

**NEPTUNE SWIMMING**  
**ZONE 3, "C/B/BB+" SHORT COURSE MEET**  
**Saturday, October 11 and Sunday, October 12, 2008**  
**Enter Online at: <http://www.swimconnection.com/pc/meet/srn>**

- SANCTION:** Held under USA/Pacific Sanction No.: **0988**
- LOCATION:** Finley Pool: 2060 West College Avenue, Santa Rosa. The Finley Aquatic Center is located at the intersection of West College Avenue and Stony Point Road in Santa Rosa, approximately 2 miles **west** of U.S. Highway 101, taking the College Avenue exit.
- COURSE:** The pool is an outdoor 25 yard by 25 meter pool. Competition will be in up to seven lanes (25 Yards in length) with 2 additional lanes available for warm-up during the meet.
- TIME:** Meet will begin at 9:00 a.m. on Saturday and Sunday. Warm-ups are from 7:45 a.m. to 8:45 a.m.
- RULES:** Current USA-Swimming (USA-S) and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-Of-Course. All events are timed finals. **Swimmers may compete in up to four (4) events per day.** ALL COACHES AND DECK OFFICIALS MUST WEAR THEIR USA SWIMMING MEMBERSHIP CARDS IN A VISIBLE MANNER. **All swimmers ages 12 and UNDER should complete competition within FOUR (4) HOURS. Swimmers entering the 500 free must have met the indicated minimum time standards shown on the Schedule of Events.** If local conditions warrant it, the Meet Referee with the concurrence of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratch downs. Swimmers in the 500 Free must supply their own timers and lap counters. The 500 Free may be swum fastest to slowest, alternating heats of boys and girls, or seeded combining boys and girls.
- RESTRICTIONS:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas, and in all areas used by swimmers during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in ALL areas of the Meet Venue. **No pets and glass containers of any kind are allowed anywhere in the meet venue.**
- ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers in the "BB+" Division must have met the listed "BB" time standard. Swimmers who have achieved the listed "B" times, but not the listed "BB" times, are "B" division swimmers. All swimmers who have not achieved the listed "B" times are in the "C" division. **No Time** entries will be accepted and will be placed in the "C" division. The meet is open to all qualified swimmers. Swimmers aged 19 years and over may participate in the 13-over events but may not receive awards. Such swimmers must have met the time standards for the 17-18 age group. **Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.**
- CHECK IN:** The meet will be deck seeded. Swimmers must check in at the Clerk-Of-Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check in will not be allowed to compete in the event.
- SCRATCHES:** Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof the failure was caused by illness, injury, or other circumstances beyond the control of the swimmer.
- MEET LENGTH:** **The meet will be closed when either 2900 splashes have been received or when the estimated timeline indicates that any age group of swimmers 12 or younger will take more than four hours to compete, whichever occurs first.**
- ENTRIES:** You may enter this meet online or by mail. Enter online at: <http://www.swimconnection.com/pc/meet/srn> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% times the Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Online entries will **not** be accepted after October 2<sup>nd</sup>, 2008. Entering online is a convenience, is completely voluntary, and is in no way required or expected in order to enter this meet. Please bring the entry confirmation e-mail to the meet as proof of your entries.
- Mailed entries must be on the attached Consolidated Entry card. Entry cards must be filled out including best short course time for each event. Entered times must be submitted in yards. Swimmers with a long course 'BB' time must enter with a minimum short course 'BB' time or better. Swimmers with a long course 'B' time must enter with a minimum short course 'B' time or better. "No Time" entries will be accepted and will be seeded in the first heats. **Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time**

Verification Procedures. Incomplete or illegible entries may require that a collect call be made in order to accept entries. **Entries must be postmarked by midnight Monday, September 29, 2008** or hand delivered to 5234 Hoyal Drive, Santa Rosa, CA by 8:00 p.m. Thursday, October 2, 2008. No late entries will be accepted. No fax entries will be accepted. No refunds will be made except for mandatory scratches. If you would like to confirm entry, please include a self-addressed, stamped envelope or postcard. **Zone 3 teams will have priority registration until August 15, 2008. Zone 3 clubs are CCSC, FOG, HSC, JCSC, LCCC, LVA, MP, MCSL, NAPA, SRN, NBA,OPSR, PCM, QUIK, RSC, SFSC, SST, SSS, RAYS, SHSC, TVA, UD, KYSC, VJO, VMA, WA, WILL, WCAN, YPAC** After that date, the meet will be open to all other teams.

