

# TAHOE SWIM CLUB

<http://www.tahoewimclub.com>

## 2010 "SWIMMING AT ALTITUDE" SHORT COURSE MEET

JUNE 5-6, 2010

Optional entry process online at: <http://ome.swimconnection.com/pc/taho20100605>

- SANCTION:** Held under USA/Pacific Swimming Sanction No.: **10-053**
- LOCATION:** **South Lake Tahoe Recreation Complex**, 1180 Rufus Allen Blvd., South Lake Tahoe, CA. Take Highway 50 into South Lake Tahoe. When Highway 50 comes adjacent to the lake, turn on Rufus Allen Blvd. which is the next street coming from either direction. The Recreation Complex is next to Campground by the Lake.
- COURSE:** Outdoor heated 25 yard, 6 lane pool. No warm-up facilities are available during the meet. The competition course has not been certified in accordance with 104.2.2C(4). Minimum water depth in the competition course, as measured in accordance with Article 103.2.3 is 9'0" at the start end and 3'6" at the turn end. All events will start at a depth of 9'0".
- TIME:**
- SATURDAY:**
- Morning Session (11 and up)**  
Warm-ups 7:00-8:15 am; Meet begins at 8:30 am.
- Afternoon Session (10 and under)**  
Meet will not start before 1:00 pm; Warm-ups will not start before 12:00 pm
- SUNDAY:**
- Morning Session (10 and under)**  
Warm-ups 7:00-8:15 am; Meet begins at 8:30 am.
- Afternoon Session (11 and up)**  
Meet will not start before 12:00 pm; Warm-ups will not start before 11:00 am
- RULES:** Current USA Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course. All events are timed finals. All swimmers ages 12 and under should complete competition within four (4) hours. Swimmers may compete in a maximum of 5 (five) events per day plus relays. "No time" entries will be accepted.
- The Meet will be LIMITED to the first 400 swimmers (per day as stated in Zone 4 meet venue rules) or when the meet's estimated time line exceeds the Four Hour Rule per Age Group and Gender.**
- Check <http://ome.swimconnection.com/pc/taho20100605> for each session's open or closed status. If local conditions warrant it the Meet Referee, with concurrence of the Meet Director, may require a mandatory scratch down to 4 or 3 events per swimmer. Immediate cash refunds will be made for any mandatory scratches. All coaches and deck officials must wear their USA-S membership cards in a visible manner.
- RESTRICTIONS:** Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Glass containers, sale and use of alcoholic beverages are prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms.
- ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. This meet is open to qualified members of USA-S. Swimmers 19 years of age and older may participate in 11-Up and 13-Up events but will not receive awards or score points. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations or entry times and seeding per Pacific Swimming Policy.**
- CHECK-IN:** The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of that event. Swimmers who do not check in will not be allowed to compete in the event. Check-in will open at 7:00 am for morning session; 11:30 am for Saturday afternoon session; and 11:00 am for Sunday afternoon session.

**SCRATCHES:** Any swimmer who has checked in for an individual event and fails to swim that event will be scratched from the meet unless the swimmer returns to the clerk of the course and repeats the check-in process for all remaining events. Failure to swim an event after re-check-in will result in being barred from the next individual event in which a swimmer is entered on that day or the next meet day, whichever is first. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

**OFFICIALS:** Referee: Gale Maynor  
Starter: Larry Rice  
Meet Marshal: Sharon Peuse  
Meet Director: Louise Marin (530) 541-2330 louisemarin@sbcglobal.net

**ENTRIES: TWO OPTIONS FOR MEET ENTRY:**

**Option 1- Online Meet Entry**

**(The deadline for all online entries is Wednesday, May 26, 2010 at midnight).**

**Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.**

Enter at: <http://ome.swimconnection.com/pc/taho20100605> to receive immediate confirmation of acceptance via email. The verification copy of your online entries should be brought to the meet as proof of entry. This method requires payment by credit card using the secure site. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a traditional mailed or hand-delivered entry.

**Option 2 – Traditional Mailed or Hand-Delivered Entry**

Entries must be on a Consolidated Entry Card, one form for each swimmer. Entry forms must be completely filled out including best Short Course time for each event. Entered times must be submitted in YARDS. "No Time" entries will be accepted. If you wish confirmation that your entries have been accepted, include a self-addressed, stamped envelope with your entry form. Entries must be postmarked by midnight, Monday, May 24, 2010 or hand delivered by 5:00 PM Wednesday, May 26, 2010 to:

Mailed

Swim Entries  
C/O Tahoe Swim Club  
P.O. Box 5741  
Stateline, NV 89449  
Telephone: (530) 541-7283

Hand-Delivered

Swim Entries  
C/O Mr. Jerry Erickson  
687 Michael  
South Lake Tahoe, CA, 96150

For mailed or hand delivered entries, make checks payable to **TAHOE SWIM CLUB**.

