

## Age group 18 single age LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

### Girls Age 18-18 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	25.29	954	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	26.26	867	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	26.44	851	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
4	26.77	822	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
5	26.92	809	Biter-Mundt, Chardonnay	18	PC Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	26.96	806	Jensen, Liv	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
7	27.60	751	Wei, Stephanie	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
8	27.72	741	Trail, Ocean	18	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
9	27.73	740	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
10	27.74	739	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials

### Boys Age 18-18 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	22.93	917	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	23.35	880	Cheah, Geoff	18	PC Unattached	3/5/2009	2009 Austin GP
3	23.92	831	Packer, Chris	18	PC North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
3	23.92	831	Latimer, Andrew	18	PC North Bay Aquatics	8/10/2009	2009 Jr National Champs TT
5	24.08	817	Cushing, Blake	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
6	24.10	816	Langland, Blake	18	PC Barracuda Aquatics Of Monterey	8/10/2009	2009 Speedo Junior National Ch
7	24.19	808	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/4/2009	2009 U. S. Open Time Trials
8	24.24	804	Ostler, Jack	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
9	24.37	793	Shilling, Brandon	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
10	24.40	790	Espiritu, Julius	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

## Age group 18 single age LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

### Girls Age 18-18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	55.37	940	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	56.26	897	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	56.99	863	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	58.17	809	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	58.18	809	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
6	58.47	796	Biter-Mundt, Chardonnay	18	PC Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
7	59.49	751	Wei, Stephanie	18	PC Santa Clara Swim Club	8/11/2009	2009 Speedo Junior National Ch
8	59.83	736	Read, Haley	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	59.99	729	Trail, Ocean	18	PC Crow Canyon Country Club Sharks	7/25/2009	2009 CA/NV Speedo Championship
10	1:00.14	722	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/25/2009	2009 CA/NV Speedo Championship

### Boys Age 18-18 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	49.99	931	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	51.85	842	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
3	51.99	836	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	52.00	835	Cheah, Geoff	18	PC Unattached	3/5/2009	2009 Austin GP
5	52.28	822	Langland, Blake	18	PC Barracuda Aquatics Of Monterey	8/10/2009	2009 Speedo Junior National Ch
6	52.32	821	LaFlamme, David	18	PC Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
7	52.48	813	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
7	52.48	813	Ostler, Jack	18	PC North Bay Aquatics	8/11/2009	2009 Speedo Junior National Ch
9	52.76	800	Espiritu, Julius	18	PC Santa Clara Swim Club	8/11/2009	2009 Speedo Junior National Ch

## Age group 18 single age LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

10      52.78              800      Trowbridge, Nick              18    PC    Palo Alto Stanford Aquatics              8/4/2009      2009 U. S. Open Time Trials

### Girls Age 18-18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:04.01	829	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
2	2:04.43	819	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
3	2:05.75	788	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	2:06.83	763	Anderson, Katrina	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
5	2:08.16	733	Wei, Stephanie	18	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
6	2:08.17	732	Rodriquez, Jessica	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	2:08.38	728	Duckworth, Angela	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
8	2:09.01	714	Jensen, Liv	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
9	2:09.49	703	Hunt, Emma	18	PC Barracuda Aquatics Of Monterey	7/22/2009	2009 CA/NV Speedo Championship
10	2:09.61	700	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 18-18 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:51.17	904	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	1:52.17	880	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/6/2009	2009 U. S. Open
3	1:53.72	843	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	1:53.75	842	Wayne, Aaron	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	1:55.34	805	LaFlamme, David	18	PC Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
6	1:56.97	767	Stuhr, Matt	18	PC Neptune Swimming	8/10/2009	2009 Speedo Junior National Ch
7	1:57.39	757	Lager, Jordan	18	PC Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
8	1:57.88	746	Meints, Joshua	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
9	1:58.20	739	Dowley, Tommy	18	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

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LSC: PC For Dates 9/1/2008 - 8/31/2009

10	1:59.11	719	Drogemuller, Brandon	18	PC	Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
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### Girls Age 18-18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:21.56	811	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	4:25.87	762	Rodriquez, Jessica	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	4:26.31	757	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	4:26.96	750	Anderson, Katrina	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
5	4:32.53	689	Perrotta, Mattea	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
6	4:33.29	681	Hunt, Emma	18	PC Barracuda Aquatics Of Monterey	7/22/2009	2009 CA/NV Speedo Championship
7	4:34.25	671	Barnes-Waychus, Casey	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	4:34.91	664	Wei, Stephanie	18	PC Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
9	4:37.85	634	Howland, Molly	18	PC Orinda Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
10	4:39.39	618	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+

