



ZONE 2 Short Course C/B/A+ Meet
Oakland Barracuda Aquatic Meet
March 23-25, 2007, Friday, Saturday and Sunday
Enter online at: <http://swimconnection.com/pc/meet/cuda>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **0527**.

LOCATION: **Facility: Mills College Swimming Pool** (Trefethen Aquatic Center), **5000 MacArthur Blvd, Oakland, CA.**
DIRECTION: From I-580 eastward towards Hayward/ Stockton, take MacArthur Blvd exit. Merge onto MacArthur Blvd. Go 0.3 miles, left turn into Mills College. From I-580 westward towards Oakland, take exit towards MacArthur Blvd/High Street. Turn left onto Buell Street. Turn slightly left onto MacArthur Blvd. Left turn into Mills College.

COURSE: Outdoor heated pool, 25yds, 8 lanes. Separate warm-up area is available.

TIME: Friday meet begins at 5:00 p.m.; warm-up begins at 3:30 p.m. and ends at 4:55 p.m. Saturday and Sunday meet begins 9:00 a.m. each day; warm-up begins at 7:30 a.m. and ends at 8:45 a.m. **Special extended warm-up on Saturday and Sunday from 8:45-8:55 a.m. for 8-UN swimmers only.**

RULES: Current USA Swimming and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. Swimmers may compete in a maximum of four (4) individual events per day. **All swimmers age 12 and under should complete competition within four (4) hours per swimmers age and gender.** Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on the swimmers' age and gender. Per USA-S's Four Hour Rule, if conditions warrant it, the Meet Referee with the concurrence of the Meet Director may require a mandatory scratch down to comply with this requirement. Immediate refunds will be made for any mandatory scratch downs. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

RESTRICTION: Smoking & the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas, & in all areas used by swimmers during the meet and warm-up periods. Sale & use of alcoholic beverages is prohibited in **all** areas of the meet venue. No glass containers, heaters or tents are allowed on deck.

ELIGIBILITY: All swimmers must have a current USA Swimming Registration Card and must enter the number on their entry cards. Swimmers who enter as "pending" or "applied for" must be prepared to present their current card or register before being allowed to check in unless the Meet Director determines that they are validly pending. A \$10.00 surcharge, in addition to the regular fees, will be required for any swimmer registering at the meet. Swimmers in the "C" division must not have met the "B" time standards. Swimmers in the "B" division must have met the "B" time, but not have achieved the listed "A" time. Swimmers in the "A+" division must have met at least the listed "A" time. **SPECIAL RULE – Swimmers must have achieved the 11-12 "A" time standard for the 1650. The 1650 will be swum from fastest to slowest.** Swimmers must provide their own lap counters and timers for the 1650. **ALL NO TIME ENTRIES WILL BE SEEDED IN THE FIRST HEAT(S) WITH A SEED TIME ESTABLISHED BY THE MEET DIRECTOR, EXCEPT FOR EVENTS 5 AND 6, WHERE A MINIMUM QUALIFYING 11/12 "A" TIME IS REQUIRED.** Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Swimmers over the age of 18 may participate in **13-UP individual events** but may not receive awards. Such swimmers must have met the 17-18 age group time standards. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-the-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated start time of the first heat of that event. A swimmer who does not check in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked-in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances that were beyond the swimmer's control.

ENTRIES: TWO OPTIONS FOR MEET ENTRY:

Option 1: Online Meet Entries: By Thursday, March 15, 2007, enter at: <http://swimconnection.com/pc/meet/cuda> to receive immediate confirmation of acceptance via email. **The "billing information" email should be brought to the meet as proof of entry.** Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. **Check <http://swimconnection.com/pc/meet/cuda> for session open or closed status.**

