

2009 Pacific Swimming Time Standards – 17-18 Girls

SHORT COURSE YARDS

Event	B	A	JO	FW	PRT
50 Free	:35.59	:32.29	:28.09	:26.69	:24.99
100 Free	1:16.29	1:09.19	1:00.09	:57.19	:53.89
200 Free	2:47.59	2:32.09	2:12.09	2:05.69	1:55.59
500 Free	7:26.59	6:45.39	5:51.79	5:34.99	5:11.39
1000 Free	15:33.09	14:06.99	12:14.99	11:39.99	11:03.69
1650 Free	25:46.29	23:23.59	20:17.89	19:19.99	18:56.99
100 Back	1:32.09	1:23.59	1:12.69	1:09.09	1:00.49
200 Back	3:22.59	3:03.89	2:39.59	2:31.99	2:12.79
100 Breast	1:43.99	1:34.39	1:21.09	1:17.99	1:08.49
200 Breast	3:42.59	3:22.09	2:55.39	2:46.99	2:30.79
100 Fly	1:25.29	1:17.39	1:07.19	1:03.99	:59.29
200 Fly	3:18.59	3:00.29	2:36.49	2:28.99	2:13.59
200 IM	3:11.29	2:53.59	2:30.89	2:23.49	2:11.79
400 IM	6:57.19	6:18.69	5:28.69	5:12.99	4:44.89
200 FR				1:50.99	
400 FR				3:59.99	
800 FR				8:29.99	
200 MR				2:05.99	
400 MR				4:29.99	

LONG COURSE METERS

Event	B	A	JO	FW	PRT
50 Free	:39.39	:35.69	:31.89	:29.49	:28.39
100 Free	1:24.89	1:17.09	1:08.09	1:03.69	1:01.19
200 Free	3:06.59	2:49.39	2:29.29	2:19.99	2:11.89
400 Free	6:43.59	6:06.39	5:17.59	5:02.79	4:40.89
800 Free	13:53.99	12:36.99	11:03.59	10:25.99	9:51.79
1500 Free	25:45.99	23:22.99	20:47.89	19:19.99	19:11.59
100 Back	1:43.99	1:34.39	1:21.89	1:17.99	1:10.79
200 Back	3:39.79	3:19.49	2:59.59	2:44.89	2:32.09
100 Breast	1:53.79	1:43.29	1:31.19	1:25.39	1:20.09
200 Breast	4:10.19	3:47.09	3:16.99	3:07.69	2:53.89
100 Fly	1:36.49	1:27.59	1:15.99	1:12.39	1:07.79
200 Fly	3:43.79	3:23.19	2:56.19	2:47.89	2:34.29
200 IM	3:31.69	3:12.19	2:49.89	2:38.79	2:30.59
400 IM	7:49.59	7:06.29	6:09.59	5:52.29	5:30.19
200 FR				2:06.09	
400 FR				4:31.99	
800 FR				9:35.99	
200 MR				2:22.59	
400 MR				5:04.99	