### Boys Age 18-18 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	3:57.80	878	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	4:00.32	849	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	4:05.29	795	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
4	4:08.87	757	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	4:09.75	747	Stuhr, Matt	18	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
6	4:10.59	738	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	4:11.03	734	Dowley, Tommy	18	PC Orinda Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

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8	4:13.61	707	Huang, Edward	18	PC	Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	4:14.11	702	Presant, Bill	18	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
10	4:15.04	692	Garcia, Ryan	18	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International

### Girls Age 18-18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:48.54	868	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	9:06.86	772	Rodriquez, Jessica	18	PC Unattached	6/11/2009	XLII Santa Clara International
3	9:12.37	745	Delay, Sara	18	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
4	9:35.43	633	Anderson, Katrina	18	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
5	9:36.34	629	Hunt, Emma	18	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
6	9:40.49	610	Vessie, Lauren	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
7	9:40.95	608	Rogers, Jessie	18	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
8	9:43.58	596	Biter-Mundt, Chardonnay	18	PC Napa Valley Swim Team	6/19/2009	2009 PC NAPA LCM PC-CBA+
9	9:48.76	573	Neumayr, Brianna	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	10:03.04	510	Yoder, Shaila	18	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO

### Boys Age 18-18 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:38.93	751	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
2	8:40.36	744	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
3	8:44.83	721	Stuhr, Matt	18	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
4	8:45.63	717	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
5	8:48.50	702	Presant, Bill	18	PC South Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	8:53.69	677	Murray, Brad	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo

## Age group 18 single age LC top times through 8/31/09

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Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
7	9:16.93	566	Nakamura, James	18	PC Palo Alto Stanford Aquatics	7/22/2009	Championship 2009 CA/NV Speedo Championship
8	9:18.52	559	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
9	9:31.39	501	Pribyl, David	18	PC Unattached	4/18/2009	2009 PC TERA LCM PC-CBA+
10	9:35.65	483	Rados, Matthew	18	PC Thunderbolt Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

### Girls Age 18-18 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	17:24.00	809	Duckworth, Angela	18	PC Unattached	6/11/2009	XLII Santa Clara International
2	18:16.84	676	Delay, Sara	18	PC Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+
3	18:44.01	612	Neumayr, Brianna	18	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
4	18:48.19	602	Vessie, Lauren	18	PC Lakeridge Swim Team	8/4/2009	2009 Western Zone Swimming Cha
5	19:27.09	515	Barton, Petra	18	PC Los Altos & Mountain View A.C.	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
6	21:09.29	314	Pezzuto, Makena	18	PC Unattached	5/1/2009	2009 PC VJO LCM PC-CBA+
7	21:28.69	280	Ploussard, Alysse	18	PC Reno Aquatic Club	6/19/2009	2009 PC RENO LCM PC-CBA+

### Boys Age 18-18 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	16:34.07	761	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
2	16:34.65	759	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	6/11/2009	XLII Santa Clara International
3	18:00.81	561	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
4	18:08.44	545	Pribyl, David	18	PC Rovella's Athletic Club	6/6/2009	2009 PC SJA LCM JR+
5	19:35.16	369	Hashimoto, Grant	18	PC Monterey County Aquatic Team	8/4/2009	2009 Western Zone Swimming Cha

### Girls Age 18-18 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:02.64	927	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA

## Age group 18 single age LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

Rank	Time	Power Points	Name	Age	LSC	Club	Meet Date	Meet
2	1:04.04	871	Woodward, Samantha	18	PC	Unattached	6/11/2009	Swimming National Champio XLII Santa Clara International
3	1:05.14	829	Wei, Stephanie	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
4	1:05.37	820	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
5	1:06.64	772	Anderson, Katrina	18	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	1:06.94	761	Powers, Alexa	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
7	1:07.75	731	Drysdale, Emma	18	PC	De Anza Cupertino Aquatics	8/8/2009	2009 U. S. Open
8	1:07.93	724	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	1:08.28	712	Levens, Tara	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	1:08.49	704	Pollitt, Vanessa	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 18-18 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC	Club	Meet Date	Meet
1	57.81	859	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	8/8/2009	2009 U. S. Open
2	58.60	827	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
3	58.69	823	Cheah, Geoff	18	PC	Unattached	7/26/2009	Fina World Championships Roma
4	58.70	823	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	59.14	805	Lager, Jordan	18	PC	Marin Pirates	8/8/2009	2009 U. S. Open
6	59.31	798	Ostler, Jack	18	PC	North Bay Aquatics	8/14/2009	2009 Speedo Junior National Ch
7	59.41	794	Hurko, Matt	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
8	59.55	788	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
9	1:00.32	758	Garcia, Ryan	18	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
10	1:00.36	756	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch

