

Results

#1 Girls 200 Yard Medley Relay Junior Varsity

VCAL Record:1:59.34 * 2006 St. Ignatius College

† Gallagher, N O'Dea, J Pa ng, M Neagle

1:50.08 AAA

1:51.91 AAC

2:04.59 CCS

Team	Relay	Finals Time
1 SI	A	2:02.94 CCS
Castro-Abrams, Elizabe	Jaquier, Carly	
Mosccone, Zea	Elias, Isabelle	
33.36	1:06.43	1:36.40 2:02.94
2 SF	A	2:03.08 CCS
Powers, Allie	Dinis, Chelsea	
Moore, Hathaway	Askounis, Erin	
32.23	1:07.29	1:36.74 2:03.08
3 PRES	A	2:04.01 CCS
Dewitt, Lauren	Riley, Jane	
Nguyen, Joyce	Scheaffer, Jenny	
31.35	1:06.73	1:36.61 2:04.01
4 AMHS	A	2:07.99 30.0
Simonds, Kristen	Cruz, Lauren	
Norman, Katie	Needham, Jenn	
33.15	1:08.97	1:39.54 2:07.99
5 VC	A	2:16.73 28.0
Bailey, Tara	Madsen, Megan	
McDonald, Kelsi	Roland, Kelsey	
35.76	1:14.51	1:47.18 2:16.73
6 NDB	A	2:35.66 26.0
Boyle, Katie	O'Riordan, Rachael	
Finlayson, Shannon	Keck, Mei-Le	
40.25	1:24.98	2:04.10 2:35.66
1:-- PRES	B	X2:06.92
33.95	1:09.48	1:39.27 2:06.92
1:-- SF	B	X2:15.63
36.74	1:14.00	1:46.66 2:15.63
1:-- SI	B	X2:16.68
34.59	1:14.38	1:46.95 2:16.68
1:-- SHP	B	X2:21.51
34.31	1:12.86	1:49.68 2:21.51
1:-- SHP	A	DQ
Early take-off swimmer #3		
Ceremsak, Kate	Rennels, Lisa	
Smith, Heather	Seabolt, Kelsey	
33.13	1:09.96	1:39.63 DQ
1:-- VC	B	NS

#2 Boys 200 Yard Medley Relay Frosh-Soph

VCAL Record:1:43.72 * 2003 Bellarmine College P

† Jackson, M Gartner, M Rico, A MacDonell

1:38.28 AAA

1:39.74 AAC

1:50.99 CCS

Team	Relay	Finals Time
1 BCP	A	1:45.90 CCS
Semplinski, Alex	Givens, Greg	
Dugoni, Andrew	Roller, Will	
27.37	57.81	1:22.92 1:45.90
2 SF	A	1:52.28 34.0
Foster, Jack	Cole, Ryan	
Bohrer, Madison	Dito, Tony	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	28.03	59.33	1:28.41	1:52.28
3 SI		A	1:54.62	32.0
	Ponce, Maurici		Brown, Ryan	
	Nguyen, Nicholas		O'Sullivan, T.J.	
	29.62	1:03.14	1:29.46	1:54.62
4 AMHS		A	2:00.17	30.0
	Miller, Ryan		Wang, Nova	
	Callas, Will		Rye, Zachary	
	28.70	1:02.85	1:33.31	2:00.17
5 SERRA		A	2:00.57	28.0
	Arms, Steven		Hampton, Russ	
	Deleon, Antonio		Newkirk, Remington	
	28.53	1:03.57	1:33.11	2:00.57
6 VC		A	2:04.50	26.0
	Nguyen, Jonathan		Valdez, Devin	
	Zellner, Tom		Herbert, Ian	
	32.29	1:08.51	1:37.13	2:04.50
1--- BCP		B	X1:49.50	CCS
	28.26	58.61	1:25.78	1:49.50
1--- SERRA		B	X2:15.83	
	35.64	1:13.86	1:48.45	2:15.83
1--- SF		B	X2:18.38	
	36.94	1:15.32	1:49.91	2:18.38
1--- AMHS		B	X2:18.55	
	34.45	1:15.77	1:49.11	2:18.55
1--- SI		B	X2:20.22	
	48.54	1:16.82	1:48.99	2:20.22
1--- SHP		A		DQ
	Early take-off swimmer #2			
	Culpan, David		Maier, William	
	Cowperthwaite, Sutton		Horsley, Hunter	
	29.47	1:03.83	1:32.89	DQ
1--- SHP		B		NS

3 Girls 200 Yard Medley Relay Varsity
VCAL Record:1:50.70 * 2006 Archbishop Mitty Hi
Wei, E Garcia, J Cisar, D Isaacs
1:50.08 AAA
1:51.91 AAC
2:04.59 CCS

Team	Relay	Finals Time
1 AMHS	A	1:48.82 * AAA
	Wei, Stephanie	Isaacs, Dory
	Cisar, Jamie	Collins, Sara
	27.07	57.94
2 SI	A	1:52.48 CCS
	Dimagmaliw, Ruthie	Padilla, Lauren
	Leung, Megan	Lohrey, Sasza
	29.25	1:01.08
3 PRES	A	1:53.13 CCS
	Still, Julia	Gong, Danielle
	Takaki, Maddie	Oreglia, Kelley
	30.43	1:00.14
4 SHP	A	1:55.18 CCS
	Culpan, Kim	Maurano, Megan
	Menon, Pallavi	Howard, Kristie
	29.45	1:02.25
5 VC	A	1:55.92 CCS
	Yoshida, Kaylee	Gunter, Kiley
	Coetsee, Ciki	Cutler, Lauren
	28.58	1:03.03
6 SF	A	1:59.46 CCS

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Results

	Talbott, Jenn		Vo, Anya	
	Naruns, Natalie		Gamlen, Victoria	
	29.33	1:03.71	1:32.86	1:59.46
7	NDB	A	2:04.42	CCS
	Zakula, Katie 11		Lowe, Kristen 10	
	Hermansen, Wendy 11		Parsons, Alyssa 9	
	30.42	1:06.40	1:36.45	2:04.42
8	SHCP	A	2:06.58	22.0
	Adams, Taylor		Chukuntarod, Bobbie	
	Holden, Marissa		Rozzano, Brittany	
	33.68	1:09.71	1:39.11	2:06.58
1----	SHP	B	X2:02.44	CCS
	31.87	1:05.11	1:35.41	2:02.44
1----	VC	B	X2:03.14	CCS
	31.02	1:06.95	1:36.48	2:03.14
1----	PRES	B	X2:03.70	CCS
	32.51	1:05.04	1:35.24	2:03.70
1----	SI	B	X2:04.58	CCS
	32.51	1:07.18	1:38.27	2:04.58
1----	SF	B	X2:11.14	
	34.72	1:10.71	1:42.70	2:11.14
1----	NDB	B	X2:20.29	
	Panagiotides, Athina 11		Gorn, Rosie 11	
	McTaggart, Megan 11		Scheierling, Suzie 11	
	37.94	1:16.16	1:50.36	2:20.29
1----	SHCP	B	XDQ	
	Stroke Infraction swimmer #3: One hand touch - f			
	34.74	1:16.05	1:56.20	DQ

#4 Boys 200 Yard Medley Relay Varsity

WCAL Record:1:37.42 * 2000 Bellarmine College P

Coble, C Bendetson, M Schubert, E Lee

1:38.28 AAA

1:39.74 AAC

1:50.99 CCS

Team	Relay	Finals Time
1 SHP	A	1:38.75 AAC
	Stahley, Austin	Flores-Maxfield, Kamer
	Navarro, Alex	Rudolph, Paul
	24.45	51.99
		1:17.09
		1:38.75
2 VC	A	1:38.98 AAC
	Parizi, Kevin	Liu, Mark
	Higgenbotham, Alex	Fleming, Shayne
	25.12	53.84
		1:17.77
		1:38.98
3 BCP	A	1:39.68 AAC
	Garcia, Ryan	Sonu, James
	Yen, Adam	Wall, Danny
	25.31	53.55
		1:17.95
		1:39.68

#4 Boys 200 Yard Medley Relay Varsity)

4 SERRA	A	1:40.76 CCS
	Otto, Masa	Sims, John
	Yarranton, Chris	Chhokar, Aaron
	27.39	55.15
		1:19.10
		1:40.76
5 SI	A	1:41.13 CCS
	Landefeld, Peter	Apolinario, Kevin
	Ostler, Jack	Madigan, Fred
	27.23	54.75
		1:18.25
		1:41.13
6 AMHS	A	1:45.86 CCS
	Slugocki, Andy	Gustaveson, Thomas
	Del Rio, Joey	Brown, Ryan

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	27.59	57.08	1:22.67	1:45.86
7 RIOR		A	1:58.46	24.0
	Tam, Thomas		Chow, Raymond	
	Courey, Mark		Riley, Nick	
	33.78	1:06.60	1:32.96	1:58.46
1---- BCP		B	X1:42.98	CCS
	27.67	55.81	1:20.16	1:42.98
1---- SHP		B	X1:46.86	CCS
	27.61	58.03	1:23.56	1:46.86
1---- AMHS		B	X1:50.01	CCS
	Hofstetter, Doug		Bernosky, Devin	
	Lopiccolo, Adam		Fleming, Michael	
	28.62	59.68	1:26.19	1:50.01
1---- SF		B	X1:50.55	CCS
	28.48	59.65	1:27.54	1:50.55
1---- SI		B	X1:54.96	
	30.27	1:02.76	1:29.63	1:54.96
1---- SERRA		B	X1:59.82	
	34.62	1:08.24	1:34.36	1:59.82
1---- VC		B	X2:03.74	
	30.81	1:07.61	1:37.14	2:03.74
1---- SF		A	DQ	
	Early take-off swimmer #4			
	Guslani, Ryan		Fronczak, Sean	
	Brochier, Tim		Broom, Conor	
	28.27	58.63	1:24.23	DQ

5 Girls 200 Yard Free Junior Varsity
WCAL Record:2:02.19* 2006 KK Clark SHP
1:52.31 AAA
1:54.12 AAC
2:05.29 CCS

Name	Age	Team	Finals Time
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1 - Final

1	Child, Laura	SHP	2:05.51	20.0
	29.43	1:01.55	1:33.56	2:05.51
2	Ebner, Sarah	SHP	2:07.73	17.0
	29.88	1:02.11	1:34.96	2:07.73
3	Summa, Madeline	SI	2:08.23	16.0
	30.22	1:02.76	1:35.31	2:08.23
4	Baum, Natalie	AMHS	2:10.49	15.0
	29.45	1:02.60	1:36.60	2:10.49
5	Refy, Monica	PRES	2:10.65	14.0
	29.80	1:02.08	1:36.28	2:10.65
6	Moscone, Zea	SI	2:11.89	13.0
	30.40	1:03.30	1:37.91	2:11.89
7	Brandl, Kathleen	SF	2:12.50	12.0
	29.94	1:02.99	1:37.61	2:12.50
8	Fuselier, Claire	SF	2:13.27	11.0
	31.23	1:05.59	1:40.08	2:13.27

1 - Final

9	Sevilla, Romina	SF	2:12.47	9.0
	31.05	1:05.56	1:39.39	2:12.47
10	Foote, Kristen	PRES	2:13.80	7.0
	30.76	1:05.56	1:40.11	2:13.80
11	Tella, Allison	PRES	2:14.25	6.0
	31.75	1:06.08	1:40.18	2:14.25
12	Keane, Delaney	AMHS	2:15.72	5.0
	31.42	1:05.85	1:40.91	2:15.72
13	Simard, Christina	PRES	2:17.36	4.0
	31.26	1:05.41	1:41.16	2:17.36
14	Carey, Elizabeth	SHP	2:17.97	3.0

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	32.53	1:07.01	1:42.76	2:17.97
15 Needham, Jenn		AMHS	2:20.38	2.0
	31.53	1:07.20	1:43.65	2:20.38
16 Inglis, Taryn		NDB	2:23.12	1.0
	33.61	1:10.37	1:48.07	2:23.12

5 Girls 200 Yard Free Junior Varsity

VCAL Record:2:02.19* 2006 KK Clark SHP

1:52.31 AAA

1:54.12 AAC

2:05.29 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1 Child, Laura		SHP	2:05.42
	28.90		1:00.36 1:32.58 2:05.42
2 Summa, Madeline		SI	2:09.15
	29.91		1:01.96 1:35.15 2:09.15
3 Fuselier, Claire		SF	2:11.91
	31.29		1:05.00 1:40.08 2:11.91
4 Baum, Natalie		AMHS	2:12.55
	29.79		1:03.36 1:38.11 2:12.55
5 Ebner, Sarah		SHP	2:12.99
	30.02		1:02.76 1:37.32 2:12.99
6 Refy, Monica		PRES	2:13.24
	30.76		1:03.93 1:38.57 2:13.24
7 Brandl, Kathleen		SF	2:13.36
	30.09		1:03.18 1:38.43 2:13.36
8 Moscone, Zea		SI	2:13.37
	30.07		1:03.13 1:38.68 2:13.37
9 Sevilla, Romina		SF	2:13.43
	30.77		1:04.59 1:39.78 2:13.43
10 Foote, Kristen		PRES	2:13.75
	30.57		1:05.04 1:40.58 2:13.75
11 Tella, Allison		PRES	2:15.09
	31.79		1:05.42 1:39.99 2:15.09
12 Keane, Delaney		AMHS	2:15.29
	31.27		1:05.30 1:40.21 2:15.29
13 Simard, Christina		PRES	2:16.38
	31.51		1:05.79 1:41.26 2:16.38
14 Carey, Elizabeth		SHP	2:17.26
	30.92		1:05.50 1:41.83 2:17.26
15 Needham, Jenn		AMHS	2:18.91
	30.81		1:04.90 1:41.58 2:18.91
16 Inglis, Taryn		NDB	2:19.35
	32.95		1:08.51 1:45.11 2:19.35
17 Ornelas, Marisela		SF	2:19.65
	31.94		1:07.25 1:44.13 2:19.65
18 Jackson, Samantha		AMHS	2:22.01
	32.57		1:07.33 1:44.12 2:22.01
19 Groh, Susannah		SI	2:26.21
	32.60		1:09.19 1:47.73 2:26.21
20 Benanti, Alex		VC	2:26.47
	31.22		1:07.61 1:47.27 2:26.47
21 LaRue, Kelly		SHP	2:28.80
	33.69		1:11.33 1:50.65 2:28.80
22 D'Amico, Christie		SF	2:30.84
23 Slavich, Rebkah		VC	2:32.57
	32.18		1:09.66 1:51.98 2:32.57
24 Carroll, Kayla		VC	2:37.88

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	35.27	1:15.93	1:58.10	2:37.88
25 Lim, Rebecca	SF		2:39.38	
	35.92	1:18.00	1:59.11	2:39.38
26 Esperanza, Rachel	VC		2:45.19	
	36.14	1:17.25	2:01.46	2:45.19
27 Zill, Michelle	SF		2:46.99	
	36.49	1:19.86	2:04.61	2:46.99
28 O'Dowd, Stephani	NDB		3:46.86	
	50.07	1:48.99	2:49.45	3:46.86
Shapero, Sara	PRES	X2:16.48		
	31.16	1:05.31	1:40.98	2:16.48
Castro-Abrams, El	SI		DQ	
	False start			
	29.16	1:00.60	1:33.23	DQ
Pitman, Becca	VC		SCR	

6 Boys 200 Yard Free Frosh-Soph

VCAL Record:1:46.30* 2005 Spencer Pollard Bell

1:42.51 AAA

1:44.03 AAC

1:52.69 CCS

Name	Age	Team	Finals Time
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1 - Final

1 Singer, Daniel	BCP	1:52.46	CCS
	27.05	55.81	1:24.71 1:52.46
2 Kirwan, Matt	BCP	1:53.04	17.0
	26.27	54.69	1:24.23 1:53.04
3 Mix, Jake	BCP	1:53.68	16.0
	26.66	55.52	1:24.96 1:53.68
4 Schmidt, David	BCP	1:54.79	15.0
	25.99	55.03	1:25.28 1:54.79
5 Whittam, Alex	SHP	1:56.58	14.0
	26.54	56.02	1:26.13 1:56.58
6 Back, Michael	AMHS	2:02.87	13.0
	26.39	56.16	1:30.35 2:02.87
7 Olson, Peter	SF	2:03.74	12.0
	28.12	1:00.00	1:32.60 2:03.74

1 - Final ... (#6 Boys 200 Yard Free Frosh-Soph)

8 Sample, John	SF	2:08.16	11.0
	28.45	1:01.50	1:35.30 2:08.16

1 - Final

9 Curl, Quinn	SERRA	2:13.13	9.0
	30.08	1:04.47	1:40.02 2:13.13
10 Gordon, Erik	SERRA	2:14.03	7.0
	29.20	1:03.09	2:14.07 2:14.03
11 Herbert, Ian	VC	2:19.49	6.0
	31.03	1:05.48	1:43.22 2:19.49
12 Corrales, Jeremy	VC	2:23.57	5.0
	31.49	1:07.12	1:45.95 2:23.57
13 Tolentino, Brende	AMHS	2:24.27	4.0
	32.09	1:07.92	1:47.46 2:24.27
14 Booth, Derek	AMHS	2:26.36	3.0
	32.97	1:10.13	1:49.74 2:26.36
15 Dowden, Ben	SERRA	2:26.86	2.0
	32.41	1:08.52	1:48.20 2:26.86
16 Pessah, Chandler	SERRA	2:29.63	1.0
	30.78	1:08.45	1:49.63 2:29.63

6 Boys 200 Yard Free Frosh-Soph

VCAL Record:1:46.30* 2005 Spencer Pollard Bell

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

1:42.51 AAA
 1:44.03 AAC
 1:52.69 CCS

Name	Age	Team	Prelim Time
reliminaries			
1 Singer, Daniel		BCP	1:52.71
26.76	55.75	1:24.64	1:52.71
2 Mix, Jake		BCP	1:53.17
25.75	54.38	1:23.83	1:53.17
3 Kirwan, Matt		BCP	1:53.79
26.33	54.97	1:24.45	1:53.79
4 Schmidt, David		BCP	1:54.23
26.45	55.62	1:25.26	1:54.23
5 Whittam, Alex		SHP	1:56.13
26.63	56.13	1:26.03	1:56.13
6 Back, Michael		AMHS	2:02.74
26.34	56.62	1:29.56	2:02.74
7 Olson, Peter		SF	2:03.35
27.80	59.02	1:31.61	2:03.35
8 Sample, John		SF	2:08.99
28.38	1:00.97	1:35.14	2:08.99
9 Gordon, Erik		SERRA	2:13.50
29.19	1:02.89	2:13.61	2:13.50
10 Curl, Quinn		SERRA	2:17.87
30.21	1:04.90	1:41.60	2:17.87
11 Herbert, Ian		VC	2:18.64
30.37	1:04.26	1:40.97	2:18.64
12 Tolentino, Brende		AMHS	2:20.87
31.82	1:07.38	1:44.63	2:20.87
13 Corrales, Jeremy		VC	2:22.43
31.79	1:07.43	1:45.64	2:22.43
14 Booth, Derek		AMHS	2:23.88
31.15	1:07.28	1:46.20	2:23.88
15 Pessah, Chandler		SERRA	2:24.35
31.22	1:07.88	1:46.72	2:24.35
16 Dowden, Ben		SERRA	2:25.81
32.27	1:08.14	1:46.88	2:25.81
17 Laird, Peter		BCP	X1:59.83
27.55	57.64	1:28.90	1:59.83
18 Peck, Taylor		BCP	X2:00.35
27.33	57.42	1:28.87	2:00.35
19 Zappel, Tyler		BCP	X2:02.53
27.86	58.54	1:30.80	2:02.53
20 Juri, William		BCP	X2:12.71
29.55	1:03.75	1:38.85	2:12.71
21 Mai, Lam		BCP	X2:14.28
29.52	1:03.00	1:38.14	2:14.28

7 Girls 200 Yard Free Varsity

VCAL Record:1:51.75* 2007 Stephanie Wei-Mitty

1:52.31 AAA
 1:54.12 AAC
 2:05.29 CCS

Name	Age	Team	Finals Time
Final			
1 Wei, Stephanie		AMHS	1:50.95 * AAA
26.25	54.33	1:22.32	1:50.95
2 Howard, Katie		SHP	1:53.75 AAC
26.47	54.99	1:24.08	1:53.75

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Results

3	Garcia, Monica	AMHS	1:54.43	CCS
	26.59	55.12	1:24.24	1:54.43
4	Ryan, Mallory	SI	1:59.54	CCS
	27.50	57.22	1:28.23	1:59.54
5	Leung, Megan	SI	1:59.60	CCS
	27.40	57.04	1:28.37	1:59.60
6	Coetsee, Ciki	VC	1:59.71	CCS
	27.49	57.21	1:28.44	1:59.71
7	Still, Julia	PRES	2:02.36	CCS
	28.84	1:00.03	1:31.53	2:02.36
8	Naruns, Natalie	SF	2:03.38	CCS
	28.60	59.73	1:31.85	2:03.38

1 - Final

9	Clark, KK	SHP	2:01.19	CCS
	27.89	57.77	1:28.50	2:01.19
10	Oreglia, Kelley	PRES	2:01.22	CCS
	28.40	58.61	1:30.11	2:01.22
11	Wells, Alex	VC	2:02.14	CCS
	29.19	1:00.06	1:31.35	2:02.14
12	Collins, Claire	SI	2:03.40	CCS
	28.83	59.68	1:31.55	2:03.40
13	Mansfield, Rozann	SF	2:04.41	CCS
	29.06	1:00.29	1:32.51	2:04.41
14	Castagnola, Gina	SI	2:06.84	3.0
	28.86	1:00.24	1:33.01	2:06.84
15	Power, Kellan	VC	2:09.49	2.0
	29.36	1:01.21	1:34.70	2:09.49
16	Sutherland, Katie	SHP	2:09.99	1.0
	30.71	1:03.77	1:37.05	2:09.99

7 Girls 200 Yard Free Varsity

WCAL Record:1:51.75 * 2007 Stephanie Wei-Mitty

1:52.31 AAA

1:54.12 AAC

2:05.29 CCS

Name Age Team Prelim Time

Preliminaries

1	Wei, Stephanie	AMHS	1:51.75	* AAA
	26.62	55.10	1:23.44	1:51.75
2	Howard, Katie	SHP	1:54.92	CCS
	26.63	55.36	1:24.95	1:54.92
3	Garcia, Monica	AMHS	1:57.20	CCS
	27.59	56.81	1:26.93	1:57.20
4	Ryan, Mallory	SI	1:58.71	CCS
	28.01	57.87	1:28.33	1:58.71
5	Leung, Megan	SI	1:58.86	CCS
	27.77	57.59	1:28.41	1:58.86
6	Coetsee, Ciki	VC	1:59.29	CCS
	27.76	57.55	1:28.82	1:59.29
7	Naruns, Natalie	SF	2:01.26	CCS
	28.75	59.04	1:30.10	2:01.26
8	Still, Julia	PRES	2:01.48	CCS
	28.40	59.33	1:30.40	2:01.48
9	Oreglia, Kelley	PRES	2:02.20	CCS
	28.50	58.98	1:30.60	2:02.20
10	Clark, KK	SHP	2:02.24	CCS
	27.81	58.02	1:29.29	2:02.24
11	Collins, Claire	SI	2:02.64	CCS
	28.57	59.38	1:31.06	2:02.64
12	Wells, Alex	VC	2:05.25	CCS
	29.61	1:01.46	1:33.49	2:05.25

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

13	Mansfield, Rozann	SF		2:05.61
	29.71	1:01.38	1:34.13	2:05.61
14	Castagnola, Gina	SI		2:06.59
	28.99	1:00.57	1:33.10	2:06.59
15	Sutherland, Katie	SHP		2:06.77
	29.59	1:01.73	1:34.71	2:06.77
16	Power, Kellan	VC		2:06.91
	29.09	1:00.91	1:34.11	2:06.91
17	Gamlen, Victoria	SF		2:07.13
	28.71	1:00.08	1:33.84	2:07.13
18	Isaacs, Caroline	AMHS		2:07.38
	29.52	1:01.62	1:34.97	2:07.38
19	Lowe, Kristen	10	NDB	2:07.69
	29.12	1:01.09	1:34.46	2:07.69
19	Thomas, Emily	AMHS		2:07.69
	29.96	1:02.13	1:34.98	2:07.69
21	Caine, Lindsey	SF		2:10.24
	30.11	1:02.99	1:36.56	2:10.24
22	Sclafani, Emilia	VC		2:11.44
	30.56	1:03.85	1:37.75	2:11.44
23	Allen, Kim	SF		2:13.51
	29.65	1:02.94	1:38.02	2:13.51
24	Lorion, Marisa	PRES		2:13.59
	31.20	1:04.98	1:39.58	2:13.59

Reliminaries ... (#7 Girls 200 Yard Free Varsity)

25	Roe, Jenna	PRES		2:17.39
	31.93	1:05.89	1:41.88	2:17.39
26	Roberts, Katie	11	NDB	2:40.25
	35.07	1:15.79	1:58.10	2:40.25
---	Camrick, Beth	9	NDB	NS

8 Boys 200 Yard Free Varsity

VCAL Record: 1:40.97 * 2004 Chris Talbott Bell

- 1:42.51 AAA**
- 1:44.03 AAC**
- 1:52.69 CCS**

	Name	Age	Team	Finals Time
Final				
1	Smith, Taylor	BCP	1:40.95 *	AAA
	23.26	49.12	1:15.41	1:40.95
2	Navarro, Alex	SHP	1:46.33	CCS
	24.38	50.81	1:18.31	1:46.33
3	Higgenbotham, Al	VC	1:48.14	CCS
	25.34	52.77	1:20.53	1:48.14
4	Otto, Masa	SERRA	1:48.72	CCS
	25.06	52.28	1:20.55	1:48.72
5	Kuo, David	SF	1:49.05	CCS
	25.37	52.93	1:21.13	1:49.05
6	Akerland, Marcus	BCP	1:49.29	CCS
	25.14	52.52	1:20.69	1:49.29
7	Schmidt, Brian	BCP	1:49.38	CCS
	25.12	52.32	1:20.71	1:49.38
8	Partin, Chris	BCP	1:49.70	CCS
	25.33	53.16	1:21.58	1:49.70
Final				
9	Mosccone, Dillon	SI	1:49.98	CCS
	25.48	53.30	1:22.11	1:49.98
10	Tan, Daniel	VC	1:50.13	CCS

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	26.07	54.34	1:22.70	1:50.13
11 Kranenburg, Pieter	SI		1:50.41	CCS
	25.68	53.47	1:22.08	1:50.41
12 Riley, Nick	RIOR		1:52.63	CCS
	26.22	54.75	1:23.76	1:52.63
13 McEnery, Ryan	SERRA		1:52.86	4.0
	26.20	54.60	1:24.11	1:52.86
14 Butler, John	SI		1:53.04	3.0
	26.50	54.58	1:23.53	1:53.04
15 Olson, Michael	SF		1:53.18	2.0
	26.64	55.68	1:25.29	1:53.18
16 Still, Connor	SHP		1:54.52	1.0
	26.68	55.81	1:25.41	1:54.52

