

**Burlingame Aquatic Club**  
**PACIFIC SWIMMING PC-C/PC-PC-B/PC-A+ Short Course Distance Invitational**  
**Saturday and Sunday, February 25 and 26, 2012**  
Enter Online: <http://ome.swimconnection.com/pc/bac20120225>

**SANCTION:** Held under USA Pacific Swimming Sanction No. 12-027

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet will be posted in real time on the Internet at (meet results URL).** By entering the meet, the athlete or his/her guardian consents to this publication.

**USE OF AUDIO AND VIDEO:** Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms.

**OFFICIALS:**  
*Meet Referee: Nan McKenna*  
*Head Starter:*  
*Meet Marshal: Leo Bondar*  
*Meet Director: Tom Jacobs- 650-346-5221; [tom94044@yahoo.com](mailto:tom94044@yahoo.com)*

**LOCATION:** Burlingame High School Pool, 851 Oak Grove Avenue, Burlingame CA 94010. From Highway 101, exit Broadway. Turn left onto Carolan Avenue, and turn left at stop sign onto Oak Grove Avenue. The pool is on the right hand side. Parking at the pool will be held for meet officials and swim coaches. **Additional parking is available behind the High School off Carolan Avenue.**

**COURSE:** Outdoor 50 meter by 25 yard heated pool. Up to ten 25-yard lanes may be used for competition. The minimum water depth, measured in accordance with Article 103.2.3, is 7' at the start end and 7' at the turn end. Warm-up/cool-down area will be available during the meet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System will be used.

**TIME:** Meet begins at 9:00AM each day, warm-ups from 7:30 to 8:45 AM each day

**RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. **Swimmers may compete in FOUR (4) events per day. All swimmers ages 12 and under should complete competition within four (4) hours. Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.** If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

**All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**Attention High School Swimmers:** If you are a high school swimmer in competition season, you need to be unattached from this meet. It is your responsibility to be unattached from this meet. You can un-attach at the meet if necessary. This rule does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in

all areas of the meet venue. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations. **No tents will be allowed on the pool deck or any other area with the pool's fenced complex.**

**ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division. Entries with **"NO TIME" will be** accepted. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met the time standards for the 17-18 age group. The swimmer's *age will be the age of the swimmer on the first day of the meet.*

**Entry Priority:** Pacific Swimming Distance Invitational, all teams welcome.

**ENTRY FEES:** \$2.75 per event, \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**Make check payable to:** **BAC (Burlingame Aquatic Club)**  
**Mail with entries to:** Karen Eastwood  
Swim Meet Entries  
1556 Columbus Avenue  
Burlingame, CA 94010

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming. **Entries must be postmarked by midnight, Monday, February 13, 2012** or hand delivered to the address above **by 6:30 p.m. Wednesday, February 15, 2012.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**ONLINE ENTRIES:** You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/pc/bac20120225> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through Wednesday, February 15, 2012.**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in the meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstance that were beyond the control of the swimmer.

**DISTANCE:** The 1650 freestyle and 500 free are "Open" events. They will be swum fastest to slowest alternating girls and boys. Swimmers competing in the 1650 and 500 freestyle must provide their own lap counters and timers.

**AWARDS:** Individual events will be awarded in the A, B, and C Division. Ribbons for 1<sup>st</sup> - 8th place are given to the following age groups 11-12, 13-14, 15-16, & 17-18. Swimmers 19 years of age and older will not receive awards. Standard "A" medals will be awarded to swimmers achieving NEW "PC-A" times in each event, regardless of place achieved in the event. There will be only one level of awards for open events. All awards must be picked up at the meet. Awards will not be mailed.

**ADMISSION:** Free. A two-day program will be available for a reasonable fee.

**REFRESHMENTS:** A snack bar will be available serving breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

Map to Burlingame High School Pool.  
851 Oak Grove Avenue, Burlingame CA 94010



EVENTS

Saturday, February 25, 2012

GIRLS	DISTANCE/STROKE	BOYS
1	9 & Over 500 FREE	2
3	11&OVER 200 BREAST	4
5	11&OVER 200 FLY	6
7	11&OVER 200 BACK	8
9	11&OVER 400 IM	10

Sunday, February 26, 2012

GIRLS	DISTANCE/STROKE	BOYS
11	11& Over 1650 FREE	12

All 1650 and 500 Freestyle swimmers must provide their own timers and lap counters.

13-18 individual events will be swum together but scored separately as 13-14 and 15-18