### Girls Age 18-18 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC	Club	Meet Date	Meet
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## Age group 18 single age LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

1	2:19.11	838	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:19.83	826	Wei, Stephanie	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
3	2:21.11	805	Anderson, Katrina	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
4	2:24.47	751	Howland, Molly	18	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:26.73	715	Levens, Tara	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:27.81	698	Webb, Betsy	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
7	2:28.63	685	Delay, Sara	18	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
8	2:28.85	682	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	2:28.88	681	Pollitt, Vanessa	18	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:30.09	663	Dailey, Ursi	18	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation

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1	2:03.70	888	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:04.15	879	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:05.84	846	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
4	2:07.97	804	Hurko, Matt	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	2:08.25	799	Cheah, Geoff	18	PC Unattached	7/26/2009	Fina World Championships Roma
6	2:09.27	780	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	2:09.34	778	Lager, Jordan	18	PC Marin Pirates	8/4/2009	2009 U. S. Open
8	2:10.94	748	Garcia, Ryan	18	PC Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
9	2:15.40	667	Fronczak, Sean	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
10	2:16.29	651	Owens, Eric	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

## Age group 18 single age LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

### Girls Age 18-18 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:11.28	870	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
2	1:13.97	788	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
3	1:14.55	771	Yoder, Shaila	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	1:16.07	726	Powers, Alexa	18	PC Walnut Creek Aquabears	8/5/2009	2009 CA North American Challen
5	1:16.08	726	Lee, Morgan	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	1:17.50	684	Read, Haley	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	1:17.71	678	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE
8	1:17.94	671	Dibartolomeo, Renae	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
9	1:19.83	618	Pilarowski, Genay	18	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
10	1:20.07	611	Kamai, Elizabeth	18	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 18-18 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:04.95	862	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
2	1:06.02	825	Cushing, Blake	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
3	1:07.14	787	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
4	1:07.40	778	Smith, Tim	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
5	1:08.47	742	Perfect, Brad	18	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
6	1:08.75	733	Haufler, Sean	18	PC Orinda Aquatics	8/10/2009	2009 Speedo Junior National Ch
7	1:09.30	714	Huang, Edward	18	PC Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	1:09.53	707	Shilling, Brandon	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo

## Age group 18 single age LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

9	1:09.80	698	Rice, Adam	18	PC	Pirate Aquatics	7/22/2009	Championship 2009 CA/NV Speedo Championship
10	1:10.13	687	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	6/28/2009	2009 PC SUNN LCM INVITE

### Girls Age 18-18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:35.62	854	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	2:39.50	801	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	2:41.47	775	Yoder, Shaila	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	2:46.71	706	Lee, Morgan	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	2:47.54	695	Powers, Alexa	18	PC Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:48.81	679	Read, Haley	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
7	2:53.57	618	Dibartolomeo, Renae	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
8	2:55.13	599	Fortier, Kylie	18	PC Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
9	2:56.26	585	Macabales, Dana	18	PC The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
10	2:57.67	567	Isaacs, Caroline	18	PC Mission San Jose Aquatics	7/16/2009	2009 PC TERA LCM PC-JO

### Boys Age 18-18 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:22.21	866	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:27.35	791	Meints, Joshua	18	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
3	2:27.40	790	Denton-Schneider, Jon	18	PC North Bay Aquatics	8/4/2009	2009 U. S. Open
4	2:27.44	790	Perfect, Brad	18	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
5	2:29.72	757	Rice, Adam	18	PC Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	2:31.59	731	Cushing, Blake	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo

## Age group 18 single age LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
7	2:32.26	721	Owens, Eric	18	PC Santa Clara Swim Club	7/22/2009	Championship 2009 CA/NV Speedo Championship
8	2:32.80	714	Lin, Curtis	18	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
9	2:33.73	701	Smith, Tim	18	PC Terrapins Swim Team	8/10/2009	2009 Jr National Champs TT
10	2:35.42	677	Rick, Steven	18	PC Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha

### Girls Age 18-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	59.67	942	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
2	1:01.25	884	Dailey, Ursi	18	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	1:02.25	848	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	1:02.27	847	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
5	1:03.04	820	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	1:03.23	813	Parsons, Kristina	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
7	1:03.87	791	Christofferson, Stephanie	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
8	1:03.89	790	Lukins, Caroline	18	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	1:04.50	769	Takaki, Maddie	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
10	1:05.29	741	Harper, Shelley	18	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved

### Boys Age 18-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	54.71	887	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
2	54.82	882	Nielsen, Kevin	18	PC University of California, Berkeley	3/5/2009	2009 Austin GP
3	55.63	847	Ostler, Jack	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch

## Age group 18 single age LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

4	55.78	840	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
5	55.95	833	Hurko, Matt	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	56.68	802	Horrell, Max	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open
7	56.86	794	Yen, Adam	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
8	57.23	779	LaFlamme, David	18	PC	Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
9	57.76	757	Lager, Jordan	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
10	57.89	751	Higginbotham, Alex	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM

### Girls Age 18-18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:16.27	846	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:17.84	822	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:18.88	806	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	2:22.69	749	Takaki, Maddie	18	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
5	2:22.97	745	Dailey, Ursi	18	PC California Aquatics	6/11/2009	XLII Santa Clara International
6	2:23.94	730	Christofferson, Stephanie	18	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:24.22	726	Schneider, Miranda	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
8	2:25.01	714	Lukins, Caroline	18	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:25.05	714	Parsons, Kristina	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
10	2:33.23	596	Blom, Alison	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 18-18 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:02.00	887	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:07.77	779	Hurko, Matt	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

## Age group 18 single age LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

3	2:07.97	776	LaFlamme, David	18	PC	Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
4	2:08.12	773	Horrell, Max	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
5	2:09.48	748	Shilling, Brandon	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
6	2:11.64	710	Murray, Brad	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:11.87	706	Yen, Adam	18	PC	Valley Splash	8/10/2009	2009 Jr National Champs TT
8	2:12.92	687	Higginbotham, Alex	18	PC	Valley Splash	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:13.75	673	Rice, Adam	18	PC	Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:14.26	664	Chin, Andrew	18	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship

### Girls Age 18-18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:19.75	853	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	2:20.09	847	Woodward, Samantha	18	PC	Unattached	6/11/2009	XLII Santa Clara International
3	2:22.70	800	Read, Haley	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	2:24.20	774	Rodriquez, Jessica	18	PC	Unattached	6/11/2009	XLII Santa Clara International
5	2:24.69	765	Christofferson, Stephanie	18	PC	North Bay Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	2:25.35	754	Powers, Alexa	18	PC	Walnut Creek Aquabears	7/29/2009	2009 PC LCM FAR WEST CHM
7	2:27.41	719	Anderson, Katrina	18	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
8	2:27.59	715	Duckworth, Angela	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
9	2:27.60	715	Wei, Stephanie	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
10	2:28.43	701	Jensen, Liv	18	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved

### Boys Age 18-18 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	2:03.41	937	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open

## Age group 18 single age LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

2	2:04.29	918	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	2:06.05	881	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
4	2:10.90	781	Lager, Jordan	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open
5	2:11.18	775	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
6	2:13.19	735	Rice, Adam	18	PC	Pirate Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	2:13.52	729	Garcia, Ryan	18	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
8	2:14.27	714	Owens, Eric	18	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
9	2:14.72	706	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	2:14.99	700	Fronczak, Sean	18	PC	Santa Clara Swim Club	8/5/2009	2009 CA North American Challen

### Girls Age 18-18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:55.69	845	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	5:00.81	803	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
3	5:03.77	780	Rodriquez, Jessica	18	PC Unattached	6/11/2009	XLII Santa Clara International
4	5:06.24	760	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
5	5:15.92	686	Read, Haley	18	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
6	5:18.00	670	Hunt, Emma	18	PC Barracuda Aquatics Of Monterey	7/16/2009	2009 PC TERA LCM PC-JO
7	5:27.30	602	Vessie, Lauren	18	PC Lakeridge Swim Team	7/16/2009	2009 PC TERA LCM PC-JO
8	5:29.69	584	Harvey, Amelia	18	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
9	5:33.31	559	Yoder, Shaila	18	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
10	5:45.89	472	Barton, Petra	18	PC Los Altos & Mountain View A.C.	5/1/2009	2009 PC LAMV LCM PC-C/B/A+

### Boys Age 18-18 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:20.39	958	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open

## Age group 18 single age LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

2	4:26.75	898	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	4:36.06	813	Garcia, Ryan	18	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
4	4:44.63	737	Hurko, Matt	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	4:48.36	705	Murray, Brad	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
6	4:51.74	676	Lin, Curtis	18	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
7	4:52.58	669	Rice, Adam	18	PC	Pirate Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
8	4:54.74	651	Moazeni, Shayan	18	PC	San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	4:55.10	648	Rick, Steven	18	PC	Almaden Swim & Racquet Club	8/4/2009	2009 Western Zone Swimming Cha
10	4:56.05	640	Fronczak, Sean	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship