

ALAMEDA ISLAND AQUATICS
ZONE 2 SHORT COURSE C/B/A+ Swim Meet
Saturday, October 11 & Sunday, October 12, 2008
Enter Online at: <http://swimconnection.com/pc/meet/aia>

SANCTION: Held under USA/Pacific Swimming Sanction No.: **1078**

LOCATION: Chabot College Pool, 25555 Hesperian Blvd., Hayward, California.

Take the 880 (Nimitz) Freeway to the Highway 92/Jackson St. turnoff. Head west onto Highway 92 toward the San Mateo Bridge. From Highway 92 take the Hesperian Blvd./Chabot College exit. Go about ½ mile on Hesperian and turn left into the athletic parking lot at Turner St. (The athletic parking lot turnoff is the one with signal lights.)

PARKING: **PLEASE OBSERVE ALL POSTED PARKING REGULATIONS.** A parking fee of \$2.00 is required on Saturday; the machine will accept \$1.00 bills and coins. **You can be ticketed if you don't pay!** There is no charge for parking on Sunday.

COURSE: Outdoor heated 25 yard x 50 meter pool. Up to 16 competition lanes available, to be allocated based on the number of entries received. A warm-up area will be available during the meet. Locker rooms with showers are available.

TIME: Meet begins at 9:00 AM each day.

General warm-up: 7:30-8:45 AM

8 & UN only warm-up: 8:45-8:55 AM

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. All events are timed finals. Swimmers may compete in a maximum of four (4) individual events per day. All swimmers ages 12 and under should complete competition within four (4) hours. **In consideration of the 4-hour rule time constraint, swimmers age 12 and under may not enter both the first and last event of each day for their age group.** Entries will be accepted until the number of splashes exceeds the estimated timeline per the four-hour rule, based on swimmer's age and gender. If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be issued in the event of a mandatory scratch-down. The 500 Free events will swim slowest to fastest. All swimmers in the 500 Freestyle must provide their own timers and lap counters. **All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner.**

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in ALL areas of the meet venue. Outside BBQ Pits are not permitted. No glass containers or propane heaters allowed on deck.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Meet is open to all qualified swimmers. Swimmers in the "A" Division must have met at least the listed "A" time standard. Swimmers in the "B" Division must not have met the "A" time standards, but must have met at least the listed "B" time standard. All entry times slower

than the listed "B" time standard will be in the "C" Division. Swimmers 19 years of age and older may participate in 13-over events but will not receive awards or score points. Such swimmers must have met the 17/18 time standards. *Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. "NO TIME" entries WILL NOT be accepted.* Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

CHECK-IN: The meet will be deck seeded. Swimmers must check in at the Clerk of Course. Close of check-in for all events shall be no more than 30 minutes before the estimated time of the start of the first heat of the event. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

OFFICIALS:

Head Referee: Paul Amog

Head Starter: Kent Yoshiwara

Meet Director: Don Krause, (510) 749-0303, don@dkkrause.com

Head Meet Marshal: Chris Allen

ENTRIES: Two options are available for meet entry. "NO TIME" entries will NOT be accepted.

OPTION 1: Online Meet Entries (Deadline: Midnight, Thursday, October 2, 2008)

Enter at: <http://swimconnection.com/pc/meet/aia> to receive immediate confirmation of acceptance via email. The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using the secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. Online entries must be confirmed by **midnight, Thursday, October 2, 2008**, or until a meet session is closed due to a timeline in excess of the "four (4) hour rule". No late entries will be accepted. Check <http://swimconnection.com/pc/meet/aia> for session open or closed status.

OPTION 2: Surface Mail Entries

Entries must be on consolidated entry forms, one swimmer per form. Entry forms must be completely filled out including best short course times for each event. Entry times must be submitted in yards.

ENTRIES MUST BE POSTMARKED BY MIDNIGHT MONDAY, SEPTEMBER 29, 2008.

Hand delivered entries by 6:00 pm. MONDAY, SEPTEMBER 29, 2008

To: AIA Swim Meet

Attn: Margaret McNamara

3120 Gibbons Drive, Alameda, CA 94501

No late entries will be accepted, or refunds made except in the case of mandatory scratch downs.

