

# Senior LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

## Girls Age 13-33 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	25.12	970	Vollmer, Dana	21	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	25.29	954	Kennedy, Madison	21	PC California Aquatics	6/11/2009	XLII Santa Clara International
2	25.29	954	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
4	25.32	951	Bispo, Karlee	19	PC Pirate Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	25.43	941	Smit, Julia	21	PC Unattached	5/14/2009	2009 NC Charlotte UltraSwim
6	25.49	936	Dwellely, Kate E	20	PC Terrapins Swim Team	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	25.70	928	Schaefer, Madeline	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
8	25.91	898	Carlson, Kasey	17	PC Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
9	25.93	907	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	25.98	892	Jensen, Liv	19	PC Palo Alto Stanford Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
10	25.98	892	Wilson, Hannah	20	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
12	26.05	886	Campbell, Whitney	22	PC De Anza Cupertino Aquatics	6/26/2009	2009 SE NAC Summer Sizzler
13	26.18	874	Monsees, Courtney	20	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
14	26.19	873	Murphy, Kathryn	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
15	26.26	867	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
16	26.31	862	Dagg, Erica	20	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
17	26.44	851	Drysdale, Emma	18	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
18	26.45	850	Thomas, Tara	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
18	26.45	850	Fotsch, Colleen	19	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials

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### LSC: PC For Dates 9/1/2008 - 8/31/2009

20	26.48	847	Fong, Chelsea	17	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
21	26.55	850	Roth, Deborah	16	PC	North Bay Aquatics	8/4/2009	2009 U. S. Open
21	26.55	841	Breeden, Elaine	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
23	26.77	822	Delay, Sara	18	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
24	26.89	812	Bergman, Jesse	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
25	26.92	809	Biter-Mundt, Chardonnay	18	PC	Napa Valley Swim Team	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 13-33 50 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	21.46	1048	Adrian, Nathan	20	PC Unattached	7/26/2009	Fina World Championships Roma
2	21.72	1024	Moore, Graeme	20	PC Unattached	7/26/2009	Fina World Championships Roma
3	21.89	1009	Dunford, David	20	PC Unattached	7/26/2009	Fina World Championships Roma
4	22.30	972	Copeland, William	23	PC California Aquatics	7/5/2009	2009 WUG's Champs
5	22.42	962	Clark, Bennett	23	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	22.47	959	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
7	22.64	942	Allen, Jake	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	22.71	938	Hanni, Ryan	17	PC Los Altos & Mountain View A.C.	8/10/2009	2009 Speedo Junior National Ch
9	22.93	917	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
10	23.00	911	Meichtry, Dominik	24	PC California Aquatics	6/11/2009	XLII Santa Clara International
11	23.11	901	Johnson, BJ	21	PC Unattached	3/5/2009	2009 Austin GP
12	23.25	889	Bogart, Rob	30	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
13	23.28	886	Dunford, Jason	22	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
14	23.33	882	Foster, Dana	19	PC Unattached	3/5/2009	2009 Austin GP
15	23.35	880	Cheah, Geoff	18	PC Unattached	3/5/2009	2009 Austin GP
16	23.41	875	Sorge, Scott	21	PC University of California, Berkeley	3/5/2009	2009 Austin GP
17	23.42	874	Thompson, Garrett	19	PC The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

18	23.55	863	Packer, Chris	19	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	23.56	862	Davis, Peter	24	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	23.61	858	Underwood, Russ	21	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
21	23.66	886	Peske, Erich	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	23.67	853	Reilly, Sean	19	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
23	23.69	851	Wall, Daniel	19	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
24	23.77	844	Koon, Nolan	19	PC	California Aquatics	7/7/2009	2009 ConocoPhillips National Championships TT
25	23.86	836	Cushing, Alex	20	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
25	23.86	836	Peterson, Christopher	19	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

### Girls Age 13-33 100 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.30	1041	Vollmer, Dana	21	PC Unattached	7/26/2009	Fina World Championships Roma
2	54.25	994	Smit, Julia	21	PC Unattached	7/26/2009	Fina World Championships Roma
3	54.72	971	Dwellely, Kate E	20	PC Terrapins Swim Team	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	54.96	959	Kennedy, Madison	21	PC California Aquatics	7/5/2009	2009 WUG's Champs
5	55.16	950	Bispo, Karlee	19	PC Pirate Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	55.37	940	Woodward, Samantha	18	PC Stanford Swimming	8/4/2009	2009 U. S. Open
7	55.58	930	Wilson, Hannah	20	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	55.71	923	Monsees, Courtney	20	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	55.98	914	Schaefer, Madeline	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
10	56.25	898	Breeden, Elaine	20	PC Stanford Swimming	8/4/2009	2009 U. S. Open
11	56.26	897	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA

## Senior LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
12	56.39	891	Isakovic, Sara	21	PC California Aquatics	6/11/2009	Swimming National Champio XLII Santa Clara International
13	56.62	881	Dagg, Erica	20	PC California Aquatics	6/11/2009	XLII Santa Clara International
14	56.71	939	Chenault, Chelsea	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
15	56.90	883	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
16	56.99	863	Delay, Sara	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
17	57.32	848	Jensen, Liv	19	PC Palo Alto Stanford Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
18	57.36	846	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
19	57.38	845	Fotsch, Colleen	19	PC Palo Alto Stanford Aquatics	8/5/2009	2009 U. S. Open
19	57.38	849	Dirado, Maya	16	PC Neptune Swimming	6/12/2009	XLII Santa Clara International
21	57.51	839	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
22	57.58	836	Thomas, Tara	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
22	57.58	836	Saarnak, Annika	20	PC Unattached	7/26/2009	Fina World Championships Roma
24	57.63	837	Breed, Catherine	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
25	57.91	824	Roth, Deborah	16	PC North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats

### Boys Age 13-33 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	48.00	1028	Adrian, Nathan	20	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	48.53	1002	Copeland, William	23	PC California Aquatics	7/5/2009	2009 WUG's Champs
3	49.16	971	Dunford, Jason	22	PC Unattached	7/26/2009	Fina World Championships Roma
4	49.17	970	Meichtry, Dominik	24	PC Unattached	7/26/2009	Fina World Championships Roma
5	49.34	962	Dunford, David	20	PC Unattached	7/26/2009	Fina World Championships Roma
6	49.51	954	Clark, Bennett	23	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	49.55	952	Allen, Jake	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	49.95	943	Fleming, Shayne	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open

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9	49.99	931	Wayne, Aaron	18	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
10	50.78	893	Sorge, Scott	21	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
11	50.90	898	Hanni, Ryan	17	PC	Los Altos & Mountain View A.C.	8/10/2009	2009 Speedo Junior National Ch
12	50.96	884	Godsoe, Eugene	21	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
13	51.34	866	Thompson, Garrett	20	PC	The Swim Club of NorCal	8/4/2009	2009 U. S. Open
14	51.42	863	Priestley, Morgan	19	PC	Stanford Swimming	7/7/2009	2009 ConocoPhillips National Championships TT
15	51.46	906	Peske, Erich	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	51.51	858	Davis, Peter	24	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	51.61	854	Morrison, Phillip	24	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
18	51.67	851	Liivamagi, Martin	20	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
19	51.73	848	Bogart, Rob	30	PC	Santa Clara Swim Club	7/7/2009	2009 ConocoPhillips National Championships TT
20	51.85	842	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
21	51.99	836	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
22	52.00	835	Ceah, Geoff	18	PC	Unattached	3/5/2009	2009 Austin GP
23	52.01	835	Malasky, Martin	20	PC	Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
24	52.05	833	Packer, Chris	19	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	52.17	828	Daneke, Alex	19	PC	Walnut Creek Aquabears	8/5/2009	2009 U. S. Open

### Girls Age 13-33 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:55.29	1047	Vollmer, Dana	21	PC Unattached	7/26/2009	Fina World Championships Roma
2	1:56.99	1003	Isakovic, Sara	21	PC Unattached	7/26/2009	Fina World Championships Roma
3	1:58.57	962	Dwellely, Kate E	20	PC Terrapins Swim Team	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	1:59.14	1032	Chenault, Chelsea	14	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