8 Boys 200 Yard Free Varsity

WCAL Record:1:40.97* 2004 Chris Talbott Bell

1:42.51 AAA

1:44.03 AAC

1:52.69 CCS

Name Age Team Prelim Time

Preliminaries

1	Smith, Taylor	BCP	1:42.16	AAA
	23.77	50.33	1:17.08	1:42.16
2	Navarro, Alex	SHP	1:43.18	AAC
	24.01	50.08	1:16.98	1:43.18
3	Otto, Masa	SERRA	1:48.62	CCS
	25.71	53.78	1:21.39	1:48.62
4	Higgenbotham, Al	VC	1:49.22	CCS
	26.16	53.98	1:21.29	1:49.22
5	Akerland, Marcus	BCP	1:49.35	CCS
	24.93	52.61	1:20.96	1:49.35
6	Partin, Chris	BCP	1:49.54	CCS
	25.41	53.30	1:21.57	1:49.54
7	Schmidt, Brian	BCP	1:49.60	CCS
	25.55	53.03	1:21.51	1:49.60
8	Kuo, David	SF	1:49.75	CCS
	25.80	53.47	1:21.54	1:49.75
9	Moscone, Dillon	SI	1:50.33	CCS
	25.46	53.59	1:22.13	1:50.33
10	Kranenburg, Pieter	SI	1:51.51	CCS
	25.10	53.27	1:21.90	1:51.51
11	Tan, Daniel	VC	1:51.64	CCS
	26.33	55.18	1:23.73	1:51.64
12	McEnery, Ryan	SERRA	1:51.92	CCS
	26.18	54.34	1:23.22	1:51.92
13	Butler, John	SI	1:52.87	
	26.50	55.13	1:24.34	1:52.87
14	Olson, Michael	SF	1:53.12	
	25.92	54.94	1:23.89	1:53.12
15	Riley, Nick	RIOR	1:53.28	
	26.47	55.16	1:24.27	1:53.28
16	Still, Connor	SHP	1:53.50	
	26.35	55.14	1:24.96	1:53.50
17	Kolenda, David	SI	1:54.32	
	26.90	55.80	1:25.22	1:54.32
18	Smith, Tommy	SF	1:55.24	
	26.48	55.40	1:25.21	1:55.24
19	Lenihan, Aidan	VC	1:56.95	
	26.41	55.87	1:26.11	1:56.95

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

20	Guslani, Ryan	SF	1:57.06	
	26.56	56.15	1:26.68	1:57.06
21	Ebert, Robert	BCP	1:57.11	
	26.48	56.03	1:27.14	1:57.11
22	Garcia, Edgar	BCP	1:57.80	
	26.00	55.28	1:25.56	1:57.80
23	Hosking, Douglas	SHP	1:58.36	
	27.95	58.16	1:27.86	1:58.36
24	Opray, Jonathan	VC	1:59.73	
	26.81	57.23	1:29.04	1:59.73
25	Duhn, Chris	SI	2:00.26	
	28.06	58.43	1:29.53	2:00.26
26	Bausback, Michae	SHP	2:00.73	
	27.54	57.89	1:29.32	2:00.73
27	Mahoney, Brendan	SI	2:01.59	
	27.33	57.53	1:29.47	2:01.59
28	Grizzle, Jonathan	VC	2:01.93	
	27.86	58.74	1:30.80	2:01.93
29	Johnson, Alex	SI	2:02.19	
	27.73	58.52	1:30.43	2:02.19
30	Alderette, Andrew	VC	2:02.97	
	28.35	59.94	1:32.41	2:02.97
31	Wang, Kevin	AMHS	2:03.15	
	27.54	59.27	1:32.18	2:03.15
32	Kirmse, Matt	AMHS	2:03.43	
	28.50	59.62	1:31.95	2:03.43
33	McCavitt, Kit	SHP	2:11.50	
	29.91	1:02.46	1:36.68	2:11.50
34	Stephenson, Ryan	VC	2:24.94	
	30.97	1:07.82	1:47.08	2:24.94
35	Mah, Jonathan	SHCP	2:46.18	
	33.59	1:14.41	2:00.78	2:46.18
'---	Shields, Matt	BCP	X1:50.98	CCS
	25.81	53.70	1:22.46	1:50.98
'---	Muir, Jake	BCP	X1:54.86	
	26.19	54.80	1:25.04	1:54.86
'---	Wong, Daniel	SHCP	SCR	
'---	Dixit, Harish	AMHS	SCR	
'---	Blackmore, Jon	SF	SCR	

9 Girls 100 Yard IM Junior Varsity

WCAL Record:1:04.98* 2004 Darcie Campbell-SI

	Name	Age	Team	Finals Time
1 - Final				
1	Moore, Hathaway	SF	1:07.21	20.0
	31.84	1:07.21		
2	Wessbecher, Kirst	SF	1:07.38	17.0
	32.20	1:07.38		
3	Lee, Letticia	SI	1:07.89	16.0
	31.91	1:07.89		
4	Dewitt, Lauren	PRES	1:08.54	15.0
	30.45	1:08.54		
5	McComas, Kim	AMHS	1:09.17	14.0
	31.72	1:09.17		
6	Rennels, Lisa	SHP	1:10.73	13.0
	33.14	1:10.73		
7	Oreglia, Paige	PRES	1:10.80	12.0
	32.44	1:10.80		
8	Simonds, Kristen	AMHS	1:11.47	11.0
	32.10	1:11.47		
1 - Final				
9	Nguyen, Joyce	PRES	1:11.07	9.0

Results

	31.99	1:11.07		
10 West, Marie	SF	1:11.87	7.0	
	32.99	1:11.87		
11 Weller, Emily	PRES	1:13.20	6.0	
	33.77	1:13.20		
12 Hallagan, Erin	AMHS	1:13.66	4.5	
	34.38	1:13.66		
12 Choi, Frances	AMHS	1:13.66	4.5	
	33.38	1:13.66		
14 Yin, Katherine	SI	1:13.95	3.0	
	34.13	1:13.95		
15 Kriebel, Alexa	SHP	1:14.18	2.0	
	33.97	1:14.18		
16 Ceremsak, Kate	SHP	1:14.71	1.0	
	32.54	1:14.71		

9 Girls 100 Yard IM Junior Varsity

VCAL Record:1:04.98* 2004 Darcie Campbell-SI

Name Age Team Prelim Time

Eliminaries

1 Lee, Letticia	SI	1:08.32	
	32.11	1:08.32	
2 McComas, Kim	AMHS	1:08.33	
	31.14	1:08.33	
3 Dewitt, Lauren	PRES	1:08.60	
	30.21	1:08.60	
4 Moore, Hathaway	SF	1:09.20	
	32.28	1:09.20	
5 Rennels, Lisa	SHP	1:09.40	
	32.23	1:09.40	
6 Wessbecher, Kirst	SF	1:10.56	
	33.57	1:10.56	
7 Oreglia, Paige	PRES	1:10.77	
	32.14	1:10.77	
8 Simonds, Kristen	AMHS	1:11.24	
	32.41	1:11.24	
9 Nguyen, Joyce	PRES	1:11.61	
	32.19	1:11.61	
10 West, Marie	SF	1:12.04	
	33.49	1:12.04	
11 Weller, Emily	PRES	1:13.07	
	33.80	1:13.07	
12 Choi, Frances	AMHS	1:13.10	
	32.13	1:13.10	
13 Kriebel, Alexa	SHP	1:13.27	
	33.75	1:13.27	
14 Hallagan, Erin	AMHS	1:13.59	
	34.07	1:13.59	
15 Ceremsak, Kate	SHP	1:13.67	
	32.51	1:13.67	
16 Yin, Katherine	SI	1:13.69	
	33.83	1:13.69	
17 Ackley, Mia	SF	1:16.02	
	34.99	1:16.02	
18 Madsen, Megan	VC	1:16.36	
	35.56	1:16.36	
19 Diaz, Anna	SI	1:16.41	
	35.48	1:16.41	
20 Drogos, Danielle	PRES	1:17.16	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	34.15	1:17.16		
21	Robledo, Rachel	PRES	1:17.36	
	36.34	1:17.36		
22	Seabolt, Kelsey	SHP	1:18.06	
	37.83	1:18.06		
23	Labat, Daniella	NDB	1:18.08	
	38.14	1:18.08		
24	Collins, Nicole	PRES	1:18.15	
	36.48	1:18.15		
25	Pabinguit, Kathryn	SF	1:18.64	
	35.86	1:18.64		
26	Mestice, Nicole	AMHS	1:19.27	
	39.15	1:19.27		
27	deSilva, Gabby	PRES	1:19.39	
	35.94	1:19.39		
28	Giulianelli, Jaclyn	SF	1:19.85	
	36.70	1:19.85		
29	Crampton, Margar	SF	1:20.16	
	36.65	1:20.16		
30	Blefari, Alex	SF	1:20.25	
	37.39	1:20.25		
31	Huber, Megan	PRES	1:20.52	
	36.21	1:20.52		
32	Micciche, Alyssa	PRES	1:20.64	
	36.46	1:20.64		
33	Nguyen, Mai-Anh	SF	1:21.70	
	39.18	1:21.70		
34	DeNeffe, Holly	SF	1:21.71	
	37.57	1:21.71		
35	Jimenez Cardenas,	PRES	1:22.12	
	36.33	1:22.12		
36	DeBoard, Sarah	VC	1:22.14	
	37.90	1:22.14		
37	Fernandez, Merced	VC	1:22.30	
	37.87	1:22.30		
38	Lane, Jennafer	PRES	1:22.80	
	37.14	1:22.80		
39	Powell, Christina	SHP	1:24.84	
	38.85	1:24.84		
40	Fox, Amanda	SF	1:25.28	
	38.85	1:25.28		
41	Fry, Stephanie	SF	1:25.53	
	40.00	1:25.53		
42	Jochims, Jenna	SF	1:25.93	
	40.33	1:25.93		
43	DePalmo, Claire	PRES	1:25.94	
	39.81	1:25.94		
44	Yeider, Corinne	PRES	1:26.07	
	40.15	1:26.07		
45	Brochier, Annelise	SF	1:26.22	
	42.40	1:26.22		
46	Boyle, Katie	NDB	1:27.21	
	39.93	1:27.21		
47	DiPietro, Erica	PRES	1:30.37	
	43.56	1:30.37		
48	Scanlon, Moira	SF	1:32.45	
	43.99	1:32.45		
49	Hittler, Julia	VC	1:32.75	
	41.13	1:32.75		
50	Valdovinos, Maris	PRES	1:32.87	
	43.37	1:32.87		
51	Bausback, Katheri	SHP	1:34.58	
	42.43	1:34.58		
52	Le, Shannon	PRES	1:35.12	

Results

	46.38	1:35.12		
53	Prevot, Elyse	SF		1:37.30
	49.59	1:37.30		
----	Kelleher, Julie	AMHS	X1:	15.67
	35.56	1:15.67		
----	Vasquez, Marlana	AMHS	X1:	16.14
	36.61	1:16.14		
----	MacDonell, Mega	SF		DQ
	Shoulders past vertical toward breast - back			
	36.12	DQ		
----	Friedenbach, Beck	AMHS		DQ
	False start - Misc			
	35.46	DQ		
----	Lau, Pamela	SF		NS
----	Powers, Quinn	PRES		SCR
----	Molina, Jannelle	PRES		SCR
----	Pitman, Becca	VC		SCR
----	Kaufmann, Stepha	SF		SCR

10 Boys 100 Yard IM Frosh-Soph

VCAL Record: 54.23 * 2003 Nick Buonfiglio Bells

Name	Age	Team	Finals Time
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1 - Final

1	Semplinski, Alex	BCP	59.32	20.0
	27.23	59.32		
2	Coglitore, Justin	AMHS	59.48	17.0
	28.02	59.48		
3	Givens, Greg	BCP	1:00.34	16.0
	28.71	1:00.34		
4	Tu, Matt	BCP	1:00.42	15.0
	28.14	1:00.42		
5	Vu, Christian	BCP	1:01.18	14.0
	28.70	1:01.18		
6	Nguyen, Nicholas	SI	1:02.87	13.0
	29.10	1:02.87		
7	Straube, Zack	SHP	1:03.78	12.0
	29.68	1:03.78		
8	Arms, Steven	SERRA	1:07.08	11.0
	31.12	1:07.08		

1 - Final

9	Nguyen, Jonathan	VC	1:07.68	9.0
	32.33	1:07.68		
10	Brown, Ryan	SI	1:07.69	7.0
	31.80	1:07.69		
11	Cole, Ryan	SF	1:07.87	6.0
	33.45	1:07.87		
12	Morikawa, Matt	SF	1:08.12	5.0
	31.20	1:08.12		
13	Dzurko, Kyle	AMHS	1:08.88	4.0
	32.56	1:08.88		
14	Bohrer, Madison	SF	1:09.37	3.0
	31.68	1:09.37		
15	Callas, Will	AMHS	1:11.98	2.0
	32.88	1:11.98		
---	Morikawa, Ryan	SF		NS

10 Boys 100 Yard IM Frosh-Soph

VCAL Record: 54.23 * 2003 Nick Buonfiglio Bells

Name	Age	Team	Prelim Time
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Preliminaries

1	Semplinski, Alex	BCP	58.51
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Results

	26.26	58.51		
2 Tu, Matt		BCP	1:00.06	
	27.86	1:00.06		
reliminaries ... (#10 Boys 100 Yard IM Frosh-Soph)				
3 Givens, Greg		BCP	1:00.24	
	28.89	1:00.24		
4 Vu, Christian		BCP	1:01.24	
	28.31	1:01.24		
5 Coglitore, Justin		AMHS	1:01.59	
	28.43	1:01.59		
6 Nguyen, Nicholas		SI	1:03.01	
	29.63	1:03.01		
7 Arms, Steven		SERRA	1:03.83	
	29.42	1:03.83		
8 Straube, Zack		SHP	1:04.28	
	30.24	1:04.28		
9 Cohen, Jack		AMHS	1:05.62	
	29.12	1:05.62		
10 Brown, Ryan		SI	1:06.76	
	31.21	1:06.76		
11 Nguyen, Jonathan		VC	1:07.23	
	31.62	1:07.23		
12 Cole, Ryan		SF	1:07.81	
	32.94	1:07.81		
13 Bohrer, Madison		SF	1:09.16	
	31.22	1:09.16		
14 Morikawa, Matt		SF	1:10.35	
	32.29	1:10.35		
15 Callas, Will		AMHS	1:11.58	
	31.98	1:11.58		
16 Dzurko, Kyle		AMHS	1:12.16	
	33.62	1:12.16		
17 Lin, Tim		VC	1:12.70	
	33.89	1:12.70		
18 Morikawa, Ryan		SF	1:13.08	
	35.36	1:13.08		
19 Yuschak, David		SF	1:16.16	
	34.30	1:16.16		
20 Dawkins, Brian		SF	1:19.93	
	36.89	1:19.93		
---- Teraoka, Ian		BCP	X1:01.40	
	29.05	1:01.40		
---- Bedell, Andrew		BCP	X1:08.01	
	31.19	1:08.01		
---- Vu, Cody		BCP	X1:08.69	
	32.66	1:08.69		
---- Mai, Lam		BCP	X1:10.73	
	33.61	1:10.73		
---- Perrucci, Jason		AMHS	X1:13.02	
	34.90	1:13.02		
---- Nightingale, Derri		SERRA	DQ	
	Shoulders past vertical toward breast - back			
	32.98	DQ		
---- Schaadt, Peter		BCP	DQ	
	Shoulders past vertical toward breast - back			
	30.22	DQ		
---- Faoro, Ben		SERRA	SCR	
---- Khachi, Patrick		VC	SCR	

Results

11 Girls 200 Yard IM Varsity

VCAL Record:2:05.02 * 2004 Erica Liu-Mitty

2:06.59 AAA
2:08.61 AAC
2:21.99 CCS

Name	Age	Team	Finals Time
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Final

1	Delisle, Laurence	AMHS	2:04.60	*	AAA
	27.87	58.64	1:35.10	2:04.60	
2	Dimagmaliw, Ruth	SI	2:12.67	CCS	
	28.58	1:01.31	1:41.43	2:12.67	
3	Gilley, Paige	SF	2:13.17	CCS	
	28.28	1:01.13	1:42.42	2:13.17	
4	Padilla, Lauren	SI	2:16.37	CCS	
	29.51	1:05.45	1:44.13	2:16.37	
5	Power, Kelsey	VC	2:18.84	CCS	
	29.47	1:04.41	1:46.55	2:18.84	
6	Canonica, Kandis	SI	2:19.41	CCS	
	30.92	1:04.84	1:47.34	2:19.41	
7	Quan, Lauren	SI	2:20.16	CCS	
	30.23	1:04.97	1:46.59	2:20.16	
8	Walitsch, Jamie	VC	2:20.22	CCS	
	29.96	1:04.74	1:47.17	2:20.22	

Final

9	Enriquez, Nicolyn	SF	2:17.32	CCS	
	30.45	1:07.06	1:45.57	2:17.32	
10	Oosterhouse, Lind	AMHS	2:19.83	CCS	
	30.82	1:06.42	1:48.43	2:19.83	
11	Gunter, Kiley	VC	2:21.02	CCS	
	30.22	1:06.93	1:47.90	2:21.02	
12	Miller, Melissa	PRES	2:21.07	CCS	
	30.08	1:06.73	1:47.48	2:21.07	
13	Bone, Jen	SF	2:22.62	4.0	
	30.80	1:07.08	1:48.29	2:22.62	
14	Korpusik, Mandy	PRES	2:23.28	3.0	
	30.09	1:07.53	1:48.71	2:23.28	
15	Kerstens, Annemie	PRES	2:24.27	2.0	
	31.49	1:08.53	1:50.40	2:24.27	
---	Vo, Anya	SF		DQ	
	Shoulders not at or past vertical towards breast off				
	32.00	1:08.65	1:50.17	DQ	

11 Girls 200 Yard IM Varsity

VCAL Record:2:05.02 * 2004 Erica Liu-Mitty

2:06.59 AAA
2:08.61 AAC
2:21.99 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1	Delisle, Laurence	AMHS	2:07.10	AAC
	28.60	1:00.04	1:37.44	2:07.10
2	Dimagmaliw, Ruth	SI	2:12.53	CCS
	28.32	1:01.38	1:40.66	2:12.53
3	Gilley, Paige	SF	2:14.90	CCS
	29.65	1:03.73	1:43.56	2:14.90
4	Padilla, Lauren	SI	2:15.68	CCS
	29.00	1:03.54	1:42.97	2:15.68
5	Quan, Lauren	SI	2:17.56	CCS
	29.82	1:04.57	1:45.09	2:17.56
6	Walitsch, Jamie	VC	2:19.34	CCS

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	29.91	1:04.49	1:46.95	2:19.34
7 Canonica, Kandis	SI		2:20.51	CCS
	31.25	1:05.45	1:48.68	2:20.51
8 Power, Kelsey	VC		2:20.63	CCS
	30.29	1:05.87	1:48.85	2:20.63
9 Miller, Melissa	PRES		2:20.66	CCS
	30.09	1:07.20	1:48.34	2:20.66
10 Gunter, Kiley	VC		2:20.99	CCS
	30.12	1:07.36	1:48.04	2:20.99
11 Enriquez, Nicolyn	SF		2:21.07	CCS
	31.24	1:08.26	1:48.30	2:21.07
12 Oosterhouse, Lind	AMHS		2:21.54	CCS
	30.89	1:06.64	1:49.21	2:21.54
13 Kerstens, Annemie	PRES		2:22.05	
	30.81	1:07.45	1:49.04	2:22.05
14 Vo, Anya	SF		2:22.34	
	31.73	1:07.91	1:49.11	2:22.34
15 Bone, Jen	SF		2:23.52	
	31.32	1:07.75	1:49.01	2:23.52
16 Korpusik, Mandy	PRES		2:24.57	
	31.71	1:08.58	1:49.60	2:24.57
17 Maurano, Megan	SHP		2:27.82	
	31.91	1:11.10	1:51.40	2:27.82
18 Silveria, Marilee	AMHS		2:32.76	
	31.41	1:11.87	1:57.06	2:32.76
19 Fong, Natalie	SHCP		2:34.81	
	32.59	1:11.78	1:57.50	2:34.81
20 Hermansen, Wend 11			NDB	2:41.31
	32.54	1:12.82	2:03.92	2:41.31
21 McKinney, Lisa	VC		2:52.32	
	37.11	1:20.28	2:10.59	2:52.32
22 McTaggart, Mega 11			NDB	2:59.86
	37.14	1:25.10	2:17.65	2:59.86
--- Chukuntarod, Bob	SHCP		DQ	
	33.61	1:13.87	1:58.94	DQ

#12 Boys 200 Yard IM Varsity

VCAL Record:1:52.30 * 1997 Rob Canales-Bells

1:54.89 AAA

1:56.80 AAC

2:10.79 CCS

Name Age Team Finals Time

\ - Final

1	Stahley, Austin	SHP	1:53.73	AAA
	24.28	52.85	1:26.03	1:53.73
2	Parizi, Kevin	VC	1:57.07	CCS
	25.65	53.72	1:28.98	1:57.07
3	Shilling, Brandon	BCP	1:58.17	CCS
	25.69	55.40	1:29.74	1:58.17
4	Apolinario, Kevin	SI	2:01.66	CCS
	26.17	57.69	1:32.52	2:01.66
5	Chan, Chris	BCP	2:02.54	CCS
	25.91	57.03	1:33.16	2:02.54

\ - Final ... (#12 Boys 200 Yard IM Varsity)

6	Sonu, James	BCP	2:04.04	CCS
	27.59	1:00.26	1:35.48	2:04.04

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

7	Fronczak, Sean	SF	2:07.36	CCS
	28.85	1:01.61	1:38.19	2:07.36
8	Del Rio, Joey	AMHS	2:08.88	CCS
	27.15	1:00.87	1:39.50	2:08.88
1 - Final				
9	Velasquez, Nico	SERRA	2:08.70	CCS
	27.38	59.59	1:38.26	2:08.70
10	Liu, Mark	VC	2:09.33	CCS
	28.42	1:01.18	1:38.44	2:09.33
11	McMillan, Ernie	SF	2:10.66	CCS
	26.62	58.72	1:39.27	2:10.66
12	Brochier, Tim	SF	2:10.95	5.0
	27.71	1:02.08	1:40.46	2:10.95
13	Kikuta, Nikolas	VC	2:11.70	4.0
	27.91	1:01.28	1:41.34	2:11.70
14	Parsons, Jeff	BCP	2:12.08	3.0
	27.79	1:00.87	1:39.23	2:12.08
15	Patnaik, Rohan	SF	2:12.24	2.0
	27.73	1:01.98	1:41.68	2:12.24
16	Lee, Nico	SI	2:14.86	1.0
	29.13	1:04.81	1:41.24	2:14.86

12 Boys 200 Yard IM Varsity

WCAL Record:1:52.30* 1997 Rob Canales-Bells

1:54.89 AAA
1:56.80 AAC
2:10.79 CCS

Name Age Team Prelim Time

Preliminaries

1	Shilling, Brandon	BCP	1:59.64	CCS
	25.89	55.20	1:30.79	1:59.64
2	Stahley, Austin	SHP	1:59.99	CCS
	25.29	55.68	1:30.07	1:59.99
3	Parizi, Kevin	VC	2:00.94	CCS
	26.40	56.13	1:32.01	2:00.94
4	Apolinario, Kevin	SI	2:01.61	CCS
	26.28	57.55	1:32.47	2:01.61
5	Chan, Chris	BCP	2:02.69	CCS
	25.92	57.08	1:32.86	2:02.69
6	Sonu, James	BCP	2:02.99	CCS
	27.31	59.66	1:34.77	2:02.99
7	Fronczak, Sean	SF	2:06.15	CCS
	28.80	1:01.51	1:37.08	2:06.15
8	Del Rio, Joey	AMHS	2:07.00	CCS
	26.59	58.57	1:37.39	2:07.00
9	Velasquez, Nico	SERRA	2:08.33	CCS
	27.16	59.76	1:38.32	2:08.33
10	Brochier, Tim	SF	2:09.35	CCS
	28.16	1:02.47	1:39.23	2:09.35
11	McMillan, Ernie	SF	2:09.73	CCS
	27.12	59.42	1:38.42	2:09.73
12	Parsons, Jeff	BCP	2:09.86	CCS
	27.52	1:00.32	1:37.99	2:09.86
13	Liu, Mark	VC	2:11.78	
	28.89	1:03.01	1:40.21	2:11.78
14	Patnaik, Rohan	SF	2:13.58	
	27.61	1:02.07	1:42.10	2:13.58
15	Kikuta, Nikolas	VC	2:14.02	
	28.82	1:02.73	1:42.81	2:14.02
16	Lee, Nico	SI	2:14.33	
	28.91	1:04.82	1:40.83	2:14.33

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

17	Walsh, Cameron	17		SI		2:18.17
		30.60	1:06.25		1:45.26	2:18.17
18	Shemeta, Josh		VC		2:19.18	
		27.88	1:02.80		1:46.35	2:19.18
19	Yam, Johnny		SI		2:20.46	
		29.52	1:06.12		1:47.10	2:20.46
20	Chow, Raymond		RIOR		2:21.84	
		29.47	1:05.43		1:48.36	2:21.84
21	Wedig, John		SF		2:25.56	
		31.59	1:09.94		1:51.50	2:25.56
---	Song, Steven		BCP		X2:10.48	CCS
		28.17	1:03.71		1:40.28	2:10.48

13 Girls 50 Yard Free Junior Varsity

VCAL Record: 25.81 * 2006 MJ Mordell SHP

- 24.00 AAA
- 24.32 AAC
- 26.19 CCS

Name	Age	Team	Finals Time
1 - Final			
1	Elias, Isabelle	SI	26.39 20.0
2	Neagle, Mia	SI	26.59 17.0
3	Askounis, Erin	SF	26.60 16.0
4	Baum, Natalie	AMHS	26.72 15.0
5	Boyer, Jordan	SI	27.24 14.0
*6	Hunter, Grace	SHP	27.76 12.5
*6	Kearney, Christina	AMHS	27.76 12.5
8	Oreglia, Paige	PRES	28.30 11.0
1 - Final			
9	Riley, Jane	PRES	27.90 9.0
10	Berry, Valentina	SF	27.91 7.0
11	Poulsen, Amanda	PRES	28.00 6.0
12	Scheaffer, Jenny	PRES	28.13 5.0
13	Wagner, Julianne	SF	28.21 4.0
14	Avon, Beth	SF	28.46 3.0
15	Keane, Delaney	AMHS	29.10 2.0
16	Roland, Kelsey	VC	29.40 1.0

13 Girls 50 Yard Free Junior Varsity

VCAL Record: 25.81 * 2006 MJ Mordell SHP

- 24.00 AAA
- 24.32 AAC
- 26.19 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1	Baum, Natalie	AMHS	26.78
2	Elias, Isabelle	SI	26.93
3	Askounis, Erin	SF	27.02
4	Boyer, Jordan	SI	27.41
5	Hunter, Grace	SHP	27.49
6	Neagle, Mia	SI	27.50
7	Oreglia, Paige	PRES	27.70
8	Kearney, Christina	AMHS	27.78
9	Riley, Jane	PRES	28.04
10	Poulsen, Amanda	PRES	28.12
11	Berry, Valentina	SF	28.33
12	Avon, Beth	SF	28.37

