

Napa Valley Swim Team
Short Course PC-C/B/A+ Swim Meet
Napa Valley College Pool, Napa, CA.
March 2nd-4th, 2012

Enter online at: <http://ome.swimconnection.com/pc/napa20120302>

SANCTION: Held under USA/Pacific Swimming No: 12-019

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, psych sheets and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

USE OF AUDIO & VISUAL: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms

OFFICIALS:	Head Referee:	Chuck Johnson Charles.Johnson12@att.net
	Head Starter:	Ron Selim
	Meet Director:	Kathy Minor 1swim-mom@sbcglobal.net 707-252-3320 (please no calls after 7:00pm)
	Head Marshal:	Jean Amundson

LOCATION: Napa Valley College. 2277 Napa-Vallejo Hwy., Napa, CA. From the South Bay: Take Hwy. 80 to Vallejo. Go North on Hwy.37, then exit on Hwy. 29 North. Pass Hwy. 12 junction, stay in the right lanes and follow the signs to Napa/Lake Berryessa (*not* Sonoma/Calistoga). Pass Kaiser Rd and take the next left at Streblov – the Napa Valley College turnoff. Take the first right and follow the road to the North end of the parking lot. From the North Bay: Take Hwy 121 East to Hwy 29. Go North on Hwy 29 towards Napa. Exit on Imola Ave. and continue East on Imola to Soscol Ave. (Napa-Vallejo Hwy). Turn South onto Soscol (Napa-Vallejo Hwy). Take the first right into Napa Valley College parking lot. The pool is located on the left.

COURSE: 25 yard x 50 meter outdoor heated pool, with rim flow gutters and anti-turbulent lane lines. Up to twelve (12) competition lanes, with separate warm up and warm down areas available throughout meet. Colorado timing system, with touchpads and scoreboard, will be used. The minimum water depth measured in accordance with Article 103.2.3, is 5'11" at the start end and 5'11" at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

TIME: Friday session will begin at 5:00pm with warm ups from 4:00pm to 4:55pm. Saturday and Sunday sessions will begin at 9:00am each day, with warm ups from 7:30am to 8:45 am.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. All swimmers ages 12 and Under should complete competition within four (4) hours. **Swimmers may enter more than four (4) events each day on Saturday and Sunday but may only compete in a maximum of four (4) events each day. No refunds will be given except as provided below for mandatory scratch-downs.** Entries will be accepted until the number of splashes exceeds the estimated time line per the Four Hour Rule, based on swimmers' age and gender. **Entries for Friday's events will not exceed 150 swimmers.** If conditions warrant, the Meet Referee with concurrence of the Meet Director, may require a mandatory scratch down to three (3) events. **Immediate refunds will be given ONLY for any mandatory scratchdowns.** The 500 Free and all OPEN events may be seeded fastest to slowest, alternate girls and boys heats, or may be swum in combined heats of girls and boys at the discretion of the Meet Referee. **Swimmers in the 500 free are required to provide their own timers, as well as lap counters.** The Minimum age for swimming an Open event is 9 years of age. In order to enter an Open event, a 9 or 10 year old shall have to have the 11-12 year old Far Western time in that event. In the event that that Open event is not a 9-10 year old event (200 Back, 200 Breast , 400 IM) the 9 or 10 year old swimmer shall be able to prove that they have the 11-12 year old Far Western time in that event's half distance (100 Back, 100 Breast, 200 IM). A swimmer's coach may also verify the swimmer's ability to achieve the minimum entry time, per Pacific Swimming Rule 4A(2) (please contact meet director & meet referee in this instance). No time entries will be accepted for all events, even for swimmers 11 years and older in the Open events. No swimmer under the age of 9 years old will be allowed to enter an Open Event and if a 9-10 year old swimmer enters an Open event and cannot prove that they have the 11-12 year old Far Western time in that event or event's half distance or the swimmer's coach can't verify that the swimmer can achieve the minimum time entry, the meet director will delete them from that event and no refund will be given.

