

**INTERMOUNTAIN CLASSIC
MEMORIAL DAY WEEKEND
PACIFIC SWIMMING LONG COURSE AGE GROUP OPEN
MAY 28-30, 2010**

Hosted by: THE CARSON TIGERSHARKS

Enter online at <http://ome.swimconnection.com/pc/cars20100528>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **10-029**

LOCATION: Carson City Aquatic Facility, 841 N. Roop St., Carson City NV. From Business Hwy. 395 go two traffic lights east on Hwy 50 (E. Williams St.). Turn right on Roop St, go one block south on Roop and turn left behind the Carson City Community Center. **Or** from Hwy 395 take exit 39. Turn right and go .9 mile. Turn left at Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy 50 (E. Williams St.).

COURSE: 50 meter heated pool with up to 8 lanes for competition and a 25 yard outdoor pool for warm-up and warm down. Colorado Timing system. The competition course has been certified in accordance with 104.2.2C(4).

TIME: **FRIDAY SESSION:** begins at **5:00 pm** with warm-ups from **3:30 to 4:45 pm**.

SATURDAY & SUNDAY:

MORNING SESSION (13 & Over): begins at **8:30 am** with warm-ups from **7:00 to 8:15 am**.

AFTERNOON SESSION (12 & Under): begins no sooner than **12:30pm** with warm-ups not starting before **11:30**.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. **All swimmers ages 12 and under should complete competition within four (4) hours.** Swimmers may compete in a total of 10 events and they may compete in up to **four** events per day. All coaches and deck officials must wear their USA-S cards in a visible manner. **Entries will be accepted until the number of splashes exceeds the estimated time line, per the 4 hour rule, based on swimmer's age and gender.** If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down to 3 events or less per swimmer. Immediate refunds will be made for any mandatory scratches.

Distance Rules: **The 800M and the 1500M freestyle events will be open to the fastest 24 men and women.** The 800 meter freestyle and the 1500 meter freestyle will be swum alternating women and men, fastest to slowest. All swimmers in the 800 and 1500 must provide their own timers and lap counters. Refunds for those not in the fastest 24 will be given at the meet. **Check in for the 1500 meter freestyle must occur before the start of event 3. Check in for the 800 meter freestyle must occur before event 43.**

RESTRICTIONS: Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Glass containers, sale and use of alcoholic beverages are prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms. **NO ANIMALS ARE ALLOWED ON THE PREMISES.**

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. The meet is open to all qualified swimmers. Swimmers 19 years of age and older participate in 13 and over events but will not receive awards or score points. **Disabled swimmers, attached or unattached are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.**

CHECK IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. The first two events of each session will close 30 minutes before the start of the session. The close of check-in for the remaining events shall be no more than 30 minutes before the estimated time of the first heat of the event. Swimmers who do not check in will not be allowed to compete in the event. **Please see distance rules for special rules regarding the distance events.**

NO DECK ENTRIES WILL BE ALLOWED.

SCRATCHES: Any swimmer who has checked-in for an individual event and fails to swim that event will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after the second check-in process will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches before the event is seeded, or if the Referee accepts proof that the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.

OFFICIALS: Referee: **GALE MAYNOR** Starter: **Curtis Martin**
Meet Marshall: **JOHN BRANCO** Meet Director: **Regina Ford/Nyna Rew**
775-230-5660 reginaford@rocketmail.com

ENTRIES: **TWO OPTIONS FOR MEET ENTRY**

Option 1: Online Meet Entries

Enter at <http://ome.swimconnection.com/pc/cars20100528> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. No Online entries will be accepted after May 19, 2010. Online entry requires payment by credit card using their secure site. The cost of using Online: Meet Entries is \$1 per swimmer plus 5% of the total entry fee. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

Option 2: Surface Mail Entries: Entries must be submitted on the enclosed Consolidated Entry Card. Entry forms must be completely filled out including best **LONG COURSE** time for each event. ***Entered times must be submitted in METERS.*** Time Conversions from short course yards will no longer be required. Pacific Swimming's Rules and Regulations specify that when you have achieved a specific class level (for example, "B" or "A") in an event in one course, you are considered to be qualified at that same level in all courses. Accordingly, you must always enter a time which maintains the class for which you're qualified in an event. "No time" entries **will be accepted.**
ALL ENTRIES MUST BE POSTMARKED BY MONDAY, MAY 17, 2010, or hand delivered by WEDNESDAY, MAY 19th to:

Carson Tigersharks Team Box (* **Hand Delivery Address Only**)
Carson Aquatic Facility
841 N. Roop Street
Carson City, NV 89702

No late entries will be accepted. If you mail entries and need confirmation of entry, include a self-addressed stamped postcard/envelope.

