

Swim Coach Safety Training Providers Serving Pacific Swimming
(Data as of December 20, 2009)

Zone	Contact Name	City/State	Phone(s)	Email/Website	Affiliation	Curriculum Information*
1N	Ballard, Jaime	Redwood City/CA	408-373-6078 650-364-6272	ballardcerts@gmail.com	ARC/Bay Area	FA, CPR, STSC & LGT
1N	Knochenhauer, Maggi	Redwood City/CA	650-364-5505	maknoche@sfhs.com	ARC/Palo Alto	FA and CPR only.
1N	Lincoln, Kathy	St Francis HS Redwood City/CA	650-968-1213	kalinco@sfhs.com		
1N	Provoznik, Paula	Los Altos/CA	650-947-3130	pprovoznik@lagcc.com		FA, CPR, STSC & LGT
1N	Russo, Vicki	Pacifica/CA		russov@ci.pacifica.ca.us	ARC/Bay Area	
1S	Brown, Johanna	PO Box 1571 Monterey CA 93942	831-235-2749	jb.poolqueen@sbcglobal.net	ARC/Monterey	FA, CPR, LGT & STSC for recerts, challenges and full certifications. Classes by arrangement.
1S	Burton, Michelle	Carmel/CA	831-905-2790	mburton56@sbcglobal.net	ARC/ Monterey	FA, CPR, STSC & LGT
2	Berendsen, Carol	Oakland/CA	510-430-3351	carolb@mills.edu www.mills.edu/pool	ARC/Bay Area	FA, CPR, STSC & LGT
2	Bispo, Frank	Modesto/CA		bispo.F@monet.k12.ca.us		
2	Elliott, Liz	Freemont/CA -and- Livermore/CA	510-304-1863 925-447-3474 510-226-SWIM	writeliz@gmail.com lize2@netzero.net www.swimhappyfish.com	ARC/Bay Area	STSC, CPR/FA recert & first time class at Livermore on 4 th Sunday of Jan, Apr, Jun & Sep. Multi-coach discounts available. Will do on-site training. See website.
2	Gallindo, Matt	Concord/CA	925-671-3477	www.cityofconcord.org/recreation/swimming	Jeff Ellis Associates	Jeff Ellis International Lifeguard Training Program. \$65/person.
2	Haase, Keith	San Ramon/CA	925-973-3240	khaase@sanramon.ca.gov		FA, CPR, STSC & LGT
2	Milliman, Mike	Walnut Creek/CA	925-939-2624	mmswim34@pacbell.net	ARC/Bay Area	FA, CPR & STSC. Full course or challenge. By arrangement.
2	Zamzow, Ryan	Linden/CA	209-585-6511	rzamzow@gmail.com	ARC/Stanislaus ARC/San Joaquin	FA, CPR, STSC & LGT
3	Heys, Judy/ Norcal Swim Shop	Napa/CA	800-752-7946	www.swimshop.com/norcal (follow link to Pacific Swim Coaches Clinic)	ARC/Napa	FA, CPR & STSC. Held annually in conjunction with Pacific Swimming Coaches Clinic.(January)
3	Sturdevant, Carol	Rohnert Park/CA	707-584-1421 707-584-7009 707-586-1413	swimmom6@juno.com	ARC/Sonoma	FA, CPR & STSC. Full course & challenge. Recertification fee \$35/person.

- See USA Swimming “Coaches Safety Curriculum—Requirements and Equivalents” for descriptions of acceptable courses. FA = First Aid; CPR = Cardiac Pulmonary Resuscitation; STSC = Safety Training for Swim Coaches; ARC = American Red Cross; LGT = Lifeguard Training.

—Attention—

If you know of additional training providers or if any of the above information is not correct, please contact the Pacific Swimming Safety Chair

(Tel: 925-376-4315 or Email: mike.metcalf@comcast.net)