

# Far Western Short Course Championship Meet

Presented by  
Pacific Swimming, the Morgan Hill Makos Swim Club, and  
the City of Morgan Hill

Morgan Hill Aquatics Center, Morgan Hill, California

March 30-31, April 1-2, 2006

Enter this meet online at: <http://swimconnection.com/pc/meet/mhscfw>

Sanction: Held under USA Swimming/Pacific Swimming Sanction Number: **6001**

**LOCATION:** MORGAN HILL MAKOS SWIM CLUB  
Morgan Hill Aquatics Center, 16200 Condit Avenue, Morgan Hill, California.

**From Highway 101 South** take Dunne Avenue exit, turn left crossing over 101, turn right on Condit Avenue (second traffic light). Pool is on left, about ¼ mile.

**From Highway 101 North** take Tennant Avenue exit, turn right onto Tennant and make immediate left onto Condit Avenue. Pool is on right.

**PLEASE DO NOT PARK ON THE WEST SIDE OF CONDIT. YOU WILL BE TOWED.**

**COURSE:** 25 yard x 50-meter outdoor, heated pool. Up to 16 competition lanes available. A separate 6 lane, 25-meter warm-up area will be available during the meet. Locker rooms with showers are available.

**TIME:** The competition pool and adjacent warm-up pool will be available for pre-meet warm-ups on Thursday, March 30 through Sunday April 2 from 7:30 AM to 8:45 AM. The competition pool will be cleared at 8:45 AM each day. Trials will start at 9:00 AM. Finals will begin no sooner than one and one-half hours after the completion of trials. The exact time will be determined by the referee and announced as early as possible each day. See special rules below for the 1000 and 1650 Freestyle Events and Relays. Relays will be swum at the conclusion of Finals on Thursday, Friday and Sunday. On Saturday, Events 105 and 106 will be swum at the beginning of Finals. The remaining relays on Saturday will be swum at the conclusion of Finals.

**RULES :** Current U.S.A. and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. All events are trial and finals except the 1000 and 1650 Freestyle events and all relay events. Swimmers may enter as many events as they have met or exceeded the listed time standards. **However, they may only compete in a maximum of seven (7) events.** If a swimmer enters more than seven events, he or she must scratch down to the seven-event limit and no refunds will be given. **Swimmers are further restricted to swimming no more than three- (3) events in any single day of competition, including distance events.** Relay events do not count against these limits. See special rules for distance events and relays below. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming entry Time Verification Procedures. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.** Coach and deck official packets will be given only to those displaying their cards.

**PROOF OF TIME:** Proof of time will be required for this meet per Pacific Swimming rule Section 4.C.:

1. Swimmers failing to perform at the standard or better WILL be required to furnish proof of having previously achieved their submitted times. **ONLY OFFICIAL MEET RESULTS from SANCTIONED or APPROVED MEETS will be accepted as proof.**

2. If swimmers cannot show such proof of time, they shall be **barred** from their next individual event.

3. For swimmers achieving their Q times from meets sanctioned by Pacific Swimming, these official times will be in our database. As a courtesy, we will run all entries against our database to produce an exception report of non-verifiable times. Swimmers will be informed of the discrepancies via email (it is important to include a current email address on the entry form) prior to the meet so that they will only need to produce the proper proof of time information upon check-in for those events only. Swimmers taking advantage of this service prior to the start of the meet will not need to produce any proof of time during the meet if they fail to swim the qualification time.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No propane containers, other than provided for the snack bar, are allowed in any areas of the meet venue.
- No glass containers allowed on deck.
- Team areas are located on lawn and areas around recreational pools. Limited areas for coaches are next to the pool. No EZ-ups or chairs provided.
- Cement walkways are to be left open for emergency vehicle access and/or traffic flow.
- The Morgan Hill Aquatics Center prohibits any outside commercial food from being brought into the swim venue. (Picnic tables are located outside the gate).

**ELIGIBILITY:** Swimmers 18 years of age or younger are eligible to enter this meet. All swimmers must have a current USA Swimming registration card and must enter the number on their entry cards. Swimmers who enter as “Pending” or “Applied for” must be prepared to present their current card or register before being allowed to check in, unless the Meet Director determines that they are validly pending. Swimmers registering at the meet must pay a \$10.00 surcharge in addition to the registration fee. Swimmers must have met the listed qualifying time standards. Swimmers who enter an event but do not enter a time which meets or exceeds the listed time standard will not be permitted to swim that event unless they provide written proof that they have met or exceeded the listed time standard. **“NO TIME” entries WILL NOT be accepted. No refunds will be made.**

