

Santa CRUZ County Aquatics
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET, Zone 1 South Race to JOs on March 3-4, 2012

Enter Online: <http://ome.swimconnection.com/PC/CRUZ20120303>

SANCTION: Held under USA Pacific Swimming Sanction No. **12-033**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet will be posted in real time on the Internet at (meet results URL). By entering the meet, the athlete or his/her guardian consents to this publication.**

USE OF AUDIO AND VIDEO: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms.

OFFICIALS:	Head Referee:	Mike Piccardo
	Head Starter:	Cliff Reyda
	Meet Marshal:	John Bonsall
	Meet Director:	John Bonsall; JBonsall@aol.com ; 831-247-2175

LOCATION: University of California Santa Cruz, East Field House complex via Hagar Rd. From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz, take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the university at the Main entrance at Bay and High streets. Turn left at Hagar Road. Follow signs to "Event Parking" at the southwest parking lot near the pool complex.

COURSE: Outdoor, heated 25 yard pool, up to 8 lanes all deep water. Separate warm up area available. The minimum water depth at the start and turn ends of this pool is in accordance with article 103.2.3. The minimum depth at both the start and turn ends is 8 feet. Electronic timing and scoreboard will be provided. In accordance with Article 104.2.2c(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet begins at 9:00 AM each day, 12 and under warm-ups from 7:30 AM to 8:45 AM and 13 and up will warm up starting at noon or at the conclusion of the AM session whichever comes first. This will be a split age session meet with 12 and under events in the AM, starting at 9:00AM of each day and open events in the PM; one hour after the last event of the AM session and no sooner than 12:00 noon.

RULES: Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals. Swimmers may enter up to 4 events per day. **All swimmers ages 12 and under should complete competition within four (4) hours. Swimmers in the 500 yard Freestyle must provide their own lap counters, and swimmers in the 1650 yard Freestyle must provide their own timers and lap counters.**

SPECIAL RULES: This Meet has a cap of 350 participants on the deck at any one time. This will be a split session meet with AM and PM sessions. 12 and under events will be run in AM sessions and events in the PM session will be OPEN to all ages **Note: In order to enter open events at an age-group meet, a swimmer must have met the listed qualifying time or have coach verification for the following events; 200 Back, 200 Breast, 200 Fly, 400 IM, 400/500 Free, 800/1000 Free, 1500/1650 Free(PC R&R Section 1B1a(5)). 11-12 "PC-B" standards will be used as the qualifying standards for open events in this meet. Use the following URL to find the time standards: http://www.pacswim.org/12_A-B-SC.pdf Warm-ups will be provided between sessions as there will be a one hour break between AM and PM sessions. There will be a cap of 350 on the deck at any one time, so the event host asks that those participants swimming in the AM clear the pool deck after their final event and that those swimmers participating in the PM sessions plan on arriving at noon to warm up. CRUZ Aquatics recognizes families with swimmers in both age groups will be on the deck for the entire meet and will account for those numbers towards the 350 cap.**

All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

HIGH SCHOOL SWIMMERS (February through May): If you are a high school swimmer in season it is your responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules

of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter must or start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No deck changing. All shelters must be properly secured. No glass containers are allowed in the meet venue. No propane heater is permitted except for snack bar/meet operations.

PLEASE DO NOT BRING YOUR DOGS TO THIS MEET. No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue. UCSC does not allow dogs on campus and will issue citations if a dog (or other animal) is left in a car in a UCSC parking lot.

In accordance with Pacific Swimming Safety standards, absolutely no propane heaters will be allowed on the pool deck or in the fenced pool area regardless of the air temperature. Please do not ask for permission to set up a propane heater on the pool deck. Propane heaters set up outside the fenced pool area are permitted as long as their use and operation are safe. Safety is to be determined in the sole discretion of the meet director (or university personnel)

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division. NO TIME entries will be accepted for the AM Session events ONLY, for the PM Open Event sessions swimmers must have the 11-12 B-time Standards. The time standards can be found here: http://www.pacswim.org/12_A-B-SC.pdf. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. The swimmer's age will be the age of the swimmer on the first day of the meet. Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met the time standards for the 17-18 age group.

Entry Priority: Zone 1 South club attached swimmers will be given priority to this meet, as a result Zone 1 S swimmers only will be accepted up through 2/12/2012. The meet will be open to other zone attached swimmers after 2/12/2012 until the meet cap limit of 350 per session is met.

