

2009 Pacific Swimming Time Standards – 17-18 Boys

SHORT COURSE YARDS

Event	B	A	JO	FW	PRT
50 Free	:30.99	:28.09	:24.49	:23.19	:22.19
100 Free	1:07.09	1:00.79	:52.99	:50.29	:48.09
200 Free	2:27.99	2:14.29	1:56.59	1:50.99	1:44.49
500 Free	6:48.19	6:10.49	5:21.49	5:06.19	4:46.09
1000 Free	14:12.99	12:54.39	11:13.99	10:39.99	10:25.39
1650 Free	23:59.99	21:46.79	18:55.99	17:59.99	17:44.89
100 Back	1:20.49	1:13.09	1:03.49	1:00.39	:54.29
200 Back	3:03.39	2:46.49	2:24.49	2:17.59	2:00.19
100 Breast	1:29.29	1:21.09	1:10.39	1:06.99	1:01.09
200 Breast	3:19.99	3:01.49	2:37.49	2:29.99	2:17.09
100 Fly	1:15.99	1:08.89	:59.89	:56.99	:53.29
200 Fly	2:58.59	2:42.19	2:20.69	2:13.99	2:02.89
200 IM	2:49.29	2:33.69	2:13.39	2:06.99	1:58.79
400 IM	6:18.59	5:43.69	4:58.19	4:43.99	4:19.79
200 FR				1:36.99	
400 FR				3:37.69	
800 FR				7:36.89	
200 MR				1:49.59	
400 MR				4:03.99	

LONG COURSE METERS

Event	B	A	JO	FW	PRT
50 Free	:34.69	:31.39	:27.89	:25.99	:25.49
100 Free	1:16.39	1:09.29	1:00.19	:57.29	:55.39
200 Free	2:45.59	2:30.29	2:12.29	2:04.19	2:01.09
400 Free	5:58.59	5:25.49	4:50.99	4:28.99	4:19.79
800 Free	12:51.99	11:40.79	10:07.39	9:39.19	9:20.49
1500 Free	24:33.99	22:18.29	19:23.99	18:25.99	18:05.89
100 Back	1:31.29	1:22.89	1:11.89	1:08.49	1:04.59
200 Back	3:27.19	3:07.99	2:42.99	2:35.39	2:20.59
100 Breast	1:40.89	1:31.59	1:19.49	1:15.69	1:12.59
200 Breast	3:45.29	3:24.49	2:57.29	2:48.99	2:42.19
100 Fly	1:25.59	1:17.69	1:07.89	1:04.19	1:00.29
200 Fly	3:21.79	3:03.19	2:38.79	2:31.39	2:18.89
200 IM	3:11.59	2:53.89	2:30.79	2:23.69	2:18.99
400 IM	7:06.99	6:27.69	5:36.09	5:20.39	5:03.59
200 FR				1:50.69	
400 FR				4:07.49	
800 FR				8:38.49	
200 MR				2:04.59	
400 MR				4:36.39	