**RELAYS:** All relay entries must be submitted by the entry deadline with the entry time listed. Relay entries will not be accepted without an entry time. All relay swimmers **MUST BE ENTERED IN AN INDIVIDUAL EVENT, OR LISTED ON THE RELAY ONLY SWIMMERS FORM BY THE MEET ENTRY DEADLINE.** Relay cards will be available for team pick-up each morning after check-in is open. Any team wishing to pick up all relay cards for the duration of the meet must request this and sign for all of their cards. Relay scratches must be received by 12:00 Noon each day or the relay will be seeded. Relay cards must be completed with swimmers name and age and order of swim and turned into the head lane timer, by the start of their heat or the relay will be disqualified. Relay seeding will be posted the same as individual seeding prior to start of finals. All relays are swum as timed finals. No late, telephone, or FAXED entries will be accepted. No refunds will be made.

**DISTANCE:** The 1650 and 1000 yard Freestyle events are timed finals and will be scored. The Meet Referee and Meet Director will determine the course(s) to be used based on the number of swimmers checked-in for these events. Swimmers need to provide their own lap counters and timers. Check in for the 1000 and 1650 Freestyle events (Events 201-204) will be open from the start of the meet until 11:00 AM on the day of the event. The 1000 and 1650 Freestyle events will be swum fastest to slowest, either alternating women and men or on separate courses. The Meet Referee and Meet Director may decide to swim two swimmers per lane.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 30 minutes before the *estimated* time of the start of the first heat of the event. Swimmers must check in for the 1000 and 1650 Freestyle events by 11:00 AM on the day of the event. Check in for the 1000 and 1650 Freestyle events (Events 201-204) will be open from the start of the meet until 11:00 AM on the day of the event. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** The Pacific Swimming scratch rules will be in effect. A copy of these rules will be posted at the Clerk-of-Course. A copy may be obtained from the Meet Director prior to the meet by providing a self-addressed, stamped envelope. Any swimmer who has checked-in for an individual event trial and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances that were beyond the control of the swimmer **A swimmer shall be barred from competing for the remainder of the meet if he or she fails to compete in the final that he or she originally qualified for, unless properly scratched.** This rule includes a fine of \$25 for any swimmer originally qualifying for a final but failing to compete in that final if the final is the swimmer's last competition of the meet.

**ENTRIES:** Entries must be on attached form. Team relay entries should be submitted by the team on the attached form. Entries must be filled out completely, including best short course time for each event, and accompanied by a check for the correct amount. **Long Course times may be used for entry times only if the converted time (formulas Section 2. D. 2. a. - Pacific Swim Guide) meets or is faster than the listed standard in the equivalent stroke and distance.** "NO TIME" entries **will not** be accepted. Swimmers who submit a No-Time entry will not be entered in that event. Any swimmer who has been judged to have submitted a falsified time will be referred to his or her local Swimming Committee. All non-Pacific swimmers should include a photocopy of their USA Swimming registration card.

**ONLINE ENTRIES:** You may enter this meet online or by mail. Enter at <http://swimconnection.com/pc/meet/mhscfw> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the amount of the Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected in order to enter this meet. No Online entries will be accepted after March 22, 2006.

**ENTRY DEADLINE:** Entries must be postmarked by midnight, Monday, March 20, 2006 or hand delivered to the address below by 9:00 PM, Wednesday, March 22, 2006. No late entries, no telephone entries, and no FAXED entries will be accepted.

**ENTRY FEES:** \$4.50 per individual event, \$16.00 per relay event, plus \$5.00 participation fee per swimmer to help cover meet expenses.

Make check payable to Morgan Hill Swim Club and mail with entries to:

Far Western Meet Entries  
16620 Dale Hollow Ct  
Morgan Hill, CA 95037

Contact: Peggy Pinarbasi (408) 779-9485 email: [PeggyPinarbasi@aol.com](mailto:PeggyPinarbasi@aol.com)

**Directions:** From 101 North or South exit to Dunne Avenue West Take left onto Monterey Road, right on Spring Avenue (after All Parts Auto). Follow Spring though 2 stop signs, after 2<sup>nd</sup> stop sign., turn left onto Dale Hollow Court.

If you wish to confirm entries have been received and accepted, please include a self-addressed, stamped envelope or postcard with your entries. Do not call or email for entry confirmation. Phone calls and emails will not be accepted or returned to check entry status.

