

California-Nevada Sectional Championships -- 2009/2010 time standards

Women	Women		Men	Men
Short course	Long course		Short course	Long course
00:25.39	00:28.99	50 Freestyle	00:22.59	00:26.09
00:55.09	01:02.59	100 Freestyle	00:49.39	00:57.19
01:58.69	02:14.89	200 Freestyle	01:48.79	02:05.09
05:12.99	04:41.99	500/400 Freestyle	04:53.99	04:26.49
10:43.19	09:35.99	1000 /800 Freestyle	10:10.99	09:08.99
17:57.49	18:20.99	1650/1500 Freestyle	16:59.99	17:29.99
01:01.09	01:10.89	100 Backstroke	00:54.99	01:04.39
02:11.59	02:31.19	200 Backstroke	01:59.69	02:19.49
01:09.19	01:19.19	100 Breaststroke	01:01.99	01:11.99
02:29.39	02:50.79	200 Breaststroke	02:14.89	02:36.69
01:00.49	01:08.19	100 Butterfly	00:54.19	01:01.59
02:12.59	02:28.29	200 Butterfly	02:00.69	02:17.19
02:13.59	02:32.89	200 Ind. Medley	02:01.59	02:21.29
04:42.99	05:19.99	400 Ind. Medley	04:20.29	05:00.89
03:50.09	04:21.89	400 Freestyle Relay	03:24.39	03:55.29
08:17.79	09:25.99	800 Freestyle Relay	07:31.29	08:26.79
04:15.79	04:52.99	400 Medley Relay	03:49.09	04:23.99