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

13	Roland, Kelsey	VC	28.43
14	Wagner, Julianne	SF	28.48
15	Keane, Delaney	AMHS	28.58
16	Scheaffer, Jenny	PRES	28.64
17	Crosby, Nicole	SI	29.18
18	Richardson, Court	AMHS	29.58
19	Zellner, Alexandra	PRES	29.75
20	Lukas, Carina	SF	29.80
21	Canova, Sofia	SF	29.85
22	Pedersen, Erica	AMHS	29.88
23	Jackson, Samantha	AMHS	29.89
24	Solliemannjad, Ros	PRES	29.95
25	Benedetti, Kristin	SF	30.20
26	Chuah, Penelope	SI	30.24
27	Parissenti, Katie	PRES	30.36
28	Murray, Sheila	PRES	30.37
29	Hendry, Chloe	AMHS	30.39
30	Fordyce, Jennie	SF	30.41
31	Nguyen, Michelle	SF	30.43
32	Fry, Amy	AMHS	30.64
33	Soden, Ally	PRES	30.68
34	Pabinguit, Kathryn	SF	30.81
35	Crampton, Margar	SF	30.90
36	Merritt, Tiffany	PRES	30.96
37	Lydon, Jess	SF	31.04
38	Troedson, Shawn	SF	31.23
39	Spitzer, Kirstie	AMHS	31.31
40	Reed, Katie	PRES	31.35
41	Adams, Sarah	AMHS	31.39
42	Peddie, Erin	PRES	31.51
43	D'Amico, Vanessa	PRES	31.56
44	Jeffery, Caitlin	PRES	31.57
45	Pham, Kaitlin	SF	31.58
46	Ellis, Nikki	PRES	31.67
47	Speicher, Nicole	SF	31.69
48	Palmer, Lauren	SHP	31.72
49	Biss, Meg	PRES	31.78
50	Giulianelli, Jaclyn	SF	31.97
50	Collins, Mallory	PRES	31.97
52	Sullivan, Katie	SF	32.03
53	Bolino, Alexandra	PRES	32.15
54	Perez, Jessica	NDB	32.18
55	MacDonell, Mega	SF	32.34
56	Sarle, Caty	PRES	32.42
57	Taylor, Madison	SHP	32.43
58	Summers, Katie	SF	32.54
59	Houle, Haley	SF	32.62
60	Nelson, Jordan	PRES	32.66

Preliminaries ... (#13 Girls 50 Yard Free Junior Vars

61	Khalili, Naseem	VC	32.76
62	Urbisci, Laura	PRES	32.82
63	Constantine, Kathe	SF	32.84
63	Yeider, Corinne	PRES	32.84
65	Keck, Mei-Le	NDB	32.95
66	Perrone, Laura	PRES	33.28
67	Silver, Caroline	SF	33.37
68	Frederick, Sarah	PRES	33.48
69	Nguyen, Mai-Anh	SF	33.51
70	Branch, Ashley	PRES	33.54

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

71	Sanchez, Zoe	PRES	33.60
72	Kunze, Sarah	SF	33.76
73	Baron, Laura	SF	33.87
74	Pinedo-Kee, Kristi	SF	33.88
75	Jordan, Molly	SHP	33.89
76	O'Riordan, Rachae	NDB	33.97
77	Gahagan, Claire	PRES	34.01
77	Pleiss, Katie	SHP	34.01
79	Clifton, Juliana	SF	34.06
80	Dominion, Katie	PRES	34.18
81	Koester, Jenny	SF	34.26
82	DiPietro, Erica	PRES	34.45
83	Dickson, Madeline	SF	34.46
84	Caserza, Rachel	PRES	34.52
85	Wu, Dawning	VC	34.59
86	Walker, Rochelle	PRES	34.70
87	Smith, Allison	SF	35.00
88	Flynn, Michele	PRES	35.30
89	Valdovinos, Maris	PRES	35.80
90	Samuel, Ashley	PRES	35.85
91	Gajare, Pooja	SF	35.86
92	Le, Shannon	PRES	36.24
93	Gomes, Nicole	PRES	36.28
94	Larson, Kelly	PRES	36.40
95	Yadegar, Ramina	PRES	36.65
96	Faridnia, Shireen	PRES	36.72
97	Foote, Lauren	SF	37.00
98	Ghadri, Katrina	VC	37.40
99	Golmohammadi, S	PRES	37.43
00	Tojo, Carissa	SF	37.48
01	Lanoie, Amanda	PRES	37.53
02	Dizon, Fiammy	SF	37.68
03	Chuang, Melody	SF	37.95
04	Lai, Caroline	SF	38.06
05	Molina, Monica	SF	39.04
06	Patel, Punam	PRES	39.65
07	Iaconis, Andrea	PRES	39.73
08	Bellitto, Taylor	VC	39.86
09	Menon, Meera	SF	41.24
10	Scharrenberg, Anas	SF	41.82
11	Pace, Janelle	SF	42.05
12	Todd, Cailin	SF	42.41
13	Sriram, Sandeepa	SF	43.07
14	Belba, Elbret	PRES	43.77
15	Holland, Kim Lan	SF	44.75
16	Mohebbi, Lili	PRES	46.63
'---	Powers, Allie	SF	X28.57
'---	Pham, Rosemary	PRES	X28.88
'---	Murray, Allie	SF	X29.01
'---	Henson, Hillary	PRES	X29.16
'---	Bui, Thy	PRES	X29.22
'---	Drogos, Danielle	PRES	X29.23
'---	Heinisch, Erica	SF	X29.34
'---	Revallier, Jessica	PRES	X29.34
'---	Konecny, Chirstin	SF	X29.37
'---	Coquillard, Michae	SF	X29.44
'---	Jochims, Jenna	SF	NS
'---	Schreckenghaust,	PRES	SCR
'---	Powers, Quinn	PRES	SCR
'---	McArthur, Taryn	PRES	SCR
'---	Molina, Jannelle	PRES	SCR
'---	Lovazzano, Kaila	NDB	SCR
'---	Aquino, Nina	AMHS	SCR
'---	Broxon, Alyssa	SF	SCR

Results

--- Glenn, Erin SF SCR

14 Boys 50 Yard Free Frosh-Soph

VCAL Record: 21.86 * 1998 Eric Lee - Bells

21.39 AAA

21.65 AAC

22.99 CCS

Name	Age	Team	Finals Time
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Final

1	Roller, Will	BCP	22.99	CCS
2	Hanson, Teddy	BCP	23.43	17.0
3	Dugoni, Andrew	BCP	23.48	16.0
4	Chierici, Zach	SERRA	23.88	15.0
5	Villeneuve, Grant	SHP	23.94	14.0
6	Dito, Tony	SF	24.02	13.0
7	DeMedeiros, John	BCP	24.39	12.0
8	Baldwin, Michael	AMHS	24.89	11.0

Final

9	MacGregor, Rober	SHP	24.51	9.0
10	Horsley, Hunter	SHP	25.43	7.0
11	Bunzel, Lucas	SF	25.53	6.0
12	Crossley, Jon	SI	26.45	5.0
13	Rye, Zachary	AMHS	27.02	4.0
14	Newkirk, Remingt	SERRA	27.09	3.0
15	D'Anna, Sean	SERRA	27.71	2.0
16	Blickenstaff, John	SERRA	27.88	1.0

14 Boys 50 Yard Free Frosh-Soph

VCAL Record: 21.86 * 1998 Eric Lee - Bells

21.39 AAA

21.65 AAC

22.99 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1	Roller, Will	BCP	22.95	CCS
2	Dugoni, Andrew	BCP	23.40	
3	Hanson, Teddy	BCP	23.69	
4	Chierici, Zach	SERRA	23.95	
5	Villeneuve, Grant	SHP	24.13	
6	Dito, Tony	SF	24.43	
7	Baldwin, Michael	AMHS	24.47	
8	DeMedeiros, John	BCP	24.53	
9	MacGregor, Rober	SHP	24.92	
10	Horsley, Hunter	SHP	25.17	
11	Bunzel, Lucas	SF	25.24	
12	Miller, Ryan	AMHS	26.35	
13	Crossley, Jon	SI	26.44	
14	Newkirk, Remingt	SERRA	26.65	
15	D'Anna, Sean	SERRA	26.79	
16	Rye, Zachary	AMHS	26.91	
17	Blickenstaff, John	SERRA	27.11	
18	Valdez, Devin	VC	27.50	
19	Lee, Eugene	BCP	27.73	
20	Travis, Joey	SF	27.81	
21	Deggelman, John	SHP	27.88	
22	Medeiros, Kyle	BCP	27.93	
23	Martina, Matthew	SF	28.34	

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Results

24	Kahoush, Brandon	BCP	28.42		
25	Lazar, Arpad	SHP	28.43		
26	Nguyen, Timothy	BCP	28.53		
27	Chan, Andrew	BCP	28.58		
28	Greaci, Aaron	BCP	28.61		
29	Lozinski, Nolan	BCP	28.66		
30	Luu, Andrew	VC	28.68		
31	Fondario, Zach	SF	28.73		
32	Lin, Winston	SI	29.07		
33	Yuschak, David	SF	29.56		
34	Roberts, Brett	SERRA	29.61		
35	Doyle, Connor	BCP	29.62		
36	Dowden, Ben	SERRA	29.78		
37	Detro, Tait	SF	29.81		
38	Glahn, Ned	AMHS	29.84		
39	Dean, Bryan	AMHS	30.08		
40	Binns-Smith, Evan	AMHS	30.48		
41	Masuda, Justin	AMHS	30.93		
42	Remington, Tom	SF	31.04		
43	Hoffmeiser, Ryan	VC	31.09		
44	Bitter, Kevin	SF	31.13		
45	Hampton, Russ	SERRA	31.17		
46	Fangon, Joseph	SI	31.25		
47	Dowden, Peter	SERRA	31.74		
48	Davis, Ian	AMHS	31.79		
49	Chang, Albert	SI	32.17		
50	Dawkins, Brian	SF	32.89		
51	Lee, James	SI	33.06		
52	Buljan, Marko	SERRA	33.22		
53	Hodder, Harrison	AMHS	33.59		
54	Tran, Vuu	VC	34.18		
55	Tran, Dustin	VC	34.60		
'---	MacDonell, AJ	15 BCP	X22.89		CCS
'---	Schaaf, Trey	BCP	X23.78		
'---	Semplinski, Eric	BCP	X25.28		
'---	Lunetta, Jordan	BCP	X25.49		
'---	MacLean, Sean	BCP	X25.63		
'---	Ferrari, Peter	BCP	X26.17		
'---	Pine, Justin	BCP	X26.71		

reliminaries ... (#14 Boys 50 Yard Free Frosh-Soph

'---	Frederick, Tommy	BCP	X26.90		
'---	Nguyen, Thi	BCP	X27.32		
'---	Kim, Brandon	BCP	X27.36		
'---	Cabebe, Stephen	BCP	NS		
'---	Chuang, York	SF	NS		

15 Girls 50 Yard Free Varsity

VCAL Record: 24.38 * 2005 Francesca Lollini-SI

24.00 AAA
24.32 AAC
26.19 CCS

Name	Age	Team	Finals Time
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Final

1	Smith, Olivia	SF	24.35	*	CCS
2	Lohrey, Sasza	SI	24.86		CCS
3	Campbell, Darcie	SI	25.14		CCS
4	Isaacs, Dory	AMHS	25.32		CCS
5	Takaki, Maddie	PRES	25.43		CCS
6	Campbell, MacKen	SI	25.50		CCS
7	Collins, Sara	AMHS	25.70		CCS

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Results

8	Menon, Pallavi	SHP	25.91	CCS
Final				
9	Pichay, Victoria	SF	25.77	CCS
10	Stephens, Hannah	AMHS	26.02	CCS
11	Anderson, Grace	VC	26.18	CCS
12	Howard, Kristie	SHP	26.27	5.0
13	Cutler, Lauren	VC	26.35	4.0
14	Sullivan, Chelsea	AMHS	26.59	3.0
15	Mordell, MJ	SHP	26.70	2.0
16	Rozzano, Brittany	SHCP	27.32	1.0

15 Girls 50 Yard Free Varsity

VCAL Record: 24.38 * 2005 Francesca Lollini-SI

24.00 AAA

24.32 AAC

26.19 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1	Lohrey, Sasza	SI	24.84	CCS
2	Smith, Olivia	SF	24.98	CCS
3	Campbell, Darcie	SI	25.27	CCS
4	Isaacs, Dory	AMHS	25.34	CCS
5	Campbell, MacKen	SI	25.43	CCS
6	Takaki, Maddie	PRES	25.51	CCS
7	Collins, Sara	AMHS	25.62	CCS
8	Menon, Pallavi	SHP	25.78	CCS
9	Pichay, Victoria	SF	25.80	CCS
10	Anderson, Grace	VC	26.25	
11	Stephens, Hannah	AMHS	26.37	
12	Howard, Kristie	SHP	26.52	
13	Cutler, Lauren	VC	26.55	
14	Mordell, MJ	SHP	26.67	
15	Sullivan, Chelsea	AMHS	26.70	
16	Rozzano, Brittany	SHCP	26.82	
17	Gause, Kelley	PRES	26.88	
18	Conley, Kelly	SI	26.99	
19	Henderson, Hanna	SHP	27.12	
20	Winkler, Kristin	SF	27.25	
21	Sheridan, Kirsten	SHP	27.62	
22	Elward, Courtney	SF	27.85	
23	Herrerias, Michell	SI	27.89	
24	Silver, Allison	SF	27.96	
25	Micotti, Kristina	VC	28.13	
26	Bohannon, Sarah	SHP	28.18	
27	Chukuntarod, Bob	SHCP	28.19	
28	Tan, Rachel	VC	28.24	
29	Dennis, Madi	VC	28.28	
30	Benedetti, Kimber	SF	28.31	
31	Dorst, Lindsay	SHP	28.41	
32	LaVelle, Ali	PRES	28.44	
33	Tobias, Liz	PRES	28.46	
34	Soares, Jen	SF	28.65	
35	Richardson, Edie	SF	28.67	
36	Thayer, Brittany	12	NDB	28.68
37	Garner, Mary Cath	SF	28.69	
38	Proceviat, Laina	SF	28.72	
39	Hatcher, Rachel	VC	28.75	
40	Whitney, Lauren	PRES	28.96	
41	Darby, Sally	SF	29.12	

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Results

42	Morris, Kelsey	SI	29.15	
43	Argent, Tawni	VC	29.31	
44	Nielsen, Megan	12	NDB	29.56
44	Konecny, Ally	SF	29.56	
46	Ruan, Alexandra	SF	29.63	
47	But, Lillian	SHCP	30.07	
48	Lucitt, Katie	PRES	30.10	
49	Draeger, Christina	SF	30.44	
50	Fisher, Kelsey	PRES	30.52	
51	Ho, Jessica	SF	30.62	
52	Delara, Stephanie	SHCP	31.03	
53	Covarrubias, Case	PRES	31.17	
54	Bray, Mikaela	PRES	31.22	
55	Kidd, Natalie	AMHS	31.28	
56	Gee, Melinda	SHCP	31.61	
57	Saliccia, Ally	SF	32.03	
58	Drumm, Brianna	PRES	32.05	
59	Yamato, Hisako	PRES	32.98	
60	Maung, Ashley	SHCP	33.04	
61	Sharf, MaryAnn	VC	33.15	
62	Yu, Melissa	SHCP	33.69	
63	Plummer, Michelle	SF	33.76	
64	Guercio, Katherine	PRES	33.77	
65	Lunzer, Amanda	SF	34.30	
66	Plasterer, Kelley	SF	34.99	
67	Powers, Taryn	SF	35.46	
68	Dewitt, Joyce	SF	36.11	
69	Leung, Victoria	SHCP	36.81	
70	Jung, Kristen	SHCP	37.60	
'---	Mort, Alison	AMHS	X26.94	
'---	Razzak, Zaireen	12	NDB	DQ
	False start			
'---	Roberts, Katie	11	NDB	DQ
	False start			
'---	Arthun, Charlotte	SF	NS	
'---	Scharrenberg, Anas	SF	NS	
'---	Pham, Angelina	SF	NS	
'---	Witmer, Michelle	VC	SCR	
'---	O'Dea, Nicole	SI	SCR	
'---	Larwood, Emily	SF	SCR	
'---	Figlia, Francesca	SF	SCR	

16 Boys 50 Yard Free Varsity

WCAL Record: 20.70 * 1998 Leffie Crawford Serr

- 21.39 AAA
- 21.65 AAC
- 22.99 CCS

Name Age Team Finals Time

1 - Final

1	Fleming, Shayne	VC	21.77	CCS
2	Talbott, Patrick	BCP	22.09	CCS
3	Wall, Danny	BCP	22.16	CCS
4	Poggetti, Nick	SERRA	22.18	CCS
5	Rudolph, Paul	SHP	22.24	CCS
6	Ostler, Jack	SI	22.36	CCS
7	Zakula, Nick	SERRA	22.72	CCS
8	Espiritu, Julius	BCP	22.76	CCS

2 - Final

9	Krautkramer, Trist	SHP	22.74	CCS
10	Brown, Ryan	AMHS	23.30	7.0
11	Louie, Jason	BCP	23.40	6.0
12	Broom, Conor	SF	23.57	5.0

Results

13	Raisch, Mitchell	AMHS	23.66	4.0
14	Healy, Zach	SF	23.67	3.0
15	Murray, Shane	SF	23.75	2.0
16	Slugocki, Andy	AMHS	23.79	1.0

#16 Boys 50 Yard Free Varsity

VCAL Record: 20.70 * 1998 Leffie Crawford Serr

21.39 AAA
21.65 AAC
22.99 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1	Fleming, Shayne	VC	21.65 AAC
2	Poggetti, Nick	SERRA	21.89 CCS
3	Wall, Danny	BCP	22.05 CCS
4	Talbott, Patrick	BCP	22.25 CCS
5	Rudolph, Paul	SHP	22.29 CCS
6	Ostler, Jack	SI	22.41 CCS
7	Zakula, Nick	SERRA	22.61 CCS
8	Espiritu, Julius	BCP	22.88 CCS
9	Brown, Ryan	AMHS	22.93 CCS
10	Louie, Jason	BCP	22.95 CCS
10	Krautkramer, Trist	SHP	22.95 CCS
12	Murray, Shane	SF	23.23
13	Raisch, Mitchell	AMHS	23.29
14	Broom, Conor	SF	23.34
15	Slugocki, Andy	AMHS	23.37
Preliminaries ... (#16 Boys 50 Yard Free Varsity)			
16	Healy, Zach	SF	23.44
17	Gustaveson, Thom	AMHS	23.52
18	Madigan, Fred	SI	23.62
19	Leese, Hunter	SI	23.65
20	Afjei, Aria	SERRA	23.83
21	Meisel, Kevin	SHP	23.84
22	Hendrickson, Tim	SF	24.04
23	Nicholas, Denzel	SI	24.13
24	Jackson, Steven	BCP	24.20
25	Fleming, Michael	AMHS	24.25
26	Bernosky, Devin	AMHS	24.42
27	Dunnam, Jamie	BCP	24.45
28	MacDonell, Patric	BCP	24.48
29	Child, Andrew	SHP	24.62
30	Soghoyan, Greg	AMHS	24.64
31	Clapham, Jared	VC	24.71
32	Dawkins, Kevin	SF	24.76
33	Lotz, Jace	SF	24.91
34	Kim, Evan	SI	24.98
35	Gericke, AJ	BCP	25.10
36	Zhao, Kevin	SF	25.49
37	Parsons, Matt	SHP	25.59
38	Greco, Travis	SERRA	25.80
39	Zuffin, Austin	SERRA	25.85
40	Randall, Greg	SHP	25.87
41	Gomes, Alex	SERRA	26.00
42	Brenton, Chris	VC	26.04
43	Rose, Nick	SI	26.13

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Results

44	Harn-Oram, David	VC	26.16
45	Peterson, Denny	VC	26.47
46	Wagner, Doug	VC	26.57
47	Tuttle, Nick	BCP	26.78
48	Kerth, Trevor	VC	26.89
49	Swingle, Seigi	SHCP	27.15
50	Pugliese, Alexande	VC	27.42
51	Ho, Jayson	SHP	27.66
52	Haverty, Danny	SERRA	28.16
52	Magleby, Adam	VC	28.16
54	Sims, John	SERRA	28.27
55	Jolly, Steven	VC	29.03
56	Toomey, Connor	SERRA	29.22
57	Sung, Joshua	VC	29.25
58	Leung, Brandon	SHCP	29.61
59	Mah, Jonathan	SHCP	33.05
60	Ly, Jackson	RIOR	35.36
61	Maloney, Keenan	RIOR	38.52
'---	Zappel, Jase	BCP	X23.00
'---	MacDonell, Eric	BCP	X23.19
'---	D'Arienzo, CJ	AMHS	X23.60
'---	Dunne, Paddy	SI	DQ
	False start		
'---	Aung, Lawrence	SHCP	SCR
'---	Martin de Bustama	SF	SCR
'---	Cole, Tom	SF	SCR
'---	Empey, Tyler	SERRA	SCR

17 Girls 1 mtr Diving Junior Varsity

VCAL Record: 179.30 * 2006 Caty Chung SF

Name	Age	Team	Finals Score
1	Ellis, Nikki	PRES	161.85 20.0
2	Arthun, Charlotte	SF	128.00 17.0
3	O'Callaghan, Kimb	SI	124.00 16.0
4	Morris, Ellen	AMHS	118.25 15.0
5	Bauer-Domurant,	SI	116.95 14.0
6	Morthole, Karalen	SI	116.45 13.0
7	Davis, Madison	SI	115.75 12.0
8	Goularte, Kayla	AMHS	113.90 11.0
9	Mahaffie, Erin	AMHS	111.90 9.0
10	Huang, Kathy	SI	x111.05
'---	Crimi, Carolyn	AMHS	SCR
'---	Epidendio, Briann	AMHS	SCR
'---	Darr, Melissa	AMHS	SCR
'---	Ferdon, Alexandra	SF	SCR
'---	Salah, Danielle	SF	SCR
'---	Maston, Lauren	SF	SCR
'---	Sullivan, Katie	SF	SCR
'---	A, Melissa	AMHS	SCR
'---	A, Zoey	AMHS	SCR
'---	Ellis, Nickie	PRES	SCR
'---	A, Cameil	AMHS	SCR

18 Boys 1 mtr Diving Frosh-Soph

VCAL Record: 181.75 * 2005 Brendan Healey-SF

Name	Age	Team	Finals Score
*1	Christoph, Stuart	SI	128.90 20.0

19 Girls 1 mtr Diving Varsity

VCAL Record: 479.35 * 2004 Michelle Morikawa -

Name	Age	Team	Finals Score
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Results

*1	Koukis, Lea	SF	384.10	20.0
2	Hirose, Courtney	AMHS	329.80	17.0
3	Schreader, Olivia	SI	306.35	16.0
4	Joyce, Kelly	SF	264.65	15.0
5	Yamato, Hisako	PRES	242.30	14.0
6	Callander, Jayne	SI	241.15	13.0
7	Reiser, Elizabeth	SI	230.20	12.0
8	Bidegainberry, Ai	SI	228.70	11.0
9	Nguyen, Samantha	AMHS	201.45	9.0
'---	Downing, Franny	SI		DQ
'---	Chalmers, Jenna	AMHS		DQ
'---	Bogart, Amy	SF		SCR
'---	Bagoje, Andrea	SF		SCR
'---	Hann, Deanna	VC		SCR
'---	Barulich, Kathryn	SI		SCR
'---	Hann, Deanne	VC		SCR

20 Boys 1 mtr Diving Varsity

VCAL Record: 585.90 * 2001 Adam Peterson-SF

Name	Age	Team	Finals Score	
1	Taylor, Robbie	BCP	484.60 20.0	
2	Scott, Chris	SI	389.45 17.0	
3	Everhart, Blake	SF	389.35 16.0	
4	Kerth, Trevor	VC	274.30 15.0	
5	Jaquier, Willy	SI	272.95 14.0	
6	Dunham, Troy	VC	246.35 13.0	
7	Newman, Julian	SI	236.60 12.0	
8	Nadell, Zach	AMHS	208.40 11.0	
9	Vu, Justin	AMHS	207.15 9.0	
10	Blohm, Chris	SI	167.75 7.0	
'---	Freedman, Alex	SI		DQ
'---	Orvick, Ken	AMHS		SCR

21 Girls 50 Yard Fly Junior Varsity

VCAL Record: 29.35 * 2006 Jinna Pang SI

Name	Age	Team	Finals Time
1 - Final			
1	Smith, Heather	SHP	29.95 20.0
2	Moscone, Zea	SI	29.97 17.0
3	Nguyen, Joyce	PRES	30.00 16.0
4	Brandl, Kathleen	SF	30.02 15.0
5	Foote, Kristen	PRES	30.12 14.0
6	Hunter, Grace	SHP	30.55 13.0
7	Fredrich, Bridget	PRES	31.33 12.0
8	Jaquier, Carly	SI	31.42 11.0
1 - Final			
9	Kearney, Christina	AMHS	31.41 9.0
10	Aquino, Nina	AMHS	31.52 7.0
11	Pfaff, Janelle	PRES	31.68 6.0
12	West, Marie	SF	31.69 5.0
13	Avon, Beth	SF	32.08 4.0
14	Norman, Katie	AMHS	32.21 3.0
15	Diaz, Anna	SI	32.56 2.0
16	Choi, Frances	AMHS	33.20 1.0

21 Girls 50 Yard Fly Junior Varsity

VCAL Record: 29.35 * 2006 Jinna Pang SI

Name	Age	Team	Prelim Time
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USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

Preliminaries

1	Smith, Heather	SHP	29.84
2	Hunter, Grace	SHP	29.97
3	Brandl, Kathleen	SF	30.09
4	Nguyen, Joyce	PRES	30.13
5	Foote, Kristen	PRES	30.29
6	Moscone, Zea	SI	30.32
7	Jaquier, Carly	SI	30.63
8	Fredrich, Bridget	PRES	30.77
9	West, Marie	SF	30.85
10	Avon, Beth	SF	30.91
11	Kearney, Christina	AMHS	31.00
12	Norman, Katie	AMHS	31.26
13	Pfaff, Janelle	PRES	31.54
14	Aquino, Nina	AMHS	31.59
15	Diaz, Anna	SI	32.47
16	Choi, Frances	AMHS	32.55
17	Heinisch, Erica	SF	32.77
18	Felise, Malia	NDB	33.82
19	Hofer, Erika	PRES	33.98
20	Ackley, Mia	SF	34.03
21	Kelleher, Julie	AMHS	34.12
22	Roland, Kelsey	VC	34.13

