

HUMBOLDT SWIM CLUB
Home Meet Away From Home
ZONE 3 SHORT COURSE C/B/A+
Sept 18th - 19th, 2010

Fred Endert Pool, Crescent City, CA

Enter online at: <https://ome.swimconnection.com/pc/hsc20100918>

SANCTION: Held under USA/Pacific Swimming Sanction # **10-122**

LOCATION: Fred Endert Municipal Pool, 1000 Play Street, Crescent City CA 95531

COURSE: 25 yard heated indoor pool with up to 6 lanes for competition. Colorado Timing System with scoreboard may be used. The minimum water depth, measured in accordance with Article 103.2.3 is 10' 6" at the start end and 3' 6" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Saturday: the meet begins at 11:00 am with warm-ups from 9:30-10:45 am.
Sunday: the meet begins at 9:00 am with warm-ups from 7:30-8:45 am.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. All swimmers ages 12 and under should complete competition within 4 hours. Swimmers **may compete in up to 5 events per day**. At the discretion of the Meet Referee, the 500 Free (Saturday) and the 400 IM (Sunday) may be combined, swim fastest to slowest, and/or alternate girls and boys. All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner. Entries will be accepted until the number of splashes exceeds the estimated time line per the Four Hour Rule, based on swimmers' age and gender. If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down to 4 or fewer events per swimmer. Immediate refunds will be made for any mandatory scratches.

COACHES must sign in at the meet and present their registration card. Coaches listed on the "expired" list, or who are not on the "registered" list, will be asked by the meet referee to remove themselves from coaching swimmers on the deck.

UNACCOMPANIED SWIMMERS: Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to insure compliance with this requirement. Swimmers without coach supervision must contact the Meet Director or Meet Referee to be assigned to a coach on deck.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited in the meet venue defined as: on the pool deck, in the locker rooms, in the spectator seating or standing areas, and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Pets (assistance dogs excepted) and glass containers of any kind are not allowed anywhere in the meet venue. Due to the small pool deck there is minimal seating area on the pool deck.

ELIGIBILITY: Swimmers in the A division must have met the list PC-A time standards. Swimmers in the B division must have met the listed PC-B times standards and not have met the listed PC-A time standard. All entry times slower than the listed PC-B time standards will be in the C division.

Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as shown on their Registration Card. All swimmer registration will be checked against the SWIMS database. If a swimmer is not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee. Duplicate registrations will be refunded by mail. The meet is open to ALL USA-S registered athletes. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend this meet and should contact the Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy. Swimmers 19 years of age or older may participate in 13-over events but will not receive awards. Swimmers over 19 must have met the 17-18 times for the respective standards (PC-A, PC-B as described above).

No time entries will be accepted and will be seeded in the slowest heats.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk-of-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be allowed to compete in that event.

RELAYS: Relays will be deck entered and seeded on the day of the event. Relay entries will be due by the announced time(s); there is no limit per team. 100yd relay events will start the 2nd & 4th swimmers in the water. Events 33, 34, 69 & 70 are open to anyone aged 11 and over. The fee per relay entry is \$9.00, to be paid when the relay entry card is turned in.

ONLINE ENTRIES: You may enter this meet online or by mail. Enter at <https://ome.swimconnection.com/pc/hsc20100918> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of Entry Fees. Online entries will be accepted through **midnight Thursday Sept 9th, 2010**. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected in order to enter this meet.**

MAIL ENTRIES: Entries must be on a consolidated entry card (copies attached). Entry cards must be completely filled out including best short course time for each event. "NO TIME" entries will be accepted. Entries must be postmarked by midnight, **Monday, Sept 6th, 2010**, or hand delivered to **Susi Huschle; 1290 Lincoln Ave; Arcata, CA**, by **5 p.m. on Thursday, Sept 9th, 2010**. No late entries will be accepted. No refunds will be made.

