

Valley Splash
ZONE 1 South LONG COURSE C/B/A+ MEET
Saturday June 28 and Sunday June 29, 2008
Enter online at: <http://swimconnection.com/pc/meet/vs>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **0708**

LOCATION: **Valley Christian High School Skyway Campus, 100 Skyway Drive, San Jose, CA 95111**

From 101 South: Take 101 South to the Capitol Expressway/Yerba Buena Road exit. Merge onto Capitol Expressway heading West. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School are located at 100 Skyway Drive.

From 280 South: Take 280 South to 87 South. Take 87 South to the Capitol Expressway Auto Mall exit. Turn left onto West Capitol Expressway. Take the Monterey Road ramp. Turn left onto Monterey Road. Turn left onto Skyway Drive. Valley Christian High School are located at 100 Skyway Drive.

From 85 South: Take 85 South to the Blossom Hill Road exit. Turn left onto Blossom Hill Road. Turn left onto Snell Avenue. Turn right onto Skyway Drive. Valley Christian High School are located at 100 Skyway Drive

COURSE: Up to 8 lanes, 50 meter, outdoor, heated pool. One warm up/down lane will be open during competition. Colorado electronic timing system with touch pads and Colorado 10 lane LED scoreboard will be used for this meet.

TIME: Competition begins at 9:00 a.m. each day; warm-ups begin at 7:30 a.m. and ends at 8:45 a.m. Officials and coaches meetings will be conducted prior to the starting time.

RULES: Current USA Swimming and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. All swimmers age 12 and under should complete competition within four (4) hours. **Swimmers may compete in up to three events per day.** The meet will be limited to the first 400 swimmers in each day or when the estimated time line exceeds the Four Hour Rule per age group and gender. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director may require a mandatory scratch down. No swimmer will be required to swim less than two events per day. Immediate cash refunds will be made for any mandatory scratches. All coaches and deck officials must wear their USA-S membership cards in a visible manner. **All swimmers in the 800 free must provide their own lap counters and timers.**

RESTRICTIONS Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Glass containers are prohibited in all areas of the meet venue. Only coaches EZ-up's are allowed on competition deck.

ELIGIBILITY: All swimmers must have a current USA-S and must enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **Swimmers in the "A" Division must have met at least the listed "A" time standard. Swimmers in the "B" Division must have met at least the listed "B" time standard. All entries slower than the listed "B" time standard will be in the "C" Division.** Disabled swimmers are welcome to attend this meet and should contact the Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. **Entry times**

submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked-in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

OFFICIALS: Referee: Don Power
Starter: Roberto Basilio
Meet Director: Marianne Feldman Phone: (408) 513-2450 or mlfeldman@sbcglobal.net
Head Meet Marshal: Lisa Chock

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked Monday, June 9, 2008 or entered online by 11:59 pm, Monday, June 9, 2008 will be given priority acceptance. All entries from Zone 1 South (Z1S), all other Pacific LSC Zones and other LSC's either postmarked by Monday, June 16, 2008, entered online by 6:30 pm, June 18, 2008 or hand delivered by 6:30 pm, Wednesday June 18, 2008 will be considered in the order that they were received.

ENTRIES: Entries for the meet may be made online or by U.S. Mail. Entry times should be the swimmers best long course time for the event. A swimmer who has achieved a specific class level (for example B or A) in an event in short course, is considered to be qualified for the same class level in that event for long course, and should enter at least the minimum time for that class level. Additional meet sheets are available at www.pacswim.org.

ONLINE ENTRIES: You may enter on-line at: <http://swimconnection.com/pc/meet/vs> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering on-line is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** On-line entries will be accepted until 6:30pm June 18, 2008 or until the number of splashes exceeds the estimated time line, per the Four Hour Rule. The "billing information" email should be brought to the meet as proof of entry.

MAILED ENTRIES: Entries must be on a standard SAMMS Consolidated Entry Card, filled out completely using the best long course time for each event. "No Time" entries will be accepted. All mailed entries must contain a check for the entry fees, the consolidated entry card, and be postmarked by midnight June 16, 2008 or hand delivered by 6:30 p.m. on June 18, 2008 at Valley Christian High School Aquatics Center, 100 Skyway Drive, San Jose, CA 95111. All entries will be considered in the order that they were received. Open or closed status a session may be checked at: <http://swimconnection.com/pc/meet/vs>.

ENTRY FEES: \$2.25 per event plus \$5.00 participation fee per swimmer to help cover meet expenses. Please cut out entry forms. Make check payable to Valley Splash and mail with entries to:

**Karol McKinney
1569 Trevor Drive
San Jose, CA 95118 (408) 448-0388**

AWARDS: Individual events will be awarded in the C, B, and A Division. Ribbons for 1st - 8th place are given to the following age groups: 6/un, 7-8, 9-10, 11-12, 13-14, 15-16, & 17-18. New "A" time medals will be awarded,

regardless of place achieved in the event. Current PC "A" time standards are listed in the 2008 Pacific Swim Guide and on the PC web site. All awards must be picked up at the meet by coaches at end of each session. Awards will not be mailed.