Preliminaries ... (#21 Girls 50 Yard Fly Junior Varsi

23	Jeffery, Caitlin	PRES	34.31
24	Mansker, Kaitlyn	PRES	34.90
25	Peddie, Erin	PRES	35.55
26	Mahoney, Erin	SI	35.79
27	D'Amico, Christie	SF	35.89
28	Jimenez Cardenas,	PRES	35.96
29	Silver, Caroline	SF	35.98
30	Lane, Jennafer	PRES	36.78
31	Biss, Meg	PRES	37.06
32	Castillo, Stephanie	PRES	37.14
33	DeBoard, Sarah	VC	37.36
34	Houle, Haley	SF	38.10
35	Banks, Kathleen	SF	39.31
36	Finlayson, Shanno	NDB	39.69
37	Collins, Mallory	PRES	39.87
38	Brownfield, Claire	PRES	40.27
39	Foote, Lauren	SF	40.34
40	Scanlon, Moira	SF	42.48
41	Baron, Laura	SF	45.87
42	Iaconis, Andrea	PRES	49.34
'---	Scheaffer, Jenny	PRES	X31.57
'---	Pham, Rosemary	PRES	X31.96
'---	Tejada, Kerynne	PRES	X32.11
'---	Murray, Sheila	PRES	X32.47
'---	Hendry, Chloe	AMHS	X32.59
'---	Koophai, Sheila	NDB	DQ
	One hand touch		
'---	Passos, Jessica	SF	DQ
	One hand touch		
'---	Faridnia, Shireen	PRES	DQ
	One hand touch		
'---	Ghadri, Katrina	VC	NS
'---	Dominion, Katie	PRES	NS
'---	McArthur, Taryn	PRES	SCR

Results

Glenn, Erin SF SCR

22 Boys 50 Yard Fly Frosh-Soph

VCAL Record: 24.32* 2005 Bryan McCoid-Bells

Name	Age	Team	Finals Time
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Final

1	Dugoni, Andrew	BCP	25.30	20.0
	25.30	25.30		
2	Foster, Jack	SF	26.27	17.0
3	Hanson, Teddy	BCP	26.94	16.0
4	Piunti, Jack	BCP	27.07	15.0
	27.07	27.07		
5	Nguyen, Nicholas	SI	27.17	14.0
6	Straube, Zack	SHP	27.30	13.0
7	Nguyen, James	BCP	27.61	12.0
	27.61	27.61		
8	Zellner, Tom	VC	27.81	11.0

Final

9	Ponce, Maurici	SI	28.72	9.0
10	Bohrer, Madison	SF	29.29	7.0
11	Wang, Nova	AMHS	29.48	6.0
12	Morikawa, Matt	SF	29.69	5.0
13	Deleon, Antonio	SERRA	30.12	4.0
14	Callas, Will	AMHS	31.82	3.0
15	Lin, Winston	SI	32.23	2.0
16	Khoo, Norman	AMHS	33.10	1.0

22 Boys 50 Yard Fly Frosh-Soph

VCAL Record: 24.32* 2005 Bryan McCoid-Bells

Name	Age	Team	Prelim Time
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Preliminaries

1	Dugoni, Andrew	BCP	25.59
2	Foster, Jack	SF	26.32
3	Piunti, Jack	BCP	26.93
4	Nguyen, Nicholas	SI	27.01
5	Straube, Zack	SHP	27.07
6	Nguyen, James	BCP	27.18
7	Hanson, Teddy	BCP	27.19
8	Zellner, Tom	VC	27.88
9	Ponce, Maurici	SI	27.98
10	Bohrer, Madison	SF	28.69
11	Wang, Nova	AMHS	29.23
12	Deleon, Antonio	SERRA	29.52
13	Morikawa, Matt	SF	30.15
14	Callas, Will	AMHS	30.44
15	Khoo, Norman	AMHS	31.39
16	Lin, Winston	SI	32.13
17	Corrales, Jeremy	VC	32.70
18	Nightingale, Derri	SERRA	34.09
19	Martina, Matthew	SF	34.61
---	Nguyen, Patrick	BCP	X27.72
---	Peck, Taylor	BCP	X27.91
---	Lee, Eugene	BCP	X30.61
---	Bitter, Kevin	SF	X37.82
---	Dubois, Colin	SERRA	DQ
	Alternating Kick		

Results

23 Girls 100 Yard Fly Varsity

VCAL Record: 56.32 * 2005 Michelle Liu-Mitty

57.20 AAA
58.09 AAC
1:04.19 CCS

Name	Age	Team	Finals Time
Final			
1 Gong, Danielle	PRES	56.42	AAA
26.67	56.42		
2 Cisar, Jamie	AMHS	58.15	CCS
27.73	58.15		
3 Leung, Megan	SI	58.95	CCS
27.78	58.95		
4 Takaki, Maddie	PRES	59.17	CCS
27.96	59.17		
5 Garcia, Monica	AMHS	59.25	CCS
28.15	59.25		
6 Gilley, Paige	SF	1:01.29	CCS
28.56	1:01.29		
7 Pichay, Victoria	SF	1:02.52	CCS
28.87	1:02.52		
8 Coetsee, Ciki	VC	1:02.58	CCS
29.31	1:02.58		
Final			
9 Yoshida, Kaylee	VC	1:01.56	CCS
28.82	1:01.56		
10 Menon, Pallavi	SHP	1:02.47	CCS
29.22	1:02.47		
11 Pang, Jinna	SI	1:03.48	CCS
29.46	1:03.48		
12 Medeiros, Danielle	PRES	1:03.84	CCS
30.07	1:03.84		
13 Hunt, Hilary	AMHS	1:03.95	CCS
29.91	1:03.95		
14 Miller, Melissa	PRES	1:04.91	3.0
29.92	1:04.91		
15 Sutherland, Katie	SHP	1:05.01	2.0
30.94	1:05.01		
16 Holden, Marissa	SHCP	1:06.24	1.0
30.44	1:06.24		

23 Girls 100 Yard Fly Varsity

VCAL Record: 56.32 * 2005 Michelle Liu-Mitty

57.20 AAA
58.09 AAC
1:04.19 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1 Gong, Danielle	PRES	57.62	AAC
27.25	57.62		
2 Leung, Megan	SI	59.04	CCS
27.88	59.04		
3 Takaki, Maddie	PRES	59.25	CCS
28.09	59.25		
4 Cisar, Jamie	AMHS	59.71	CCS
27.82	59.71		
5 Garcia, Monica	AMHS	1:00.09	CCS
28.54	1:00.09		
6 Coetsee, Ciki	VC	1:01.34	CCS
28.79	1:01.34		
7 Gilley, Paige	SF	1:02.27	CCS

Results

	28.96	1:02.27			
8	Pichay, Victoria	SF	1:02.95	CCS	
	28.89	1:02.95			
9	Menon, Pallavi	SHP	1:03.14	CCS	
	29.40	1:03.14			
10	Pang, Jinna	SI	1:03.99	CCS	
	29.22	1:03.99			
11	Yoshida, Kaylee	VC	1:04.10	CCS	
	30.25	1:04.10			
12	Sutherland, Katie	SHP	1:04.55		
	30.58	1:04.55			
13	Holden, Marissa	SHCP	1:04.88		
	29.96	1:04.88			
14	Miller, Melissa	PRES	1:05.22		
	30.23	1:05.22			
15	Hunt, Hilary	AMHS	1:05.93		
	30.87	1:05.93			
 Preliminaries ... (#23 Girls 100 Yard Fly Varsity)					
16	Medeiros, Danielle	PRES	1:06.31		
	31.09	1:06.31			
17	Sclafani, Emilia	VC	1:06.94		
	30.51	1:06.94			
18	Smith, Kimberly	SF	1:08.06		
	31.70	1:08.06			
19	Bohannon, Sarah	SHP	1:09.44		
	32.28	1:09.44			
20	Kerstens, Annemie	PRES	1:09.71		
	31.25	1:09.71			
21	Richardson, Edie	SF	1:10.84		
	32.65	1:10.84			
22	Silveria, Marilee	AMHS	1:11.37		
	33.25	1:11.37			
23	Garner, Mary Cath	SF	1:11.43		
	32.92	1:11.43			
24	Morris, Kelsey	SI	1:11.93		
	33.35	1:11.93			
25	Darby, Sally	SF	1:12.28		
	34.38	1:12.28			
26	Tan, Rachel	VC	1:15.77		
	34.38	1:15.77			
27	Lucitt, Katie	PRES	1:16.61		
	34.60	1:16.61			
28	McTaggart, Mega 11		NDB	1:19.68	
	36.61	1:19.68			
29	Carrillo, Erika	PRES	1:24.21		
	37.04	1:24.21			
30	Yu, Melissa	SHCP	1:34.60		
	41.83	1:34.60			
---	Camrick, Beth	9 NDB		SCR	

24 Boys 100 Yard Fly Varsity

VCAL Record: 51.25 * 1997 Leffie Crawford Serr

51.25 AAA

52.16 AAC

57.79 CCS

Name	Age	Team	Finals Time
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USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

1 - Final

1	Flores-Maxfield, SHP	52.84	CCS
	24.85 52.84		
2	Courey, Mark RIOR	52.86	CCS
	24.61 52.86		
3	Ostler, Jack SI	52.88	CCS
	24.78 52.88		
4	Higgenbotham, Al VC	53.75	CCS
	24.89 53.75		
5	Garcia, Ryan BCP	53.93	CCS
	25.06 53.93		
6	Langdon, Michael VC	54.35	CCS
	25.41 54.35		
7	Yen, Adam BCP	54.72	CCS
	25.49 54.72		
8	Yarranton, Chris SERRA	54.79	CCS
	24.96 54.79		

1 - Final

9	Chan, Chris BCP	54.24	CCS
	25.19 54.24		
10	Smith, Matthew VC	56.99	CCS
	26.89 56.99		
11	Landefeld, Peter SI	57.02	CCS
	26.75 57.02		
12	Patnaik, Rohan SF	57.14	CCS
	27.21 57.14		
13	Reynolds, Chris AMHS	57.17	CCS
	26.75 57.17		
14	Muir, Jake BCP	57.80	3.0
	26.55 57.80		
15	Del Rio, Joey AMHS	57.91	2.0
	26.77 57.91		
16	Kristofferson, Jun SHP	59.51	1.0
	27.88 59.51		

24 Boys 100 Yard Fly Varsity

VCAL Record: 51.25 * 1997 Leffie Crawford Serr

51.25 AAA
52.16 AAC
57.79 CCS

Name Age Team Prelim Time

Preliminaries

1	Ostler, Jack SI	53.00	CCS
	24.91 53.00		
2	Courey, Mark RIOR	53.35	CCS
	25.39 53.35		
3	Flores-Maxfield, SHP	53.75	CCS
	25.83 53.75		
4	Garcia, Ryan BCP	54.09	CCS
	25.59 54.09		
5	Yen, Adam BCP	54.23	CCS
	25.60 54.23		
6	Yarranton, Chris SERRA	54.29	CCS
	24.65 54.29		
7	Langdon, Michael VC	54.84	CCS
	25.78 54.84		
8	Higgenbotham, Al VC	55.04	CCS
	25.65 55.04		
9	Chan, Chris BCP	55.14	CCS
	25.91 55.14		
10	Reynolds, Chris AMHS	56.39	CCS

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	26.89	56.39		
11 Del Rio, Joey	AMHS	56.55	CCS	
	26.17	56.55		
12 Smith, Matthew	VC	57.16	CCS	
	26.94	57.16		
13 Kristofferson, Jun	SHP	57.21	CCS	
	26.71	57.21		
14 Patnaik, Rohan	SF	57.23	CCS	
	26.93	57.23		
15 Muir, Jake	BCP	57.37	CCS	
	26.85	57.37		
16 Landefeld, Peter	SI	57.74	CCS	
	27.26	57.74		
17 Lopiccio, Adam	AMHS	57.77	CCS	
	26.52	57.77		
18 Brochier, Tim	SF	58.77		
	27.40	58.77		
19 Clapham, Jared	VC	59.22		
	27.08	59.22		
20 Chee, Craig	SI	1:00.57		
	27.96	1:00.57		
21 Shemeta, Josh	VC	1:00.72		
	27.73	1:00.72		
22 Glass, Ken	AMHS	1:01.64		
	28.99	1:01.64		
23 Wagner, Doug	VC	1:03.72		
	30.13	1:03.72		
24 Yam, Johnny	SI	1:04.11		
	29.73	1:04.11		
25 Parsons, Matt	SHP	1:04.17		
	29.52	1:04.17		
26 Haverty, Danny	SERRA	1:07.58		
	30.83	1:07.58		
27 Harn-Oram, David	VC	1:09.07		
	30.45	1:09.07		
28 Peterson, Denny	VC	1:13.75		
	35.14	1:13.75		
--- Vu, Matthew	BCP	X57.84		
	26.07	57.84		
--- Nguyen, Harold	BCP	X58.62		
	27.53	58.62		
--- Cole, Tom	SF	SCR		
--- Swingle, Seigi	SHCP	SCR		

25 Girls 100 Yard Free Junior Varsity

VCAL Record: 56.28 * 2006 KK Clark SHP

52.00 AAA
52.69 AAC
57.19 CCS

Name	Age	Team	Finals Time
Final			
1 McComas, Kim	AMHS	58.66	20.0
	28.29	58.66	
2 Summa, Madeline	SI	59.33	17.0
	28.84	59.33	
3 Fuselier, Claire	SF	59.54	16.0
	28.83	59.54	
4 Neagle, Mia	SI	59.68	15.0
	28.01	59.68	
5 Askounis, Erin	SF	59.80	14.0

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	28.68	59.80		
6	Smith, Heather	SHP	1:00.19	13.0
	28.51	1:00.19		
7	Boyer, Jordan	SI	1:01.17	12.0
	28.94	1:01.17		
8	Needham, Jenn	AMHS	1:02.65	11.0
	29.96	1:02.65		

1 - Final

9	Simard, Christina	PRES	1:02.13	9.0
	30.37	1:02.13		

1 - Final ... (#25 Girls 100 Yard Free Junior Varsity)

10	Berry, Valentina	SF	1:02.35	7.0
	30.17	1:02.35		
11	Wagner, Julianne	SF	1:02.36	6.0
	30.12	1:02.36		
12	Henson, Hillary	PRES	1:02.53	5.0
	30.41	1:02.53		
13	Vong, Lindsay	PRES	1:02.97	4.0
	30.59	1:02.97		
14	Richardson, Court	AMHS	1:03.99	3.0
	30.73	1:03.99		
15	Crosby, Nicole	SI	1:04.06	2.0
	30.21	1:04.06		
16	Poulsen, Amanda	PRES	1:04.27	1.0
	31.44	1:04.27		

25 Girls 100 Yard Free Junior Varsity

VCAL Record: 56.28 * 2006 KK Clark SHP

52.00 AAA

52.69 AAC

57.19 CCS

Name Age Team Prelim Time

Preeliminaries

1	McComas, Kim	AMHS	58.93
	28.44	58.93	
2	Summa, Madeline	SI	59.05
	28.62	59.05	
3	Fuselier, Claire	SF	59.33
	28.93	59.33	
4	Smith, Heather	SHP	59.60
	28.46	59.60	
5	Neagle, Mia	SI	59.65
	28.51	59.65	
6	Askounis, Erin	SF	59.67
	29.13	59.67	
7	Boyer, Jordan	SI	1:01.06
	29.50	1:01.06	
8	Needham, Jenn	AMHS	1:01.79
	29.56	1:01.79	
9	Simard, Christina	PRES	1:01.94
	30.17	1:01.94	
10	Berry, Valentina	SF	1:02.48
	30.19	1:02.48	
11	Henson, Hillary	PRES	1:02.70
	30.14	1:02.70	
12	Wagner, Julianne	SF	1:02.93
	30.03	1:02.93	
13	Poulsen, Amanda	PRES	1:03.89
	31.39	1:03.89	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

14	Vong, Lindsay	PRES	1:03.96
	30.54	1:03.96	
15	Crosby, Nicole	SI	1:04.87
	30.47	1:04.87	
16	Richardson, Court	AMHS	1:04.96
	31.43	1:04.96	
17	Afflerback, Jenn	AMHS	1:05.53
	31.68	1:05.53	
18	LaRue, Kelly	SHP	1:06.97
	31.81	1:06.97	
19	Fernandez, Merced	VC	1:07.20
	32.35	1:07.20	
20	Soliamannjad, Ros	PRES	1:07.24
	31.21	1:07.24	
21	Pedersen, Erica	AMHS	1:07.31
	33.21	1:07.31	
22	Chuah, Penelope	SI	1:07.87
	30.95	1:07.87	
23	Merritt, Tiffany	PRES	1:07.97
	32.64	1:07.97	
24	Lukas, Carina	SF	1:08.14
	32.60	1:08.14	
25	DaRos, Claire	PRES	1:08.28
	31.38	1:08.28	
26	Nguyen, Michelle	SF	1:08.35
	33.03	1:08.35	
27	Huber, Megan	PRES	1:08.45
	32.61	1:08.45	
28	Benedetti, Kristin	SF	1:08.60
	32.67	1:08.60	
29	Reed, Katie	PRES	1:08.99
	33.62	1:08.99	
30	Troedson, Shawn	SF	1:09.24
	33.95	1:09.24	
31	Adams, Sarah	AMHS	1:09.46
	32.49	1:09.46	
32	Micciche, Alyssa	PRES	1:09.61
	33.65	1:09.61	
33	Nguyen, Ivy	PRES	1:09.64
	32.54	1:09.64	
34	Soden, Ally	PRES	1:10.29
	34.17	1:10.29	
35	Urbisci, Laura	PRES	1:10.61
	34.47	1:10.61	
36	D'Amico, Vanessa	PRES	1:10.83
	33.97	1:10.83	
37	Castillo, Stephanie	PRES	1:11.18
	35.05	1:11.18	
38	Powell, Christina	SHP	1:11.36
	34.06	1:11.36	
39	Bolino, Alexandra	PRES	1:11.71
	35.15	1:11.71	
40	Grant, Molly	PRES	1:11.93
	33.76	1:11.93	
41	Palmer, Lauren	SHP	1:12.21
	34.79	1:12.21	
42	Sarle, Caty	PRES	1:12.27
	34.27	1:12.27	
43	Taylor, Madison	SHP	1:12.35
	34.81	1:12.35	
44	Brownfield, Claire	PRES	1:13.25

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	35.49	1:13.25		
45	Frederick, Sarah	PRES	1:13.40	
	34.73	1:13.40		
46	Keck, Mei-Le	NDB	1:14.23	
	35.58	1:14.23		
47	Pleiss, Katie	SHP	1:14.53	
	35.35	1:14.53		
48	Lim, Rebecca	SF	1:14.77	
	35.87	1:14.77		
49	Roque, Camille	PRES	1:15.14	
	35.06	1:15.14		
50	Nelson, Jordan	PRES	1:15.18	
	35.39	1:15.18		
51	Clifton, Juliana	SF	1:15.52	
	35.96	1:15.52		
52	Esperanza, Rachel	VC	1:15.67	
	35.03	1:15.67		
53	Constantine, Kathe	SF	1:15.80	
	36.21	1:15.80		
54	Fry, Stephanie	SF	1:16.14	
	36.31	1:16.14		
55	Pinedo-Kee, Kristi	SF	1:16.18	
	35.84	1:16.18		
56	Caserza, Rachel	PRES	1:17.36	
	37.22	1:17.36		
57	Summers, Katie	SF	1:17.40	
	36.66	1:17.40		
58	Sanchez, Zoe	PRES	1:17.54	
59	Gluck, Charisse	NDB	1:18.02	
	37.85	1:18.02		
60	Jordan, Molly	SHP	1:18.07	
	37.45	1:18.07		
61	O'Riordan, Rachae	NDB	1:18.67	
	37.62	1:18.67		
62	Branch, Ashley	PRES	1:19.03	
	37.85	1:19.03		
63	Koester, Jenny	SF	1:19.13	
	37.08	1:19.13		
64	Gomes, Nicole	PRES	1:19.69	
	38.73	1:19.69		
65	Bausback, Katheri	SHP	1:19.94	
	39.03	1:19.94		
66	Fox, Amanda	SF	1:20.73	
	37.62	1:20.73		
67	Flynn, Michele	PRES	1:21.26	
	38.01	1:21.26		
68	Prevot, Elyse	SF	1:23.52	
	39.68	1:23.52		
69	Larson, Kelly	PRES	1:23.66	
	37.84	1:23.66		
70	Badve, Preeti	SF	1:23.99	
	41.25	1:23.99		
71	Dickinson, Lacey	SF	1:24.89	
	38.77	1:24.89		
72	Tojo, Carissa	SF	1:25.28	
	40.57	1:25.28		
73	Lanoie, Amanda	PRES	1:25.67	
	41.51	1:25.67		

Preliminaries ... (#25 Girls 100 Yard Free Junior Var

74	Golmohammadi, S	PRES	1:26.67	
	41.04	1:26.67		

Results

75	Belba, Elbret	PRES	1:45.34		
	50.25	1:45.34			
76	Mohebbi, Lili	PRES	2:00.51		
	55.34	2:00.51			
'---	Konecny, Chirstin	SF	X1:04.53		
	31.46	1:04.53			
'---	Fredrich, Bridget	PRES	X1:04.98		
	31.30	1:04.98			
'---	Coquillard, Michae	SF	X1:05.32		
	30.73	1:05.32			
'---	Slugocki, Sarah	AMHS	X1:05.55		
	32.19	1:05.55			
'---	Fry, Amy	AMHS	X1:05.98		
	31.86	1:05.98			
'---	Spitzer, Kirstie	AMHS	X1:06.64		
	32.54	1:06.64			
'---	Revallier, Jessica	PRES	X1:06.75		
'---	Norman, Katie	AMHS	DQ		
	False start				
	30.85	DQ			
'---	Scheierling, Suzie	11	NDB	NS	
'---	Dizon, Fiammy	SF	NS		
'---	Schreckenghaust,	PRES	SCR		
'---	Griffin, Libby	VC	SCR		
'---	Bellitto, Taylor	VC	SCR		

26 Boys 100 Yard Free Frosh-Soph

WCAL Record: 47.79 * 2004 Nick Buonfiglio Bell

46.79 AAA

47.35 AAC

50.99 CCS

Name	Age	Team	Finals Time
1 - Final			
1	Roller, Will	BCP	51.44 20.0
	24.60	51.44	
2	Chierici, Zach	SERRA	52.63 17.0
	25.51	52.63	
3	Dito, Tony	SF	52.89 16.0
	25.70	52.89	
4	DeMedeiros, John	BCP	53.16 15.0
	25.43	53.16	
5	Teraoka, Ian	BCP	53.27 14.0
	25.53	53.27	
6	Schmidt, David	BCP	53.60 13.0
	25.43	53.60	
7	Back, Michael	AMHS	53.90 12.0
	26.25	53.90	
8	Whittam, Alex	SHP	54.12 11.0
	26.03	54.12	
1 - Final			
9	MacGregor, Rober	SHP	54.60 9.0
	26.44	54.60	
10	Olson, Peter	SF	55.32 7.0
	26.80	55.32	
11	Horsley, Hunter	SHP	55.73 6.0
	27.11	55.73	
12	Bunzel, Lucas	SF	55.75 5.0
	27.17	55.75	
13	Baldwin, Michael	AMHS	55.87 4.0
	27.31	55.87	
14	Culpan, David	SHP	56.11 3.0
	26.81	56.11	

Results

15	O'Sullivan, T.J.	SI	56.68	2.0
	27.42	56.68		
16	Zellner, Tom	VC	1:00.40	1.0
	28.14	1:00.40		

26 Boys 100 Yard Free Frosh-Soph

VCAL Record: 47.79 * 2004 Nick Buonfiglio Bell

46.79 AAA
47.35 AAC
50.99 CCS

Name	Age	Team	Prelim Time
Eliminaries			
1	Roller, Will	BCP	51.54
	24.77	51.54	
*2	Schmidt, David	BCP	52.73
	25.22	52.73	
*2	Chierici, Zach	SERRA	52.73
	24.99	52.73	
4	Back, Michael	AMHS	53.02
	25.41	53.02	
5	Teraoka, Ian	BCP	53.11
	25.59	53.11	
6	Whittam, Alex	SHP	53.37
	25.90	53.37	
7	DeMedeiros, John	BCP	53.44
	25.65	53.44	
8	Dito, Tony	SF	53.51
	25.72	53.51	
9	Culpan, David	SHP	54.19
	26.01	54.19	
10	Baldwin, Michael	AMHS	55.17
	26.52	55.17	
11	MacGregor, Rober	SHP	55.73
	27.07	55.73	
12	Horsley, Hunter	SHP	55.75
	26.90	55.75	
13	Bunzel, Lucas	SF	56.25
	26.92	56.25	
14	Olson, Peter	SF	56.82
	26.84	56.82	
15	O'Sullivan, T.J.	SI	56.94
	27.47	56.94	
16	Zellner, Tom	VC	58.15
	28.15	58.15	
17	Gordon, Erik	SERRA	58.74
	27.89	58.74	
18	Deleon, Antonio	SERRA	59.69
	28.24	59.69	
19	Crossley, Jon	SI	1:00.37
	28.11	1:00.37	
20	Pessah, Chandler	SERRA	1:00.38
	28.22	1:00.38	
21	Medeiros, Kyle	BCP	1:01.56
	30.10	1:01.56	
22	Brown, David	SF	1:02.05
	29.31	1:02.05	
23	Lozinski, Nolan	BCP	1:02.29
	29.87	1:02.29	
24	Griffiths, Robert	SERRA	1:02.36

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	29.17	1:02.36			
25	Kahoush, Brandon	BCP	1:02.56		
	30.16	1:02.56			
26	Deggelman, John	SHP	1:03.63		
	30.32	1:03.63			
26	Kim, Brandon	BCP	1:03.63		
	29.04	1:03.63			
28	Chan, Andrew	BCP	1:04.29		
	30.50	1:04.29			
29	Travis, Joey	SF	1:04.43		
	29.93	1:04.43			
30	Detro, Tait	SF	1:05.47		
	31.00	1:05.47			
31	Glahn, Ned	AMHS	1:07.34		
	33.32	1:07.34			
32	Binns-Smith, Evan	AMHS	1:07.49		
	31.83	1:07.49			
33	Masuda, Justin	AMHS	1:09.30		
	34.13	1:09.30			
34	Fondario, Zach	SF	1:09.57		
	32.22	1:09.57			
35	Davis, Ian	AMHS	1:09.60		
	33.88	1:09.60			
36	Dean, Bryan	AMHS	1:10.18		
	34.60	1:10.18			
37	Luu, Andrew	VC	1:11.60		
	32.69	1:11.60			
38	Hoffmeiser, Ryan	VC	1:12.62		
	33.24	1:12.62			
39	Chang, Albert	SI	1:13.26		
	33.93	1:13.26			
40	Buljan, Marko	SERRA	1:17.58		
41	Hodder, Harrison	AMHS	1:17.90		
	35.60	1:17.90			
'---	MacDonell, AJ	15	BCP	X50.43	CCS
	24.37	50.43			
'---	Schaaf, Trey	BCP	X52.58		
	25.23	52.58			
'---	Tu, Matt	BCP	X53.63		
	26.22	53.63			
'---	Dooley, Stuart	BCP	X54.07		
	26.43	54.07			
'---	Schaadt, Peter	BCP	X55.06		
	27.15	55.06			

reliminaries ... (#26 Boys 100 Yard Free Frosh-Sop

'---	Nguyen, Patrick	BCP	X56.65		
	27.50	56.65			
'---	Ferrari, Peter	BCP	X57.08		
	27.54	57.08			
'---	Lunetta, Jordan	BCP	X57.17		
	27.38	57.17			
'---	Frederick, Tommy	BCP	X57.85		
	28.10	57.85			
'---	MacLean, Sean	BCP	X58.44		
	27.26	58.44			
'---	Pine, Justin	BCP	X59.98		
	29.79	59.98			
'---	Lazar, Arpad	SHP	DQ		
	29.30	DQ			
'---	Perrucci, Jason	AMHS	NS		
'---	Patel, Vikash	SF	NS		