ENTRY FEES: \$2.75 per individual event, \$5.00 participation fee per swimmer and \$9.00 per relay. Make checks payable to HUMBOLDT SWIM CLUB and mail with entries to:

**HUMBOLDT SWIM CLUB,
P.O. BOX 101,
BAYSIDE, CA. 95524**

AWARDS: Individual events: awards will be given for **1st through 6th place** for each division: “C”, “B” and “A+” for each of the following age groups: 6-under, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18. Events listed as “10-under”, “9-12”, “11 and over” and “13 and over” will be swum together, but awarded as per the age groups listed above. Relays will be awarded first through third. Relays will be awarded as 10 and under and 11-18. Awards will be ribbons. There are no awards for ages 19 and above. Awards will not be handed out to the swimmers but they will be bagged and given or mailed to the coaches at the end of the meet.

Swimmers achieving a new “A” time will receive an “A” medal for that event. Current Pac Swim “A” time standards are listed on the Pacific Swimming website and in the current Swim Guide.

SCORING: None.

ADMISSION: Free.

PROGRAM: Two-day program available for \$5.00.

HOSPITALITY/SNACK BAR: Snack bar available. Hospitality and lunch will be provided to all volunteers.

OFFICIALS:

Referee: Dennis Sturdevant

Starter: Carol Sturdevant

Head Marshal: Roxanne Moore

Meet Director: Susi Huschle

707-826-2766

email: mshuschle@sbcglobal.net

HUMBOLDT SWIM CLUB
ZONE 3 SHORT COURSE C/B/A+
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Host: Humboldt Swim Club

Saturday

Event Number			Time Standards					
Girls	Boys	Age Group	Event	Age	Girls B	Girls A	Boys B	Boys A
1	2	13-over	100 Free	13-14	1:15.89	1:08.79	1:10.79	1:04.29
				15-16	1:15.29	1:08.39	1:07.89	1:01.59
				17-18	1:16.29	1:09.19	1:07.09	1:00.79
3	4	9-12	100 Free	9-10	1:29.29	1:21.09	1:29.29	1:21.09
				11-12	1:18.89	1:11.59	1:17.99	1:10.79
5	6	8-under	50 Free	8-under	51.99	42.99	51.99	40.89
7	8	9-12	100 IM	9-10	1:42.59	1:33.19	1:42.59	1:33.19
				11-12	1:31.29	1:22.89	1:29.49	1:21.19
9	10	8-under	100 IM	8-under	2:09.99	1:49.29	2:09.99	1:45.09
11	12	13-over	100 Fly	13-14	1:25.69	1:17.19	1:20.69	1:13.19
				15-16	1:23.59	1:15.89	1:15.19	1:08.19
				17-18	1:25.29	1:17.39	1:15.99	1:08.89
13	14	8-under	25 Fly	8-under	26.99	21.59	26.99	20.49
15	16	9-12	50 Fly	9-10	45.99	41.69	45.49	41.19
				11-12	40.39	36.69	39.99	36.29
17	18	13-over	200 Breast	13-14	3:33.19	3:13.49	3:22.79	3:04.09
				15-16	3:31.99	3:12.39	3:15.99	2:57.89
				17-18	3:42.59	3:22.09	3:22.48	3:04.09
19	20	8-under	25 Breast	8-under	29.99	24.79	29.99	24.29
21	22	9-12	100 Breast	9-10	1:57.29	1:46.49	1:58.59	1:47.69
				11-12	1:43.39	1:33.89	1:42.59	1:33.19
23	24	13-over	100 Back	13-14	1:26.69	1:18.59	1:22.69	1:14.99
				15-16	1:27.99	1:19.79	1:19.99	1:12.59
				17-18	1:32.09	1:23.59	1:20.49	1:13.09
25	26	10-under	50 Back	8-under	59.99	51.59	59.99	50.49
				9-10	47.99	43.49	47.99	43.49
27	28	11-12	50 Back	11-12	42.69	38.69	42.69	38.69
29	30	13-over	200 IM	13-14	3:05.39	2:48.29	2:55.99	2:39.69
				15-16	3:03.99	2:46.99	2:48.79	2:33.19
				17-18	3:11.29	2:53.59	2:49.29	2:33.69
31	32	10-under	100 Med Relay	10-under				
33	34	11-over	200 Med Relay	11-over				
35	36	Open	500 Free	10-under	8:27.69	7:40.99	8:14.39	7:28.79
				11-12	7:42.69	6:59.99	7:41.99	6:59.39
				13-14	7:14.59	6:34.49	6:55.89	6:17.49
				15-16	7:09.19	6:29.59	6:48.19	6:10.49
				17-18	7:26.59	6:45.39	6:48.19	6:10.49

