

Summer 2019 JO Time Standards (SCY - LCM - SCM)

Published 9/19/18

Girls

Event	10 & Under		
	SCY	LCM	SCM
50 FR	30.49	35.19	33.59
100 FR	1:07.29	1:16.99	1:15.39
200 FR	2:28.29	2:50.09	2:43.89
400/500 FR	6:31.39	5:50.19	5:39.59
800/1000 FR			
1500/1650 FR			
50 BK	36.19	40.89	39.99
100 BK	1:17.89	1:30.29	1:26.09
200 BK			
50 BR	39.89	45.29	44.09
100 BR	1:27.49	1:41.29	1:36.69
200 BR			
50 FL	34.39	39.39	37.99
100 FL	1:19.19	1:30.29	1:27.49
200 FL			
100 IM	1:17.09		1:25.19
200 IM	2:45.09	3:08.29	3:02.39
400 IM			

11		
SCY	LCM	SCM
28.89	32.79	31.89
1:02.69	1:11.59	1:09.29
2:16.19	2:36.29	2:30.49
6:08.09	5:28.79	5:22.09
12:44.39	11:36.19	11:08.99
21:29.89	22:25.09	21:22.39
32.59	37.79	35.99
1:10.59	1:23.09	1:17.99
2:32.89	2:57.69	2:48.79
36.89	42.59	40.79
1:20.79	1:33.39	1:29.29
2:53.89	3:21.09	3:12.09
31.29	35.39	34.59
1:10.99	1:20.89	1:18.49
2:43.09	3:05.29	2:59.09
1:11.49		1:18.99
2:33.29	2:56.69	2:49.39
5:27.59	6:17.69	6:01.89

12		
SCY	LCM	SCM
27.89	31.89	30.89
1:00.49	1:09.49	1:06.79
2:12.09	2:30.29	2:25.99
5:51.39	5:15.39	5:08.59
12:09.49	11:03.39	10:38.49
20:27.19	21:13.19	20:20.09
31.59	36.89	35.19
1:08.49	1:19.29	1:16.59
2:27.29	2:50.59	2:43.29
35.89	40.19	39.69
1:18.19	1:29.69	1:26.39
2:49.19	3:12.69	3:06.99
30.59	34.29	33.79
1:08.09	1:17.99	1:15.19
2:31.39	2:55.09	2:48.89
1:09.29		1:16.59
2:28.39	2:51.19	2:45.69
5:19.19	6:04.59	5:52.69

13		
SCY	LCM	SCM
27.09	30.79	29.99
58.99	1:07.49	1:05.19
2:08.39	2:26.59	2:21.79
5:43.19	5:07.39	5:00.39
11:47.59	10:34.59	10:19.29
19:45.39	20:20.49	19:38.49
1:05.69	1:16.19	1:12.49
2:21.19	2:43.59	2:36.09
1:14.49	1:25.69	1:22.29
2:41.79	3:04.89	2:58.79
1:04.79	1:13.59	1:11.59
2:23.99	2:42.49	2:39.09
2:24.29	2:45.39	2:39.39
5:06.79	5:50.79	5:38.99

14		
SCY	LCM	SCM
26.79	30.69	29.59
58.39	1:06.79	1:04.49
2:05.79	2:23.89	2:18.99
5:36.49	5:02.19	4:54.49
11:37.19	10:20.99	10:10.19
19:14.59	19:48.09	19:07.89
1:03.79	1:14.09	1:11.39
2:17.89	2:39.69	2:32.89
1:13.29	1:24.29	1:21.59
2:37.89	3:03.19	2:56.59
1:03.39	1:12.39	1:10.79
2:22.09	2:39.59	2:36.99
2:21.09	2:42.39	2:35.89
5:00.19	5:43.99	5:31.69

Boys

Event	10 & Under		
	SCY	LCM	SCM
50 FR	30.19	34.49	33.29
100 FR	1:06.69	1:16.49	1:13.69
200 FR	2:27.09	2:47.69	2:42.19
400/500 FR	6:31.39	5:40.49	5:39.19
800/1000 FR			
1500/1650 FR			
50 BK	35.99	40.99	38.99
100 BK	1:16.49	1:28.19	1:24.39
200 BK			
50 BR	40.19	46.19	43.49
100 BR	1:27.79	1:41.09	1:36.79
200 BR			
50 FL	34.39	38.19	38.09
100 FL	1:19.89	1:29.49	1:28.29
200 FL			
100 IM	1:16.99		1:24.19
200 IM	2:46.19	3:06.89	3:03.59
400 IM			

11		
SCY	LCM	SCM
28.59	32.79	31.59
1:02.49	1:11.59	1:08.99
2:15.49	2:35.89	2:29.69
6:07.19	5:32.69	5:21.89
12:38.69	11:33.39	11:03.99
21:19.19	22:18.49	21:11.79
33.09	38.29	36.59
1:11.79	1:23.89	1:19.19
2:36.39	3:00.59	2:52.29
37.19	42.69	41.09
1:20.99	1:34.39	1:29.39
2:54.69	3:22.19	3:12.69
31.79	36.39	35.09
1:11.39	1:21.59	1:18.79
2:41.49	3:02.89	2:57.89
1:11.79		1:19.29
2:34.89	2:57.79	2:51.09
5:27.89	6:19.59	6:02.29

12		
SCY	LCM	SCM
27.19	31.19	29.99
59.29	1:07.49	1:04.49
2:09.19	2:26.99	2:22.69
5:47.49	5:08.49	5:04.09
11:56.79	10:51.99	10:27.29
20:00.79	20:45.89	19:53.79
31.59	36.49	34.89
1:07.49	1:18.49	1:14.59
2:23.99	2:46.59	2:39.09
35.19	40.09	38.09
1:15.89	1:27.69	1:23.79
2:42.99	3:08.89	3:00.09
30.19	34.09	33.49
1:07.09	1:16.39	1:14.19
2:29.89	2:48.79	2:44.29
1:08.09		1:15.19
2:27.09	2:48.19	2:42.29
5:12.19	5:53.39	5:44.99

13		
SCY	LCM	SCM
25.69	29.49	28.39
55.99	1:04.09	1:01.79
2:01.59	2:20.29	2:14.29
5:27.39	4:56.39	4:46.49
11:19.79	10:17.19	9:54.89
18:57.49	19:32.39	18:50.79
1:01.89	1:12.19	1:08.39
2:15.09	2:36.79	2:29.19
1:09.59	1:20.49	1:16.89
2:31.29	2:53.89	2:47.09
1:01.09	1:09.49	1:07.49
2:17.79	2:38.49	2:31.99
2:16.59	2:36.99	2:30.89
4:50.59	5:35.79	5:21.09

14		
SCY	LCM	SCM
24.69	28.39	27.59
53.89	1:01.99	59.59
1:57.19	2:15.09	2:09.49
5:16.99	4:45.99	4:37.39
10:57.79	9:56.29	9:35.59
18:20.89	18:58.19	18:14.49
1:00.49	1:09.39	1:06.79
2:11.79	2:32.89	2:25.29
1:08.09	1:17.89	1:13.99
2:28.39	2:52.59	2:43.99
59.59	1:07.49	1:05.89
2:12.29	2:31.49	2:27.49
2:11.39	2:32.29	2:27.09
4:43.39	5:26.19	5:13.09