Results

---- Cabebe, Stephen BCP NS
 ---- Chuang, York SF NS
 ---- Miller, Ryan AMHS NS
 Declared false start

27 Girls 100 Yard Free Varsity

VCAL Record: 52.45 * 2004 Michelle Liu-Mitty
 52.00 AAA
 52.69 AAC
 57.19 CCS

Name	Age	Team	Finals Time
Final			
1 Smith, Olivia	SF	52.64 AAC	
25.24	52.64		
2 Howard, Katie	SHP	52.87 CCS	
25.39	52.87		
3 Cisar, Jamie	AMHS	52.98 CCS	
25.78	52.98		
4 Lohrey, Sasza	SI	54.25 CCS	
25.91	54.25		
5 Isaacs, Dory	AMHS	55.22 CCS	
26.90	55.22		
6 Campbell, MacKen	SI	55.36 CCS	
26.42	55.36		
7 Clark, KK	SHP	55.76 CCS	
26.52	55.76		
8 Culpan, Kim	SHP	56.65 CCS	
26.94	56.65		
Final			
9 Talbott, Jenn	SF	55.66 CCS	
27.21	55.66		
10 Collins, Sara	AMHS	55.70 CCS	
26.92	55.70		
11 Gunderson, Jenna	SF	56.05 CCS	
27.34	56.05		
12 Oreglia, Kelley	PRES	56.27 CCS	
27.44	56.27		
13 Anderson, Grace	VC	56.73 CCS	
27.49	56.73		
14 Stephens, Hannah	AMHS	57.72 3.0	
27.68	57.72		
15 Zakula, Katie	11	NDB 57.98	2.0
28.46	57.98		
16 Cutler, Lauren	VC	58.41 1.0	
27.61	58.41		

27 Girls 100 Yard Free Varsity

VCAL Record: 52.45 * 2004 Michelle Liu-Mitty
 52.00 AAA
 52.69 AAC
 57.19 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1 Howard, Katie	SHP	53.15 CCS	
25.48	53.15		
2 Smith, Olivia	SF	53.20 CCS	
25.81	53.20		
3 Lohrey, Sasza	SI	54.38 CCS	
26.23	54.38		
4 Cisar, Jamie	AMHS	54.44 CCS	
26.52	54.44		

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

5	Campbell, MacKen	SI	54.99	CCS	
	26.51	54.99			
6	Culpan, Kim	SHP	55.75	CCS	
	26.91	55.75			
7	Clark, KK	SHP	55.82	CCS	
	26.49	55.82			
8	Isaacs, Dory	AMHS	55.98	CCS	
	27.40	55.98			
9	Oreglia, Kelley	PRES	56.16	CCS	
	27.13	56.16			
10	Collins, Sara	AMHS	56.29	CCS	
	27.07	56.29			
11	Gunderson, Jenna	SF	56.79	CCS	
	27.66	56.79			
12	Anderson, Grace	VC	56.92	CCS	
	27.69	56.92			
13	Stephens, Hannah	AMHS	57.24		
	28.06	57.24			
14	Talbott, Jenn	SF	57.34		
	27.73	57.34			
15	Cutler, Lauren	VC	57.44		
	27.35	57.44			
16	Zakula, Katie	11	NDB	57.68	
	27.25	57.68			
17	Gamlen, Victoria	SF	58.15		
	27.85	58.15			
18	Conley, Kelly	SI	58.19		
	28.03	58.19			
19	Power, Kellan	VC	58.50		
	28.43	58.50			
20	Gause, Kelley	PRES	58.69		
	28.28	58.69			
21	Mordell, MJ	SHP	59.05		
	28.89	59.05			
22	Gallagher, Cassan	SI	59.24		
	28.33	59.24			
23	Sheridan, Kirsten	SHP	59.87		
	28.85	59.87			
24	Caine, Lindsey	SF	1:00.67		
	29.42	1:00.67			
25	Bunzel, Brecana	SF	1:01.22		
	29.97	1:01.22			
26	Rozzano, Brittany	SHCP	1:01.34		
	28.65	1:01.34			
27	Proceviat, Laina	SF	1:01.86		
	29.69	1:01.86			
28	Parsons, Alyssa	9 NDB	1:02.63		
	29.38	1:02.63			
29	Tobias, Liz	PRES	1:02.67		
	30.01	1:02.67			
30	Soares, Jen	SF	1:02.70		
	30.04	1:02.70			
31	Thayer, Brittany	12	NDB	1:02.95	
	30.21	1:02.95			
32	Benedetti, Kimber	SF	1:03.00		
	30.86	1:03.00			
33	Panagiotides, Athi	11	NDB	1:03.82	
	30.67	1:03.82			
34	Argent, Tawni	VC	1:03.83		
	30.24	1:03.83			

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

35	Nielsen, Megan	12	NDB	1:06.43
	31.80	1:06.43		
36	Hargis, Victoria	SF	1:07.07	
	32.59	1:07.07		
37	Chao, Melissa	10	NDB	1:07.63
	31.50	1:07.63		
38	Gee, Melinda	SHCP	1:07.64	
	32.27	1:07.64		
39	Ruan, Alexandra	SF	1:07.72	
	32.77	1:07.72		
40	Mah, Kimberly	SHCP	1:07.99	
	32.82	1:07.99		
41	Kidd, Natalie	AMHS	1:09.00	
	33.13	1:09.00		
42	Salciccia, Ally	SF	1:09.64	
	33.95	1:09.64		
43	Carrillo, Erika	PRES	1:09.87	
	33.49	1:09.87		
43	Delara, Stephanie	SHCP	1:09.87	
	32.85	1:09.87		
45	Scheierling, Suzie	11	NDB	1:09.89
	32.29	1:09.89		
46	Emery, Elizabeth	11	NDB	1:10.04
	33.24	1:10.04		
47	Bray, Mikaela	PRES	1:10.14	
	32.42	1:10.14		
48	Razzak, Zaireen	12	NDB	1:11.30
	32.91	1:11.30		
49	Gorn, Rosie	11	NDB	1:12.36
	34.50	1:12.36		
50	Draeger, Christina	SF	1:13.18	
	34.65	1:13.18		

reliminaries ... (#27 Girls 100 Yard Free Varsity)

51	Plasterer, Kelley	SF	1:14.04
	36.53	1:14.04	
52	Sharf, MaryAnn	VC	1:15.47
	33.62	1:15.47	
53	Powers, Taryn	SF	1:16.73
	37.80	1:16.73	
54	Guercio, Katherine	PRES	1:17.72
	34.70	1:17.72	
55	Lunzer, Amanda	SF	1:18.95
	37.22	1:18.95	
56	Plummer, Michelle	SF	1:19.06
	37.42	1:19.06	
57	Leung, Victoria	SHCP	1:22.59
	39.60	1:22.59	
58	Dewitt, Joyce	SF	1:26.31
	42.26	1:26.31	
'---	Jung, Kristen	SHCP	DQ
	False start		
'---	Pham, Angelina	SF	NS
'---	Larwood, Emily	SF	SCR

28 Boys 100 Yard Free Varsity

VCAL Record: **46.54 * 1998 Leffie Crawford Serr**

- 46.79 AAA**
- 47.35 AAC**
- 50.99 CCS**

Name	Age	Team	Finals Time
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Results

1 - Final

1	Fleming, Shayne	VC	47.57	CCS
	23.19	47.57		
2	Poggetti, Nick	SERRA	48.13	CCS
	23.30	48.13		
3	Chhokar, Aaron	SERRA	48.73	CCS
	23.12	48.73		
4	Talbott, Patrick	BCP	48.80	CCS
	23.79	48.80		
5	Rudolph, Paul	SHP	49.15	CCS
	23.52	49.15		
6	Zappel, Jase	BCP	49.38	CCS
	23.58	49.38		
*7	Zakula, Nick	SERRA	49.88	CCS
	23.87	49.88		
*7	Louie, Jason	BCP	49.88	CCS
	23.54	49.88		

1 - Final

9	Murray, Shane	SF	50.26	CCS
	24.01	50.26		
10	Schmidt, Brian	BCP	50.55	CCS
	24.42	50.55		
11	Kranenburg, Pieter	SI	50.57	CCS
	24.61	50.57		
12	Tan, Daniel	VC	50.60	CCS
	24.90	50.60		
13	Leese, Hunter	SI	50.70	CCS
	24.50	50.70		
14	Kristofferson, Jun	SHP	50.82	CCS
	24.05	50.82		
15	Broom, Conor	SF	51.06	2.0
	24.64	51.06		
16	Madigan, Fred	SI	51.82	1.0
	24.71	51.82		

28 Boys 100 Yard Free Varsity

VCAL Record: **46.54 * 1998 Leffie Crawford Serr**

46.79 AAA

47.35 AAC

50.99 CCS

Name Age Team Prelim Time

Preliminaries

1	Fleming, Shayne	VC	47.52	CCS
	22.81	47.52		
2	Poggetti, Nick	SERRA	48.00	CCS
	23.00	48.00		
3	Chhokar, Aaron	SERRA	48.67	CCS
	23.33	48.67		
4	Rudolph, Paul	SHP	48.87	CCS
	23.34	48.87		
5	Talbott, Patrick	BCP	49.14	CCS
	23.75	49.14		
6	Zakula, Nick	SERRA	49.40	CCS
	23.87	49.40		
7	Zappel, Jase	BCP	49.62	CCS
	23.98	49.62		
8	Louie, Jason	BCP	50.02	CCS
	23.88	50.02		
9	Schmidt, Brian	BCP	50.20	CCS
	24.32	50.20		
10	Murray, Shane	SF	50.34	CCS

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	24.34	50.34		
11 Kranenburg, Pieter	SI		50.55	CCS
	24.60	50.55		
12 Tan, Daniel	VC		51.01	
	24.85	51.01		
13 Kristofferson, Jun	SHP		51.10	
	24.62	51.10		
14 Broom, Conor	SF		51.14	
	24.72	51.14		
15 Madigan, Fred	SI		51.22	
	24.48	51.22		
16 Leese, Hunter	SI		51.29	
	24.91	51.29		
17 Brown, Ryan	AMHS		51.35	
	24.31	51.35		
18 Riley, Nick	RIOR		51.39	
	24.85	51.39		
19 Healy, Zach	SF		51.59	
	24.65	51.59		
20 Norton, Tim	SHP		51.68	
	25.05	51.68		
21 Olson, Michael	SF		51.98	
	25.57	51.98		
22 Orlando, Brian	BCP		52.19	
	25.30	52.19		
23 Garcia, Edgar	BCP		52.20	
	25.01	52.20		
24 Afjei, Aria	SERRA		52.37	
	25.04	52.37		
25 Nicholas, Denzel	SI		52.40	
	24.92	52.40		
26 Lenihan, Aidan	VC		52.41	
	25.17	52.41		
27 D'Arienzo, CJ	AMHS		52.59	
	25.09	52.59		
28 Meisel, Kevin	SHP		52.63	
	25.28	52.63		
29 Hofstetter, Doug	AMHS		52.68	
	25.13	52.68		
30 Picone, Brandon	VC		52.77	
	24.86	52.77		
31 Raisch, Mitchell	AMHS		52.82	
	24.98	52.82		
32 Langdon, Jonathan	VC		53.14	
	26.13	53.14		
33 Hendrickson, Tim	SF		53.61	
	25.69	53.61		
34 MacDonell, Patric	BCP		53.65	
	25.86	53.65		
35 Bausback, Michae	SHP		53.92	
	26.06	53.92		
36 Strawbridge, Andr	BCP		54.00	
	25.91	54.00		
37 Marusiak, David	BCP		54.44	
	25.62	54.44		
38 Fleming, Michael	AMHS		54.45	
	25.82	54.45		
39 Wang, Kevin	AMHS		54.68	
	26.25	54.68		
40 Mailloux-Beauche	SF		54.89	
	26.35	54.89		

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

41	Oser, Nick	SERRA	55.20
	26.34	55.20	
42	Runkel, Rob	SHP	55.73
	26.51	55.73	
43	Lotz, Jace	SF	56.05
	26.72	56.05	
44	Marymee, Tim	SERRA	56.99
	26.94	56.99	
45	Francheschini, Ro	SF	57.03
	27.32	57.03	
46	Dunne, Paddy	SI	57.13
	27.40	57.13	
47	Greco, Travis	SERRA	57.88
	27.29	57.88	
48	Gomes, Alex	SERRA	58.16
	27.60	58.16	
49	Randall, Greg	SHP	58.19
	27.55	58.19	
50	Morton, Scott	SERRA	59.13
	28.13	59.13	

reliminaries ... (#28 Boys 100 Yard Free Varsity)

51	Urich, Will	SERRA	59.31
	26.75	59.31	
52	Murphy, Michael	SHP	59.87
	27.61	59.87	
53	Brenton, Chris	VC	1:00.86
	28.13	1:00.86	
54	Toomey, Connor	SERRA	1:05.33
	31.03	1:05.33	
55	Jolly, Steven	VC	1:06.19
	31.66	1:06.19	
56	Magleby, Adam	VC	1:06.23
	31.44	1:06.23	
57	Tam, Thomas	RIOR	1:06.47
	31.71	1:06.47	
58	Ly, Jackson	RIOR	1:23.88
	38.79	1:23.88	
59	Maloney, Keenan	RIOR	1:27.39
	42.09	1:27.39	
'---	MacDonell, Eric	BCP	X50.92 CCS
	24.35	50.92	
'---	Akerland, Marcus	BCP	X51.24
	24.81	51.24	
'---	Zuffin, Austin	SERRA	NS
'---	Aung, Lawrence	SHCP	NS
'---	McKay, Shawn	AMHS	SCR
'---	Martin de Bustama	SF	SCR
'---	Dixit, Harish	AMHS	SCR

29 Girls 500 Yard Free Junior Varsity

VCAL Record:5:38.97* 2007 Elizabeth Castro-Ab

5:00.17 AAA

5:05.02 AAC

5:36.59 CCS

Name	Age	Team	Finals Time
------	-----	------	-------------

1 - Final

1	Dinis, Chelsea	SF	5:32.41	*	CCS
	29.69	1:02.00	1:35.59	2:09.53	
	2:43.91	3:18.38	3:52.51	4:26.93	
	5:01.05	5:32.41			

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

2	Castro-Abrams, El	SI	5:38.18	*	17.0
	29.17	1:01.14	1:34.69	2:08.81	
	2:43.38	3:18.13	3:52.70	4:27.93	
	5:03.39	5:38.18			
3	Ebner, Sarah	SHP	5:48.08		16.0
	31.42	1:06.45	1:42.12	2:17.44	
	2:53.06	3:28.13	4:03.26	4:38.76	
	5:13.74	5:48.08			
4	Cruz, Lauren	AMHS	5:50.54		15.0
	31.09	1:05.86	1:41.37	2:16.89	
	2:52.94	3:28.41	4:03.90	4:39.72	
	5:15.45	5:50.54			
5	Arimoto, Jenny	SI	5:53.06		14.0
	31.71	1:05.83	1:41.17	2:16.63	
	2:52.40	3:28.48	4:04.45	4:40.82	
	5:17.30	5:53.06			
6	Shapero, Sara	PRES	5:53.44		13.0
	31.82	1:06.48	1:41.68	2:17.01	
	2:52.75	3:28.79	4:05.27	4:42.02	
	5:18.47	5:53.44			
7	Refy, Monica	PRES	5:53.78		12.0
	32.14	1:07.11	1:42.97	2:18.83	
	2:54.76	3:30.56	4:07.04	4:43.46	
	5:19.60	5:53.78			
8	Sevilla, Romina	SF	5:59.30		11.0
	32.83	1:08.34	1:44.47	2:20.52	
	2:57.40	3:34.09	4:10.87	4:47.29	
	5:23.73	5:59.30			
1 - Final					
9	Tella, Allison	PRES	6:04.14		9.0
	32.75	1:07.72	1:43.78	2:20.25	
	2:56.72	3:34.20	4:11.57	4:49.13	
	5:27.05	6:04.14			
10	Sabin, Emily	AMHS	6:07.67		7.0
	32.09	1:07.98	1:44.91	2:22.00	
	2:59.31	3:37.51	4:14.99	4:53.01	
	5:30.99	6:07.67			
11	Shaffer, Emily	AMHS	6:09.17		6.0
	32.07	1:07.10	1:43.94	2:21.40	
	2:58.48	3:36.24	4:14.49	4:52.88	
	5:31.61	6:09.17			
12	Inglis, Taryn	NDB	6:18.45		5.0
	34.85	1:13.04	1:51.70	2:30.43	
	3:09.40	3:48.19	4:26.71	5:05.46	
	5:43.19	6:18.45			
13	Mahoney, Erin	SI	6:22.72		4.0
	34.61	1:12.59	1:51.28	2:29.59	
	3:08.75	3:48.07	4:26.94	5:05.51	
	5:44.62	6:22.72			
14	Pfaff, Janelle	PRES	6:25.54		3.0
	34.61	1:11.86	1:50.54	2:29.66	
	3:08.91	3:47.66	4:26.36	5:06.96	
	5:47.27	6:25.54			
15	Benanti, Alex	VC	6:37.14		2.0
	34.65	1:12.47	1:51.53	2:31.80	
	3:12.74	3:54.00	4:36.37	5:18.12	
	5:59.12	6:37.14			
16	Koophai, Sheila	NDB	8:27.49		1.0
	42.65	1:33.71	2:25.39	3:18.61	
	4:13.69	5:04.34	5:58.67	6:50.28	
	7:41.70	8:27.49			

29 Girls 500 Yard Free Junior Varsity

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

VCAL Record:5:38.97* 2007 Elizabeth Castro-Ab

5:00.17 AAA

5:05.02 AAC

5:36.59 CCS

Name	Age	Team	Prelim Time
Preliminaries			
1 Castro-Abrams, El	SI	5:38.97	*
	30.07	1:03.40	1:38.01 2:12.81
	2:47.74	3:22.70	3:57.60 4:32.04
	5:05.85	5:38.97	
2 Dinis, Chelsea	SF	5:39.16	
	30.12	1:03.39	1:38.04 2:12.73
	2:46.79	3:21.32	3:56.26 4:31.11
	5:05.70	5:39.16	
3 Arimoto, Jenny	SI	5:50.68	
	31.53	1:05.75	1:40.94 2:16.44
	2:51.98	3:27.35	4:02.92 4:38.66
	5:14.78	5:50.68	
4 Cruz, Lauren	AMHS	5:51.66	
	30.71	1:04.78	1:39.69 2:15.08
	2:50.46	3:26.54	4:02.92 4:39.37
	5:15.80	5:51.66	
5 Refy, Monica	PRES	5:55.17	
	31.35	1:05.51	1:41.17 2:17.07
	2:53.64	3:30.67	4:07.08 4:43.42
	5:19.77	5:55.17	
6 Ebner, Sarah	SHP	5:56.35	
	31.89	1:07.71	1:43.68 2:19.90
	2:55.91	3:32.61	4:08.87 4:45.39
	5:21.99	5:56.35	
7 Shapero, Sara	PRES	5:56.78	
	31.64	1:06.12	1:41.61 2:17.58
	2:53.99	3:30.59	4:07.46 4:44.43
	5:21.30	5:56.78	
8 Sevilla, Romina	SF	6:01.65	
	32.72	1:08.98	1:46.14 2:23.59
	3:00.85	3:37.61	4:14.62 4:50.72
	5:27.28	6:01.65	
9 Tella, Allison	PRES	6:08.64	
	32.81	1:08.94	1:45.72 2:23.08
	3:00.51	3:37.71	4:15.39 4:53.37
	5:31.83	6:08.64	
10 Shaffer, Emily	AMHS	6:09.67	
	32.05	1:07.40	1:43.96 2:21.96
	2:59.71	3:37.27	4:15.64 4:54.00
	5:32.43	6:09.67	
11 Sabin, Emily	AMHS	6:13.01	
	31.94	1:08.12	1:45.80 2:23.47
	3:01.34	3:39.33	4:18.20 4:56.85
	5:35.56	6:13.01	
12 Inglis, Taryn	NDB	6:16.54	
	34.92	1:12.91	1:51.31 2:29.54
	3:07.87	3:46.20	4:25.04 5:03.49
	5:41.71	6:16.54	
13 Pfaff, Janelle	PRES	6:21.94	
	32.89	1:09.63	1:47.63 2:26.21
	3:04.58	3:43.86	4:23.64 5:03.27
	5:43.01	6:21.94	
14 Mahoney, Erin	SI	6:25.86	
	34.36	1:12.15	1:50.80 2:30.02
	3:09.64	3:49.08	4:28.77 5:08.19

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

5:47.69 6:25.86
 15 Benanti, Alex VC 6:36.55
 32.92 1:10.01 1:49.11 2:29.69
 3:10.99 3:52.35 4:34.23 5:16.11
 5:57.55 6:36.55

Reliminaries ... (#29 Girls 500 Yard Free Junior Var

16 Koophai, Sheila NDB 8:48.75
 43.08 1:36.75 2:31.01 3:26.22
 4:22.07 5:18.93 6:16.50 7:08.52
 8:00.67 8:48.75

17 O'Dowd, Stephani NDB 9:42.11
 51.78 1:51.28 2:50.56 3:49.75
 4:49.75 5:49.20 6:49.53 7:46.69
 8:45.32 9:42.11

30 Boys 500 Yard Free Frosh-Soph

VCAL Record:4:42.04 * 2004 Taylor Smith-Bells

4:38.25 AAA
 4:42.53 AAC
 5:11.59 CCS

Name Age Team Finals Time

Final

1 Kirwan, Matt BCP 5:01.97 CCS
 27.53 57.31 1:27.62 1:58.29
 2:29.34 3:00.60 3:31.66 4:02.90
 4:33.10 5:01.97
 2 Mix, Jake BCP 5:02.05 CCS
 27.68 57.69 1:28.09 1:58.94
 2:29.66 3:00.87 3:31.70 4:02.80
 4:33.44 5:02.05
 3 Singer, Daniel BCP 5:04.15 CCS
 27.41 57.29 1:27.82 1:58.68
 2:29.82 3:00.97 3:32.49 4:03.74
 4:35.10 5:04.15
 4 Coffin, Toby BCP 5:11.36 CCS
 27.67 57.65 1:28.45 1:59.72
 2:31.38 3:03.18 3:35.33 4:07.60
 4:39.91 5:11.36
 5 Villeneuve, Grant SHP 5:19.57 14.0
 28.82 1:00.42 1:32.93 2:05.78
 2:38.32 3:10.95 3:43.33 4:15.67
 4:47.97 5:19.57
 6 Cowperthwaite, Su SHP 5:34.40 13.0
 30.75 1:04.29 1:38.72 2:14.16
 2:48.39 3:22.46 3:56.71 4:30.30
 5:03.93 5:34.40
 7 Sample, John SF 5:35.45 12.0
 30.43 1:04.08 1:38.59 2:13.48
 2:47.69 3:21.98 3:56.84 4:30.86
 5:04.89 5:35.45
 8 Maier, William SHP 5:42.27 11.0
 31.28 1:04.97 1:39.93 2:14.51
 2:49.07 3:24.11 3:59.02 4:34.16
 5:09.37 5:42.27

Final

9 Goodenough, Mat SF 5:55.07 9.0
 29.36 1:02.43 1:36.64 2:12.17
 3:25.64 4:03.43 4:41.56
 5:18.76 5:55.07

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

10	Curl, Quinn	SERRA	6:15.86	7.0
	31.75	1:08.85	1:47.30	2:26.01
	3:43.87	4:23.48	5:03.52	5:42.20
	6:15.86			
11	Colligan, Jesse	SHP	6:16.01	6.0
	31.09	1:07.57	1:45.99	2:26.02
	3:45.21		5:05.19	5:43.43
	6:16.01			
12	Blickenstaff, John	SERRA	6:29.32	5.0
	31.79	1:09.97	1:49.57	2:30.40
	3:12.23	3:53.33	4:34.47	5:15.78
	5:56.32	6:29.32		
13	Herbert, Ian	VC	6:29.67	4.0
	31.21	1:06.52	1:43.90	2:23.65
	3:05.39	3:46.60	4:28.66	5:11.08
	5:53.18	6:29.67		
14	Booth, Derek	AMHS	6:30.07	3.0
	33.89	1:12.32	1:52.86	2:33.52
	3:14.11	3:54.49	4:34.68	5:15.06
	5:55.20	6:30.07		
15	Tolentino, Brende	AMHS	6:41.34	2.0
	33.82	1:11.51	1:51.37	2:31.38
	3:12.81	3:54.54	4:38.28	5:20.80
	6:04.15	6:41.34		
16	Dubois, Colin	SERRA	6:45.95	1.0
	33.94	1:12.26	1:53.13	2:33.53
	3:14.16	3:54.69	4:39.10	5:22.54
	6:04.60	6:45.95		

30 Boys 500 Yard Free Frosh-Soph

VCAL Record:4:42.04 * 2004 Taylor Smith-Bells

4:38.25 AAA

4:42.53 AAC

5:11.59 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1	Mix, Jake	BCP	5:05.84	CCS
	28.23	58.72	1:29.88	2:01.49
	2:33.09	3:04.27	3:35.80	4:06.97
	4:36.92	5:05.84		
2	Singer, Daniel	BCP	5:06.69	CCS
	28.56	59.02	1:30.16	2:01.67
	2:33.48	3:05.46	3:36.93	4:08.49
	4:38.74	5:06.69		
3	Kirwan, Matt	BCP	5:07.27	CCS
	27.69	57.80	1:28.51	1:59.72
	2:31.14	3:02.59	3:33.54	4:05.09
	4:36.84	5:07.27		
4	Coffin, Toby	BCP	5:16.55	
	28.35	59.37	1:31.42	2:03.50
	2:36.12	3:08.53	3:40.51	4:13.08
	4:45.22	5:16.55		
5	Villeneuve, Grant	SHP	5:21.06	
	28.12	58.58	1:29.85	2:02.12
	2:34.70	3:07.62	3:41.10	4:14.83
	4:48.28	5:21.06		
6	Cowperthwaite, Su	SHP	5:37.82	
	30.78	1:04.86	1:39.26	2:15.05
	2:50.13	3:25.06	3:59.29	4:33.19
	5:06.17	5:37.82		
7	Maier, William	SHP	5:43.61	
	30.65	1:03.84	1:38.66	2:13.60

