

Santa Cruz County Aquatics - SCCA

ZONE 1 South SHORT COURSE C/B/A+ MEET

September 25th and 26th, 2010

SANCTION: Held under USA/Pacific Swimming Sanction No. **10-125**

1. **LOCATION:** **Simpkins Family Swim Center, 979 17th Ave. Santa Cruz, 95062**
From North bound Hwy 1: Soquel Ave Exit, turn right on the frontage road, Soquel Ave., turn right on 17th Ave and continue for about 1 mile.

COURSE: **Up to 8 lanes, 25 yards, outdoor heated pool. Warm up/down pool will be open during competition.** The minimum water depth, measured in accordance with Article 103.2.3, is 7' throughout the racing course. The competition course has been certified in accordance with Article 104.2.2C(4). The copy of the certification is on file with USA Swimming.

RACING STARTS: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

TIME: Meet begins at 9:00am ; warm-ups from 7:30am to 8:30am.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. **All swimmers ages 12 and Under should complete competition within four (4) hours.** Events are timed finals. Swimmers may compete in five events per day All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner. ***Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender.*** If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches. Swimmers entered in the 500 Freestyle must provide their own timers and lap counters.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. **ALSO SPECIFIC RESTRICTIONS SUCH AS NO GLASS, NO TENTS ETC. MAY BE LISTED**

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. All swimmer registration will be checked against the SWIMS database. If not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee. Duplicate registrations will be refunded by mail. Swimmers in the "A" Division must have met the listed "A" time standard.

Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

Swimmers over the age of 18 may participate in 13/over & 15/over events but may not receive awards or score points. Such swimmers must have met the 17/18 time standards

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be allowed to compete in the event.

OFFICIALS: Referee [Darwin Takaki](#) Starter [Mike Davis](#)
Meet Director [Judy Locke](#) zlockenest@aol.com
Head Meet Marshal [David Rosenthal \(831\) 454-8676](#)

ENTRIES: Entry Cards must be completely filled out including best short course time for each event. Entered times must be submitted in yards

Entries must be postmarked by midnight, Monday, September 13, 2010 to 501 Corcoran Ave., Santa Cruz, CA 95062 *Except* for mandatory scratches, no refunds will be made. No late entries will be accepted.

Optional: Online Meet Entries:

Enter at <http://ome.swimconnection.com/pc/scca20100925> to receive immediate confirmation of acceptance via email. ***No online entries after Wednesday, September 15, 2010** The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using vendor's secure site. The cost of using Online Meet Entries is **\$1.00** per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to SwimConnection LLC. Fees collected by the use of this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

ENTRY FEES: **\$2.75** per individual event entry. **\$5.00 participation fee per swimmer to help cover meet expenses.**

Make check payable to SCCA and mail with entries to:

Judy Locke 831 818 8708
501 Corcoran Ave, zlockenest@aol.com
Santa Cruz, CA 95062

AWARDS: **1st** through 6th place in each age division, C, B, and A will receive ribbons. The 13-18 age groups will be swum together but awarded separately as 13/14, 15/16, and 17/18. Awards must be picked up at the end of the meet on Sunday as they will not be mailed. **The coach or a designee shall be responsible for picking up each teams' awards at the end of the meet next to the clerk of course.**

ADMISSION: Free. 2 day program available for \$3.00

HOSPITALITY/SNACKBAR: There will be a full snack bar and BBQ available. Refreshments and lunch will be provided free to working officials and coaches.

MEET SUMMARY OF EVENTS

SATURDAY

SUNDAY

8 & UN	9-10	11-12	13-14	15-18	8 & UN	9-10	11-12	13-14	15-18
	500 Free*	100 Free	200 Free	500 Free*	25 Free	200 IM	200 IM	200 IM	200 Fly
100 Free	100 Free	100 Back	200 Back	100 Back	25 Breast	50 Breast	200 Fly	50 Free	200 IM
25 Back	100 Back	50 Free	100 Fly	100 Breast	25 Fly	50 Fly	50 Breast	100 Breast	50Free