Option 2: Surface Mail Entries: Entry forms must be completely filled out including best *SHORT COURSE* time for each event. ***Entered times must be submitted in YARDS.*** Time Conversions from long course meters will no longer be required or allowed. Pacific Swimming's Rules and Regulations specify that when you have achieved a specific class level (for example, "B" or "A") in an event in one course, you are considered to be qualified at that same level in all courses. Accordingly, you must always enter a time which maintains the class for which you've qualified in an event. "No entry time" will not be allowed. Unattached swimmers must enter UN in the box marked "club" on the Entry form. **Entries must be postmarked by midnight, Monday, March 12, 2007 or hand delivered to the address shown below by Thursday, March 15, 2007.** No late entries will be accepted. To confirm entries have been received, please include a self-addressed, stamped envelope or postcard with your entries. **Make checks payable to "Oakland Barracuda Aquatics" and mail with entries to:**

Rhonda L. Nelson
27928 Edgecliff Way
Hayward, CA 94542
rln@severson.com
(510) 886-8869

ENTRY FEES: \$2.25 per event and a \$5.00 participation fee per swimmer to help cover meet expenses. **No refunds will be made.**

AWARDS: RIBBONS 1st – 8th place for A, B and C divisions. Swimmers in the 13-18 age group will be awarded as 13-14 and 15-18 age groups. Only the fastest eight swimmers will receive awards in OPEN EVENTS. "A" times will be awarded "A" medals regardless of place. Awards must be picked up before the end of meet. They will not be mailed.

ADMISSION: Free. A three-day program will be available for \$3.00.

HOSPITALITY: Hospitality will be available for officials and coaches. Snacks will be provided for timers. A snack bar is also available.

OFFICIALS: Head Referee: Carol Cottam Head Starter: **Joe Woo**
Meet Director: Rhonda Nelson (510) 886-8869 Head Marshal: Airton Dittz
rln@severson.com

EVENT SUMMARY

<u>Age Groups:</u>	<u>8/UN</u>	<u>9/10</u>	<u>11/12</u>	<u>13-18</u>	<u>Open</u>
Friday			400 IM	400 IM	1650*
Saturday	100 free 50 back 100 IM 25 fly	200 free 100 back 100 IM 50 fly 500 free (girls)	200 free 200 back 200 IM 50 fly 500 free (girls)	200 free 200 IM 100 fly 500 free (girls)	
Sunday	25 breast 50 free 50 fly 25 back	50 breast 100 free 100 fly 50 back 500 free (boys)	100 breast 100 free 200 fly 50 back 500 free (boys)	200 breast 200 fly 100 back 500 free (boys)	

FRIDAY, MARCH 23rd EVENTS							
GIRLS TIME STANDARDS		GIRLS		BOYS		BOYS TIME STANDARDS	
B	A	EVENT	AGE	EVENT	EVENT	B	A
6:12.89	5:19.59	1	13-14	400 IM	2	5:52.79	5:02.39
6:06.49	5:14.09		15-16	400 IM		5:37.29	4:49.09
6:04.39	5:12.29		17-18	400 IM		5:30.29	4:43.09
6:34.39	5:38.09	3	11-12	400 IM	4	6:27.29	5:31.99
*	21:41.69	5	OPEN	1650 FREE*	6	*	21:35.89
*Qualifying time is 11/12 "A" time standard							
SATURDAY, MARCH 24th EVENTS							
GIRLS TIME STANDARDS		GIRLS		BOYS		BOYS TIME STANDARDS	
B	A	EVENT	AGE	EVENT	EVENT	B	A
2:36.59	2:14.19	7	13-14	200 free	8	2:26.79	2:05.79
2:33.39	2:11.49		15-16	200 free		2:20.89	2:00.79
2:32.29	2:10.59		17-18	200 free		2:17.99	1:58.29
2:43.49	2:20.19	9	11-12	200 free	10	2:39.39	2:16.59
3:20.19	2:36.39	11	9-10	200 free	12	3:09.89	2:31.89
1:54.59	1:35.29	13	8-UN	100 free	14	1:51.59	1:28.99
2:51.79	2:27.29	15	13-14	200 back	16	2:42.79	2:19.49
2:50.19	2:25.89		15-16	200 back		2:34.79	2:12.69
2:47.89	2:23.89		17-18	200 back		2:30.59	2:09.09
3:03.29	2:37.09	17	11-12	200 back	18	2:59.39	2:33.79
1:45.69	1:22.19	19	9-10	100 back	20	1:43.29	1:21.69
59.99	51.59	21	8-UN	50 back	22	59.99	50.49
2:56.49	2:31.29	23	13-14	200 IM	24	2:45.49	2:21.89
2:53.09	2:28.39		15-16	200 IM		2:38.29	2:15.69
2:51.49	2:26.99		17-18	200 IM		2:34.59	2:12.49
3:04.99	2:38.59	25	11-12	200 IM	26	3:03.49	2:35.89
1:45.69	1:23.19	27	9-10	100 IM	28	1:41.59	1:21.29
2:09.99	1:49.29	29	8-UN	100 IM	30	2:09.99	1:45.09
1:19.39	1:08.09	31	13-14	100 fly	32	1:13.99	1:03.39
1:17.99	1:06.89		15-16	100 fly		1:10.59	1:00.49
1:16.99	1:05.99		17-18	100 fly		1:08.99	59.09
38.09	32.69	33	11-12	50 fly	34	38.59	32.39
48.79	37.29	35	9-10	50 fly	36	47.29	36.69
26.99	21.59	37	8-UN	25 fly	38	26.99	20.49
7:10.79	6:09.29	39	11-12	500 Free	Sunday	-	-
8:30.49	6:48.39	41	9-10	500 Free	Sunday	-	-
6:51.79	5:52.99	43	13-14	500 Free	Sunday	-	-
6:46.39	5:48.39		15-16	500 Free	Sunday	-	-
6:43.89	5:46.19		17-18	500 Free	Sunday	-	-