**OFFICIALS:**

<i>Head Referee:</i>	Harrison Race
<i>Head Starter:</i>	Frank Suchomel
<i>Meet Director:</i>	H. Geno Acevedo (408) 778-2739 <a href="mailto:Genoac@aol.com">Genoac@aol.com</a>
<i>Head Meet Marshal:</i>	Cindy Acevedo

**AWARDS:** Individual events, relay events, distance events: First through eighth place.  
Team awards: First through eighth place.  
High point: Unique award for high point female and male in each age group.  
Awards must be picked up by the end of the meet; awards will not be mailed.

**SCORING:**

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Individual Events	9	7	6	5	4	3	2	1
Relays	18	14	12	10	8	6	4	2

Visiting "All Star" teams are welcome. "All Star" teams are defined as teams officially representing an LSC or a federation out of United States. Individual swimmers can score points towards high point awards, but such teams will not be in contention for team awards. "All Star" relays can win awards but will not score points. Team points will be awarded only for places actually achieved.

**CERTIFICATION MEET:** This meet is designated as a USA Swimming National Certification Meet. A briefing session for officials will be held each day, one-hour prior to the start of trials and finals. Dress for officials shall be blue pants or skirts (no jeans) and white shirts. Shorts are not permitted for finals.

**GENERAL:** Admission is free. A four-day souvenir program will be available. Hospitality will be provided for timers/recorders, coaches, and meet officials. A full service snack bar will be available throughout the meet, providing breakfast, lunch, and dinner.

Out of area teams may hold practice at the Aquatics Center starting Monday, March 27, 2006. Please contact Head Coach Mark Scott at (408) 782-7989 or [Makocoach@aol.com](mailto:Makocoach@aol.com) for practice time availability.

**DAYLIGHT SAVING TIME BEGINS ON APRIL 02, 2006. SET YOUR CLOCKS FORWARD ONE-HOUR SATURDAY NIGHT.**

**PARKING:** **Carpooling is suggested.** Some reserved parking for Officials will be provided. Please be prepared to show your US Swimming credentials. Limited general parking is available. Limited parking is available on adjacent streets.  
NO OVERNIGHT OR RV PARKING IS PERMITTED. Please note signs and avoid parking in restricted areas.

Summary of Events by Age Group

	<b>10-UN</b>	<b>11-12</b>	<b>13-14</b>	<b>15-16</b>	<b>17-18</b>
<b>Thursday</b>	200 Free 100 Fly 100 Breast	200 Free 100 Fly 200 Breast 50 Back 1650 Free(F)  400 M.R.	200 Free 100 Fly 200 Breast  1650 Free(F)  400 M.R.	200 Free 200 Breast 200 Back  1650 Free(F)	200 Free 200 Breast 200 Back  1650 Free(F)
<b>Friday</b>	200 I.M. 100 Free 50 Back	200 I.M. 100 Free 200 Back 50 Fly 1650 Free(M)  400 F.R.	200 I.M. 100 Free 200 Back  1650 Free(M)  400 F.R.	400 I.M. 100 Free 100 Fly  1650 Free(M)	400 I.M. 100 Free 100 Fly  1650 Free(M)
<b>Saturday</b>	500 Free  100 Back 50 Breast  200 M.R.	500 Free 100 I.M. 100 Back 50 Breast 1000 Free(F)  200 M.R.	500 Free  100 Back 100 Breast 1000 Free(F)  200 M.R. 200 F.R.	200 Fly  100 Back 100 Breast 1000 Free(F)	200 Fly  100 Back 100 Breast 1000 Free(F)
<b>Sunday</b>	100 I.M. 50 Fly 50 Free  200 F.R.	400 I.M. 50 Free 100 Breast 200 Fly 1000 Free(M)  200 F.R.	400 I.M. 50 Free 200 Fly 1000 Free(M)  800 F.R.	500 Free 200 I.M. 50 Free 1000 Free(M)	500 Free 200 I.M. 50 Free 1000 Free(M)

## Order of Events

Thursday, March 30, 2006

Girls		Description		Boys	
Event #	Qualifying Time	Age Group	Distance/Stroke	Event #	Qualifying Time
1	02:05.69	17-18	200 Free	2	01:50.99
3	02:01.99	15-16	200 Free	4	01:50.99
5	02:09.29	11-12	200 Free	6	02:10.19
7	02:03.59	13-14	200 Free	8	01:55.99
9	02:27.99	10&UN	200 Free	10	02:26.99
11	02:46.99	17-18	200 Breast	12	02:29.99
13	02:38.99	15-16	200 Breast	14	02:26.99
15	01:08.39	11-12	100 Fly	16	01:08.49
17	01:04.29	13-14	100 Fly	18	01:00.49
19	01:18.99	10&UN	100 Fly	20	01:20.99
21	02:31.99	17-18	200 Back	22	02:17.59
23	02:20.99	15-16	200 Back	24	02:09.99
25	02:47.89	11-12	200 Breast	26	02:41.69
27	02:39.99	13-14	200 Breast	28	02:32.09
29	01:27.99	10&UN	100 Breast	30	01:28.99
31	00:31.99	11-12	50 Back	32	00:31.99
201	19:45.39	11-12	1650 Free		
201	18:31.19	13-14	1650 Free		
201	18:39.99	15-16	1650 Free		
201	19:19.99	17-18	1650 Free		
33	04:21.99	13-14	400 M.R.	34	04:16.39
35	04:39.49	11-12	400 M.R.	36	04:45.99

