

Douglas Dolphin Swim Team's
Autumn Freeze Swim Meet
September 28th, 29th, & 30th, 2007

Enter online at: <http://swimconnection.com/pc/meet/ddst>

- Sanction: Held under USA/Pacific Swimming Sanction No.: **1347**
- Location: Carson Valley Swim Center, 1600 Highway 88, Minden, NV 89423.
Directions to the pool: HWY 395 South from Carson City, right turn on HWY 88, one block on right (just past the high school.).
- Course: Outdoor Pool, 8 Lanes and 25-yard course with warm-up and warm-down area.
- Time: Warm-ups on Friday evening will begin at 3:45 PM and run to 4:45 PM. The Friday evening session will begin promptly at 5:00 PM. Saturday and Sunday morning session warm-ups for the 11-up age group will begin at 7:15 AM to 8:15 AM with the meet beginning at 8:30 AM. Saturday and Sunday afternoon session warm-ups for the 10-un age group will start no sooner than 11:00 AM with the meet beginning no sooner than 12:00 PM.
- Rules: Current USA Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course desk. All the events are timed finals. **Swimmers may compete in 2 individual events on Friday and 5 individual events on Saturday or Sunday but cannot exceed 10 events for the meet. Swimmers entered in the 500 Free must provide their own counters and the 1000 Free must supply their own counters and timers. These events will be swum fastest to slowest alternating girl and boy heats. The 1000 Free (events 25 & 26) is limited to the fastest 24 entries checked-in. Swimmers with seed times slower than the fastest 24 eligible seed times in the 1000 Free will be refunded.** All coaches and deck officials must wear their USA-S membership cards in a visible manner. If local conditions warrant the meet referee in concurrence with the meet director may require a scratch down and an immediate cash refund will be made. All swimmers 12 & under should complete competition within 4 hours.
- ENTRIES WILL BE LIMITED TO THE FIRST 450 SWIMMERS** or when the meet estimated time line exceeds the Four Hour Rule per Age Group and Gender.
- Restrictions: Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas and in all areas used by swimmers during the meet and warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Use of cell phones is prohibited in the locker rooms. **NO ANIMALS ARE ALLOWED ON THE PREMISES.**

- Eligibility: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. This meet is open to qualified members of USA-S. Swimmers over the age of 18 may participate in open or 13 & over events but may not receive awards or score points. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations or entry times and seeding per Pacific Swimming Policy.**
- Check-in: The meet will be deck seeded. Athletes must check in with the Clerk of Course. Close of check in for all events shall be no more than 30 minutes before the estimated start of the first heat of the event.
- Scratches: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the referee accepts proof of illness, injury, or other circumstances beyond the control of the swimmer.
- Entries: **TWO OPTIONS FOR MEET ENTRY**
- Option 1: Online Meet Entries:**
Enter at: <http://swimconnection.com/pc/meet/ddst> by Wednesday, **Sept 19th, 2007** to receive immediate confirmation of acceptance. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.
- Option 2: Surface Mail Entries:**
Entries must on attached Consolidated Entry Card. Entry cards must be completely filled out including best short course times for each event. Entered times must be submitted in yards. **“No times” will be accepted. Entries should be postmarked no later than Monday, Sept. 17th, 2007 and mailed to:**

Douglas Dolphin Swim Team
c/o Joe Stubnar
1406 Aldersgate Ct.
Gardnerville, NV 89410

Or hand delivered to the DDST entry box at the Carson Valley Swim Center by 5:00 PM, Wednesday, Sept 19th, 2007. NO LATE ENTRIES WILL BE ACCEPTED, NO DECK ENTRIES WILL BE ALLOWED. Except for mandatory scratch downs and those swimmers that exceed the fastest 24 swimmers eligibility limit for the 1000 Free event, no refunds will be made.

Make checks payable to: Douglas Dolphin Swim Team or DDST

Entry Fee: \$2.25 per event plus a \$5.00 swimmer participation fee per swimmer to help cover meet expenses.

Admission: Free. A three-day program will be available for purchase.

Awards: Ribbons 1st – 8th place in each event
8-un events will be awarded 6-un, 7-8
11-up events will be awarded 11-12, 13-14 and 15-18
13-up events will be awarded 13-14, 15-18

Hospitality: Limited hospitality will be offered to officials, coaches and timers.

Snack Bar: There will be a well-stocked snack bar for food service.

Parking: No parking on Highway 88 or along red or yellow curbs. Blue Zones in front of the pool are for handicapped parking only. Overflow parking is available in the high school parking lot north of the meet venue.

Officials: Referee: Gale Maynor Starter: Jim Morefield
Meet Director: Lorna Johnston Meet Marshal: Rick Ansel
LDJohnston@clearwire.net
(775)782-2382

Schedule of Events

G	B	Age Group	Event
<u>Friday, September 28, 2007</u>			
1	2	11-up	500 Free
3	4	9-10	200 IM
5	6	11-up	400 IM
7	8	11-up	1000 Free*
<u>Saturday, September 29, 2007</u>			
Morning Session			
11-up Swimmers			
9	10	11-12	100 IM
11	12	13-up	200 Free
13	14	11-12	200 Free
15	16	13-up	100 Back
17	18	11-12	100 Back
19	20	13-up	200 Breast
21	22	11-12	50 Breast
23	24	13-up	100 Fly
25	26	11-12	100 Fly
27	28	13-up	50 Free
29	30	11-12	50 Free
Afternoon Session			
10-under Swimmers			
31	32	9-10	100 IM
33	34	8-un	100 IM
35	36	9-10	50 Back
37	38	8-un	50 Back
39	40	9-10	100 Breast
41	42	8-un	25 Breast
43	44	9-10	50 Fly
45	46	8-un	50 Fly
47	48	9-10	100 Free
49	50	8-un	25 Free

*Limited to the fastest 24 swimmers checked-in for each of this event. Swimmers with seed times slower than the fastest 24 eligible seed times will be refunded.

Schedule of Events

G	B	Age Group	Event
<u>Sunday, September 30, 2007</u>			
Morning Session			
11-up Swimmers			
51	52	13-up	200 IM
53	54	11-12	200 IM
55	56	13-up	200 Back
57	58	11-12	50 Back
59	60	13-up	100 Free
61	62	11-12	100 Free
63	64	13-up	200 Fly
65	66	11-12	50 Fly
67	68	13-up	100 Breast
69	70	11-12	100 Breast
Afternoon Session			
10-under Swimmers			
71	72	9-10	200 Free
73	74	8-un	100 Free
75	76	9-10	100 Back
77	78	8-un	25 Back
79	80	9-10	100 Fly
81	82	8-un	25 Fly
83	84	9-10	50 Breast
85	86	8-un	50 Breast
87	88	9-10	50 Free
89	90	8-un	50 Free

Event Summary by Age Group

	<u>8&un</u>	<u>9-10</u>	<u>11-12</u>	<u>13&up</u>
<u>Friday</u>			500 Free 400 IM 1000 Free	500 Free 400IM 1000 Free
<u>Saturday</u>	100IM 50 Back 25 Breast 50 Fly 25 Free	100IM 50 Back 100 Breast 50 Fly 100 Free	100IM 200 Free 100 Back 50 Breast 100 Fly 50 Free	200 Free 100 Back 200 Breast 100 Fly 50 Free
<u>Sunday</u>	100 Free 25 Back 25 Fly 50 Breast 50 Free	200 Free 100 Back 100 Fly 50 Breast 50 Free	200 IM 50 Back 100 Free 50 Fly 100 Breast	200 IM 200 Back 100 Free 200 Fly 100 Breast