ENTRY FEES: \$2.25 per event, \$5.00 participation fee per swimmer. **We encourage team entries to be submitted together and paid on a team consolidated basis.**

If mailing entries, make checks payable to: “Alameda Island Aquatics” or “AIA”

Mail Entries to:

AIA Swim Meet
 Attn: Margaret McNamara
 3120 Gibbons Drive **email questions:** mmmcnamara@sbcglobal.net
 Alameda, CA 94501

Enclose a self-addressed, stamped envelope or postcard for entry confirmation.

AWARDS: Ribbons will be awarded for 1st-8th place in “A”, “B” and “C” divisions. “A” medals will be given in each event to all “B” and “C” division swimmers for NEW A times achieved, regardless of the place achieved in the event. Awards will be given out in the following age groups: **8 & under, 9-10, 11-12, 13-14, 15-18.**

ADMISSION: *Free.* A two-day meet program will be available for a reasonable fee.

HOSPITALITY/SNACK BAR: A snack bar will be available. Hospitality will be available for coaches, officials, and timers.

MEET SUMMARY OF EVENTS

SATURDAY					SUNDAY			
8 & Under	9-10	11-12	13-18		8 & Under	9-10	11-12	13-18
25 Free	100 Free	200 Free	200 Free		50 Back	100 Back	200 Back	100 Back
100 IM	100 IM	200 IM	200 IM		100 Free	200 Free	100 Free	100 Free
25 Back	50 Back	50 Back	200 Back		25 Breast	50 Breast	100 Breast	100 Breast
50 Fly	100 Fly	200 Fly	100 Fly		50 Free	50 Free	50 Free	50 Free
50 Breast	100 Breast	50 Breast	200 Breast		25 Fly	50 Fly	100 Fly	500 Free

EVENTS

SATURDAY, OCTOBER 11 — Session 1

GIRLS					BOYS			
Event #	B Time	A Time	Age Group	Distance/Stroke	Age Group	B Time	A Time	Event #
1	2:43.49	2:20.19	11-12	200 Free	11-12	2:39.39	2:16.59	2
3	1:31.89	1:12.29	9-10	100 Free	9-10	1:29.19	1:10.79	4
5	23.49	19.49	8-UN	25 Free	8-UN	23.49	18.39	6
7	2:36.59	2:14.19	13-14	200 Free	13-14	2:26.79	2:05.79	8
	2:33.39	2:11.49	15-16		15-16	2:20.89	2:00.79	
	2:32.29	2:10.59	17-18		17-18	2:17.99	1:58.29	
9	3:04.99	2:38.59	11-12	200 IM	11-12	3:03.49	2:35.89	10
11	1:45.69	1:23.19	9-10	100 IM	9-10	1:41.59	1:21.29	12
13	2:09.99	1:49.29	8-UN	100 IM	8-UN	2:09.99	1:45.09	14
15	2:56.49	2:31.29	13-14	200 IM	13-14	2:45.49	2:21.89	16
	2:53.09	2:28.39	15-16		15-16	2:38.29	2:15.69	
	2:51.49	2:26.99	17-18		17-18	2:34.59	2:12.49	
17	39.99	34.29	11-12	50 Back	11-12	39.79	33.69	18
19	48.89	38.19	9-10	50 Back	9-10	49.29	38.39	20
21	27.99	23.19	8-UN	25 Back	8-UN	27.99	22.69	22
23	2:51.79	2:27.29	13-14	200 Back	13 -14	2:42.79	2:19.49	24
	2:50.19	2:25.89	15-16		15-16	2:34.79	2:12.69	
	2:47.89	2:23.89	17-18		17-18	2:30.59	2:09.09	
25	3:06.29	2:39.69	11-12	200 Fly	11-12	3:04.69	2:38.29	26
27	1:57.49	1:26.69	9-10	100 Fly	9-10	1:55.39	1:25.69	28
29	59.99	52.59	8-UN	50 Fly	8-UN	59.99	52.09	30
31	1:19.39	1:08.09	13-14	100 Fly	13-14	1:13.99	1:03.39	32
	1:17.99	1:06.89	15-16		15-16	1:10.59	1:00.49	
	1:16.99	1:05.99	17-18		17-18	1:08.99	59.09	
33	44.29	37.99	11-12	50 Breast	11-12	44.59	37.59	34
35	1:59.99	1:33.39	9-10	100 Breast	9-10	1:56.79	1:32.69	36
37	1:04.99	55.29	8-UN	50 Breast	8-UN	1:04.99	54.79	38
39	3:15.99	2:47.99	13-14	200 Breast	13-14	3:02.39	2:36.29	40
	3:12.09	2:44.69	15-16		15-16	2:55.09	2:30.09	
	3:12.29	2:44.79	17-18		17-18	2:52.19	2:27.59	

