

SAN JOSE AQUATICS
ZONE 1S SHORT COURSE C/B/A+ MEET
September 27-28, 2008

SANCTION: Held under USA/Pacific Swimming Sanction: **1038**

LOCATION: Gunderson High School, Chynoweth Avenue at Gaundabert Lane, San Jose, CA. From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right; pool is located at the back of the school.

COURSE: 25 yard x 50-meter outdoor, heated pool. Up to 16 competition lanes available, to be allocated based on number of entries received. A separate warm up/down pool is available.

TIME: Meet begins at 9:00 am each day. Warm-ups from 7:30 to 8:45 a.m. each day.

RULES: Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. Swimmers may compete in up to five (5) events per day. **All swimmers age 12 and under should complete competition within four (4) hours.** *Entries will be accepted until the number of splashed exceeds the estimated time line, per the Four Hour Rule, based on the swimmer's age and gender.* If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. The Open 1000 freestyle will be swum fastest to slowest alternating girls and boys. **The listed minimum "B" standard time is required for events 81/82, the 1000 Freestyle. Swimmers competing in the 1000 Free must provide their own lap counters and timers. Swimmers competing in the 500 Free must provide their own lap counters.** All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

RESTRICTIONS: Only coaches EZ-up's will be allowed on the competition deck. Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Glass containers, sale and use of alcoholic beverages is prohibited in all areas of the meet venue.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **Swimmers in the "A" Division must have met at least the listed "A" time standard. Swimmers in the "B" Division must have met**

at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Head Referee regarding special accommodations on the entry times and seeding per Pacific Swimming policy. Swimmers 19 years of age and over may participate in 13/over and open events but may not receive awards or score points. Such swimmers must have met the 17/18 time standards.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course each day. Swimmers in the first four events each day must check-in no later than 8:30 a.m. Check-in for the remaining events will close no more than 30 minutes prior to the estimated start of the first heat of each event. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked-in for an individual event and fails to swim that event (No Show) will be barred from competing in the next individual event in which the swimmer is entered in the meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

OFFICIALS: *Meet Director:* Andy King 408-227-5884
Referee: Brian Malick *Head Starter:* Darwin Takaki
Head Meet Marshal: Sue Sherrin

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked Monday, SEPTEMBER 8, 2008 or entered online by 11:59 p.m. Monday, SEPTEMBER 8, 2008 will be given priority acceptance. All entries from Zone 1 South (Z1S), all other Pacific LSC Zones and other LSC's either postmarked by midnight Monday, September 15, entered online by 11:59 p.m. Thursday, September 18, 2008 or hand delivered by 6:30 p.m. Thursday, September 18, 2008 will be considered in the order that they were received.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with best short course time for each event. Entered times must be submitted in yards. **Entries with "NO TIME" will be rejected.** All entries postmarked by midnight Monday, September 15, 2008 or hand delivered to the Gunderson High School Aquatic Center Pool Office by 6:30 p.m. Thursday, September 18, 2008 will be considered in the order that they were received.

Requests for confirmation of receipt of entries should include a self-addressed envelope.

ENTRY FEES: \$2.25 per event, \$5.00 participation fee per swimmer. **NO REFUNDS EXCEPT FOR MANDATORY SCRATCH DOWNS.** Entries will be rejected without payment.

Make check payable to: SJA and mail with entries to:

Andy King
PO BOX 1288
Morgan Hill, Ca 95038-1288

ONLINE ENTRIES: You may enter this meet online or by U.S. Mail. **On Line entries will close Thursday, September 18, 2008 at 11:59 PM.**

Enter at: <http://swimconnection.com/pc/meet/sja> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming. The" billing information" email should be brought to the meet as proof of entry.**

AWARDS: One set of awards will be given for 1st through 8th place in the OPEN 1000 Freestyle events. Awards for Age Group events will be given for 1st through 8th place for each age group in each of the three Divisions ("C", "B", & "A+").

ADMISSION: Free. A two-day program will be available for 4.00.

REFRESHMENTS: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch and hospitality.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

NO PARKING IS ALLOWED EXCEPT IN DESIGNATED PARKING AREAS!!!!!!

POLICE OFFICERS WILL BE ON HAND TO TICKET AND/TOW PARKING VIOLATORS!

PLEASE COOPERATE WITH SAN JOSE AQUATICS MARSHALS AS WELL AS THE POLICE OFFICERS FOR THE SAFETY OF ALL PARTICIPANTS AND SWIMMERS.