NOTE: Event 201 will be swum between trials and finals, immediately after Event 32. Event 201 may be swum 2 per lane. All of the day's relays (Events 33-36) will be swum at the conclusion of finals.

## Order of Events, Continued

Friday, March 31, 2006

Girls		Description		Boys	
Event #	Qualifying Time	Age Group	Distance/Stroke	Event #	Qualifying Time
37	05:12.99	17-18	400 I.M.	38	04:43.99
39	04:55.99	15-16	400 I.M.	40	04:38.99
41	02:27.99	11-12	200 I.M.	42	02:27.99
43	02:19.99	13-14	200 I.M.	44	02:11.99
45	02:46.99	10&UN	200 I.M.	46	02:48.29
47	00:57.19	17-18	100 Free	48	00:50.29
49	00:56.49	15-16	100 Free	50	00:50.89
51	00:59.19	11-12	100 Free	52	00:58.49
53	00:56.89	13-14	100 Free	54	00:53.09
55	01:06.99	10&UN	100 Free	56	01:06.99
57	01:03.99	17-18	100 Fly	58	00:56.99
59	01:02.99	15-16	100 Fly	60	00:56.39
61	02:28.99	11-12	200 Back	62	02:23.99
63	02:20.99	13-14	200 Back	64	02:14.99
65	00:35.99	10&UN	50 Back	66	00:35.99
67	00:30.29	11-12	50 Fly	68	00:29.99
		11-12	1650 Free	202	20:23.49
		13-14	1650 Free	202	19:09.99
		15-16	1650 Free	202	17:59.99
		17-18	1650 Free	202	17:59.99
69	03:51.99	13-14	400 F.R.	70	03:46.79
71	04:04.59	11-12	400 F.R.	72	04:11.99

NOTE: Event 202 will be swum between trials and finals, immediately after Event 68. Event 202 may be swum 2 per lane. All of the day's relays (Events 69-72) will be swum at the conclusion of finals.

## Order of Events, Continued

Saturday, April 1, 2006

Girls		Description		Boys	
Event #	Qualifying Time	Age Group	Distance/Stroke	Event #	Qualifying Time
73	02:28.99	17-18	200 Fly	74	02:13.99
75	02:21.49	15-16	200 Fly	76	02:10.99
77	05:47.09	11-12	500 Free	78	05:46.59
79	05:25.99	13-14	500 Free	80	05:11.99
81	06:20.99	10&UN	500 Free	82	06:10.89
83	01:08.49	11-12	100 I.M.	84	01:07.09
85	01:09.09	17-18	100 Back	86	01:00.39
87	01:05.99	15-16	100 Back	88	00:59.99
89	01:08.99	11-12	100 Back	90	01:08.99
91	01:04.99	13-14	100 Back	92	01:01.99
93	01:16.99	10&UN	100 Back	94	01:18.99
95	01:17.99	17-18	100 Breast	96	01:06.99
97	01:13.99	15-16	100 Breast	98	01:05.99
99	00:35.99	11-12	50 Breast	100	00:34.99
101	01:12.89	13-14	100 Breast	102	01:08.99
103	00:40.59	10&UN	50 Breast	104	00:40.59
203	11:54.99	11-12	1000 Free		
203	11:09.99	13-14	1000 Free		
203	11:09.99	15-16	1000 Free		
203	11:39.99	17-18	1000 Free		
105	02:01.59	13-14	200 M.R.	106	01:54.79
107	02:06.19	11-12	200 M.R.	108	02:07.99
109	02:23.99	10&UN	200 M.R.	110	02:27.99
111	01:48.99	13-14	200 F.R.	112	01:43.99

NOTE: Event 203 will be swum between trials and finals, immediately after Event 104. Event 203 may be swum 2 per lane. The 13-14 Medley Relay (Events 105 and 106) will be swum at the beginning of finals. All of the day's remaining relays (Events 107-112) will be swum at the conclusion of finals.