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	2:48.95	3:24.31	4:00.03	4:35.42
	5:10.64	5:43.61		
8 Sample, John		SF	5:46.55	
	30.79	1:05.18	1:40.82	2:16.29
	2:50.89	3:26.24	4:01.68	4:37.34
	5:12.48	5:46.55		
9 Goodenough, Mat		SF	5:54.47	
	29.65	1:02.81	1:38.00	2:13.12
	2:49.25	3:26.33	4:02.74	4:40.22
	5:18.31	5:54.47		
10 Colligan, Jesse		SHP	6:20.15	
	31.60	1:07.71		2:26.59
	3:07.00	3:47.89	4:28.21	5:08.11
	5:47.33	6:20.15		
11 Curl, Quinn		SERRA	6:25.84	
	31.86	1:08.82	1:47.43	2:27.19
	3:07.54	3:47.68	4:28.34	5:07.47
	5:48.07	6:25.84		
12 Blickenstaff, John		SERRA	6:32.94	
	32.94	1:11.33	1:50.87	2:31.64
	3:12.82	3:55.05	4:37.05	5:18.72
	5:59.11	6:32.94		
13 Herbert, Ian		VC	6:35.74	
	33.03	1:11.29	1:50.21	2:30.37
	3:12.27	3:53.73	4:36.16	5:17.52
	5:57.97	6:35.74		
14 Booth, Derek		AMHS	6:39.36	
	32.18	1:10.19	1:50.12	3:13.70
	3:56.29	4:38.61	5:20.81	6:01.85
	6:39.36			
15 Tolentino, Brende		AMHS	6:39.83	
	31.93	1:08.31	1:47.82	2:30.04
	3:11.92	3:54.37	4:37.79	5:20.23
	6:02.12	6:39.83		
16 Dubois, Colin		SERRA	6:57.19	
	34.49	1:14.68	1:56.65	2:37.38
	3:20.39	4:05.10	4:49.35	5:34.98
	6:17.25	6:57.19		
17 Tran, Dustin		VC	8:02.52	
	39.66	1:25.90		3:05.91
		4:49.68	5:39.75	6:29.87
	7:18.84	8:02.52		
18 Zappel, Tyler		BCP	X5:25.72	
	29.11	1:00.67	1:33.06	2:06.33
	2:39.57	3:13.34	3:46.61	4:20.28
	4:53.72	5:25.72		
19 Laird, Peter		BCP	X5:29.40	
	29.55	1:02.10	1:35.23	2:09.38
	2:43.72	3:17.80	3:51.48	4:25.58
	4:58.58	5:29.40		
20 Preliminaries ... (#30 Boys 500 Yard Free Frosh-Sop				
21 Bedell, Andrew		BCP	X5:39.52	
	30.54	1:03.98	1:37.96	2:12.50
	2:46.56	3:20.94	3:55.87	4:31.08
	5:05.68	5:39.52		
22 Juri, William		BCP	X5:47.17	
	30.69	1:05.51	1:40.98	2:16.29
	2:51.45	3:27.18	4:02.69	4:37.99
	5:12.92	5:47.17		

Results

31 Girls 500 Yard Free Varsity

VCAL Record:4:58.37 * 2006 Danielle Gong Pres

5:00.17 AAA

5:05.02 AAC

5:36.59 CCS

Name Age Team Finals Time

1 - Final

1	Gong, Danielle	PRES	5:04.62	AAC	
	27.92	58.13	1:28.74	1:58.96	
	2:29.28	3:00.12	3:31.41	4:02.80	
	4:34.25	5:04.62			
2	Ryan, Mallory	SI	5:15.71	CCS	
	28.85	59.55	1:30.76	2:02.22	
	2:34.04	3:05.88	3:38.17	4:10.70	
	4:43.23	5:15.71			
3	Wells, Alex	VC	5:19.26	CCS	
	29.49	1:01.03	1:32.73	2:04.46	
	2:36.61	3:08.91	3:41.67	4:14.48	
	4:47.19	5:19.26			
4	Naruns, Natalie	SF	5:25.76	CCS	
	29.65	1:01.76	1:34.44	2:07.38	
	2:40.47	3:14.10	3:47.73	4:21.07	
	4:53.96	5:25.76			
5	Collins, Claire	SI	5:30.83	CCS	
	29.66	1:01.86	1:35.12	2:08.60	
	2:42.42	3:16.04	3:49.91	4:23.73	
	4:57.68	5:30.83			
6	Power, Kelsey	VC	5:35.00	CCS	
	29.88	1:02.72	1:36.16	2:09.85	
	2:43.51	3:17.06	3:51.67	4:26.43	
	5:01.29	5:35.00			
7	Isaacs, Caroline	AMHS	5:36.11	CCS	
	29.43	1:02.06	1:35.72	2:09.76	
	2:44.13	3:18.58	3:53.83	4:28.96	
	5:03.74	5:36.11			
8	Smith, Kimberly	SF	5:37.31	11.0	
	30.92	1:04.02	1:37.65	2:12.58	
	2:47.05	3:21.70	3:56.01	4:30.67	
	5:04.57	5:37.31			
1 - Final					
9	Enriquez, Nicolyn	SF	5:30.81	CCS	
	30.50	1:03.60	1:36.99	2:10.53	
	2:43.83	3:17.53	3:51.43	4:25.24	
	4:58.67	5:30.81			
10	Lowe, Kristen	10	NDB	5:33.08	CCS
	30.11	1:02.81	1:35.87	2:09.65	
	2:43.25	3:17.14	3:51.68	4:25.54	
	4:59.72	5:33.08			
11	Medeiros, Danielle	PRES	5:41.88	6.0	
	30.58	1:03.66	1:37.89	2:12.75	
	2:47.41	3:22.04	3:57.33	4:32.19	
	5:07.38	5:41.88			
12	Thomas, Emily	AMHS	5:43.40	5.0	
	31.12	1:04.34	1:38.68	2:13.73	
	2:48.95	3:24.83	4:00.30	4:35.40	
	5:10.11	5:43.40			
13	Castagnola, Gina	SI	5:43.76	4.0	
	30.00	1:03.06	1:37.29	2:12.60	
	2:48.18	3:23.98	3:59.52	4:34.87	
	5:09.99	5:43.76			
14	Smith, Danielle	AMHS	5:44.32	3.0	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	30.81	1:04.83	1:39.30	2:14.08
	2:48.87	3:24.18	3:59.51	4:35.19
	5:10.33	5:44.32		
15 Lorion, Marisa	PRES	5:51.34	2.0	
	31.73	1:05.78	1:41.53	2:16.71
	2:52.51	3:28.29	4:04.94	4:40.53
	5:16.39	5:51.34		
16 Adams, Taylor	SHCP	5:54.09	1.0	
	31.76	1:05.87	1:41.37	2:17.24
	2:52.82	3:28.67	4:05.22	4:42.20
	5:18.86	5:54.09		

31 Girls 500 Yard Free Varsity

VCAL Record:4:58.37* 2006 Danielle Gong Pres

5:00.17 AAA

5:05.02 AAC

5:36.59 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1 Gong, Danielle	PRES	5:11.11	CCS
	28.03	58.29	1:29.22 2:00.57
	2:32.03	3:03.93	3:35.93 4:08.22
	4:40.34	5:11.11	
2 Ryan, Mallory	SI	5:16.52	CCS
	28.77	59.22	1:30.62 2:02.52
	2:34.63	3:06.79	3:39.29 4:12.01
	4:44.97	5:16.52	
3 Wells, Alex	VC	5:26.95	CCS
	29.96	1:01.92	1:34.51 2:07.41
	2:40.41	3:13.45	3:46.53 4:20.19
	4:53.82	5:26.95	
4 Collins, Claire	SI	5:28.15	CCS
	29.58	1:01.22	1:34.22 2:07.39
	2:40.93	3:14.40	3:48.27 4:22.09
	4:55.48	5:28.15	
5 Naruns, Natalie	SF	5:31.80	CCS
	29.99	1:02.21	1:35.05 2:08.86
	2:42.54	3:16.29	3:50.51 4:24.75
	4:59.05	5:31.80	
6 Isaacs, Caroline	AMHS	5:36.13	CCS
	30.13	1:02.61	1:36.25 2:10.44
	2:44.80	3:19.13	3:53.36 4:28.27
	5:02.38	5:36.13	
7 Power, Kelsey	VC	5:36.48	CCS
	30.36	1:02.87	1:36.23 2:09.74
	2:43.77	3:18.16	3:53.23 4:27.96
	5:02.90	5:36.48	
8 Smith, Kimberly	SF	5:36.87	
	30.66	1:04.22	1:38.45 2:13.05
	2:47.18	3:21.80	3:55.84 4:30.84
	5:04.71	5:36.87	
9 Lowe, Kristen	10	NDB	5:36.96
	30.57	1:03.87	1:38.01 2:12.26
	2:46.61	3:20.96	3:55.29 4:29.92
	5:04.06	5:36.96	
10 Enriquez, Nicolyn	SF	5:38.31	
	30.42	1:03.33	1:36.90 2:11.13
	2:45.85	3:20.67	3:55.24 4:30.24
	5:04.85	5:38.31	
11 Castagnola, Gina	SI	5:39.38	
	30.11	1:02.62	1:36.64 2:11.63

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	2:46.53	3:21.34	3:56.19	4:31.47
	5:05.90	5:39.38		
12 Smith, Danielle	AMHS	5:42.22		
	30.48	1:04.19	1:38.41	2:13.06
	2:47.98	3:22.93	3:57.81	4:33.06
	5:08.27	5:42.22		
13 Medeiros, Danielle	PRES	5:45.94		
	30.86	1:04.07	1:38.15	2:12.64
	2:47.39	3:22.50	3:58.12	4:34.16
	5:10.22	5:45.94		
14 Adams, Taylor	SHCP	5:46.36		
	30.87	1:04.30	1:38.68	2:13.60
	2:48.81	3:24.02	3:59.52	4:35.24
	5:11.19	5:46.36		
15 Thomas, Emily	AMHS	5:46.89		
	31.26	1:05.75	1:41.05	2:16.42
	2:51.55	3:26.82	4:02.54	4:38.07
	5:13.19	5:46.89		
16 Dunlevie, Vee	SHP	5:48.84		
	31.86	1:06.48	1:41.50	2:16.65
	2:52.05	3:27.89	4:03.92	4:39.64
	5:14.91	5:48.84		
17 Lorion, Marisa	PRES	5:49.79		
	32.02	1:06.62	1:41.38	2:16.44
	2:51.25	3:27.13	4:02.95	4:39.17
	5:15.00	5:49.79		
18 Allen, Kim	SF	5:52.49		
	31.65	1:05.06	1:39.64	2:14.22
	2:49.98	3:26.51	4:03.27	4:39.91
	5:17.50	5:52.49		
19 Micotti, Kristina	VC	6:02.05		
	32.14	1:07.42	1:43.67	2:19.98
	2:56.40	3:33.23	4:11.08	4:48.26
	5:25.08	6:02.05		

reliminaries ... (#31 Girls 500 Yard Free Varsity)

20 Roe, Jenna	PRES	6:02.69		
	32.02	1:06.60	1:42.67	2:19.00
	2:56.16	3:34.21	4:12.14	4:49.82
	5:27.52	6:02.69		
21 Chao, Melissa	10	NDB	6:33.23	
	33.81	1:12.75	1:52.25	2:32.51
	3:13.38	3:53.85	4:35.09	5:14.62
	5:54.51	6:33.23		
22 Mah, Kimberly	SHCP	6:41.76		
	33.73	1:10.27	1:50.42	2:30.53
	3:11.88	3:53.72	4:36.79	5:19.78
	6:01.98	6:41.76		

32 Boys 500 Yard Free Varsity

VCAL Record:4:30.93* 2007 Taylor Smith-Bells

4:38.25 AAA

4:42.53 AAC

5:11.59 CCS

Name Age Team Finals Time

Final

1 Smith, Taylor	BCP	4:32.14	AAA
	24.44	51.37	1:19.14
	2:14.64	2:42.50	3:10.55
			3:38.33

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	4:05.75	4:32.14		
2 Navarro, Alex	SHP	4:44.43	CCS	
	25.32	53.25	1:21.81	1:50.67
	2:19.81	2:48.99	3:18.16	3:47.39
	4:16.60	4:44.43		
3 Kuo, David	SF	4:53.71	CCS	
	26.80	55.74	1:25.61	1:55.83
	2:25.83	2:55.58	3:25.39	3:55.31
	4:25.40	4:53.71		
4 Partin, Chris	BCP	4:53.74	CCS	
	25.83	54.64	1:24.02	1:53.75
	2:23.52	2:53.50	3:23.85	3:54.33
	4:24.60	4:53.74		
5 Otto, Masa	SERRA	4:54.27	CCS	
	26.53	55.40	1:25.21	1:54.87
	2:25.12	2:55.16	3:25.27	3:55.23
	4:25.40	4:54.27		
6 Bedell, James	BCP	4:55.39	CCS	
	26.06	55.01	1:24.55	1:54.89
	2:25.35	2:55.51	3:25.93	3:56.61
	4:26.71	4:55.39		
7 Moscone, Dillon	SI	5:00.33	CCS	
	26.65	56.06	1:25.91	1:56.31
	2:26.90	2:57.60	3:28.67	3:59.70
	4:30.27	5:00.33		
8 Shields, Matt	BCP	5:05.93	CCS	
	26.44	55.15	1:24.93	1:55.01
	2:25.96	2:57.11	3:28.90	4:01.29
	4:34.08	5:05.93		
1 - Final				
9 Krautkramer, Trist	SHP	5:02.94	CCS	
	26.18	55.95	1:26.46	1:57.81
	2:29.23	3:00.56	3:31.86	4:03.45
	4:34.24	5:02.94		
10 Norton, Tim	SHP	5:05.40	CCS	
	27.61	57.58	1:28.96	2:00.01
	2:31.13	3:02.22	3:33.73	4:04.72
	4:35.41	5:05.40		
11 Butler, John	SI	5:06.95	CCS	
	27.63	57.57	1:28.79	2:00.50
	2:32.53	3:03.89	3:35.47	4:07.08
	4:37.87	5:06.95		
12 Smith, Matthew	VC	5:07.47	CCS	
	27.81	58.03	1:28.97	2:00.48
	2:32.16	3:03.82	3:35.61	4:07.49
	4:38.48	5:07.47		
13 Reynolds, Chris	AMHS	5:10.76	CCS	
	27.37	57.04	1:28.20	1:59.31
	2:30.76	3:02.44	3:34.88	4:07.52
	4:39.81	5:10.76		
14 Kolenda, David	SI	5:11.32	CCS	
	28.30	58.50	1:29.78	2:01.40
	2:33.19	3:05.15	3:37.12	4:08.99
	4:40.77	5:11.32		
15 Guslani, Ryan	SF	5:14.50	2.0	
	27.21	57.77	1:29.41	2:01.53
	2:33.98	3:06.05	3:38.46	4:11.05
	4:43.26	5:14.50		
16 Duhn, Chris	SI	5:19.24	1.0	
	28.45	1:00.09	1:32.16	2:04.30
	2:36.53	3:09.42	3:42.31	4:15.57
	4:48.00	5:19.24		

Results

32 Boys 500 Yard Free Varsity

VCAL Record:4:30.93* 2007 Taylor Smith-Bells

4:38.25 AAA
4:42.53 AAC
5:11.59 CCS

Name	Age	Team	Prelim Time	
preliminaries				
1 Smith, Taylor		BCP	4:30.93 *	AAA
	24.36	51.74	1:19.66	1:47.64
	2:15.54	2:43.12	3:10.76	3:38.46
	4:04.86	4:30.93		
2 Navarro, Alex		SHP	4:47.88	CCS
	25.44	53.07	1:22.03	1:50.99
	2:20.16	2:49.54	3:18.88	3:49.71
	4:19.51	4:47.88		
3 Partin, Chris		BCP	4:53.96	CCS
	25.92	54.39	1:23.75	1:53.61
	2:23.45	2:53.39	3:23.74	3:54.39
	4:25.06	4:53.96		
4 Otto, Masa		SERRA	4:54.11	CCS
	26.06	54.92	1:24.38	1:54.42
	2:24.51	2:54.92	3:24.95	3:55.48
	4:25.51	4:54.11		
5 Bedell, James		BCP	4:54.32	CCS
	25.56	54.21	1:23.64	1:53.92
	2:24.22	2:54.05	3:24.17	3:54.68
	4:24.98	4:54.32		
6 Kuo, David		SF	4:56.78	CCS
	27.42	57.07	1:27.36	1:58.00
	2:28.39	2:58.60	3:28.47	3:58.30
	4:28.41	4:56.78		
7 Shields, Matt		BCP	4:59.44	CCS
	27.02	55.88	1:25.51	1:55.44
	2:25.59	2:56.11	3:27.34	3:58.69
	4:29.29	4:59.44		
8 Moscone, Dillon		SI	5:04.38	CCS
	26.67	56.40	1:26.56	1:57.32
	2:27.93	2:59.23	3:30.65	4:02.26
	4:34.14	5:04.38		
9 Butler, John		SI	5:05.80	CCS
	28.14	57.77	1:28.50	1:59.64
	2:31.09	3:02.39	3:33.74	4:04.99
	4:36.27	5:05.80		
10 Krautkramer, Trist		SHP	5:06.12	CCS
	27.49	57.56	1:28.27	1:59.22
	2:30.42	3:02.10	3:33.75	4:05.66
	4:37.12	5:06.12		
11 Kolenda, David		SI	5:07.68	CCS
	27.79	58.01	1:28.64	1:59.68
	2:31.14	3:02.61	3:34.32	4:06.19
	4:37.50	5:07.68		
12 Reynolds, Chris		AMHS	5:08.13	CCS
	27.88	56.71	1:27.61	1:58.14
	2:29.84	3:00.97	3:32.65	4:05.91
	4:38.09	5:08.13		
13 Smith, Matthew		VC	5:09.13	CCS
	27.86	58.43	1:30.01	2:01.41
	2:33.12	3:04.61	3:35.94	4:07.48
	4:38.60	5:09.13		
14 Guslani, Ryan		SF	5:17.24	
	27.54	58.26	1:30.52	2:02.98

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	2:35.09	3:07.37	3:39.91	4:12.46
	4:44.90	5:17.24		
15 Norton, Tim		SHP	5:17.55	
	27.35	57.72	1:29.01	2:00.43
	2:32.51	3:04.65	3:38.50	4:13.06
	4:46.37	5:17.55		
16 Duhn, Chris		SI	5:21.04	
	29.28	1:01.62	1:34.26	2:07.11
	2:39.75	3:12.40	3:45.24	4:17.96
	4:50.91	5:21.04		
17 Opray, Jonathan		VC	5:24.64	
	28.56	1:00.34	1:32.61	2:05.84
	2:38.08	3:11.41	3:44.96	4:18.77
	4:51.96	5:24.64		
18 Grizzle, Jonathan		VC	5:26.60	
	28.55	1:00.14	1:33.11	2:06.26
	2:39.72	3:13.81	3:47.31	4:21.26
	4:54.72	5:26.60		

reliminaries ... (#32 Boys 500 Yard Free Varsity)

19 Alderette, Andrew		VC	5:32.24	
	29.78	1:02.37	1:35.13	2:09.02
	2:43.17	3:16.96	3:51.82	4:25.95
	4:59.98	5:32.24		
20 Francheschini, Ro		SF	5:40.56	
	29.46	1:01.34	1:34.16	2:08.06
	2:42.51	3:17.53	3:53.30	4:29.23
	5:05.10	5:40.56		
21 Oser, Nick		SERRA	5:41.33	
	30.00	1:02.64	1:36.84	2:11.51
	2:45.71	3:19.83	3:55.17	4:30.83
	5:06.54	5:41.33		
22 Chow, Raymond		RIOR	5:44.03	
	28.86	1:01.13	1:35.62	2:10.64
	2:45.92	3:21.84	3:58.47	4:34.55
	5:10.37	5:44.03		
23 Wedig, John		SF	5:51.94	
	31.55	1:05.86	1:40.83	2:16.30
	2:52.35	3:28.82	4:05.75	4:41.92
	5:18.14	5:51.94		
24 Morton, Scott		SERRA	6:09.80	
	31.93	1:07.24	1:44.11	2:21.74
	2:58.97	3:37.23	4:16.03	4:54.48
	5:32.44	6:09.80		
25 Murphy, Michael		SHP	6:24.95	
	29.43	1:04.10	1:41.91	2:22.49
	3:03.44	3:44.17	4:24.63	5:05.14
	5:45.98	6:24.95		
---- Ebert, Robert		BCP	X5:09.00	CCS
	26.97	57.01	1:27.24	1:58.49
	2:29.80	3:01.75	3:33.96	4:05.90
	4:37.84	5:09.00		
---- Marusiak, David		BCP	X5:20.98	
	28.50	59.75	1:31.56	2:04.53
	2:37.25	3:10.42	3:43.75	4:16.80
	4:49.82	5:20.98		
---- Johnson, Alex		SI	X5:22.04	
	28.92	1:00.21	1:32.04	2:04.53
	2:37.28	3:10.02	3:43.01	4:16.34
	4:49.60	5:22.04		

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

---- Mahoney, Brendan SI X5:22.17
 28.25 59.27 1:31.39 2:03.57
 2:36.55 3:09.27 3:42.25 4:16.03
 4:49.81 5:22.17

33 Girls 200 Yard Free Relay Junior Varsity
VCAL Record:1:46.25 * 2005 St. Ignatius College

Lohrey, M Herrerias, K Conley, R Dayao

1:39.06 AAA

1:40.50 AAC

1:50.29 CCS

Team	Relay	Finals Time
1 SI	A	1:48.29 CCS
Elias, Isabelle		Boyer, Jordan
Lee, Letticia		Neagle, Mia
26.47	54.21	1:21.49 1:48.29
2 SHP	A	1:50.66 34.0
Ebner, Sarah		Child, Laura
Rennels, Lisa		Hunter, Grace
28.61	54.58	1:22.87 1:50.66
3 SF	A	1:50.75 32.0
Powers, Allie		Fuselier, Claire
Brandl, Kathleen		Askounis, Erin
28.24	55.82	1:23.48 1:50.75
4 AMHS	A	1:50.79 30.0
Baum, Natalie		McComas, Kim
Keane, Delaney		Kearney, Christina
28.07	54.84	1:23.11 1:50.79
5 PRES	A	1:51.09 28.0
Oreglia, Paige		Scheaffer, Jenny
Riley, Jane		Refy, Monica
28.07	56.14	1:23.38 1:51.09
6 VC	A	1:57.86 26.0
Roland, Kelsey		Benanti, Alex
Madsen, Megan		McDonald, Kelsi
28.92	58.98	1:29.04 1:57.86
7 NDB	A	2:00.28 24.0
Felise, Malia		Perez, Jessica
Labat, Daniella		Inglis, Taryn
30.31	1:01.40	1:31.41 2:00.28
---- PRES	B	X1:52.43
28.20	55.77	1:24.09 1:52.43
---- SF	B	X1:58.22
29.42	58.41	1:28.61 1:58.22
---- SHP	B	X1:58.29
29.17	57.95	1:27.98 1:58.29
---- SI	B	X1:59.37
30.02	58.98	1:29.97 1:59.37
---- NDB	B	X2:19.13
Keck, Mei-Le		Lovazzano, Kaila
O'Riordan, Rachael		Gluck, Charisse
33.94	1:11.44	1:46.98 2:19.13
---- VC	B	XNS

34 Boys 200 Yard Free Relay Frosh-Soph

VCAL Record:1:30.41 * 2004 Bellarmine College P

MacDonell, K Schmidt, B McCoid, N Buonfiglio

1:27.79 AAA

1:29.06 AAC

1:37.99 CCS

Team Relay Finals Time

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

1	BCP	A	1:35.48	CCS
	Dugoni, Andrew		Hanson, Teddy	
	Singer, Daniel		Roller, Will	
	23.98	48.38	1:12.18	1:35.48
2	SHP	A	1:38.14	34.0
	MacGregor, Robert		Villeneuve, Grant	
	Whittam, Alex		Straube, Zack	
	24.47	48.64	1:13.45	1:38.14
3	AMHS	A	1:39.41	32.0
	Back, Michael		Baldwin, Michael	
	Coglitore, Justin		Rye, Zachary	
	24.34	48.03	1:12.92	1:39.41
4	SF	A	1:41.38	30.0
	Bunzel, Lucas		Olson, Peter	
	Bohrer, Madison		Dito, Tony	
	25.64	50.93	1:17.20	1:41.38
5	SI	A	1:42.72	28.0
	O'Sullivan, T.J.		Crossley, Jon	
	Nguyen, Nicholas		Ponce, Maurici	
	26.38	52.50	1:17.24	1:42.72
6	SERRA	A	1:46.75	26.0
	D'Anna, Sean		Newkirk, Remington	
	Deleon, Antonio		Chierici, Zach	
	27.69	55.25	1:22.35	1:46.75
7	VC	A	1:52.78	24.0
	Luu, Andrew		Valdez, Devin	
	Hoffmeiser, Ryan		Corrales, Jeremy	
	28.40	55.79	1:25.57	1:52.78
----	BCP	B	X1:38.76	
	24.82	49.39	1:14.03	1:38.76
----	SF	B	X1:54.64	
	29.19	57.44	1:27.72	1:54.64
----	AMHS	B	X1:56.07	
	28.36	57.76	1:29.00	1:56.07
----	SERRA	B	X1:56.46	
	29.59	58.89	1:28.32	1:56.46
----	SHP	B	SCR	
----	VC	B	SCR	

35 Girls 200 Yard Free Relay Varsity
WCAL Record: 1:38.35 * 2006 Archbishop Mitty Hi
1 Liu, L Delisle, J Cisar, D Isaacs

1:39.06 AAA
1:40.50 AAC
1:50.29 CCS

Team	Relay	Finals Time
1	SI	A 1:39.94 AAC
	Campbell, Darcie	Campbell, MacKenzie
	Lohrey, Sasza	Ryan, Mallory
	25.12	50.48 1:15.69 1:39.94
2	AMHS	A 1:40.04 AAC
	Delisle, Laurence	Collins, Sara
	Garcia, Monica	Isaacs, Dory
	24.66	49.93 1:14.98 1:40.04
3	SF	A 1:40.28 AAC
	Pichay, Victoria	Gilley, Paige
	Gunderson, Jenna	Smith, Olivia
	25.97	50.82 1:16.19 1:40.28
4	SHP	A 1:42.86 CCS
	Mordell, MJ	Howard, Kristie
	Clark, KK	Howard, Katie
	26.83	52.80 1:17.91 1:42.86

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

5 VC	A	1:46.03	CCS
Yoshida, Kaylee		Gunter, Kiley	
Power, Kellan		Anderson, Grace	
26.51	53.05	1:20.29	1:46.03
6 PRES	A	1:47.81	CCS
Gause, Kelley		Miller, Melissa	
Kerstens, Annemieke		Medeiros, Danielle	
26.84	53.45	1:20.32	1:47.81

#35 Girls 200 Yard Free Relay Varsity)