SUNDAY, MARCH 25th EVENTS

GIRLS TIME STANDARDS		GIRLS		BOYS		BOYS TIME STANDARDS	
B	A	EVENT #	AGE	EVENT	EVENT #	B	A
3:15.99	2:47.99	45	13-14	200 breast	46	3:02.39	2:36.29
3:12.09	2:44.69		15-16	200 breast		2:55.09	2:30.09
3:12.29	2:44.79		17-18	200 breast		2:52.19	2:27.59
1:36.39	1:22.19	47	11-12	100 breast	48	1:35.69	1:21.09
53.59	41.99	49	9-10	50 breast	50	53.89	42.49
29.99	24.79	51	8-UN	25 breast	52	29.99	24.29
1:12.59	1:02.19	53	13-14	100 free	54	1:07.69	57.99
1:11.29	1:01.09		15-16	100 free		1:04.59	55.39
1:10.89	1:00.79		17-18	100 free		1:03.39	54.29
1:13.59	1:03.09	55	11-12	100 free	56	1:13.29	1:02.89
1:31.89	1:12.29	57	9-10	100 free	58	1:29.19	1:10.79
51.99	42.99	59	8-UN	50 free	60	51.99	40.89
2:53.39	2:28.59	61	13-14	200 fly	62	2:44.29	2:20.79
2:50.99	2:26.59		15-16	200 fly		2:36.79	2:14.39
2:48.19	2:24.19		17-18	200 fly		2:31.19	2:09.59
3:06.29	2:39.69	63	11-12	200 fly	64	3:04.69	2:38.29
1:57.49	1:26.69	65	9-10	100 fly	66	1:55.39	1:25.69
59.99	52.59	67	8-UN	50 fly	68	59.99	52.09
1:20.19	1:08.69	69	13-14	100 back	70	1:15.69	1:04.89
1:18.99	1:07.69		15-16	100 back		1:11.49	1:01.29
1:18.19	1:06.99		17-18	100 back		1:09.99	59.99
39.99	34.29	71	11-12	50 back	72	39.79	33.69
48.89	38.19	73	9-10	50 back	74	49.29	38.39
27.99	23.19	75	8-UN	25 Back	76	27.99	22.69
-	-	Saturday	11-12	500 Free	40	7:05.49	6:04.69
-	-	Saturday	9-10	500 Free	42	8:25.79	6:44.59
-	-	Saturday	13-14	500 Free	44	6:35.99	5:39.39
-	-	Saturday	15-16	500 Free		6:19.39	5:25.29
-	-	Saturday	17-18	500 Free		6:10.59	5:17.69

