

**Davis Aquatic Masters  
Lake Berryessa 26th Annual One and Two Mile Open Water Swims  
Youth 500 Yard and 1 Mile Open Water Swims  
Saturday, June 2, 2007**

**Sanction:** PMS#s **OW-0703** (1-mile) and (2-mile) **OW-0704**  
**USA-S/PC # 0647**

**Location:** Lake Berryessa, in the hills above Napa at Oak Shores Park off Knoxville-Berryessa Rd., on West shore of the lake.

**Directions:** Turn E. onto Knoxville-Berryessa Road from Hwy 128 at Turtle Rock Cafe. Entrance to Oak Shores Park is 0.6 mi. N. of Park Headquarters and two miles N. of Spanish Flat. **Carpooling is strongly encouraged.** Directions are on web site and in the brochure.

**Course:** One and two-mile buoys mark courses at 200-yard intervals. Expected water temperature: 65-70 degrees.

**PMS Swims:** Masters 2- Mile, Masters 1 -Mile, Masters combined 2 and 1 - Mile, Masters Wetsuit 2- Mile, and Masters Wetsuit 1- Mile.

**USA-Swimming:** 500-yard swim for kids ages 8-10, and a 1-mile swim for ages 11 & up. Pacific Swimming Open Water Championship points race.

**Time:** Race day registration and check-in begins at 7 a.m. and closes at 9:00 a.m. for 2-mile swim and 10:30 a.m. for all 1 - mile swims. The two-mile starts at 9:30 a.m., one-mile at 11:25 a.m.

**Swim Procedure:** Deep water starts. No late starters. Caps are provided and are mandatory. No individual escorts. Safety craft will patrol using kayaks and canoes. Cut-off times: 1 hour for one-mile, 2 hours for two-mile.

**Entries:** Entry fees include swim cap, official Berryessa cup, pre and post-race refreshments. Only those that pre-register are eligible for raffle prizes.

**Entry fees:** For 1 - Mile or 2 - Mile swims are \$30 if **postmarked by Sunday May 13, 2007** (\$40 late and race day). Pre-race day entry fees for combined 1 and 2 - Mile is \$50 (\$60 late and race day). Send entries, with a photocopy of 2007 USMS card to DAM, P.O. Box 921, Davis, CA 95617. Or register on DAM's website at [www.damfast.org](http://www.damfast.org). USMS cards can be purchased the day of the event for \$35; & USA-S/PC 2007 Open Water single meet registration for \$10.

**Deadline:** Postmarked by Sunday May 13, 2007. Day of competition registrations are accepted but a \$10.00 late fee will be imposed.

**Awards:** Commemorative awards to the 1st three finishers in each age and gender group. Special awards are given to 1st man and woman overall in the 2 and 1 mile. Awards go to top three overall men and women finishers for both non-wetsuit and wetsuit categories. Awards must be collected at the day of the event and will not be mailed after race day.

**Custom T-shirts:** May be ordered on entry form for an additional \$13 each prior to Sunday, May 13, 2007. A limited number of T-shirts will be available on race day for \$20 each.

**Traditional Post Swim Picnic:** An onsite food service will be providing a tasty meal at the event. Lunches should be pre-ordered - only a limited number will be for sale on race day. Details are on the official entry form. Picnic tables, BBQ grills and restroom facilities are available.

**Race Director:** Molly Koch, phone: 530-757-SWIM, email: [mollymunz@yahoo.com](mailto:mollymunz@yahoo.com)

**Online Registration Web Site:** <http://www.damfast.org> All information and online registration will be available on the web site by March 30, 2007.

**Paper Registration Form Request:**

Online Form Request: <http://www.adventuresports.com/outside/berryessa/e-mail.htm>  
Phone: 530-757-SWIM

Official registration forms will be available April 1, 2007.

By Mail: send a SASE to P.O. Box 921, Davis, CA 95617, Attn: Molly Koch