All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

ATTENTION HIGH SCHOOL SWIMMERS: If you are a high school swimmer in season it is your responsibility to be Unattached from this meet. You can Unattach at the meet if necessary.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No deck changing. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations. No pets, except for "working dogs" are allowed anywhere in the meet venue. No food or drink is allowed in the locker rooms. **No tents will be allowed on the pool deck other than Coaches' Tents.** Swimmers and parents are offered ample space in bleachers and surrounding area above the pool deck.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as shown on their Registration Card. All swimmer registration will be checked against the SWIMS database. If a swimmer is not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee. **Swimmers in the "A+" Division must have met at least the "PC-A" time standard. Swimmers in the "B" Division must have met at least the "PC-B" time standard and not have met the "PC-A" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division. See the Pacific Swimming website for PC-A and PC-B time standards. *No time entries will be accepted for all events except the OPEN events and will be seeded in the slowest heat(s) of the "C" Division.* Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification procedures. Disabled swimmers are welcome to attend this meet and should contact the meet director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. *Swimmers 19 years of age and older may participate in the 13 & Over age group events but will not receive awards. Such swimmers must have met the 17-18 age group time standards.***

ENTRY FEES: \$2.75 per individual event plus a one time \$8.00 participation fee per swimmer.

Make Checks payable to: "Napa Valley Swim Team"
Mail with entries to: Kathy Minor
Swim Meet Entries
2500 Pacific Street
Napa, CA 94558

ENTRIES: TWO OPTIONS FOR MEET ENTRY

Option 1: Online Meet Entries:

1. Using your browser go to: <http://ome.swimconnection.com/pc/napa20120302>

2. Follow entry instructions:

- a. Enter all swimmers in your family at the same time.
- b. Make online credit card payment for meet entries at the secured site.
- c. You will receive confirmation of acceptance into the meet at time of payment. This confirmation should be brought to the meet as proof of entry.
- d. **Online entries will close at 11:59pm on Thursday February 16, 2012.**

Note: Swim Connection charges an internet processing fee of \$1.00 per swimmer + 5% of the total entry fee. Online entry fees are paid to Swim Connection, LLC. **Entry via the online system is entirely voluntary, and is not required.**

Option 2: Traditional Postal System Mailed Entries:

All entries must be on the attached Consolidated Entry Card. Entry cards must be completely filled out including best time for each event, and the swimmer's address, phone number and family e-mail address. In order to ensure that Mailed Entries are received by Friday, February 17, 2012, they must be postmarked by Tuesday, February 14, 2012.

Hand Delivered Entries must be delivered by 5:00pm Thursday February 16, 2012 to Kathy Minor, 2500 Pacific Street, Napa, CA 94558

No refunds will be made, except for mandatory scratches and **no late entries will be accepted.**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the estimated time of the start of the meet. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers entered in an individual event who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Failure to swim an event will result in being barred from their next individual event on that day or the next meet day, whichever is first. Exception: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer

AWARDS: Individual events: Ribbons will be awarded to the 1st – 6th place (Saturday and Sunday events) and 1st – 8th place (Friday events) finishers in the "A," "B" and "C" divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) Swimmers 19 years of age and older will not receive awards. 10 & U individual events will be swum in combined heats, with awards given for each separate age group (8&U and 9-10). The 11 & Over individual events will be swum in combined events with awards given for each separate age group (11-12, 13-14, 15-16, 17-18). The 13 & Over individual events will be swum in combined heats, with awards given for each separate age group (13-14, 15-16, 17-18). **Open events** will be swum in combined heats, with awards given to the top 6 finishers in each age group (9-10, 11-12, 13-14, 15-16, 17-18) regardless of division. Swimmers 19 years of age and older will not receive awards. "A" medals will be awarded to swimmers achieving new "PC-A" times swum during this meet only. **Awards MUST be picked up at the meet, they WILL NOT be mailed**

ADMISSION: FREE

PROGRAM: A program will be available for a nominal fee.

