

2009 Pacific Swimming Time Standards – 9-10 Boys

SHORT COURSE YARDS

Event	B	A	JO	FW	PRT
50 Free	:40.39	:36.59	:31.89	:30.29	:29.09
100 Free	1:29.29	1:21.09	1:10.39	1:06.99	1:03.89
200 Free	3:15.89	2:57.89	2:35.89	2:26.99	2:19.49
500 Free	8:14.39	7:28.79	6:29.79	6:10.89	6:04.09
50 Back	:47.99	:43.49	:38.89	:35.99	:34.19
100 Back	1:45.29	1:35.59	1:22.89	1:18.99	1:13.59
50 Breast	:54.09	:49.09	:43.09	:40.59	:38.89
100 Breast	1:58.59	1:47.69	1:33.49	1:28.99	1:24.59
50 Fly	:45.49	:41.19	:35.79	:34.09	:32.49
100 Fly	1:47.99	1:37.99	1:26.29	1:20.99	1:15.09
100 IM	1:42.59	1:33.19	1:21.39	1:16.99	1:13.49
200 IM	3:44.39	3:23.59	2:57.79	2:48.29	2:38.99
200 FR				2:06.99	
200 MR				2:27.99	

LONG COURSE METERS

Event	B	A	JO	FW	PRT
50 Free	:47.19	:42.79	:36.79	:35.39	:33.19
100 Free	1:41.69	1:32.29	1:20.09	1:16.29	1:12.99
200 Free	3:41.69	3:21.29	2:55.79	2:46.29	2:39.69
400 Free	7:28.29	6:46.99	5:59.99	5:36.29	5:28.59
50 Back	:55.49	:50.29	:44.39	:41.59	:39.59
100 Back	1:58.19	1:47.29	1:32.99	1:28.69	1:25.69
50 Breast	1:01.69	:55.99	:48.69	:46.29	:44.89
100 Breast	2:15.69	2:03.19	1:46.69	1:41.79	1:37.79
50 Fly	:52.49	:47.59	:41.29	:39.39	:36.99
100 Fly	2:00.99	1:49.89	1:35.89	1:30.79	1:26.99
200 IM	4:16.29	3:52.69	3:20.59	3:12.29	3:00.79
200 FR				2:23.29	
200 MR				2:42.39	