ENTRY FEES: \$2.75 per event, \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

Make check payable to: Santa Cruz County Aquatics
Mail with entries to: John Bonsall
Swim Meet Entries
4300 Soquel Dr, #57
Soquel, CA 95073

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming procedures. Entries must be postmarked by midnight, Monday February 20th, 2012 or hand delivered to 4300 Soquel Dr, #57, Soquel, CA 95073 by 6:30 pm Wednesday, **February 22nd, 2012**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter on-line go to <http://ome.swimconnection.com/PC/CRUZ20120303> to receive an immediate entry confirmation this method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **February 22nd, 2012.**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Swimmers entered in an individual event in a C/B/A+ meet that is seeded on the deck who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from their next individual event in which the swimmer is entered on that day or the next meet day, whichever if first. Exception: No penalty shall apply for failure to withdraw or compete in an individual event if the referee is notified in the event of illness or injury and accepts the proof thereof, or it is determined by the referee that the No-Show is caused by circumstances beyond the control of the swimmer.

AWARDS: Ribbons for 1st – 8th place in A, B, and C divisions. 8 and under, 9/10, 11/12, 13/14, 15/18 age groups will be awarded. No awards for age 19 and up swimmers.

ADMISSION: Free. A two day program will be available for \$2.00

REFRESHMENTS: A snack bar will be available. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

EVENTS

Saturday 3/3/2012				Sunday 3/4/2012			
AM Session 9:00AM				AM Session 9:00AM			
Girls	Event	Boys		Girls	Event	Boys	
1	11/12 200 Free	2		45	11/12 50 Fly	46	
3	10u 100 Free	4		47	10u 100 Fly	48	
5	8u 25 Free	6		49	8u 25 Free	50	
7	11/12 100 Back	8		51	11/12 100 Free	52	
9	10u 50 Back	10		53	10u 50 free	54	
11	8u 25 Breast	12		55	8u 25 Fly	56	
13	11/12 50 Breast	14		57	11/12 200 IM	58	
15	10u 100 Breast	16		59	10u 100 IM	60	
17	8u 25 Back	18		61	8u 25 Back	62	
19	11/12 100 Fly	20		63	11/12 50 Back	64	
21	10u 50 Fly	22		65	10u 100 Back	66	
23	8u 25 Fly	24		67	8u 25 Breast	68	
25	11/12 100 IM	26		69	11/12 100Breast	70	
27	10u 200 IM	28		71	10u 50 Breast	72	
29	8u 50 Free	30		73	11/12 50 Free	74	
				75	10u 200 Free	76	
***** 1 Hour Break *****				***** 1 Hour Break *****			
(PM Session starts no earlier than 12PM)				(PM Session starts no earlier than 12PM)			
7:30.49	31 OPEN 500 Free	32	7:23.59	6:49.69	77 OPEN 400 IM	78	6:58.89
1:27.79	33 OPEN 100 Back	34	1:29.39	2:49.19	79 OPEN 200 Free	80	2:49.39
3:37.69	35 OPEN 200 Breast	36	3:41.79	1:39.49	81 OPEN 100 Breast	82	1:41.09
1:28.19	37 OPEN 100 Fly	38	1:30.19	3:14.69	83 OPEN 200 Back	84	3:36.89
3:09.59	39 OPEN 200 IM	40	3:12.39	35.19	85 OPEN 50 Free	86	34.59
1:16.09	41 OPEN 100 Free	42	1:15.29	3:17.19	87 OPEN 200 Fly	88	3:29.49
28:20.09	43 OPEN 1650 Free	44	27:30.89				

All 500/1650 yd Freestyle swimmers must provide their own lap counters. All 1650 yd Freestyle swimmers must provide their own timers.

***Swimmers entering Open Events must meet the 11-12 PC-B time standard for an event or have coach verification. Use the following URL to find the time standards: http://www.pacswim.org/12_A-B-SC.pdf**

Santa CRUZ County Aquatics					
C/B/A+ Short Course Meet					
March 3 rd -4th, 2012					
Consolidated Entry Card					
NAME	LAST		FIRST		INITIAL
Club Abbr	Unat-tached Yes No		Club Name		
Age		Date of Birth		Amt Paid	
USAS Registration:					
Sex		Age Group			
Boy	Girl	8&U	9-10	11-12	13&O
Event #	Distance	Stroke		Entry Time	
				:	.
				:	.
				:	.
				:	.
				:	.
				:	.
				:	.
				:	.
				:	.
# of entries _____ x \$2.75				\$ _____	
Participation fee				+ \$8.00	
Total				\$ _____	
Coaches Name:					
Swimmers:		Address			
		City			
		State			
		Zip			
Swimmer Phone:					
Family Email:					
OFFICE USE ONLY					
CASH AMOUNT: _____					
CHECK # _____ AMOUNT: _____					
DATE ENTERED: _____ BY: _____					

Write Checks
Pay to the order of:

**Santa CRUZ
County Aquatics**

Mail Entries To:

John Bonsall
Meet Entries
4300 Soquel Dr
No. 57
Soquel, CA 95073

Entry deadlines:

Postmarked by
Midnight on Monday,
February 20th, 2012

Hand delivered by 6:30PM
on Wednesday
February 22nd, 2012

Online by
Midnight on Wednesday
February 22nd, 2012