## Order of Events, Continued

### ***DAYLIGHT SAVINGS TIME BEGINS TODAY!***

Sunday, April 2, 2006

Girls		Description		Boys	
Event #	Qualifying Time	Age Group	Distance/Stroke	Event #	Qualifying Time
113	05:34.99	17-18	500 Free	114	05:06.19
115	05:21.99	15-16	500 Free	116	04:59.99
117	05:15.89	11-12	400 I.M.	118	05:15.89
119	04:59.99	13-14	400 I.M.	120	04:46.99
121	01:16.99	10&UN	100 I.M.	122	01:16.99
123	02:23.49	17-18	200 I.M.	124	02:06.99
125	02:17.99	15-16	200 I.M.	126	02:06.59
127	00:27.19	11-12	50 Free	128	00:26.99
129	00:26.29	13-14	50 Free	130	00:24.59
131	00:34.49	10&UN	50 Fly	132	00:34.09
133	01:17.59	11-12	100 Breast	134	01:16.99
135	00:26.69	17-18	50 Free	136	00:23.19
137	00:25.99	15-16	50 Free	138	00:23.19
139	02:24.99	13-14	200 Fly	140	02:17.99
141	02:30.99	11-12	200 Fly	142	02:29.99
143	00:30.19	10&UN	50 Free	144	00:30.29
		11-12	1000 Free	204	11:44.99
		13-14	1000 Free	204	10:49.99
		15-16	1000 Free	204	10:39.99
		17-18	1000 Free	204	10:39.99
145	08:26.99	13-14	800 F.R.	146	08:09.19
147	01:54.79	11-12	200 F.R.	148	01:54.99
149	02:06.59	10&UN	200 F.R.	150	02:06.99

NOTE: Event 204 will be swum between trials and finals, immediately after Event 144. Event 204 may be swum 2 per lane. All of the day's relays (Events 145-150) will be swum at the conclusion of finals.

### ***DAYLIGHT SAVINGS TIME BEGINS TODAY!***

## Far Western 2006 Short Course Relay Entry Form

CLUB NAME	LSC	CLUB ABBR.

To enter one or more relay teams, write entry time(s) in box(es) below.

M/F	Age Group	Event	Event #	A Team	B Team	C Team
F	10&U	200 Free Relay	149			
F	10&U	200 Medley Relay	109			
M	10&U	200 Free Relay	150			
M	10&U	200 Medley Relay	110			
F	11-12	400 Medley Relay	35			
F	11-12	200 Free Relay	147			
F	11-12	400 Free Relay	71			
F	11-12	200 Medley Relay	107			
M	11-12	400 Medley Relay	36			
M	11-12	200 Free Relay	148			
M	11-12	400 Free Relay	72			
M	11-12	200 Medley Relay	108			
F	13-14	400 Medley Relay	33			
F	13-14	200 Free Relay	111			
F	13-14	400 Free Relay	69			
F	13-14	200 Medley Relay	105			
F	13-14	800 Free Relay	145			
M	13-14	400 Medley Relay	34			
M	13-14	200 Free Relay	112			
M	13-14	400 Free Relay	70			
M	13-14	200 Medley Relay	106			
M	13-14	800 Free Relay	146			
COACH					# Events	
COACH'S EMAIL						
ADDRESS					X \$16.00	
PHONE (       )					TOTAL DUE:	

Relay entries and a check payable to Morgan Hill Swim Club are due by the entry deadline, postmarked by midnight, Monday, March 20, 2006 or hand delivered by 9:00 PM, Wednesday, March 22, 2006.

**No relays will be “Deck Entered”.**



## Far Western 2006 Short Course Individual Entry Form

To be accepted, all entry information must be completely filled out including proof of entry time.

**Please print!**

**Swimmers from outside Pacific Swimming may be asked to prove registration.  
Bring your USA Swimming Registration Card.**

Last Name		First Name			Init.
LSC	Club Abbr.	Club Name (If entering unattached also enter club name and abbreviation.)			
Age	Age Group	USA Swimming Registration Number <i>Bring your card if not Pacific Swimming registered swimmer</i>		Gender M F	Date of Birth
Event Number	Short Course Entry Time	Distance/Stroke	Proof of Time – List Meet & Date at which Time was achieved.		
Swimmer's Address:		Total Entries _____ X \$ 4.50 US Dollars		\$	
Swimmer's Phone # (        )		\$5.00 US Dollars Participation Fee		\$ 5.00	
Contact (Swimmer's / Parent's) email address:		-----		-----	
Swimmer's Coach:		Total Due		\$	
		Make check payable to Morgan Hill Swim Club			

**NO ENTRY TIME will be automatically disqualified from the event, no refunds.**