**ENTRY FEES:** Entries that do not include applicable fees will not be accepted. \$2.25 per individual event entry. Add \$5.00 participation fee per swimmer to help cover meet expenses. **No refunds will be made except for mandatory scratch downs.** Make checks payable to Neptune Swimming (or SRN) and mail with entries to:

**Ruben DiRado  
5234 Hoyal Drive  
Santa Rosa, CA 95409  
(707) 539-5050.**

**AWARDS:** Individual Events: Distinctive awards will be given to 1st-7th Place each for each "BB+", "B" and "C" division: 6&U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18. 8-U events will be awarded separately as 6-UN, 7-8. 9-12 events will be awarded separately as 9-10, 11-12. 13-over events will be awarded separately as 13-14, 15-16, 17-18. No awards will be given to swimmers aged 19 years and older. The **OPEN 500 Free** will receive one set of awards for the top 7 place finishers. "A" medals will be awarded to swimmers with an entry time slower than "A" achieving the "A"PC time standard for the first time. See 2008 Pacific Swim Guide or Pacific Swimming web site for "A" time standards.

**ADMISSIONS:** Free. A 2-day program is available for \$4.00. **Hospitality will be provided for working officials and coaches. We have a fully stocked snack bar.**

**OFFICIALS:** Head Referee: Chuck Johnson  
Head Starter: Rick Beebe  
Meet Director: Cameron Tyson 707-799-5323  
Head Marshal: Ruben DiRado

**SATURDAY, October 11, 2008  
SCHEDULE OF EVENTS:**

EVENT NO.		AGE GROUP	EVENT	TIME STANDARDS				
GIRLS	BOYS			AGE GROUP	Girls B	Girls BB	Boys B	Boys BB
1	2	13 - over	200 Free	13 - 14	2:36.59	2:25.39	2:26.79	2:16.29
				15 - 16	2:33.39	2:22.39	2:20.89	2:10.89
				17 - 18	2:32.29	2:21.49	2:17.99	2:08.19
3	4	9 - 10	100 I.M.		1:45.69	1:34.39	1:41.59	1:31.39
-	6	11 - 12 boys	100 Free		-	-	1:13.29	1:08.09
7	8	13 - over	100 Back	13 - 14	1:20.19	1:14.39	1:15.69	1:10.29
				15 - 16	1:18.99	1:13.29	1:11.49	1:06.39
				17 - 18	1:18.19	1:12.59	1:09.99	1:04.99
9	10	9 - 10	100 Breast		1:59.99	1:46.69	1:56.79	1:44.79
-	12	11 - 12 boys	200 I.M.		-	-	3:03.49	2:49.69
13	14	8 - under	50 Fly		59.99	52.59*	59.99	52.09*
15	16	9 - 10	50 Free		40.09	36.19	39.19	35.59
17	18	13 - over	50 Free	13 - 14	33.39	30.99	31.09	28.79
				15 - 16	32.89	30.49	29.59	27.49
				17 - 18	32.79	30.49	28.99	26.89
19	20	11 - 12	50 Breast		44.29	41.09	44.59	41.09
21	22	9 - 10	50 Back		48.89	43.49	49.29	43.89
23	24	8 - under	25 Free		23.49	19.49*	23.49	18.39*
25	26	9 - 12	100 Fly	9 - 10	1:57.49	1:42.09	1:55.39	1:40.59
				11 - 12	1:27.59	1:20.59	1:26.39	1:19.29
27	28	8 - under	50 Breast		1:04.99	55.29*	1:04.99	54.79*
29	30	11 - 12	50 Free		34.59	32.19	33.39	30.99
31	32	13 - over	400 I.M.	13 - 14	6:12.89	5:46.19	5:52.79	5:27.59
				15 - 16	6:06.49	5:40.29	5:37.29	5:13.19
				17 - 18	6:04.39	5:38.29	5:30.29	5:06.69
33	34	8 - under	25 Back		27.99	23.19*	27.99	22.69*
35	-	11 - 12 girls	100 Back		1:28.89	1:21.89	-	-
37	38	8 - under	50 Free		51.99	42.99*	51.99	40.89*
39	40	13 - over	200 Breast	13 - 14	3:15.99	3:01.99	3:02.39	2:49.39
				15 - 16	3:12.09	2:58.39	2:55.09	2:42.59
				17 - 18	3:12.29	2:58.59	2:52.19	2:39.89
41		11 - 12 girls	100 Free		1:13.59	1:08.29	-	-

\* "A" times used instead of "BB" times for 8&U (BB standard not applicable to 8&U events).