7 SHCP	A	1:50.81	24.0
Adams, Taylor		Holden, Marissa	
Chukuntarod, Bobbie		Rozzano, Brittany	
28.96	56.52	1:24.09	1:50.81
8 NDB	A	1:51.82	22.0
Lowe, Kristen 10		Thayer, Brittany 12	
Parsons, Alyssa 9		Zakula, Katie 11	
28.43	56.94	1:25.72	1:51.82
SHCP	B	X1:48.76	CCS
26.31	53.48	1:22.04	1:48.76
SI	B	X1:48.87	CCS
27.03	54.88	1:22.04	1:48.87
PRES	B	X1:52.50	
27.82	56.68	1:24.81	1:52.50
SF	B	X1:54.21	
26.60	53.64	1:23.67	1:54.21
NDB	B	X1:59.89	
Nielsen, Megan 12		Emery, Elizabeth 11	
Razzak, Zaireen 12		Chao, Melissa 10	
30.85	1:01.47	1:31.47	1:59.89
SHCP	B	X2:01.20	
31.94	1:02.52	1:31.81	2:01.20
VC	B	XNS	

#36 Boys 200 Yard Free Relay Varsity
WCAL Record:1:26.63* 2005 Bellarmine College P
MacDonell, T Watts, S Weltz, N Buonfiglio

1:27.79 AAA
1:29.06 AAC
1:37.99 CCS

Team	Relay	Finals Time
1 BCP	A	1:27.25 AAA
Shilling, Brandon		Talbot, Patrick
Wall, Danny		Smith, Taylor
21.97	43.94	1:05.76 1:27.25
2 SERRA	A	1:29.42 CCS
Zakula, Nick		Chhokar, Aaron
Poggetti, Nick		Yarranton, Chris
23.06	45.06	1:07.20 1:29.42
3 SI	A	1:30.04 CCS
Apolinario, Kevin		Madigan, Fred
Moscone, Dillon		Ostler, Jack
22.51	45.40	1:08.27 1:30.04
4 VC	A	1:33.70 CCS
Tan, Daniel		Kikuta, Nikolas
Smith, Matthew		Lenihan, Aidan
23.54	46.77	1:09.86 1:33.70
5 AMHS	A	1:33.74 CCS
Gustaveson, Thomas		Raisch, Mitchell
Slugocki, Andy		Brown, Ryan
23.85	47.52	1:11.01 1:33.74

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

6 SF	A	1:33.81	CCS
Broom, Conor		Murray, Shane	
Olson, Michael		Kuo, David	
23.63	46.98	1:10.39	1:33.81
7 SHP	A	1:34.18	CCS
Meisel, Kevin		Kristofferson, Jun	
Krautkramer, Tristan		Norton, Tim	
23.77	46.81	1:09.87	1:34.18
8 RIOR	A	1:42.39	22.0
Tam, Thomas		Chow, Raymond	
Courey, Mark		Riley, Nick	
24.00	50.06	1:13.79	1:42.39
9 SHCP	A	2:00.49	18.0
Leung, Brandon		Mah, Jonathan	
Cuvin, Michael		Swingle, Seigi	
37.23	1:03.81	1:33.68	2:00.49
---- SI	B	X1:33.54	CCS
23.74	47.90	1:10.74	1:33.54
---- BCP	B	X1:34.12	CCS
23.87	46.33	1:10.28	1:34.12
---- AMHS	B	X1:37.01	CCS
Bernosky, Devin		Fleming, Michael	
Gustaveson, Thomas		Fry, Brad	
23.82	48.09	1:12.55	1:37.01
---- SF	B	X1:37.45	CCS
23.87	48.66	1:13.58	1:37.45
---- SHP	B	X1:39.55	
24.43	48.24	1:15.29	1:39.55
---- SERRA	B	X1:48.56	
26.94	52.85	1:19.32	1:48.56
---- VC	B	X1:52.39	
29.88	57.36	1:26.29	1:52.39

37 Girls 100 Yard Back Junior Varsity

WCAL Record:1:03.92 * 2004 Jessica Garcia-Mitty

58.08 AAA

59.12 AAC

1:06.09 CCS

Name	Age	Team	Finals Time
Final			
1 Dewitt, Lauren	PRES	1:06.67	20.0
32.16	1:06.67		
2 Dinis, Chelsea	SF	1:07.52	17.0
33.24	1:07.52		
3 Arimoto, Jenny	SI	1:09.46	16.0
33.74	1:09.46		
4 Simonds, Kristen	AMHS	1:10.26	15.0
34.26	1:10.26		
5 Powers, Allie	SF	1:10.67	14.0
33.80	1:10.67		
6 Tejada, Kerynne	PRES	1:10.80	13.0
34.22	1:10.80		
7 Elias, Isabelle	SI	1:10.83	12.0
34.60	1:10.83		
8 Parissenti, Katie	PRES	1:12.43	11.0
35.55	1:12.43		
Final			
9 Yin, Katherine	SI	1:11.56	9.0
35.14	1:11.56		
10 Shaffer, Emily	AMHS	1:12.79	7.0
34.97	1:12.79		
11 Sabin, Emily	AMHS	1:12.93	6.0

Results

	35.29	1:12.93		
12	Carey, Elizabeth	SHP	1:13.08	5.0
	36.20	1:13.08		
13	Vong, Lindsay	PRES	1:13.12	4.0
	35.14	1:13.12		
14	Kriebel, Alexa	SHP	1:13.38	3.0
	35.54	1:13.38		
15	Ceremsak, Kate	SHP	1:13.46	2.0
	35.57	1:13.46		
16	Ornelas, Marisela	SF	1:13.81	1.0
	35.36	1:13.81		

37 Girls 100 Yard Back Junior Varsity

VCAL Record:1:03.92* 2004 Jessica Garcia-Mitty

58.08 AAA

59.12 AAC

1:06.09 CCS

Name	Age	Team	Prelim Time
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reliminaries

1	Dewitt, Lauren	PRES	1:05.84	CCS
	32.19	1:05.84		
2	Dinis, Chelsea	SF	1:07.92	
	32.93	1:07.92		
3	Arimoto, Jenny	SI	1:09.40	
	33.59	1:09.40		
4	Powers, Allie	SF	1:10.41	
	33.43	1:10.41		
5	Elias, Isabelle	SI	1:10.45	
	34.14	1:10.45		
6	Simonds, Kristen	AMHS	1:10.47	
	34.40	1:10.47		
7	Tejada, Kerynne	PRES	1:11.23	
	34.91	1:11.23		
8	Parissenti, Katie	PRES	1:11.72	
	35.77	1:11.72		
9	Kriebel, Alexa	SHP	1:12.68	
	35.16	1:12.68		
10	Ceremsak, Kate	SHP	1:12.73	
	35.79	1:12.73		
11	Yin, Katherine	SI	1:13.01	
	35.74	1:13.01		
12	Carey, Elizabeth	SHP	1:13.55	
	36.16	1:13.55		
13	Sabin, Emily	AMHS	1:13.58	
	35.67	1:13.58		
14	Shaffer, Emily	AMHS	1:13.91	
	35.68	1:13.91		
15	Ornelas, Marisela	SF	1:14.03	
	35.92	1:14.03		
16	Vong, Lindsay	PRES	1:14.05	
	35.15	1:14.05		
17	Murray, Allie	SF	1:14.43	
	36.27	1:14.43		
18	Aquino, Nina	AMHS	1:15.65	
	36.45	1:15.65		

reliminaries ... (#37 Girls 100 Yard Back Junior Va

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

19	Slugocki, Sarah	AMHS	1:17.96
	39.26	1:17.96	
20	McDonald, Kelsi	VC	1:19.59
	38.34	1:19.59	
21	Collins, Nicole	PRES	1:19.93
	38.59	1:19.93	
22	Bailey, Tara	VC	1:21.88
23	Finlayson, Shanno	NDB	1:23.74
	40.57	1:23.74	
24	DePalmo, Claire	PRES	1:28.02
	42.12	1:28.02	
25	Boyle, Katie	NDB	1:29.08
	42.36	1:29.08	
26	Passos, Jessica	SF	1:31.42
	43.37	1:31.42	
27	Perez, Jessica	NDB	1:31.82
	44.61	1:31.82	
28	Kunze, Sarah	SF	1:32.64
	44.77	1:32.64	
29	Smith, Allison	SF	1:34.50
	44.47	1:34.50	
30	Patel, Punam	PRES	1:44.59
	49.16	1:44.59	
31	Wu, Dawning	VC	1:54.83
	53.40	1:54.83	
'---	Slavich, Rebkah	VC	DQ
	42.00	DQ	
'---	Carroll, Kayla	VC	DQ
	Not on back off wall		
	41.68	DQ	
'---	Pham, Kaitlin	SF	DQ
'---	deSilva, Gabby	PRES	DQ
	37.43	DQ	
'---	Badve, Preeti	SF	SCR
'---	Kaufmann, Stepha	SF	SCR

38 Boys 100 Yard Back Frosh-Soph

VCAL Record: 53.55 * 2004 Scott Jackson-Bells

- 52.52 AAA
- 53.52 AAC
- 59.99 CCS

Name Age Team Finals Time

1 - Final

1	Semplinski, Alex	BCP	58.47	CCS
	28.19	58.47		
2	Vu, Christian	BCP	1:00.35	17.0
	29.62	1:00.35		
3	Coffin, Toby	BCP	1:00.57	16.0
	29.85	1:00.57		
4	Foster, Jack	SF	1:01.37	15.0
	30.22	1:01.37		
5	Arms, Steven	SERRA	1:01.51	14.0
	30.08	1:01.51		
6	Culpan, David	SHP	1:02.26	13.0
	30.89	1:02.26		
7	Ponce, Maurici	SI	1:02.56	12.0
	30.86	1:02.56		
8	Cowperthwaite, Su	SHP	1:09.91	11.0
	34.30	1:09.91		

1 - Final

9	O'Sullivan, T.J.	SI	1:09.97	9.0
	34.42	1:09.97		

Results

10	Dzurko, Kyle	AMHS	1:12.49	7.0
	35.75	1:12.49		
11	Roberts, Brett	SERRA	1:18.75	6.0
	37.80	1:18.75		
12	Griffinths, Robert	SERRA	1:19.65	5.0

38 Boys 100 Yard Back Frosh-Soph

VCAL Record: 53.55 * 2004 Scott Jackson-Bells

- 52.52 AAA
- 53.52 AAC
- 59.99 CCS

Name	Age	Team	Prelim Time
------	-----	------	-------------

Preliminaries

1	Semplinski, Alex	BCP	57.57	CCS
	27.60	57.57		
2	Vu, Christian	BCP	59.51	CCS
	29.00	59.51		
3	Coffin, Toby	BCP	1:00.65	
	29.81	1:00.65		
4	Arms, Steven	SERRA	1:00.92	
	29.66	1:00.92		
5	Culpan, David	SHP	1:01.21	
	29.49	1:01.21		
6	Ponce, Maurici	SI	1:01.40	
	30.25	1:01.40		
7	Foster, Jack	SF	1:01.96	
	30.67	1:01.96		
8	Cohen, Jack	AMHS	1:02.28	
	30.66	1:02.28		
9	Cowperthwaite, Su	SHP	1:08.02	
	33.37	1:08.02		
10	O'Sullivan, T.J.	SI	1:09.32	
	34.01	1:09.32		
11	Lin, Tim	VC	1:11.75	
12	Dzurko, Kyle	AMHS	1:13.21	
	35.40	1:13.21		
13	Roberts, Brett	SERRA	1:18.33	
	38.87	1:18.33		
14	Griffinths, Robert	SERRA	1:18.40	
---	Semplinski, Eric	BCP	DQ	
	30.44	DQ		
---	Dooley, Stuart	BCP	DQ	
	31.72	DQ		

39 Girls 100 Yard Back Varsity

VCAL Record: 57.22 * 2006 Michelle Liu Mitty

- 58.08 AAA
- 59.12 AAC
- 1:06.09 CCS

Name	Age	Team	Finals Time
------	-----	------	-------------

Final

1	Wei, Stephanie	AMHS	56.92	* AAA
	27.81	56.92		
2	Dimagmaliw, Ruth	SI	59.45	CCS
	28.89	59.45		
3	Yoshida, Kaylee	VC	59.60	CCS
	28.99	59.60		
4	Canonica, Kandis	SI	1:02.49	CCS
	30.55	1:02.49		
5	Gunderson, Jenna	SF	1:02.88	CCS

Results

	30.89	1:02.88				
6	Hunt, Hilary	AMHS	1:03.02	CCS		
	30.36	1:03.02				
7	Zakula, Katie	11	NDB 1:03.82	CCS		
	31.59	1:03.82				
--	Walitsch, Jamie	VC	DQ 11.0			
	31.91	DQ				

1 - Final

9	Still, Julia	PRES	1:03.21	CCS		
	31.19	1:03.21				
10	Oosterhouse, Lind	AMHS	1:03.47	CCS		
	31.33	1:03.47				
11	Talbott, Jenn	SF	1:04.84	CCS		
	31.58	1:04.84				
12	Culpan, Kim	SHP	1:04.98	CCS		
	31.73	1:04.98				
13	Mansfield, Rozann	SF	1:05.58	CCS		
	32.31	1:05.58				
14	Gallagher, Cassan	SI	1:05.78	CCS		
	31.90	1:05.78				
15	Pang, Jinna	SI	1:06.33	2.0		
	32.02	1:06.33				
16	Elward, Courtney	SF	1:07.60	1.0		
	33.07	1:07.60				

39 Girls 100 Yard Back Varsity

VCAL Record: 57.22 * 2006 Michelle Liu Mitty

58.08 AAA
59.12 AAC
1:06.09 CCS

Name	Age	Team	Prelim Time
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Preeliminaries

1	Wei, Stephanie	AMHS	57.86	AAA		
	28.38	57.86				
2	Dimagmaliw, Ruth	SI	1:00.64	CCS		
	29.32	1:00.64				
3	Yoshida, Kaylee	VC	1:00.87	CCS		
	29.19	1:00.87				
4	Canonica, Kandis	SI	1:03.13	CCS		
	31.15	1:03.13				

Preeliminaries ... (#39 Girls 100 Yard Back Varsity)

5	Walitsch, Jamie	VC	1:03.24	CCS		
	30.64	1:03.24				
6	Hunt, Hilary	AMHS	1:03.34	CCS		
	30.15	1:03.34				
7	Zakula, Katie	11	NDB 1:03.51	CCS		
	31.07	1:03.51				
8	Gunderson, Jenna	SF	1:03.62	CCS		
	31.05	1:03.62				
9	Still, Julia	PRES	1:03.78	CCS		
	31.17	1:03.78				
10	Oosterhouse, Lind	AMHS	1:04.46	CCS		
	31.71	1:04.46				
11	Culpan, Kim	SHP	1:05.02	CCS		
	31.58	1:05.02				
12	Talbott, Jenn	SF	1:05.42	CCS		
	31.69	1:05.42				
13	Mansfield, Rozann	SF	1:06.73			
	32.74	1:06.73				

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Results

14	Pang, Jinna	SI	1:07.00		
	32.67	1:07.00			
15	Gallagher, Cassan	SI	1:07.05		
	32.39	1:07.05			
16	Elward, Courtney	SF	1:08.30		
	33.39	1:08.30			
17	Herrerias, Michell	SI	1:08.52		
	32.87	1:08.52			
18	Henderson, Hanna	SHP	1:08.81		
	32.98	1:08.81			
19	LaVelle, Ali	PRES	1:10.26		
	33.78	1:10.26			
20	Adams, Taylor	SHCP	1:11.53		
	35.11	1:11.53			
21	Fong, Natalie	SHCP	1:12.99		
	35.61	1:12.99			
22	Parsons, Alyssa	9 NDB	1:15.59		
	37.22	1:15.59			
23	Konecny, Ally	SF	1:16.54		
	37.19	1:16.54			
24	Covarrubias, Case	PRES	1:16.57		
	36.84	1:16.57			
25	Panagiotides, Athi	11 NDB	1:17.05		
	37.41	1:17.05			
26	Boesiger, Molly	SF	1:17.43		
	37.49	1:17.43			
'---	Silver, Allison	SF	X1:09.69		
	33.86	1:09.69			
'---	Hermansen, Wend	11 NDB	DQ		
	34.68	DQ			
'---	Hargis, Victoria	SF	SCR		

40 Boys 100 Yard Back Varsity

VCAL Record: 51.45 * 2005 Tim Watts-Bells

- 52.52 AAA
- 53.52 AAC
- 59.99 CCS

Name	Age	Team	Finals Time
Final			
1 Parizi, Kevin	VC	53.32 AAC	
	25.84	53.32	
2 Garcia, Ryan	BCP	53.51 AAC	
	26.04	53.51	
3 Shilling, Brandon	BCP	55.14 CCS	
	26.98	55.14	
4 Still, Connor	SHP	57.01 CCS	
	28.04	57.01	
5 Landefeld, Peter	SI	57.55 CCS	
	28.10	57.55	
6 Espiritu, Julius	BCP	57.94 CCS	
	28.05	57.94	
7 Yen, Adam	BCP	58.33 CCS	
	28.74	58.33	
8 Yarranton, Chris	SERRA	1:00.07 11.0	
	28.82	1:00.07	
Final			
9 Langdon, Michael	VC	58.12 CCS	
	28.54	58.12	
10 Slugoeki, Andy	AMHS	59.06 CCS	
	29.00	59.06	

Results

11	Velasquez, Nico	SERRA	59.61	CCS
	28.91	59.61		
12	McMillan, Ernie	SF	1:00.48	5.0
	29.21	1:00.48		
13	McEnery, Ryan	SERRA	1:00.72	4.0
	29.67	1:00.72		
14	Hofstetter, Doug	AMHS	1:01.26	3.0
	29.39	1:01.26		
15	Courey, Mark	RIOR	1:02.03	2.0
	29.74	1:02.03		
16	Dawkins, Kevin	SF	1:02.11	1.0
	30.32	1:02.11		

40 Boys 100 Yard Back Varsity

VCAL Record: 51.45 * 2005 Tim Watts-Bells

- 52.52 AAA
- 53.52 AAC
- 59.99 CCS

Name	Age	Team	Prelim Time
Eliminaries			
1	Parizi, Kevin	VC	54.38 CCS
	26.57	54.38	
2	Garcia, Ryan	BCP	54.77 CCS
	26.71	54.77	
3	Shilling, Brandon	BCP	55.15 CCS
	26.88	55.15	
4	Still, Connor	SHP	56.61 CCS
	27.81	56.61	
5	Espiritu, Julius	BCP	57.82 CCS
	27.57	57.82	
6	Landefeld, Peter	SI	58.42 CCS
	28.86	58.42	
7	Yarranton, Chris	SERRA	58.52 CCS
	27.95	58.52	
8	Yen, Adam	BCP	58.55 CCS
	28.94	58.55	
9	Slugocki, Andy	AMHS	58.87 CCS
	28.85	58.87	
10	McMillan, Ernie	SF	58.89 CCS
	28.32	58.89	
11	Velasquez, Nico	SERRA	59.08 CCS
	28.66	59.08	
12	Langdon, Michael	VC	59.74 CCS
	29.31	59.74	
13	McEnery, Ryan	SERRA	59.78 CCS
	28.88	59.78	
14	Hofstetter, Doug	AMHS	1:01.21
	29.21	1:01.21	
15	Courey, Mark	RIOR	1:03.23
	30.77	1:03.23	
15	Dawkins, Kevin	SF	1:03.23
	30.64	1:03.23	
17	Chee, Craig	SI	1:03.84
	30.83	1:03.84	
18	Picone, Brandon	VC	1:06.10
	32.58	1:06.10	
19	Pugliese, Alexande	VC	1:07.19
	32.60	1:07.19	
20	Rose, Nick	SI	1:07.60

Results

	33.10	1:07.60		
21	McCavitt, Kit	SHP	1:09.90	
	33.39	1:09.90		
22	Tam, Thomas	RIOR	1:12.05	
	35.00	1:12.05		
23	Sung, Joshua	VC	1:15.03	
	36.55	1:15.03		
24	Cuvin, Michael	SHCP	1:17.75	
	37.09	1:17.75		
'---	Dunnam, Jamie	BCP	X58.77	CCS
	28.89	58.77		
'---	Orlando, Brian	BCP	X59.01	CCS
	29.04	59.01		
'---	Jackson, Steven	BCP	X59.30	CCS
	28.35	59.30		
'---	Vu, Matthew	BCP	X1:01.07	
	29.48	1:01.07		
'---	Nguyen, Harold	BCP	X1:04.32	
	31.79	1:04.32		
'---	Empey, Tyler	SERRA	SCR	
'---	Blackmore, Jon	SF	SCR	

41 Girls 100 Yard Breast Junior Varsity

VCAL Record:1:10.77 * 2006 Mandy Korpusik Pre

1:05.87 AAA
 1:06.97 AAC
 1:13.59 CCS

Name Age Team Finals Time

1 - Final

1	Lee, Letticia	SI	1:14.10	20.0
	34.74	1:14.10		
2	Jaquier, Carly	SI	1:14.25	17.0
	34.69	1:14.25		
3	Cruz, Lauren	AMHS	1:16.21	16.0
	36.27	1:16.21		
4	Moore, Hathaway	SF	1:16.27	15.0
	36.25	1:16.27		
5	DaRos, Claire	PRES	1:17.60	14.0
	36.49	1:17.60		
6	Child, Laura	SHP	1:17.75	13.0
	37.32	1:17.75		
7	Weller, Emily	PRES	1:19.20	12.0
	37.43	1:19.20		
8	Mestice, Nicole	AMHS	1:20.09	11.0
	37.81	1:20.09		

1 - Final

9	Wessbecher, Kirst	SF	1:17.01	9.0
	36.32	1:17.01		
10	Bui, Thy	PRES	1:19.59	7.0
	37.38	1:19.59		
11	Vasquez, Marlena	AMHS	1:19.63	6.0
	37.34	1:19.63		
12	Rennels, Lisa	SHP	1:20.77	5.0
	38.40	1:20.77		
13	Blefari, Alex	SF	1:22.50	4.0
	39.15	1:22.50		
14	Riley, Jane	PRES	1:22.97	3.0
	39.05	1:22.97		
15	Hallagan, Erin	AMHS	1:23.46	2.0
	39.93	1:23.46		
16	Fordyce, Jennie	SF	1:23.83	1.0
	39.26	1:23.83		

Results

41 Girls 100 Yard Breast Junior Varsity

VCAL Record:1:10.77 * 2006 Mandy Korpusik Pre

1:05.87 AAA

1:06.97 AAC

1:13.59 CCS

Name	Age	Team	Prelim Time
Eliminaries			
1 Lee, Letticia	SI	1:13.50	CCS
34.89	1:13.50		
2 Jaquier, Carly	SI	1:13.72	
34.50	1:13.72		
3 Cruz, Lauren	AMHS	1:17.58	
37.21	1:17.58		
4 Child, Laura	SHP	1:18.18	
37.04	1:18.18		
5 DaRos, Claire	PRES	1:18.23	
36.83	1:18.23		
6 Moore, Hathaway	SF	1:18.60	
38.03	1:18.60		
7 Weller, Emily	PRES	1:18.74	
37.95	1:18.74		
8 Mestice, Nicole	AMHS	1:19.19	
37.49	1:19.19		
9 Bui, Thy	PRES	1:19.74	
37.56	1:19.74		
10 Wessbecher, Kirst	SF	1:19.78	
37.94	1:19.78		
11 Rennels, Lisa	SHP	1:20.69	
37.98	1:20.69		
12 Vasquez, Marlena	AMHS	1:20.70	
37.69	1:20.70		
13 Riley, Jane	PRES	1:21.25	
38.40	1:21.25		
14 Hallagan, Erin	AMHS	1:23.16	
39.42	1:23.16		
15 Blefari, Alex	SF	1:23.20	
39.65	1:23.20		
16 Fordyce, Jennie	SF	1:23.48	
38.71	1:23.48		
17 Groh, Susannah	SI	1:24.23	
39.85	1:24.23		
18 Labat, Daniella	NDB	1:26.37	
41.13	1:26.37		
19 Hofer, Erika	PRES	1:26.41	
40.68	1:26.41		
20 Zellner, Alexandra	PRES	1:26.44	
40.28	1:26.44		
21 Afflerback, Jenn	AMHS	1:26.55	
41.46	1:26.55		
22 Felise, Malia	NDB	1:27.20	
41.32	1:27.20		
23 Friedenbach, Beck	AMHS	1:27.30	
41.04	1:27.30		
24 Gajare, Pooja	SF	1:28.46	
42.33	1:28.46		
25 Seabolt, Kelsey	SHP	1:29.10	
42.08	1:29.10		
26 Grant, Molly	PRES	1:29.70	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	42.30	1:29.70		
27	Nguyen, Ivy	PRES	1:30.02	
	42.24	1:30.02		
28	Samuel, Ashley	PRES	1:30.27	
	43.05	1:30.27		
29	Brochier, Annelise	SF	1:30.56	
	43.82	1:30.56		
30	Perrone, Laura	PRES	1:30.71	
	41.88	1:30.71		
31	Banks, Kathleen	SF	1:31.02	
	43.34	1:31.02		
32	Lau, Pamela	SF	1:31.40	
	42.36	1:31.40		
33	Gahagan, Claire	PRES	1:31.42	
	43.91	1:31.42		
34	Walker, Rochelle	PRES	1:31.50	
	42.33	1:31.50		
35	Khalili, Naseem	VC	1:32.82	
	44.58	1:32.82		
36	Roque, Camille	PRES	1:33.63	
	44.60	1:33.63		
37	DeNeffe, Holly	SF	1:34.21	
	44.39	1:34.21		
38	Dickinson, Lacey	SF	1:34.36	
	45.65	1:34.36		
39	Yadegar, Ramina	PRES	1:36.80	
	45.01	1:36.80		
40	Dickson, Madeline	SF	1:39.13	
	46.88	1:39.13		
41	Hittler, Julia	VC	1:39.66	
	45.43	1:39.66		
42	Molina, Monica	SF	1:40.08	
	45.78	1:40.08		
43	Todd, Cailin	SF	1:43.24	
	47.84	1:43.24		
44	Gluck, Charisse	NDB	1:44.67	
	48.94	1:44.67		
45	Lai, Caroline	SF	1:45.23	
	49.17	1:45.23		
'---	Robledo, Rachel	PRES	X1:23.85	
	39.81	1:23.85		
'---	Lydon, Jess	SF	X1:24.75	
	40.78	1:24.75		
'---	Canova, Sofia	SF	X1:25.32	
	41.02	1:25.32		
'---	Mansker, Kaitlyn	PRES	X1:26.26	
	41.44	1:26.26		
'---	Griffin, Libby	VC	SCR	
'---	DeBoard, Sarah	VC	SCR	
'---	Lovazzano, Kaila	NDB	SCR	

42 Boys 100 Yard Breast Frosh-Soph

VCAL Record:1:01.12* 2003 Nick Buonfiglio Bells

59.00 AAA
1:00.08 AAC
1:05.99 CCS

Name Age Team Finals Time

1 - Final

1	Givens, Greg	BCP	1:05.70	CCS
	31.27	1:05.70		
2	Piunti, Jack	BCP	1:06.23	17.0
	31.72	1:06.23		

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

3	Coglitore, Justin	AMHS	1:06.72	16.0
	30.88	1:06.72		
4	Nguyen, James	BCP	1:09.79	15.0
	32.74	1:09.79		
5	Cole, Ryan	SF	1:09.94	14.0
	33.03	1:09.94		
6	Nguyen, Thi	BCP	1:12.26	13.0
	33.00	1:12.26		