NO REFUNDS WILL BE MADE except for mandatory scratches. No late entries will be accepted. (Entries may be returned if they are received after the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmers' age and gender.)

**ENTRY FEES:** \$2.75 per individual event  
\$5.00 participation fee per swimmer to help defray meet expenses  
\$9.00 per relay team (No limit to number of relay entries per team)

**RELAYS:** Relay team for 10 & under shall consist of four 10 & under swimmers and can be mixed genders. Relay team for 11 & up shall consist of no more than two swimmers 15 and up and can be mixed genders. Awards for relays will be given to 1<sup>st</sup> through 6<sup>th</sup>. Relay events will be deck entered on the day of the event, to be turned in at the announced time.

**AWARDS:** **BLUE FLIGHT:** 1st through 8th place ribbons.  
**WHITE FLIGHT:** 1st through 8th place ribbons.  
8-under events will be awarded 6-under, 7-8  
13-over events will be awarded 13-14, 15-16, 17-18  
Swimmers 19 years of age and older will not receive awards.

**INDIVIDUAL HIGH POINT AWARDS:**

For boys and girls in each age group in the BLUE FLIGHT ONLY.

If more than 18 swimmers check in for an event, that event will be swum in two equal flights with the faster one-half making up the Blue Division. Swimmers with identical entry times on either side of the division, or the middle swimmer in an event with an uneven number of entries, will be seeded into the Blue Flight.

**SCORING:** Individual events will be scored for 1st through 8th as follows: 9, 7, 6, 5, 4, 3, 2, 1 in the Blue Flight only.

**ADMISSION:** FREE

**PROGRAM:** Meet program will be available for a fee.

**MISC.:** Teams will be assigned a lane for timing according to the number of swimmers entered and the teams will be responsible for scheduling timers. As always, the continued support from the volunteer officials is greatly appreciated.

A SNACK BAR will be in operation during the meet. Lunches and snacks will be served to all working officials and coaches.

BREAKFAST WILL BE SERVED EACH MORNING STARTING AT 7:00 AM IN THE GYM OF THE RECREATION COMPLEX.

**SATURDAY, JUNE 5, 2010**

**SUNDAY, JUNE 6, 2010**

**MORNING SESSIONS - Starts at 8:30 am**

G	B	GROUP	EVENT	G	B	GROUP	EVENT
1	2	13-over	200 IM	45	46	9-10	50 Fly
3	4	11-12	100 IM	47	48	8-under	50 Fly
5	6	13-over	200 Back	49	50	9-10	100 Back
7	8	11-12	50 Back	51	52	8-under	50 Back
9	10	13-over	100 Breast	53	54	9-10	100 Breast
11	12	11-12	50 Breast	55	56	8-under	25 Breast
13	14	13-over	100 Fly	57	58	9-10	100 Free
15	16	11-12	100 Fly	59	60	8-under	100Free
17	18	13-over	50 Free	61	62	9-10	25 Free*
19	20	11-12	50 Free	63	64	8-under	25 Free
21		11-over	200 F. R. Mix				

**AFTERNOON SESSIONS - Starts no earlier than 1:00 pm**

G	B	GROUP	EVENT	G	B	GROUP	EVENT
23	24	9-10	100 IM	65	66	13-over	200 Free
25	26	8-under	100 IM	67	68	11-12	50 Fly
27	28	9-10	50 Back	69	70	13-over	100 Back
29	30	8-under	25 Back	71	72	11-12	100 Back
31	32	9-10	50 Breast	73	74	13-over	200 Breast
33	34	8-under	50 Breast	75	76	11-12	100 Breast
35	36	9-10	100 Fly	77	78	13-over	100 Free
37	38	8-under	25 Fly	79	80	11-12	100 Free
39	40	9-10	50 Free	81	82	13-over	25 Free*
41	42	8-under	50 Free	83	84	11-12	25 Free*
43		10-under	200 F.R. Mix				

**EVENT SUMMARY BY AGE GROUP**

	8-UNDER	9-10	11-12	13-Over
<b>SATURDAY</b>	100 IM	100 IM	100 IM	200 IM
	25 Back	50 Back	50 Back	200 Back
	50 Breast	50 Breast	50 Breast	100 Breast
	25 Fly	100 Fly	100 Fly	100 Fly
	50 Free	50 Free	50 Free	50 Free
	200 FR Mix	200 FR Mix	200 FR Mix	200 FR Mix
<b>SUNDAY</b>	50 Fly	50 Fly	50 Fly	200 Free
	50 Back	100 Back	100 Back	100 Back
	25 Breast	100 Breast	100 Breast	200 Breast
	100 Free	100 Free	100 Free	100 Free
	25 Free	25 Free*	25 Free*	25 Free*

\* 25-Yard Free Style events for 9 years and up are not scored for high point. This is a fun event for those who haven't swum a 25-yard Free since they were eight years old.

