

## Long Course top times as of Dec. 24

LSC: PC For Dates 9/1/2018 - 8/31/2019

### Girls Age 13-35 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	24.39	1038	Manuel, Simone	22	PC Alto Swim Club	11/29/2018	2018 Winter National Champions
2	25.11	971	Osman, Farida	23	PC Unattached	9/14/2018	13th African Swimming and Open Water Championships
3	25.69	918	Mack, Linnea	23	PC Osprey Aquatics	11/29/2018	2018 Winter National Champions
4	26.62	835	Heckman, Miranda	17	PC Pleasanton Seahawks	11/29/2018	2018 Winter National Champions
5	27.15	789	Hartman, Zoie	17	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials
6	27.20	796	Mazurek, Ella	15	PC Quicksilver Swimming	11/29/2018	2018 Winter National Champions
7	27.36	771	Kosturos, Sophia	18	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials
8	27.87	737	Depaco, Alexis	16	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials
9	28.41	683	O'Brien, Ashleen	18	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials
10	1:07.02	1	Arreola, Anaiss	14	PC East Bay Aquatics Association	9/15/2018	2018 California Classic

### Boys Age 13-35 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	21.94	1005	Adrian, Nathan	29	PC California Aquatics	11/29/2018	2018 Winter National Champions
2	23.22	892	Daily, Spencer	18	PC Unattached	11/29/2018	2018 Winter National Champions
3	23.55	895	Roy, Neel	16	PC Unattached	9/20/2018	72nd Glenmark Senior National Aquatic Championship
4	24.95	746	Wight, Gavin	17	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials
5	25.84	670	Scruton, Matthew	18	PC Marin Pirates	12/9/2018	2018 ST ASC LCM Time Trials
6	35.84	16	Tavares, Gerard	19	PC Unattached	9/15/2018	2018 California Classic

### Girls Age 13-35 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	53.38	1037	Manuel, Simone	22	PC Alto Swim Club	12/1/2018	2018 Winter National Champions
2	56.25	898	Vollmer, Dana	31	PC California Aquatics	12/1/2018	2018 Winter National Champions
3	56.26	897	Mack, Linnea	23	PC Osprey Aquatics	12/1/2018	2018 Winter National Champions
4	56.80	872	Osman, Farida	23	PC Unattached	9/10/2018	13th African Swimming and Open

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Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
5	56.93	866	Heckman, Miranda	17	PC Pleasanton Seahawks	12/1/2018	Water Championships 2018 Winter National Champions
6	57.33	851	Oliva, Nicole	16	PC Unattached	10/8/2018	Youth Olympic Games Buenos Aires 2018
7	57.59	851	Mazurek, Ella	15	PC Quicksilver Swimming	12/1/2018	2018 Winter National Champions
8	2:23.15	1	Arreola, Anaiss	14	PC East Bay Aquatics Association	9/15/2018	2018 California Classic

### Boys Age 13-35 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	48.59	999	Adrian, Nathan	29	PC California Aquatics	12/1/2018	2018 Winter National Champions
2	49.23	1012	Minakov, Andrei	16	PC Unattached	10/12/2018	Youth Olympic Games Buenos Aires 2018
3	51.41	908	Roy, Neel	16	PC Unattached	9/22/2018	72nd Glenmark Senior National Aquatic Championship
4	52.72	802	Daily, Spencer	18	PC Unattached	12/1/2018	2018 Winter National Champions
5	53.50	767	Lu, Tyler	18	PC Pleasanton Seahawks	12/1/2018	2018 Winter National Champions
6	54.02	743	Ward, Lee	25	PC Walnut Creek Aquabears	11/29/2018	2018 Time Trials Winter Nation
7	54.46	734	Wight, Gavin	17	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials
8	1:19.71	1	Tavares, Gerard	19	PC Unattached	9/15/2018	2018 California Classic