**Swimmers entered in the 500 Freestyle races must provide their own timers and lap counters*

SCHEDULE OF EVENTS

Saturday , September 25, 2010

Girls	PC A	PC B	Age	Event	PC A	PC B	Boys
1	1:11.59	1:18.89	11/12	100 Free	1:10.79	1:17.99	2
3	2:27.59	2:42.59	13/14	200 Free	2:20.39	2:34.59	4
5	1:35.29	1:54.59	8/Un	100 Free	1:28.99	1:51.59	6
7	1:21.09	1:29.29	9-10	100 Free	1:21.09	1:29.29	8
9	1:23.49	1:31.99	11/12	100 Back	1:23.49	1:31.99	10
11	2:49.09	3:06.39	13/14	200 Back	2:43.39	2:59.99	12
13	1:19.79 1:23.59	1:27.99 1:32.09	15/16 17/18	100 Back	1:12.59 1:13.09	1:19.99 1:20.49	14
15	23.19	27.99	8/Un	25 Back	22.69	27.99	16
17	1:33.19	1:42.59	9/10	100 Back	1:35.59	1:45.29	18
19	:36.29	:32.89	11/12	50 Free	:35.99	:32.69	20
21	1:17.79	1:25.69	13/14	100 Fly	1:13.19	1:20.69	22
23	1:29.49 1:34.39	1:38.69 1:43.99	15/16 17/18	100 Breast	1:19.79 1:21.09	1:27.99 1:29.29	24
25	7:40.99	8:27.69	9/10	500 Free *	7:28.79	8:14.39	26
27	6:29.59 6:45.39	7:09.19 7:26.59	15/16 17/18	500 Free *	6:10.49 6:10.49	6:48.19 6:48.19	28

** 500 Free swimmers must provide their own timers and lap counters*

Sunday, September 26, 2010

Girls	PC A	PC B	Age	Event	PC A	PC B	Boys
29	3:22.09	3:42.59	9/10	200 IM	3:23.59	3:44.39	30
31	2:59.09	3:17.29	11/12	200 IM	2:59.09	3:17.29	32
33	2:48.29	3:05.39	13/14	200 IM	2:39.69	2:55.99	34
35	2:51.19 3:00.29	3:08.59 3:18.59	15/16 17/18	200 Fly	2:38.49 2:42.19	2:54.59 2:58.59	36
37	19.49	23.49	8/Un	25 Free	18.39	23.49	38
39	49.09	54.09	9/10	50 Breast	49.09	54.09	40
41	3:02.69	3:21.29	11/12	200 Fly	3:01.49	3:19.99	42
43	31.79	35.09	13/14	50 Free	29.79	32.79	44
45	2:46.99 2:53.59	3:03.99 3:11.29	15/16 17/18	200 IM	2:33.19 2:33.69	2:48.79 2:49.29	46
47	24.79	29.99	8/Un	25 Breast	24.29	29.99	48
49	41.69	45.99	9/10	50 Fly	41.19	45.49	50

51	43.59	47.99	11/12	50 Breast	42.29	46.69	52
53	1:28.19	1:37.19	13/14	100 Breast	1:23.49	1:31.99	54
55	32.29 31.39	34.69 35.59	15/16 17/18	50 Free	28.09 28.09	30.99 30.99	56
57	21.59	26.99	8/Un	25 Fly	20.49	26.99	58

<i>Santa Cruz Short Course September 25th and 26th, 2010</i>					<i>Santa Cruz Short Course September 25th and 26th, 2010</i>				
Name: Last, First Initial					Name: Last, First Initial				
LSC Code (PC, SN, CC)					LSC Code (PC, SN, CC)				
CLUB ABBR		IF UNATT TEAM ABBR	CLUB NAME		CLUB ABBR		IF UNATT TEAM ABBR	CLUB NAME	
AGE	DATE OF BIRTH			AMT. PAID \$	AGE	DATE OF BIRTH			AMT. PAID \$
USA-S REG #					USA-S REG #				
SEX Boy Girl			AGE GROUP		SEX Boy Girl			AGE GROUP	
EVENT #	DISTANCE/STROKE			ENTRY TIME	EVENT #	DISTANCE/STROKE			ENTRY TIME
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
				:					:
# of Entries Participation					# of Entries Participation				
Fee: \$5.00					Fee: \$5.00				
** Total					** Total				

COACH:					COACH:				
SWIMMER'S ADDRESS					SWIMMER'S ADDRESS				
PHONE #: ()					PHONE #: ()				
EMAIL:					EMAIL:				

Local Hotels

Near the Pool

Ocean Echo Hotel – 401 Johan's Beach Drive – (831) 462-4192 – www.oceanecho.com

Bella Notte – 21305 East Cliff Drive – (831) 600-0001

Pelican Point Inn – 21345 East Cliff Drive – (831) 475-3381- pelicanpointinn-santacruz.com

Beach Retreat Vacation Home – Sleeps 6 - www.beachretreatsantacruz.com (831) 818-8783

Near the Boardwalk

Seaway Inn - 176 West Cliff Drive, Santa Cruz, CA 95060 - (831) 471-9004 – www.seawayinn.com

Ask to add a Cruz Car- www.cruzcarz.com

Continental Inn – 414 Ocean Street, Santa Cruz, CA 95060 – (831) 429 -1221

Continentalinnsantacruz.com Ask to add a Cruz Car- www.cruzcarz.com

Edgewater Beach Motel - 525 2nd Street, Santa Cruz, CA 95060, (831) 423-0440

Edgewaterbeachmotel.com bigger family size rooms

Ask for the Swim Team Discount!