ADMSSION: Admission is free. A two-day program will be available for \$3.00.

HOSPITALITY: Lunches and snacks will be served to working deck officials and coaches. Snacks will be served to all timers during the meet.

TIMERS: Participating teams will be responsible for providing timers with adequate rotation for the entire meet. Lane assignments will be made based on the number of entries from each team.

PARKING: No overnight parking is allowed. Please note signs and avoid parking in restricted areas.

Event Recap

	8 & Under	10 & Under	11 - 12	13 - 14	15 - 18
Saturday	50 Breast	200 IM	200 IM	200 IM	200 IM
	100 Free	50 Breast	50 Breast	100 Breast	100 Breast
		200 Free	50 Free	50 Free	50 Free
				800 Free	

	8 & Under	10 & Under	11 - 12	13 - 14	15 - 18
Sunday	50 Back	100 Back	100 Back	100 Free	100 Free
	50 Fly	50 Fly	200 Fly	200 Back	100 Back
	50 Free	50 Free	100 Free	100 Fly	200 Fly
					400 Free

Saturday June 28, 2008

"B" Time	"A" Time	Girl's Event #	Age Group	Event	Award Group	Boy's Event #	"A" Time	"B" Time
3:21.09	2:52.39	1	13-14	200 IM	13-14	2	2:42.79	3:09.89
3:16.09	2:48.09	3	15-18	200 IM	15-16	4	2:37.09	3:03.29
3:16.29	2:48.29				17-18		2:32.79	2:58.29
4:13.89	3:20.59	5	10&Under	200 IM	10&Under	6	3:18.89	4:10.69
3:30.19	3:00.19	7	11-12	200 IM	11-12	8	2:58.09	3:29.59
1:43.99	1:29.09	9	13-14	100 Breast	13-14	10	1:23.59	1:37.49
1:42.29	1:27.69	11	15-18	100 Breast	15-16	12	1:20.59	1:33.99
1:42.19	1:27.59				17-18		1:18.39	1:31.49
1:12.49	1:01.89	13	8&Under	50 Breast	8&Under 6&Under	14	1:01.39	1:12.49
1:01.59	48.29	15	10&Under	50 Breast	10&Under	16	48.49	1:01.59
49.09	42.09	17	11-12	50 Breast	11-12	18	43.09	51.09
38.19	32.79	19	13-14	50 Free	13-14	20	30.59	35.69
37.69	32.29	21	15-18	50 Free	15-16	22	29.39	34.19
37.49	32.19				17-18		28.69	33.49
2:07.79	1:46.59	23	8&Under	100 Free	8&Under 6&Under	24	1:40.09	2:04.79
3:48.89	2:58.69	25	10&Under	200 Free	10&Under	26	2:52.39	3:35.49
39.19	33.69	27	11-12	50 Free	11-12	28	32.99	38.39
12:35.99	10:47.99	29	13-14	800 Free	13-14	30	10:31.29	12:16.59

Sunday June 29, 2008

"B" Time	"A" Time	Girl's Event #	Age Group	Event	Award Group	Boy's Event #	"A" Time	"B" Time
1:22.89	1:11.09	31	13-14	100 Free	13-14	32	1:06.59	1:17.69
1:21.09 1:20.69	1:09.59 1:09.19	33	15-18	100 Free	15-16 17-18	34	1:04.09 1:02.69	1:14.79 1:13.19
1:06.99	57.89	35	8&Under	50 Back	8&Under 6&Under	36	56.69	1:06.99
2:02.49	1:35.29	37	10&Under	100 Back	10&Under	38	1:33.69	1:58.49
1:42.39	1:26.29	39	11-12	100 Back	11-12	40	1:23.59	1:39.29
3:19.99	2:51.39	41	13-14	200Back	13-14	42	2:41.59	3:08.59
1:31.29 1:30.79	1:18.29 1:17.79	43	15-18	100 Back	15-16 17-18	44	1:11.69 1:10.29	1:23.59 1:21.99
1:06.99	58.99	45	8&Under	50 Fly	8&Under 6&Under	46	58.39	1:06.99
55.09	42.09	47	10&Under	50 Fly	10&Under	48	40.99	52.89
3:33.09	3:02.59	49	11-12	200 Fly	11-12	50	3:00.89	3:30.99
1:30.19	1:23.69	51	13-14	100 Fly	13-14	52	1:11.99	1:23.99
3:12.09 3:09.49	2:44.69 2:42.39	53	15-18	200 Fly	15-16 17-18	54	2:32.19 2:29.49	2:57.59 2:54.49
58.19	48.19	55	8&Under	50 Free	6&Under 8&Under	56	46.09	58.19
45.29	36.49	57	10&Under	50 Free	10&Under	58	36.19	44.49
1:26.39	1:14.09	59	11-12	100 Free	11-12	60	1:11.59	1:23.49
6:04.19 6:00.99	5:12.19 5:09.39	61	15-18	400 Free	15-16 17-18	62	4:53.29 4:48.39	5:42.19 5:36.39