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Sunday

Event Number		Age Group	Event	Age	Time Standards			
Girls	Boys				Girls B	Girls A	Boys B	Boys A
37	38	13-over	200 Free	13-14	2:42.59	2:27.59	2:34.59	2:20.39
				15-16	2:42.59	2:27.59	2:27.99	2:14.29
				17-18	2:47.59	2:32.09	2:27.99	2:14.29
39	40	9-12	200 Free	9-10	3:17.29	2:59.09	3:15.89	2:57.89
				11-12	2:52.39	2:36.49	2:53.59	2:37.49
41	42	8-under	100 Free	8-under	1:54.59	1:35.29	1:51.59	1:28.99
43	44	13-over	100 Breast	13-14	1:37.19	1:28.19	1:31.99	1:23.49
				15-16	1:38.69	1:29.49	1:27.99	1:19.79
				17-18	1:43.99	1:34.39	1:29.29	1:21.09
45	46	11-12	50 Breast	11-12	47.99	43.59	46.69	42.29
47	48	10-under	50 Breast	8-under	1:04.99	55.29	1:04.99	54.79
				9-10	54.09	49.09	54.09	49.09
49	50	13-over	200 Fly	13-14	3:11.29	2:53.59	3:03.99	2:46.99
				15-16	3:08.59	2:51.19	2:54.59	2:38.49
				17-18	3:18.59	3:00.29	2:58.59	2:42.19
51	52	8-under	25 Back	8-under	27.99	23.19	27.99	22.69
53	54	9-12	100 Fly	9-10	1:45.29	1:35.59	1:47.99	1:37.99
				11-12	1:31.19	1:22.69	1:31.29	1:22.89
55	56	13-over	50 Free	13-14	35.09	31.79	32.79	29.79
				15-16	34.69	31.39	30.99	28.09
				17-18	35.59	32.29	30.99	28.09
57	58	9-12	50 Free	9-10	40.29	36.49	40.39	36.59
				11-12	36.29	32.89	35.99	32.69
59	60	8-under	25 Free	8-under	23.49	19.49	23.49	18.39
61	62	13-over	200 Back	13-14	3:06.39	2:49.09	2:59.99	2:43.39
				15-16	3:07.99	2:50.59	2:53.29	2:37.29
				17-18	3:22.59	3:03.89	3:03.39	2:46.49
63	64	8-under	50 Fly	8-under	59.99	52.59	59.99	52.09
65	66	9-12	100 Back	9-10	1:42.59	1:33.19	1:45.29	1:35.59
				11-12	1:31.99	1:23.49	1:31.99	1:23.49
68	68	10 -under	100 Free Relay	10-under				
69	70	11 -over	200 Free Relay	11-over				
71	72	13- over	400 IM	13-14	6:37.49	6:00.79	6:22.59	5:47.29
				15-16	6:34.59	5:58.19	6:11.89	5:37.59
				17-18	6:57.19	6:18.69	6:18.59	5:43.69

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**RECAP OF EVENTS
Saturday**

8-under	9-10	11-12	13-over
50 Free	100 Free	100 Free	100 Free
100 IM	100 IM	100 IM	100 Fly
25 Fly	50 Fly	50 Fly	200 Breast
25 Breast	100 Breast	100 Breast	100 Back
50 Back	50 Back	50 Back	200 IM
100 Med Relay	100 Med Relay	200 Med Relay	200 Med Relay
500 Free	500 Free	500 Free	500 Free

Sunday

8-under	9-10	11-12	13-over
100 Free	200 Free	200 Free	200 Free
50 Breast	50 Breast	50 Breast	100 Breast
25 Back	100 Fly	100 Fly	200 Fly
25 Free	50 Free	50 Free	50 Free
50 Fly	100 Back	100 Back	200 Back
100 Free Relay	100 Free Relay	200 Free Relay	200 Free Relay
			400 IM

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