

2008 PACIFIC SWIMMING TIME STANDARDS

13-14 GIRLS SHORT COURSE YARDS

DISTANCE & STROKE	B	BB	A	AA	AAA	PRT	AAAA
50 Free	33.39	30.99	28.69	27.49	26.29	25.29	25.09
100 Free	1:12.59	1:07.39	1:02.19	59.59	57.09	54.69	54.49
200 Free	2:36.59	2:25.39	2:14.19	2:08.59	2:02.99	1:59.19	1:57.49
500 Free	6:51.79	6:22.39	5:52.99	5:38.29	5:23.49	5:15.79	5:08.79
1000 Free	14:08.89	13:08.29	12:07.59	11:37.29	11:06.99	11:02.69	10:36.69
1650 Free	23:34.19	21:53.19	20:12.19	19:21.69	18:31.19	18:41.89	17:40.69
100 Back	1:20.19	1:14.39	1:08.69	1:05.89	1:02.99	1:01.79	1:00.09
200 Back	2:51.79	2:39.59	2:27.29	2:21.19	2:14.99	2:13.19	2:08.89
100 Breast	1:30.99	1:24.49	1:17.99	1:14.79	1:11.49	1:09.69	1:08.29
200 Breast	3:15.99	3:01.99	2:47.99	2:40.99	2:33.99	2:30.39	2:26.99
100 Fly	1:19.39	1:13.79	1:08.09	1:05.29	1:02.39	1:00.89	59.59
200 Fly	2:53.39	2:40.99	2:28.59	2:22.39	2:16.29	2:15.99	2:10.09
200 IM	2:56.49	2:43.89	2:31.29	2:24.99	2:18.69	2:14.19	2:12.39
400 IM	6:12.89	5:46.19	5:19.59	5:06.29	4:52.99	4:44.29	4:39.69

13-14 GIRLS LONG COURSE METERS

DISTANCE & STROKE	B	BB	A	AA	AAA	PRT	AAAA
50 Free	38.19	35.49	32.79	31.39	30.09	28.99	28.69
100 Free	1:22.89	1:16.99	1:11.09	1:08.09	1:05.09	1:02.39	1:02.19
200 Free	2:57.99	2:45.29	2:32.59	2:26.19	2:19.89	2:15.29	2:13.49
400 Free	6:09.39	5:42.99	5:16.59	5:03.49	4:50.29	4:45.69	4:37.09
800 Free	12:35.99	11:41.99	10:47.99	10:20.99	9:53.99	9:59.39	9:26.99
1500 Free	24:06.39	22:23.09	20:39.79	19:48.09	18:56.49	19:06.29	18:04.79
100 Back	1:33.49	1:26.79	1:20.09	1:16.79	1:13.49	1:12.79	1:10.09
200 Back	3:19.99	3:05.69	2:51.39	2:44.29	2:37.19	2:35.89	2:29.99
100 Breast	1:43.99	1:36.59	1:29.09	1:25.39	1:21.69	1:21.69	1:17.99
200 Breast	3:43.99	3:27.99	3:11.99	3:03.99	2:55.99	2:54.79	2:47.99
100 Fly	1:30.19	1:23.69	1:17.29	1:14.09	1:10.79	1:09.79	1:07.59
200 Fly	3:17.69	3:03.59	2:49.49	2:42.39	2:35.39	2:39.19	2:28.29
200 IM	3:21.09	3:06.79	2:52.39	2:45.19	2:37.99	2:34.49	2:30.89
400 IM	7:02.69	6:32.49	6:02.29	5:47.19	5:32.09	5:28.59	5:16.99