14</b>
<b>15</b>	8 and Under	25 Breaststroke	<b>16</b>
<b>17</b>	9-10	50 Freestyle	<b>18</b>
<b>19</b>	8 and Under	25 Freestyle	<b>20</b>

**Sunday AM Session (11 and Up) January 17, 2010**

Women's Event Number	Age Group	Event Description	Men's Event Number
<b>21</b>	11 and Up	200 Individual Medley	<b>22</b>
<b>23</b>	11 and Up	100 Backstroke	<b>24</b>
<b>25</b>	11 and Up	100 Butterfly	<b>26</b>
<b>27</b>	11 and Up	100 Freestyle	<b>28</b>

**Sunday PM Session (10 and Under) January 17, 2010**

Women's Event Number	Age Group	Event Description	Men's Event Number
<b>29</b>	9-10	50 Butterfly	<b>30</b>
<b>31</b>	8 and Under	25 Butterfly	<b>32</b>
<b>33</b>	9-10	50 Backstroke	<b>34</b>
<b>35</b>	8 and Under	25 Backstroke	<b>36</b>
<b>37</b>	9-10	100 Individual Medley	<b>38</b>
<b>39</b>	8 and Under	100 Individual Medley	<b>40</b>

CONSOLIDATED ENTRY CARD		
NAME: LAST, FIRST, MIDDLE INITIAL		SEX
DATE OF BIRTH	AGE	LSC:
USA-S REG NUMBER		
TEAM ABBR	SWIM TEAM (IF UNATT SWIM CLUB)	
SWIMMER'S ADDRESS		
TELEPHONE		
EVENT	ENTRY TIME	DISTANCE & STROKE
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
<p><b>Must compete in six events within 10 &amp; under age category</b></p>		
COACH:		
Participation FEE	ENTRY FEE \$	TOTAL FEE \$
<b>\$5.00</b>	<b>\$16.50</b>	<b>\$21.50</b>

CONSOLIDATED ENTRY CARD		
NAME: LAST, FIRST, MIDDLE INITIAL		SEX
DATE OF BIRTH	AGE	LSC:
USA-S REG NUMBER		
TEAM ABBR	SWIM TEAM (IF UNATT SWIM CLUB)	
SWIMMER'S ADDRESS		
TELEPHONE		
EVENT	ENTRY TIME	DISTANCE & STROKE
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
	: .	
<p><b>Must compete in eight events within 11 &amp; over age category</b></p>		
COACH:		
Participation FEE	ENTRY FEE \$	TOTAL FEE \$
<b>\$5.00</b>	<b>\$22.00</b>	<b>\$27.00</b>