No refunds will be given except for mandatory scratch downs or if not in the fastest 24 of the 1500 freestyle or the 800 freestyle.

ENTRY FEES: \$2.75 per event plus a \$5.00 participation fee per swimmer to help cover meet expenses. Make checks payable to **Carson Tigersharks** and mail with the entry form to:

Carson Tigersharks
P. O. Box 1876
Carson City, NV 89702

AWARDS: Individual Events: Ribbons 1st – 8th place.
Individual events will be awarded to 8-Under, 9-10, 11-12, 13-14, 15-18.
Swimmers 19 years of age and older will not receive awards.
High point and runner up high point will be awarded to each age group.
Team trophies will be awarded for first, second, and third places.

ALL AWARDS MUST BE PICKED UP AT THE MEET. Each team is asked to designate a team representative to claim awards. NO AWARDS WILL BE MAILED.

ADMISSION: Free. A three day meet program will be available for a fee.

SNACK BAR: A snack bar will be available during the meet.

HOSPITALITY: Limited hospitality will be available to all working officials and coaches.

Attention all Marshals and Stroke and Turn officials: We will need the assistance of our guests in providing Marshals and Stroke and Turn officials. Your support will be greatly appreciated.

Order of Events

Women	Description		Men
Friday, May 28, 2010 – PM Session			
Event #	Age Group	Event	Event #
1	11-12	200 IM	2
3	13 & Over	400 IM	4
5	11-12	400 Freestyle	6
7	11 & Over	1500 Freestyle	8
Saturday, May 29, 2010 – AM Session			
9	13 & Over	200 IM	10
11	13 & Over	200 Butterfly	12
13	13 & Over	100 Backstroke	14
15	13 & Over	200 Breaststroke	16
17	13 & Over	100 Freestyle	18
19	13 & Over	400 Freestyle	20
Saturday, May 29, 2010 – PM Session			
21	11-12	100 Freestyle	22
23	10 & Under	100 Freestyle	24
25	11-12	50 Backstroke	26
27	11-12	50 Butterfly	28
29	10 & Under	50 Butterfly	30
31	12 & Under	100 Breaststroke	32
33	12 & Under	100 Butterfly	34
35	10 & Under	50 Breaststroke	36
37	11-12	200 Backstroke	38
Sunday, May 30, 2010- AM Session			
39	13 & Over	200 Freestyle	40
41	13 & Over	100 Breaststroke	42
43	13 & Over	200 Backstroke	44
45	13 & Over	100 Butterfly	46
47	13 & Over	50 Freestyle	48
49	13 & Over	800 Freestyle	50

Sunday, May 30, 2010 – PM Session			
51	11-12	200 Butterfly	52
53	10 & Under	200 IM	54
55	12 & Under	100 Backstroke	56
57	10 & Under	50 Backstroke	58
59	11-12	50 Breaststroke	60
61	11-12	200Breastroke	62
63	10 & Under	50 Freestyle	64
65	11-12	50 Freestyle	66
67	11-12	200 Freestyle	68

Local Accommodations:

Hampton Inn & Suites
10 Hospitality Way
Carson City, NV
775/885-8800

The Plaza
801 South Carson Street
Carson City, NV
775/883-9500
888-227-1499

Summary of events

	8&under	9-10	11-12	13&over
Friday	-----	-----	400 Free 200IM 1500 Free	400 IM 1500 Free
Saturday	100 Free 50 Fly 50 Breast 100 Breast 100 Fly	100 Free 50 Fly 50 Breast 100 Breast 100 Fly	100 Free 50 Back 50 Fly 100 Breast 100 Fly 200 Back	200 IM 200 Fly 100 Back 200 Breast 100 Free 400 Free
Sunday	200 IM 50 Back 50 Free 100 Back 200 Free	200 IM 50 Back 50 Free 100 Back 200 Free	200 Fly 100 Back 50 Breast 200 Breast 50 Free 200 Free	200 Free 100 Breast 200 Back 100 Fly 50 Free 800 Free