SNACK BAR: A snack bar will be available on Saturday and Sunday.

HOSPITALITY: Lunches and refreshments will be provided for officials and coaches. Refreshments will be provided to timers.

MINIMUM OFFICIALS RULE: Each team shall, by the start of the meet, provide to the Meet Director or designee a list of officials who have agreed to represent that team during the meet, in accordance with the following table:

# of swimmers per team entered	# of trained and carded officials required*
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101-more	5

*Zone 3 Pacific Swimming will include Colorado, Intermediary/Chief Timing Judge, and Hytek-Computer into the count of Officials for a session. These positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

*One half hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of swimmers present against the number of Officials present representing each team. No more than three days after the close of entries, meet management (referee or meet director) shall contact the representative from each team participating, and provide a preliminary inventory.

Hotel information can be found on the Pacific Swimming website (under the 2012 Meet Schedule) under the March 2-4 NVST swim meet

MEET SUMMARY

No time entries will be accepted for all events, even for swimmers 11 years and older in the Open Events, and will be seeded in the slowest heat(s) of the "C" Division. No swimmer under the age of 9 years old will be allowed to enter an Open Event.

The Minimum age for swimming an Open event is 9 years of age. In order to enter an Open event, a 9 or 10 year old shall have to have the 11-12 year old Far Western time in that event. In the event that that Open event is not a 9-10 year old event (200 Back, 200 Breast, 400 IM), the 9 or 10 year old swimmer shall be able to prove that they have the 11-12 year old Far Western time in that event's half distance (100 Back, 100 Breast, 200 IM).

FRIDAY 03-02-2012					
	10 & U	11-12	13-14	15-16	17-18
	200 IM	500 Free	500 Free	500 Free	500 Free
SATURDAY 03-03-2012					
8 & U	9-10	11-12	13-14	15-16	17-18
25 Back	Open 400 IM	Open 400 IM	Open 400 IM	Open 400 IM	Open 400 IM
50 Free	100 Back	100 Back	100 Back	100 Back	100 Back
25 Fly	200 Free	50 Free	200 Free	200 Free	200 Free
100 IM	50 Fly	100 Fly	100 Fly	100 Fly	100 Fly
	100 IM	200 IM	100 Breast	100 Breast	100 Breast
		50 Breast			
SUNDAY 03-04-2012					
8 & U	9-10	11-12	13-14	15-16	17-18
50 Breast	Open 200 Breast	Open 200 Breast	Open 200 Breast	Open 200 Breast	Open 200 Breast
50 Back	50 Breast	100 IM	100 Free	100 Free	100 Free
25 Breast	100 Free	50 Fly	Open 200 Back	Open 200 Back	Open 200 Back
25 Free	Open 200 Back	Open 200 Back	200 IM	200 IM	200 IM
	50 Back	100 Breast	50 Free	50 Free	50 Free
	50 Free	50 Back	Open 200 Fly	Open 200 Fly	Open 200 Fly
	Open 200 Fly	100 Free			
		Open 200 Fly			

Swimmers may compete in up to four (4) events on Saturday and up to four (4) events on Sunday.

Entries for Friday night's session will not exceed 150 swimmers.

The 500 Free and all OPEN events may be seeded fastest to slowest, alternate girls and boys heats, or may be swum in combined heats of girls and boys at the discretion of the Meet Referee.

Swimmers in the 500 free are required to provide their own timers, as well as lap counters.

The 11 & Over individual events and the 13 & Over individual events will be swum in combined heats.