4 - Final ... (#42 Boys 100 Yard Breast Frosh-Soph)

7	Nguyen, Jonathan	VC	1:12.58	12.0
	34.11	1:12.58		
8	Brown, Ryan	SI	1:12.83	11.0
	33.49	1:12.83		

5 - Final

9	Goodenough, Mat	SF	1:14.40	9.0
	34.60	1:14.40		
10	Wang, Nova	AMHS	1:14.85	7.0
	34.95	1:14.85		
11	Maier, William	SHP	1:17.93	6.0
	36.92	1:17.93		
12	Colligan, Jesse	SHP	1:18.99	5.0
	37.26	1:18.99		
13	Fangon, Joseph	SI	1:19.50	4.0
	36.88	1:19.50		
14	Valdez, Devin	VC	1:21.36	3.0
	38.68	1:21.36		
15	Remington, Tom	SF	1:27.51	2.0
	40.92	1:27.51		

42 Boys 100 Yard Breast Frosh-Soph
 VCAL Record:1:01.12 * 2003 Nick Buonfiglio Bells

- 59.00 AAA
- 1:00.08 AAC
- 1:05.99 CCS

Name Age Team Prelim Time

6 Preliminaries

1	Coglitore, Justin	AMHS	1:05.16	CCS
	30.50	1:05.16		
2	Givens, Greg	BCP	1:06.40	
	31.88	1:06.40		
3	Piunti, Jack	BCP	1:06.55	
	31.95	1:06.55		
4	Nguyen, James	BCP	1:08.35	
	32.23	1:08.35		
5	Cole, Ryan	SF	1:10.30	
	33.47	1:10.30		
6	Brown, Ryan	SI	1:11.48	
	33.28	1:11.48		
7	Nguyen, Jonathan	VC	1:12.37	
	33.78	1:12.37		
8	Nguyen, Thi	BCP	1:12.42	
	33.13	1:12.42		
9	Wang, Nova	AMHS	1:13.76	
	34.23	1:13.76		
10	Goodenough, Mat	SF	1:16.93	
	35.92	1:16.93		
11	Maier, William	SHP	1:17.34	
	36.18	1:17.34		
12	Rye, Zachary	AMHS	1:18.15	

Results

	36.49	1:18.15		
13 Colligan, Jesse	SHP		1:18.21	
	37.24	1:18.21		
14 Fangon, Joseph	SI		1:18.46	
	37.10	1:18.46		
15 Morikawa, Ryan	SF		1:18.59	
	36.14	1:18.59		
16 Valdez, Devin	VC		1:20.16	
	37.65	1:20.16		
17 Hampton, Russ	SERRA		1:22.59	
	37.69	1:22.59		
18 Remington, Tom	SF		1:22.75	
	39.19	1:22.75		
19 Lee, James	SI		1:23.06	
	38.85	1:23.06		
20 Brown, David	SF		1:23.89	
	38.94	1:23.89		
21 Patel, Vikash	SF		1:26.82	
	39.77	1:26.82		
22 Dowden, Peter	SERRA		1:27.48	
	40.77	1:27.48		
23 Khoo, Norman	AMHS		1:29.37	
	42.17	1:29.37		
24 D'Anna, Sean	SERRA		1:30.51	
	42.22	1:30.51		
25 Tran, Vuu	VC		1:37.57	
	45.30	1:37.57		
--- Vu, Cody	BCP		X1:16.16	
	36.12	1:16.16		
--- Nguyen, Timothy	BCP		X1:18.79	
	37.72	1:18.79		
--- Greaci, Aaron	BCP		X1:22.39	
	39.20	1:22.39		
--- Doyle, Connor	BCP		DQ	
	One hand touch			
	38.84	DQ		
--- Faoro, Ben	SERRA		SCR	
--- Khachi, Patrick	VC		SCR	

43 Girls 100 Yard Breast Varsity

VCAL Record:1:03.21 * 2004 Erica Liu-Mitty

1:05.87 AAA
 1:06.97 AAC
 1:13.59 CCS

Name Age Team Finals Time

1 - Final

1	Delisle, Laurence	AMHS	1:05.40	AAA
	31.25	1:05.40		
2	Sullivan, Chelsea	AMHS	1:08.11	CCS
	32.13	1:08.11		
3	Campbell, Darcie	SI	1:09.48	CCS
	33.09	1:09.48		
4	Padilla, Lauren	SI	1:09.50	CCS
	32.70	1:09.50		
5	Mort, Alison	AMHS	1:11.37	CCS
	33.20	1:11.37		
6	Smith, Danielle	AMHS	1:12.29	CCS
	33.96	1:12.29		
7	Maurano, Megan	SHP	1:12.65	CCS
	33.62	1:12.65		

Results

8	Korpusik, Mandy	PRES	1:14.32	11.0
	34.74		1:14.32	
Final				
9	Vo, Anya	SF	1:13.89	9.0
	34.97		1:13.89	
10	Bone, Jen	SF	1:13.95	7.0
	35.28		1:13.95	
11	Dorst, Lindsay	SHP	1:14.18	6.0
	34.82		1:14.18	
12	Holden, Marissa	SHCP	1:14.72	5.0
	35.52		1:14.72	
13	Gunter, Kiley	VC	1:14.84	4.0
	34.90		1:14.84	
14	Quan, Lauren	SI	1:15.19	3.0
	34.94		1:15.19	
15	O'Dea, Nicole	SI	1:15.37	2.0
	34.92		1:15.37	
16	Winkler, Kristin	SF	1:16.04	1.0
	34.86		1:16.04	

#43 Girls 100 Yard Breast Varsity

VCAL Record:1:03.21 * 2004 Erica Liu-Mitty

1:05.87 AAA

1:06.97 AAC

1:13.59 CCS

Name	Age	Team	Prelim Time
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Preliminaries

1	Delisle, Laurence	AMHS	1:06.69	AAC
	31.93		1:06.69	
2	Padilla, Lauren	SI	1:07.70	CCS
	31.88		1:07.70	
3	Sullivan, Chelsea	AMHS	1:08.03	CCS
	32.01		1:08.03	
4	Campbell, Darcie	SI	1:08.61	CCS
	32.23		1:08.61	
5	Korpusik, Mandy	PRES	1:11.63	CCS
	33.18		1:11.63	
6	Mort, Alison	AMHS	1:12.98	CCS
	33.89		1:12.98	
7	Maurano, Megan	SHP	1:13.23	CCS
	34.09		1:13.23	
8	Smith, Danielle	AMHS	1:13.45	CCS
	34.79		1:13.45	
9	Vo, Anya	SF	1:13.65	
	34.56		1:13.65	
10	O'Dea, Nicole	SI	1:14.03	
	35.05		1:14.03	
11	Quan, Lauren	SI	1:14.24	
	34.84		1:14.24	
12	Gunter, Kiley	VC	1:14.32	
	34.66		1:14.32	
13	Bone, Jen	SF	1:14.68	
	35.16		1:14.68	
14	Holden, Marissa	SHCP	1:14.89	
	34.99		1:14.89	
14	Dorst, Lindsay	SHP	1:14.89	
	34.58		1:14.89	
16	Winkler, Kristin	SF	1:14.90	
	35.57		1:14.90	

Preliminaries ... (#43 Girls 100 Yard Breast Varsity)

Results

17	Ho, Jessica	SF	1:16.61		
	36.37	1:16.61			
18	Dunlevie, Vee	SHP	1:17.93		
	36.45	1:17.93			
19	Bunzel, Brecana	SF	1:19.06		
	37.82	1:19.06			
20	Dennis, Madi	VC	1:19.40		
	38.12	1:19.40			
21	McKinney, Lisa	VC	1:24.96		
	39.98	1:24.96			
22	Whitney, Lauren	PRES	1:25.04		
	39.58	1:25.04			
23	Hatcher, Rachel	VC	1:25.06		
	40.23	1:25.06			
24	Gorn, Rosie	11	NDB	1:25.81	
	39.97	1:25.81			
25	Maung, Ashley	SHCP	1:27.05		
	42.09	1:27.05			
26	Boesiger, Molly	SF	1:27.41		
	42.30	1:27.41			
27	But, Lillian	SHCP	1:27.51		
	42.54	1:27.51			
28	Fisher, Kelsey	PRES	1:30.95		
	42.52	1:30.95			
29	Emery, Elizabeth	11	NDB	1:31.97	
	42.37	1:31.97			
30	Scheierling, Suzie	11	NDB	1:32.71	
	43.53	1:32.71			
---	Witmer, Michelle	VC	SCR		
---	Figlia, Francesca	SF	SCR		

44 Boys 100 Yard Breast Varsity

VCAL Record: 58.78 * 1997 Rob Canales - Bells

59.00 AAA

1:00.08 AAC

1:05.99 CCS

Name	Age	Team	Finals Time
1 - Final			
1 Stahley, Austin	SHP	59.27 AAC	
	27.93	59.27	
2 Apolinario, Kevin	SI	1:00.77 CCS	
	28.51	1:00.77	
3 Flores-Maxfield,	SHP	1:00.88 CCS	
	29.13	1:00.88	
4 Sonu, James	BCP	1:02.25 CCS	
	29.60	1:02.25	
5 Sims, John	SERRA	1:02.35 CCS	
	29.25	1:02.35	
6 Liu, Mark	VC	1:03.61 CCS	
	29.43	1:03.61	
7 Chhokar, Aaron	SERRA	1:05.00 CCS	
	30.45	1:05.00	
8 Wall, Danny	BCP	1:05.66 CCS	
	30.74	1:05.66	
2 - Final			
9 Fronczak, Sean	SF	1:04.50 CCS	
	30.76	1:04.50	
10 Walsh, Cameron	17	SI 1:04.53	CCS
	30.39	1:04.53	

Results

11	Gustaveson, Thom	AMHS	1:04.80	CCS
	30.45	1:04.80		
12	Lee, Nico	SI	1:05.79	CCS
	30.85	1:05.79		
13	Strawbridge, Andr	BCP	1:06.45	4.0
	31.18	1:06.45		
14	Song, Steven	BCP	1:07.61	3.0
	32.08	1:07.61		
15	Zhao, Kevin	SF	1:08.00	2.0
	31.77	1:08.00		
16	Child, Andrew	SHP	1:08.48	1.0
	32.18	1:08.48		

44 Boys 100 Yard Breast Varsity

VCAL Record: 58.78 * 1997 Rob Canales - Bells

59.00 AAA
1:00.08 AAC
1:05.99 CCS

Name	Age	Team	Prelim Time
Eliminaries			
1	Stahley, Austin	SHP	59.92 AAC
	29.02	59.92	
2	Apolinario, Kevin	SI	1:00.27 CCS
	28.12	1:00.27	
3	Flores-Maxfield,	SHP	1:01.26 CCS
	29.43	1:01.26	
4	Sonu, James	BCP	1:02.35 CCS
	29.57	1:02.35	
5	Sims, John	SERRA	1:02.70 CCS
	29.05	1:02.70	
6	Chhokar, Aaron	SERRA	1:03.17 CCS
	29.72	1:03.17	
7	Liu, Mark	VC	1:03.94 CCS
	30.17	1:03.94	
8	Wall, Danny	BCP	1:04.40 CCS
	30.30	1:04.40	
*9	Fronczak, Sean	SF	1:04.69 CCS
	30.82	1:04.69	
*9	Gustaveson, Thom	AMHS	1:04.69 CCS
	30.29	1:04.69	
11	Lee, Nico	SI	1:04.90 CCS
	30.12	1:04.90	
12	Child, Andrew	SHP	1:05.77 CCS
	30.64	1:05.77	
13	Strawbridge, Andr	BCP	1:05.78 CCS
	30.73	1:05.78	
14	Walsh, Cameron	17	SI 1:06.01
	31.26	1:06.01	
15	Song, Steven	BCP	1:06.57
	31.59	1:06.57	
16	Zhao, Kevin	SF	1:06.85
	31.42	1:06.85	
17	Kikuta, Nikolas	VC	1:07.68
	31.79	1:07.68	
18	Smith, Tommy	SF	1:07.71
	32.35	1:07.71	
19	Bernosky, Devin	AMHS	1:08.42
	31.87	1:08.42	
20	Soghoyan, Greg	AMHS	1:08.97

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	31.82	1:08.97		
21 Kim, Evan	SI		1:12.08	
	33.11	1:12.08		
22 Marymee, Tim	SERRA		1:12.34	
	33.24	1:12.34		
23 Langdon, Jonathan	VC		1:12.70	
	33.91	1:12.70		
24 Gericke, AJ	BCP		1:13.29	
	34.14	1:13.29		
25 Hosking, Douglas	SHP		1:13.43	
	34.05	1:13.43		
26 Mailloux-Beauche	SF		1:14.75	
	35.33	1:14.75		
27 Tuttle, Nick	BCP		1:15.79	
	35.56	1:15.79		
28 Dean, Michael	AMHS		1:17.41	
	36.66	1:17.41		
29 Stephenson, Ryan	VC		1:17.95	
	36.19	1:17.95		
30 Ho, Jayson	SHP		1:18.96	
	36.92	1:18.96		
31 Leung, Brandon	SHCP		1:28.75	
	43.76	1:28.75		
---- Parsons, Jeff	BCP		X1:07.31	
	31.12	1:07.31		
---- Bedell, James	BCP		X1:07.60	
	30.96	1:07.60		
---- Urich, Will	SERRA		SCR	
---- McKay, Shawn	AMHS		SCR	

#45 Girls 400 Yard Free Relay Junior Varsity
VCAL Record:3:56.41 * 2005 St. Ignatius College
. Roddy, M Herrerias, S Lohrey, R Dayao

3:35.51 AAA
3:38.84 AAC
4:02.89 CCS

Team	Relay	Finals Time	
1 SI	A	3:58.30	CCS
		Neagle, Mia	Summa, Madeline
		Lee, Letticia	Castro-Abrams, Elizabe
		28.60 1:00.36	1:29.40 1:59.76
		2:28.82 3:00.26	3:28.34 3:58.30
2 SF	A	3:58.61	CCS
		Brandl, Kathleen	Fuselier, Claire
		Wessbecher, Kirsten	Dinis, Chelsea
		29.45 1:00.72	1:30.30 2:03.59
		2:30.80 3:01.26	3:28.48 3:58.61

#45 Girls 400 Yard Free Relay Junior Varsity)

3 AMHS	A	4:03.52	32.0
		Baum, Natalie	McComas, Kim
		Keane, Delaney	Kearney, Christina
		29.31 1:00.59	1:29.26 1:59.99
		2:29.69 3:02.17	3:31.20 4:03.52
4 PRES	A	4:09.03	30.0
		Refy, Monica	Dewitt, Lauren
		Nguyen, Joyce	Simard, Christina
		30.22 1:02.45	1:32.08 2:04.07
		2:33.11 3:06.00	3:36.16 4:09.03
5 SHP	A	4:09.82	28.0
		Child, Laura	Hunter, Grace

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	Ebner, Sarah		Smith, Heather	
	28.74	59.63	1:30.49	2:06.16
	2:36.06	3:09.00	3:37.54	4:09.82
6 VC		A	4:29.67	26.0
	Roland, Kelsey		Madsen, Megan	
	McDonald, Kelsi		Benanti, Alex	
	32.26	1:09.48	1:40.21	2:14.80
	2:46.55	3:22.86	3:54.77	4:29.67
7 NDB		A	4:29.71	24.0
	Inglis, Taryn		Perez, Jessica	
	Labat, Daniella		Felise, Malia	
	32.23	1:05.84	1:39.23	2:16.91
	2:50.56	3:26.80	3:55.65	4:29.71
1--- SF		B	X4:08.75	
	30.04	1:03.45	1:34.02	2:07.31
	2:36.34	3:07.84	3:36.88	4:08.75
1--- SI		B	X4:08.92	
	30.90	1:03.77	1:33.07	2:05.84
	2:35.65	3:07.97	3:37.29	4:08.92
1--- PRES		B	X4:09.94	
	30.15	1:03.29	1:33.39	2:05.86
	2:35.82	3:07.38	3:36.96	4:09.94
1--- NDB		B	X5:57.40	
	Gluck, Charisse		Koophai, Sheila	
			Boyle, Katie	
	39.68	1:29.65	2:22.05	3:18.77
	3:58.63	4:41.62	5:17.03	5:57.40
1--- VC		B	XNS	
1--- SHP		B	XNS	

46 Boys 400 Yard Free Relay Frosh-Soph
VCAL Record:3:19.18* 2004 Bellarmine College P
MacDonell, T Smith, K Schmidt, N Buonfiglio

3:13.30 AAA
3:15.74 AAC
3:38.99 CCS

Team	Relay	Finals Time
1 BCP	A	3:31.35 CCS
	Teraoka, Ian	Hanson, Teddy
	Singer, Daniel	Semplinski, Alex
	25.80	53.63
	1:18.14	1:45.42
	2:10.85	2:37.58
	3:02.56	3:31.35
2 SHP	A	3:39.16 34.0
	Whittam, Alex	MacGregor, Robert
	Straube, Zack	Villeneuve, Grant
	26.20	54.37
	1:20.27	1:48.95
	2:16.00	2:45.42
	3:10.69	3:39.16
3 SF	A	3:48.20 32.0
	Olson, Peter	Bunzel, Lucas
	Goodenough, Matthew	Foster, Jack
	27.20	57.91
	1:24.74	1:54.20
	2:22.49	2:54.77
	3:20.44	3:48.20
4 AMHS	A	3:51.60 30.0
	Coglitore, Justin	Baldwin, Michael
	Wang, Nova	Callas, Will
	25.45	52.68
	1:18.94	1:48.17
	2:17.98	2:50.96
	3:19.23	3:51.60
5 SERRA	A	4:04.10 28.0
	Gordon, Erik	Newkirk, Remington
	Arms, Steven	Chierici, Zach
	29.23	1:01.77
	1:30.00	2:01.93
	2:33.11	3:07.21
	3:33.60	4:04.10

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

6 VC	A	4:07.63	26.0
Zellner, Tom	Corrales, Jeremy		
Herbert, Ian	Nguyen, Jonathan		
28.79	1:00.95	1:31.08	2:03.93
2:34.43	3:07.36	3:35.38	4:07.63
7 SI	A	4:14.02	24.0
Brown, Ryan	Fangon, Joseph		
Crossley, Jon	Lin, Winston		
28.52	1:00.66	1:30.66	2:04.47
2:37.02	3:14.58	3:41.96	4:14.02
1--- BCP	B	X3:36.49	CCS
25.07	53.12	1:18.99	1:46.91
2:12.43	2:40.70	3:07.36	3:36.49
1--- SHP	B	X4:00.99	
29.87	1:03.24	1:32.86	2:04.87
2:32.67	3:04.64	3:31.69	4:00.99
1--- SF	B	X4:12.50	
29.23	1:02.18	1:32.55	2:06.53
2:36.70	3:11.12	3:39.56	4:12.50
1--- AMHS	B	X4:18.97	
30.54	1:04.44	1:35.55	2:10.99
2:41.75	3:14.08	3:44.34	4:18.97
1--- VC	B	X5:02.81	
31.89	1:08.63	1:47.63	2:31.60
3:09.47	3:51.01	4:10.64	5:02.81
1--- SERRA	B	XNS	

47 Girls 400 Yard Free Relay Varsity
VCAL Record:3:32.29 * 2004 Archbishop Mitty Hi
1 Liu, M Liu, D Isaacs, S Simonds
3:35.51 AAA
3:38.84 AAC
4:02.89 CCS

Team	Relay	Finals Time
1 AMHS	A	3:32.78 AAA
Delisle, Laurence	Cisar, Jamie	
Garcia, Monica	Wei, Stephanie	
25.73	52.68	1:18.41 1:46.02
2:11.70	2:39.60	3:05.14 3:32.78
2 SF	A	3:38.57 AAC
Pichay, Victoria	Gilley, Paige	
Gunderson, Jenna	Smith, Olivia	
26.57	55.16	1:21.94 1:50.25
2:17.29	2:46.49	3:11.43 3:38.57
3 PRES	A	3:39.01 CCS
Gong, Danielle	Takaki, Maddie	
Oreglia, Kelley	Still, Julia	
25.58	52.53	1:18.38 1:46.61
2:14.15	2:43.01	3:09.82 3:39.01
4 SHP	A	3:42.67 CCS
Menon, Pallavi	Culpan, Kim	
Clark, KK	Howard, Katie	
27.49	56.21	1:23.00 1:52.48
2:19.24	2:48.35	3:14.19 3:42.67
5 SI	A	3:48.13 CCS
Leung, Megan	Campbell, MacKenzie	
Ryan, Mallory	Padilla, Lauren	
26.94	56.28	1:24.31 1:54.51
2:21.77	2:51.90	3:18.89 3:48.13
6 VC	A	3:53.28 CCS
Coetsee, Ciki	Cutler, Lauren	
Power, Kellan	Anderson, Grace	

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

	26.76	55.62	1:22.87	1:52.87
	2:22.61	2:55.48	3:22.68	3:53.28
7 NDB		A	4:24.68	24.0
	Hermansen, Wendy 11		Nielsen, Megan 12	
	Panagiotides, Athina 11		Thayer, Brittany 12	
	31.99	1:07.68	1:39.07	2:14.39
	2:45.80	3:20.21	3:50.66	4:24.68
8 SHCP		A	4:41.30	22.0
	Mah, Kimberly		Gee, Melinda	
	Delara, Stephanie		But, Lillian	
	34.17	1:11.81	1:45.20	2:21.65
	2:52.46	3:27.91	4:01.35	4:41.30
SI		B	X3:54.84	CCS
	27.76	58.00	1:26.19	1:57.70
	2:26.63	2:58.87	3:25.60	3:54.84
VC		B	X3:58.04	CCS
	29.23	1:01.32	1:28.83	1:59.15
	2:27.68	2:59.19	3:27.50	3:58.04
SF		B	X3:59.36	CCS
	28.70	58.46	1:26.65	1:57.15
	2:26.38	2:57.98	3:27.19	3:59.36

#47 Girls 400 Yard Free Relay Varsity)

PRES		B	X4:00.65	CCS
	28.72	59.70	1:28.39	2:00.12
	2:28.37	2:57.94	3:14.26	4:00.65
NDB		B	X4:39.05	
	Chao, Melissa 10		Camrick, Beth 9	
	Scheierling, Suzie 11		Roberts, Katie 11	
	31.87	1:07.38	1:25.28	2:19.61
	2:51.33	3:27.75	4:00.23	4:39.05
SHCP		B	X5:15.18	
	34.06	1:13.65	1:52.87	2:35.86
	3:14.47	3:58.06	4:33.90	5:15.18
SHP		B	XDQ	
	Early take-off swimmer #3			
	28.39	59.35	1:16.10	2:06.04
	2:37.28	3:11.49	3:27.54	DQ

#48 Boys 400 Yard Free Relay Varsity
 VCAL Record:3:11.49 * 2006 Sacred Heart Prep
 Navarro, K Flores-Maxfield, R Ang, A Stahley

3:13.30 AAA
 3:15.74 AAC
 3:38.99 CCS

Team	Relay	Finals Time
1 SHP	A	3:12.39 AAA
	Navarro, Alex Rudolph, Paul	
	Flores-Maxfield, Kamer Stahley, Austin	
	24.32	49.59 1:12.54 1:37.93
	2:01.31	2:26.36 2:47.64 3:12.39
2 BCP	A	3:13.02 AAA
	Shilling, Brandon Talbott, Patrick	
	Garcia, Ryan Smith, Taylor	
	23.43	47.83 1:11.29 1:36.27
	2:00.10	2:25.91 2:48.43 3:13.02
3 SERRA	A	3:24.38 CCS
	Otto, Masa Poggetti, Nick	
	Zakula, Nick Velasquez, Nico	
	24.35	50.48 1:14.01 1:39.93
	2:04.14	2:31.47 2:56.57 3:24.38

USAS version 2007 WCAL Swimming & Diving Cham - 5/10/2007 to 5/12/2007

Results

4 SF	A	3:31.11	CCS
Olson, Michael		Guslani, Ryan	
Murray, Shane		Kuo, David	
25.26	51.98	1:17.84	1:47.10
2:12.14	2:39.67	3:04.19	3:31.11
5 AMHS	A	3:34.37	CCS
Raisch, Mitchell		Del Rio, Joey	
D'Arienzo, CJ		Hofstetter, Doug	
25.44	53.74	1:18.40	1:46.60
2:11.71	2:41.03	3:06.17	3:34.37
1---- BCP	B	X3:25.13	CCS
24.50	51.23	1:15.96	1:42.31
2:06.54	2:33.66	2:57.79	3:25.13
1---- SF	B	X3:34.00	CCS
24.73	51.98	1:17.62	1:45.33
2:10.49	2:40.22	3:05.41	3:34.00
1---- SI	B	X3:35.22	CCS
25.26	51.97	1:17.30	1:44.95
2:11.03	2:40.35	3:06.25	3:35.22
1---- SHP	B	X3:37.29	CCS
25.66	53.20	1:19.48	1:47.35
2:13.75	2:42.34	3:08.22	3:37.29
1---- VC	B	X3:39.88	
26.01	54.40	1:20.85	1:49.60
2:15.37	2:44.51	3:10.86	3:39.88
1---- AMHS	B	X3:49.34	
Glass, Ken		Dean, Michael	
Lopiccolo, Adam		Kirmse, Matt	
26.59	54.82	1:21.63	1:52.61
2:21.53	2:52.79	3:20.13	3:49.34
1---- SERRA	B	X3:51.27	
26.46	55.09	1:22.18	1:52.52
2:18.91	2:49.08	3:18.57	3:51.27
1---- VC	A	DQ	
Fleming, Shayne		Higgenbotham, Alex	
Tan, Daniel		Parizi, Kevin	
23.42	47.57	1:11.42	1:37.22
2:01.75	2:27.95	2:52.13	DQ
1---- SHCP	A	DQ	
Finish in wrong lane			
Leung, Brandon		Mah, Jonathan	
Cuvin, Michael		Swingle, Seigi	
33.27	1:09.90	1:43.83	2:25.10
2:58.07	3:34.49	4:03.59	DQ
1---- SI	A	DQ	
Mosccone, Dillon		Kranenburg, Pieter	
Nicholas, Denzel		Leese, Hunter	
24.79	51.34	1:15.32	1:42.61
2:06.75	2:33.99	2:57.90	DQ

Vomen - Varsity - Team Rankings - Through Event

1. St. Ignatius College Prep.	452
2. Archbishop Mitty	439
3. St. Francis High School	337
4. Presentation High School	243
5. Valley Christian	229
6. Sacred Heart Prep.	207
7. Notre Dame Belmont	91
8. Sacred Heart Cathedral Prep	76

Results

Women - Junior Varsity - Team Rankings - Throug

1. St. Ignatius College Prep.	459
2. Presentation High School	402
3. St. Francis High School	382
4. Archbishop Mitty	357.5
5. Sacred Heart Prep.	220.5
6. Valley Christian	83
7. Notre Dame Belmont	81