### Girls Age 13-35 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:57.92	979	Manuel, Simone	22	PC Alto Swim Club	11/30/2018	2018 Winter National Champions
2	2:02.08	889	Oliva, Nicole	16	PC Unattached	10/10/2018	Youth Olympic Games Buenos Aires 2018
3	2:03.05	865	Heckman, Miranda	17	PC Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
4	2:07.23	767	Hawkins, Daniella	17	PC Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
5	2:10.96	702	Mazurek, Ella	15	PC Quicksilver Swimming	11/30/2018	2018 Winter National Champions

### Boys Age 13-35 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:54.16	832	Kurakin, Ivan	19	PC Unattached	11/30/2018	2018 Winter National Champions

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2	1:54.60	822	Lu, Tyler	18	PC	Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
3	1:55.48	835	Roy, Neel	16	PC	Unattached	9/19/2018	72nd Glenmark Senior National Aquatic Championship
4	1:55.89	825	Plattel, Lleyton	16	PC	Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
5	1:56.40	783	David, Calvin	17	PC	Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
6	1:58.29	737	Ward, Lee	25	PC	Walnut Creek Aquabears	11/30/2018	2018 Winter National Champions
7	2:51.94	1	Tavares, Gerard	19	PC	Unattached	9/16/2018	2018 California Classic

### Girls Age 13-35 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	4:16.61	883	Oliva, Nicole	16	PC	Unattached	10/12/2018	Youth Olympic Games Buenos Aires 2018
2	4:19.10	853	Heckman, Miranda	17	PC	Pleasanton Seahawks	11/29/2018	2018 Winter National Champions
3	4:28.86	741	Hawkins, Daniella	17	PC	Pleasanton Seahawks	11/29/2018	2018 Winter National Champions

### Boys Age 13-35 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	3:53.15	931	Calloni, Johannes	18	PC	Unattached	10/7/2018	Youth Olympic Games Buenos Aires 2018
2	3:58.26	881	David, Calvin	17	PC	Pleasanton Seahawks	11/29/2018	2018 Winter National Champions
3	3:58.49	901	Plattel, Lleyton	16	PC	Pleasanton Seahawks	11/29/2018	2018 Winter National Champions
4	4:03.15	818	Lu, Tyler	18	PC	Pleasanton Seahawks	11/29/2018	2018 Winter National Champions
5	4:06.87	778	Kurakin, Ivan	19	PC	Unattached	11/29/2018	2018 Winter National Champions
6	6:12.05	1	Tavares, Gerard	19	PC	Unattached	9/15/2018	2018 California Classic

### Girls Age 13-35 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Swim Date</i>	<i>Meet</i>
1	8:52.29	854	Oliva, Nicole	16	PC	Unattached	10/9/2018	Youth Olympic Games Buenos Aires 2018
2	8:54.24	837	Hawkins, Daniella	17	PC	Pleasanton Seahawks	11/28/2018	2018 Winter National Champions
3	9:03.36	790	Heckman, Miranda	17	PC	Pleasanton Seahawks	11/28/2018	2018 Winter National Champions

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### Boys Age 13-35 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	8:03.30	943	Calloni, Johannes	18	PC Unattached	10/11/2018	Youth Olympic Games Buenos Aires 2018
2	8:12.02	903	Plattel, Lleyton	16	PC Pleasanton Seahawks	11/28/2018	2018 Winter National Champions
3	8:12.56	891	David, Calvin	17	PC Pleasanton Seahawks	11/28/2018	2018 Winter National Champions
4	8:37.08	760	Lu, Tyler	18	PC Pleasanton Seahawks	11/28/2018	2018 Winter National Champions

### Boys Age 13-35 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	15:44.94	901	Plattel, Lleyton	16	PC Pleasanton Seahawks	12/1/2018	2018 Winter National Champions

### Girls Age 13-35 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	1:02.59	929	Mack, Linnea	23	PC Osprey Aquatics	11/30/2018	2018 Winter National Champions
2	1:04.76	843	Lepisova, Emma	17	PC Burlingame Aquatic Club	12/9/2018	2018 ST ASC LCM Time Trials
3	1:06.63	772	Davis, Jessica	16	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials
4	1:10.03	649	O'Brien, Ashleen	18	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials

### Boys Age 13-35 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	56.83	900	Calloni, Johannes	18	PC Stanford Swimming	10/10/2018	Youth Olympic Games Buenos Aires 2018
2	58.00	864	Dacosta, Paige	17	PC Pleasanton Seahawks	11/30/2018	2018 Winter National Champions
3	59.11	858	Roy, Neel	16	PC Unattached	9/23/2018	72nd Glenmark Senior National Aquatic Championship
4	1:03.90	634	Wight, Gavin	17	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials

### Boys Age 13-35 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:03.26	908	Dacosta, Paige	17	PC Pleasanton Seahawks	12/1/2018	2018 Winter National Champions

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2	2:07.10	821	Kurakin, Ivan	19	PC	Unattached	12/1/2018	2018 Winter National Champions
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### Girls Age 13-35 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:14.36	802	Suppiger, Shelby	15	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials
2	1:16.62	735	Jih-Schiff, Ana	15	PC Crow Canyon Country Club Sharks	12/9/2018	2018 ST ASC LCM Time Trials

### Boys Age 13-35 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	1:03.28	920	Tolman, Scott	20	PC Unattached	11/30/2018	2018 Winter National Champions
2	1:04.07	893	Wilcox, Matt	18	PC Walnut Creek Aquabears	11/30/2018	2018 Winter National Champions
3	1:06.68	866	Soderlund, Jacob	16	PC Triggerfish Aquatics	11/30/2018	2018 Winter National Champions
4	1:06.87	815	McIntosh, Corban	17	PC Marin Pirates	12/9/2018	2018 ST ASC LCM Time Trials
5	1:06.99	792	Chao, Kai	21	PC Walnut Creek Aquabears	11/30/2018	2018 Winter National Champions
6	1:38.60	10	Tavares, Gerard	19	PC Unattached	9/16/2018	2018 California Classic

### Boys Age 13-35 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	2:15.58	964	Tolman, Scott	20	PC Unattached	12/1/2018	2018 Winter National Champions
2	2:30.16	797	Soderlund, Jacob	16	PC Triggerfish Aquatics	12/1/2018	2018 Winter National Champions
3	2:30.51	746	Wilcox, Matt	18	PC Walnut Creek Aquabears	12/1/2018	2018 Winter National Champions
4	2:33.43	711	Horky, Christoph	17	PC Marin Pirates	12/9/2018	2018 ST ASC LCM Time Trials
5	3:42.44	1	Tavares, Gerard	19	PC Unattached	9/15/2018	2018 California Classic

### Girls Age 13-35 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Swim Date	Meet
1	59.03	966	Osman, Farida	23	PC Unattached	9/13/2018	13th African Swimming and Open Water Championships
2	59.38	953	Vollmer, Dana	31	PC California Aquatics	11/30/2018	2018 Winter National Champions
3	1:06.36	705	O'Brien, Ashleen	18	PC Diablo Aquatics	12/9/2018	2018 ST ASC LCM Time Trials

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### Boys Age 13-35 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	51.12	1103	Minakov, Andrei	16	PC Unattached	10/9/2018	Youth Olympic Games Buenos Aires 2018
2	55.07	871	Daily, Spencer	18	PC Unattached	11/30/2018	2018 Winter National Champions
3	1:47.68	1	Tavares, Gerard	19	PC Unattached	9/15/2018	2018 California Classic

### Boys Age 13-35 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	2:06.52	883	Dacosta, Paige	17	PC Pleasanton Seahawks	11/29/2018	2018 Winter National Champions

### Boys Age 13-35 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Swim Date</i>	<i>Meet</i>
1	4:28.70	880	Dacosta, Paige	17	PC Pleasanton Seahawks	11/30/2018	2018 Winter National Champions