NAPA VALLEY SWIM TEAM PC C/B/A+ SWIM MEET		
FRIDAY MARCH 2, 2012		
SCHEDULE OF EVENTS		
GIRLS	Age Group & Event Description	BOYS
1	10 & U 200 IM	2
3	11 & Over 500 Free	4

NAPA VALLEY SWIM TEAM PC-C/B/A+ SWIM MEET		
SATURDAY MARCH 3, 2012		
SCHEDULE OF EVENTS		
GIRLS	Age Group & Event Description	BOYS
5	OPEN 400 IM <i>NT allowed for 11&O swimmers; See "Rules" Section for 9-10 year olds; NO 8 & U Entries</i>	6
7	11-12 100 Back	8
9	8 & Under 25 Back	10
11	9-10 100 Back	12
13	13 & Over 100 Back	14
15	11-12 50 Free	16
17	8 & U 50 Free	18
19	9-10 200 Free	20
21	13 & Over 200 Free	22
23	11-12 100 Fly	24
25	8 & U 25 Fly	26
27	9-10 50 Fly	28
29	13 & Over 100 Fly	30
31	11-12 200 IM	32
33	8 & U 100 IM	34
35	9-10 100 IM	36
37	11-12 50 Breast	38
39	13 & Over 100 Breast	40

NAPA VALLEY SWIM TEAM PC-C/B/A+ SWIM MEET		
SUNDAY MARCH 4, 2012		
SCHEDULE OF EVENTS		
GIRLS	Age Group & Event Description	BOYS
41	OPEN 200 Breast <i>NT allowed for 11&O swimmers; See "Rules" Section for 9-10 year olds; NO 8 & U Entries</i>	42
43	11-12 100 IM	44
45	8 & U 50 Breast	46
47	9-10 50 Breast	48
49	13 & Over 100 Free	50
51	11-12 50 Fly	52
53	8 & U 50 Back	54
55	9-10 100 Free	56
57	OPEN 200 Back <i>NT allowed for 11&O swimmers; See "Rules" Section for 9-10 year olds; NO 8 & U Entries</i>	58
59	11-12 100 Breast	60
61	8 & U 25 Breast	62
63	9-10 50 Back	64
65	13 & Over 200 IM	66
67	11-12 50 Back	68
69	8 & U 25 Free	70
71	13 & Over 50 Free	72
73	9-10 50 Free	74
75	11-12 100 Free	76
77	Open 200 Fly <i>NT allowed for 11&O swimmers; See "Rules" Section for 9-10 year olds; NO 8 & U Entries</i>	78

NAPA VALLEY SWIM TEAM			
C/B/A+ Short Course Meet			
March 2 nd -4 th , 2012			
Consolidated Entry Card			
NAME	LAST	FIRST	INITIAL
Club Abbr	Unattached Yes No	Club Name	
Age	Date of Birth	Amt Paid	
USAS Registration			
Sex Boy Girl	Age Group 8&U 9-10 11-12 13&O		
Event #	Distance	Stroke	Entry Time
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
# of entries ____ x \$2.75			\$ ____
Participation fee			+ \$8.00
Total			\$ ____
Coaches Name			
Swimmers	Address		
	City		
	State		
Zip			
Swimmer Phone			
Family Email			

NAPA VALLEY SWIM TEAM			
C/B/A+ Short Course Meet			
March 2 nd -4 th , 2012			
Consolidated Entry Card			
NAME	LAST	FIRST	INITIAL
Club Abbr	Unattached Yes No	Club Name	
Age	Date of Birth	Amt Paid	
USAS Registration			
Sex Boy Girl	Age Group 8&U 9-10 11-12 13&O		
Event #	Distance	Stroke	Entry Time
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
			: .
# of entries ____ x \$2.75			\$ ____
Participation fee			+ \$8.00
Total			\$ ____
Coaches Name			
Swimmers	Address		
	City		
	State		
Zip			
Swimmer Phone			
Family Email			

OFFICE USE ONLY	
CASH	AMT: _____
CHECK # _____	AMT: _____
DATE ENTERED: _____	
BY: _____	

OFFICE USE ONLY	
CASH	AMT: _____
CHECK # _____	AMT: _____
DATE ENTERED: _____	
BY: _____	