Saturday, September 27, 2008

Event No.		Age Group	Event	Girls "B"	Girls "A"	Boys "B"	Boys "A"
Girls	Boys						
1	2	8-Un	100 IM	2:09.99	1:49.29	2:09.99	1:45.09
3	4	13-14	200 Back	2:51.79	2:27.29	2:42.79	2:19.49
		15-16	200 Back	2:50.19	2:25.89	2:34.79	2:12.69
		17-18	200 Back	2:47.89	2:23.89	2:30.59	2:09.09
5	6	11-12	50 Free	34.59	29.79	33.39	28.59
7	8	10-Un	50 Free	40.09	32.39	39.19	31.89
9	10	8-Un	25 Back	27.99	23.19	27.99	22.69
11	12	13-14	200 Free	2:36.59	2:14.19	2:26.79	2:05.79
		15-16	200 Free	2:33.39	2:11.49	2:20.89	2:00.79
		17-18	200 Free	2:32.29	2:10.59	2:17.99	1:58.29
13	14	11-12	200 Free	2:43.49	2:20.19	2:39.39	2:16.59
15	16	10-Un	100 Free	1:31.89	1:12.29	1:29.19	1:10.79
17	18	8-Un	50 Free	51.99	42.99	51.99	40.89
19	20	13-14	200 IM	2:56.49	2:31.29	2:45.49	2:21.89
		15-16	200 IM	2:53.09	2:28.39	2:38.29	2:15.69
		17-18	200 IM	2:51.49	2:26.99	2:34.59	2:12.49
21	22	11-12	200 IM	3:04.99	2:38.59	3:03.49	2:35.89
23	24	10-Un	50 Back	48.89	38.19	49.29	38.39
25	26	8-Un	25 Fly	26.99	21.59	26.99	20.49
27	28	13-14	200 Breast	3:15.99	2:47.99	3:02.39	2:36.29
		15-16	200 Breast	3:12.09	2:44.69	2:55.09	2:30.09
		17-18	200 Breast	3:12.29	2:44.79	2:52.19	2:27.59
29	30	11-12	200 Breast	3:27.29	2:57.69	3:21.79	2:52.99
31	32	10-Un	100 Breast	1:59.99	1:33.39	1:56.79	1:32.69
33	34	8-Un	25 Breast	29.99	24.79	29.99	24.29
35	36	13-14	500 Free	6:51.79	5:52.99	6:35.99	5:39.39
		15-16	500 Free	6:46.39	5:48.39	6:19.39	5:25.29
		17-18	500 Free	6:43.89	5:46.19	6:10.59	5:17.69
37	38	11-12	500 Free	7:10.79	6:09.29	7:05.49	6:04.69
39	40	10-Un	500 Free	8:30.49	6:48.39	8:25.79	6:44.59

SATURDAY EVENT SUMMARY

<u>8-Un</u>	<u>10-Un</u>	<u>11-12</u>	<u>13 & Up</u>
100 IM	50 Free	50 Free	200 Back
25 Back	100 Free	200 Free	200 Free
50 Free	50 Back	200 IM	200 IM
25 Fly	100 Breast	200 Breast	200 Breast
25 Breast	500 Free	500 Free	500 Free

Sunday, September 28, 2008

Event No.		Age Group	Event	Girls "B"	Girls "A"	Boys "B"	Boys "A"
Girls	Boys						
41	42	13-14	400 IM	6:12.89	5:19.59	5:52.79	5:02.39
		15-16	400 IM	6:06.49	5:14.09	5:37.29	4:49.09
		17-18	400 IM	6:04.39	5:12.29	5:30.29	4:43.09
43	44	11-12	100 IM	1:26.49	1:14.09	1:24.39	1:12.19
45	46	10-Un	200 IM	3:42.69	2:55.99	3:40.89	2:55.29
47	48	8-Un	25 Free	23.49	19.49	23.49	18.39
49	50	13-14	100 Free	1:12.59	1:02.19	1:07.69	57.99
		15-16	100 Free	1:11.29	1:01.09	1:04.59	55.39
		17-18	100 Free	1:10.89	1:00.79	1:03.39	54.29
51	52	11-12	50 Fly	38.09	32.69	38.59	32.39
53	54	10-Un	50 fly	48.79	37.29	47.29	36.69
55	56	8-Un	100 Free	1:54.59	1:35.29	1:51.59	1:28.99
57	58	13-14	100 Breast	1:30.99	1:17.99	1:24.39	1:12.29
		15-16	100 Breast	1:29.09	1:16.39	1:20.69	1:09.19
		17-18	100 Breast	1:29.09	1:16.39	1:18.79	1:07.59
59	60	11-12	50 Back	39.99	34.29	39.79	33.69
61	62	10-Un	100 Back	1:45.69	1:22.19	1:43.29	1:21.69
63	64	8-Un	50 Back	59.99	51.59	59.99	50.49
65	66	13-14	100 Back	1:20.19	1:08.69	1:15.69	1:04.89
		15-16	100 Back	1:18.99	1:07.69	1:11.49	1:01.29
		17-18	100 Back	1:18.19	1:06.99	1:09.99	59.99
67	68	11-12	100 Breast	1:36.39	1:22.19	1:35.69	1:21.09
69	70	10-Un	50 Breast	53.59	41.99	53.89	42.49
71	72	8-Un	50 Breast	1:04.99	55.29	1:04.99	54.79
73	74	13-14	100 Fly	1:19.39	1:08.09	1:13.99	1:03.39
		15-16	100 Fly	1:17.99	1:06.89	1:10.59	1:00.49
		17-18	100 Fly	1:16.99	1:05.99	1:08.99	59.09
75	76	11-12	100 Fly	1:27.59	1:13.59	1:26.39	1:12.19
77	78	10-Un	100 IM	1:45.69	1:23.19	1:41.59	1:21.29
79	80	8-Un	50 Fly	59.99	52.59	59.99	52.09
81	82	OPEN	1000 Free	14:08.89	*	13:38.39	*

*** Open events will be limited to those swimmers who have an entry time equal to or faster than the event's listed seed time.**

SUNDAY EVENT SUMMARY

8-Un	10-Un	11-12	13 & Up	OPEN
25 Free	200 IM	100 IM	400 IM	1000 Free
100 Free	50 Fly	50 Fly	100 Free	
50 Back	100 Back	50 Back	100 Breast	
50 Breast	50 Breast	100 Breast	100 Back	
50 Fly	100 IM	100 Fly	100 Fy	