SUNDAY, October 12, 2008

SCHEDULE OF EVENTS:

EVENT NO.		AGE GROUP	EVENT	TIME STANDARDS				
GIRLS	BOYS			AGE GROUP	Girls B	Girls BB	Boys B	Boys BB
43	44	13 – over	100 Breast	13 - 14	1:30.99	1:24.49	1:24.39	1:18.39
				15 - 16	1:29.09	1:22.69	1:20.69	1:14.99
				17 - 18	1:29.09	1:22.69	1:18.79	1:13.19
-	46	11 - 12 boys	200 Free		-	-	2:39.39	2:27.99
47	48	13 – over	100 Fly	13 - 14	1:19.39	1:13.79	1:13.99	1:08.69
				15 - 16	1:17.99	1:12.39	1:10.59	1:05.59
				17 - 18	1:16.99	1:11.49	1:08.99	1:04.09
49	50	9 – 10	200 I.M.		3:42.69	3:19.39	3:40.89	3:18.09
-	52	11 - 12 boys	100 Back		-	-	1:25.79	1:19.09
53	54	9 – 10	100 Free		1:31.89	1:22.09	1:29.19	1:19.99
55	56	8 - under	100 I.M.		2:09.99	1:49.29*	2:09.99	1:45.09*
57	58	13 – over	100 Free	13 - 14	1:12.59	1:07.39	1:07.69	1:02.89
				15 - 16	1:11.29	1:06.19	1:04.59	59.99
				17 - 18	1:10.89	1:05.79	1:03.39	58.89
59	60	9 – 12	50 Fly	9 – 10	48.79	42.99	47.29	41.99
				11 - 12	38.09	35.39	38.59	35.49
61	62	8 - under	25 Fly		26.99	21.59*	26.99	20.49*
63	64	11 - 12	100 Breast		1:36.39	1:29.29	1:35.69	1:28.39
65	66	9 – 10	100 Back		1:45.69	1:33.99	1:43.29	1:32.49
67	68	8 - under	50 Back		59.99	51.59*	59.99	50.49*
69	-	11 - 12 girls	200 I.M.		3:04.99	2:51.79	-	-
-	70	11 - 12 boys	50 Back		-	-	39.79	36.79
71	72	13 – over	200 Back	13 - 14	2:51.79	2:39.59	2:42.79	2:31.09
				15 - 16	2:50.19	2:37.99	2:34.79	2:23.69
				17 - 18	2:47.89	2:35.89	2:30.59	2:19.89
73	74	9 – 10	50 Breast		53.59	47.79	53.89	48.19
75	76	8 - under	100 Free		1:54.59	1:35.29*	1:51.59	1:28.99*
77	-	11 - 12 girls	50 Back		39.99	37.09	-	-
79	80	8 - under	25 Breast		29.99	24.79*	29.99	24.29*
81	82	13 – over	200 I.M.	13 - 14	2:56.49	2:43.89	2:45.49	2:33.69
				15 - 16	2:53.09	2:40.69	2:38.29	2:26.99
				17 - 18	2:51.49	2:39.19	2:34.59	2:23.59
83	-	11 - 12 girls	200 Free		2:43.49	2:31.79	-	-
85	86	OPEN	500 Free	OPEN	Minimum	6:51.79	Minimum	6:35.99

\* “A” times used instead of “BB” times for 8&U (BB standard not applicable to 8&U events).

RECAP OF EVENTS

SATURDAY, October 11, 2008				SUNDAY, October 12, 2008			
8 – UNDER	9 – 10	11 – 12	13 – OVER	8 – UNDER	9 – 10	11 – 12	13 – OVER
50 FLY	100 I.M.	100 FREE (BOYS)	200 FREE	100 I.M.	200 I.M.	200 FREE (BOYS)	100 BREAST
25 FREE	100 BREAST	200 I.M. (BOYS)	100 BACK	25 FLY	100 FREE	100 BACK (BOYS)	100 FLY
50 BREAST	50 FREE	50 BREAST	50 FREE	50 BACK	50 FLY	50 FLY	100 FREE
25 BACK	50 BACK	100 FLY	400 I.M.	100 FREE	100 BACK	100 BREAST	200 BACK
50 FREE	100 FLY	50 FREE	200 BREAST	25 BREAST	50 BREAST	200 I.M. (GIRLS)	200 I.M.
		100 BACK (GIRLS)				50 BACK (BOYS)	
		100 FREE (GIRLS)				50 BACK (GIRLS)	
						200 FREE (GIRLS)	
				500 FREE (OPEN)	500 FREE (OPEN)	500 FREE (OPEN)	500 FREE (OPEN)

**SANTA ROSA NEPTUNES**

"C/B/BB+" Meet

October 11-12, 2008

**Consolidated Entry Card**

Last Name MI		First Name	
Club Abbr.	Club Name		
Sex M      F	USA-S Registration #		
Birth Date	Swimmer's Age	Age Group	
<u>Event #</u>	<u>Distance / Stroke</u>	<u>Time</u>	
Swimmer's Street Address			
City Code		Zip	
Telephone # (      )			
Coach			
Participatio n Fee \$5.00	Entry Fee \$2.25 per event	Total Paid	
My parent is a carded official who can work the meet:  Name: Phone # (      ) Email:			