SUNDAY, OCTOBER 12 — Session 2

GIRLS					BOYS			
Event #	B Time	A Time	Age Group	Distance/Stroke	Age Group	B Time	A Time	Event #
41	3:03.29	2:37.09	11-12	200 Back	11-12	2:59.39	2:33.79	42
43	1:45.69	1:22.19	9-10	100 Back	9-10	1:43.29	1:21.69	44
45	59.99	51.59	8-UN	50 Back	8-UN	59.99	50.49	46
47	1:20.19	1:08.69	13-14	100 Back	13-14	1:15.69	1:04.89	48
	1:18.99	1:07.69	15-16		15-16	1:11.49	1:01.29	
	1:18.19	1:06.99	17-18		17-18	1:09.99	59.99	
49	1:13.59	1:03.09	11-12	100 Free	11-12	1:13.29	1:02.89	50
51	3:20.19	2:36.39	9-10	200 Free	9-10	3:09.89	2:31.89	52
53	1:54.59	1:35.29	8-UN	100 Free	8-UN	1:51.59	1:28.99	54
55	1:12.59	1:02.19	13-14	100 Free	13-14	1:07.69	57.99	56
	1:11.29	1:01.09	15-16		15-16	1:04.59	55.39	
	1:10.89	1:00.79	17-18		17-18	1:03.39	54.29	
57	1:36.39	1:22.19	11-12	100 Breast	11-12	1:35.69	1:21.09	58
59	53.59	41.99	9-10	50 Breast	9-10	53.89	42.49	60
61	29.99	24.79	8-Un	25 Breast	8-Un	29.99	24.29	62
63	1:30.99	1:17.99	13-14	100 Breast	13-14	1:24.39	1:12.29	64
	1:29.09	1:16.39	15-16		15-16	1:20.69	1:09.19	
	1:29.09	1:16.39	17-18		17-18	1:18.79	1:07.59	
65	34.59	29.79	11-12	50 Free	11-12	33.39	28.59	66
67	40.09	32.39	9-10	50 Free	9-10	39.19	31.89	68
69	51.99	42.99	8-UN	50 Free	8-UN	51.99	40.89	70
71	33.39	28.69	13-14	50 Free	13-14	31.09	26.59	72
	32.89	28.19	15-16		15-16	29.59	25.39	
	32.79	28.19	17-18		17-18	28.99	24.89	
73	1:27.59	1:13.59	11-12	100 Fly	11-12	1:26.39	1:12.19	74
75	48.79	37.29	9-10	50 Fly	9-10	47.29	36.69	76
77	26.99	21.59	8-UN	25 Fly	8-UN	26.99	20.49	78
79	6:51.79	5:52.99	13-14	500 Free	13-14	6:35.99	5:39.39	80
	6:46.39	5:48.39	15-16		15-16	6:19.39	5:25.29	
	6:43.89	5:46.19	17-18		17-18	6:10.59	5:17.69	

Alameda Island Aquatics		
C/B/A+ Short Course Meet (Zone 2) October 11-12, 2008		
Consolidated Entry Card		
Last	First	Initial
Name:		
Club Abbr	Unattached	Club Name
Age	Date of Birth	Amt PD.
USA-S Registration		
Gender: BOY GIRL <i>(Circle One of The Above)</i>	AGE Group	
Event #	Distance/Stroke	Entry Time
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# OF ENTRIES _____ X \$2.25 = _____		
Participation Fee: \$5.00		
TOTAL= _____		
Coach:		
Swimmer's Address:		
Phone #: () -		
Email:		

Alameda Island Aquatics		
C/B/A+ Short Course Meet (Zone 2) October 11-12, 2008		
Consolidated Entry Card		
Last	First	Initial
Name:		
Club Abbr	Unattached	Club Name
Age	Date of Birth	Amt PD.
USA-S Registration		
Gender: BOY GIRL <i>(Circle One of The Above)</i>	AGE Group	
Event #	Distance/Stroke	Entry Time
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# OF ENTRIES _____ X \$2.25 = _____		
Participation Fee: \$5.00		
TOTAL= _____		
Coach:		
Swimmer's Address:		
Phone #: () -		
Email:		