5	2:00.02	926	Smit, Julia	21	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	2:00.31	919	Bispo, Karlee	19	PC	Pirate Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	2:00.43	916	Monsees, Courtney	20	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
8	2:00.51	947	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	7/24/2009	2009 CA/NV Speedo Championship
9	2:01.09	913	Breed, Catherine	16	PC	Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
10	2:01.87	880	Breeden, Elaine	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
11	2:01.90	879	Wilson, Hannah	20	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
12	2:01.98	877	Kennedy, Madison	21	PC	California Aquatics	6/11/2009	XLII Santa Clara International
13	2:02.64	861	Spence, Whitney	21	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
14	2:03.42	843	Jensen, Liv	19	PC	Palo Alto Stanford Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
15	2:03.57	853	Roth, Deborah	16	PC	North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
16	2:03.61	852	Schaefer, Madeline	16	PC	Palo Alto Stanford Aquatics	8/7/2009	2009 U. S. Open
17	2:04.01	829	Delay, Sara	18	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
18	2:04.13	826	Narum, Jennifer	21	PC	Pleasanton Seahawks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
19	2:04.19	857	Brown, Allison	15	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
20	2:04.43	819	Woodward, Samantha	18	PC	Stanford Swimming	8/4/2009	2009 U. S. Open
21	2:04.78	810	Boyle, Lauren	21	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
22	2:04.82	809	Harper, Shelley	19	PC	Walnut Creek Aquabears	7/7/2009	2009 ConocoPhillips National Championships TT
23	2:04.90	821	Carlson, Kasey	17	PC	Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
24	2:04.93	821	Clute, Deirdre	17	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
25	2:04.94	807	Hayter, Blake	20	PC	California Aquatics	6/11/2009	XLII Santa Clara International

### Boys Age 13-33 200 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
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## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

1	1:46.13	1031	Meichtry, Dominik	24	PC	Unattached	7/26/2009	Fina World Championships Roma
2	1:50.63	917	Priestley, Morgan	19	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	1:50.89	911	Allen, Jake	20	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	1:51.00	908	Smith, Taylor	20	PC	Santa Clara Swim Club	7/7/2009	2009 ConocoPhillips National Championships TT
5	1:51.17	904	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
6	1:51.54	898	Fleming, Shayne	17	PC	De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
7	1:51.71	891	Andrews, Rob	19	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	1:51.94	885	Scheid, Trevor	19	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
9	1:52.17	880	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	8/6/2009	2009 U. S. Open
10	1:52.51	872	Thompson, Garrett	19	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
11	1:52.53	871	Sorge, Scott	21	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
12	1:52.95	861	La Tourette, Chad	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
13	1:53.06	859	Adrian, Nathan	20	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
14	1:53.07	892	Peske, Erich	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	1:53.15	856	Morrison, Phillip	24	PC	Palo Alto Stanford Aquatics	8/6/2009	2009 U. S. Open
16	1:53.26	854	Howell, Isaac	19	PC	California Aquatics	7/7/2009	2009 ConocoPhillips National Championships TT
17	1:53.52	991	Kremer, Tom	14	PC	Unattached	8/5/2009	2009 ISR Nationals
18	1:53.62	845	Copeland, William	23	PC	California Aquatics	4/24/2009	2009 CA SPEEDO GRAND CHALLENGE
19	1:53.67	844	Dunford, Jason	22	PC	Unattached	6/11/2009	XLII Santa Clara International
20	1:53.72	843	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
21	1:53.75	842	Wayne, Aaron	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
22	1:54.27	830	Daneke, Alex	19	PC	Walnut Creek Aquabears	8/4/2009	2009 U. S. Open
23	1:54.39	830	Harper, Greg	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch

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24	1:54.49	912	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
25	1:54.54	823	Smith, Daniel	20	PC	University of California, Berkeley	3/5/2009	2009 Austin GP

### Girls Age 13-33 400 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:12.53	998	Chenault, Chelsea	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
2	4:13.25	958	Breed, Catherine	15	PC Unattached	1/8/2009	2009 Jr Pan Pacific Swimming C
3	4:13.87	950	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
4	4:14.59	894	Hayter, Blake	20	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	4:15.22	886	Narum, Jennifer	21	PC Pleasanton Seahawks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	4:15.37	884	Smit, Julia	21	PC Unattached	6/11/2009	XLII Santa Clara International
7	4:15.51	883	Spence, Whitney	21	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	4:16.21	888	Dirado, Maya	16	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
9	4:18.54	847	Harper, Shelley	19	PC Walnut Creek Aquabears	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
10	4:19.82	832	Dwellely, Kate E	20	PC Unattached	5/14/2009	2009 NC Charlotte UltraSwim
11	4:20.00	877	Brown, Allison	15	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
12	4:20.24	827	Boyle, Lauren	21	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
13	4:20.95	865	Batiza, Delise	15	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
14	4:21.03	817	Reynolds, Caitlin	21	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
15	4:21.56	811	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
16	4:21.79	809	Isakovic, Sara	20	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
17	4:21.95	820	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
18	4:23.17	871	White, Madison	14	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch



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### LSC: PC For Dates 9/1/2008 - 8/31/2009

19	4:23.22	805	Clute, Deirdre	17	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
20	4:25.46	767	Bispo, Karlee	19	PC	Pirate Aquatics	6/11/2009	XLII Santa Clara International
21	4:25.87	762	Rodriquez, Jessica	18	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
22	4:26.24	771	Wei, Stephanie	17	PC	Santa Clara Swim Club	5/22/2009	2009 CA Janet Evans Invitation
23	4:26.31	757	Delay, Sara	18	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
24	4:26.81	752	Monsees, Courtney	20	PC	Santa Clara Swim Club	6/11/2009	XLII Santa Clara International
25	4:26.96	750	Anderson, Katrina	18	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

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1	3:46.93	1003	La Tourette, Chad	20	PC Unattached	7/5/2009	2009 WUG's Champs
2	3:51.10	954	Scheid, Trevor	19	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	3:53.86	922	Meichtry, Dominik	24	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	3:54.53	915	Smith, Taylor	20	PC Santa Clara Swim Club	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	3:55.42	905	Hinshaw, Ryan	19	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
6	3:57.80	878	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
7	3:58.76	867	Priestley, Morgan	19	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	3:59.23	870	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
9	3:59.61	857	Howell, Isaac	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
10	4:00.26	916	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
11	4:00.32	849	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
12	4:00.40	849	Andrews, Rob	19	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
13	4:01.78	833	Daneke, Alex	19	PC Walnut Creek Aquabears	8/4/2009	2009 U. S. Open Time Trials
14	4:02.30	859	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

15	4:02.56	890	Shimomura, Sam	15	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
16	4:03.23	817	Morrison, Phillip	24	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	4:03.35	1065	Silverthorn, Nick	13	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
18	4:04.28	958	Hughes, Bryan	14	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
19	4:04.40	957	Kremer, Tom	14	PC	Unattached	8/5/2009	2009 ISR Nationals
20	4:04.54	803	Herman, Matthew	19	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
21	4:05.29	795	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
22	4:06.13	851	Owens, Kevin	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
23	4:06.35	792	Quincy, Paul	17	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
24	4:06.57	812	Peters, Jeff	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
25	4:06.81	779	Thompson, Garrett	20	PC	The Swim Club of NorCal	8/4/2009	2009 U. S. Open Time Trials

### Girls Age 13-33 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	8:44.36	890	Narum, Jennifer	21	PC Pleasanton Seahawks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	8:46.61	885	Breed, Catherine	16	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
3	8:48.48	892	Batiza, Delise	15	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	8:48.54	868	Duckworth, Angela	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	8:49.61	944	Chenault, Chelsea	14	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	8:49.67	886	Brown, Allison	15	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	8:49.69	861	Boyle, Lauren	21	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	8:49.82	861	Hayter, Blake	20	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
9	8:50.16	859	Spence, Whitney	21	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA

## Senior LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

10	8:53.04	844	Harper, Shelley	19	PC	Walnut Creek Aquabears	7/7/2009	Swimming National Champio 2009 Conoco Phillips USA Swimming National Champio
11	8:55.21	832	Reynolds, Caitlin	21	PC	Unattached	6/11/2009	XLII Santa Clara International
12	8:55.24	856	Nanfria, Taylor	15	PC	Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
13	9:06.86	772	Rodriquez, Jessica	18	PC	Unattached	6/11/2009	XLII Santa Clara International
14	9:07.58	769	Sun, Sara	20	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
15	9:08.68	844	Lincoln, Casey	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	9:08.83	843	White, Madison	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
17	9:11.83	747	Clute, Deirdre	17	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
18	9:12.37	745	Delay, Sara	18	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
19	9:13.67	819	Kay, Kortney	14	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
20	9:14.29	735	George, Heidi	33	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
21	9:16.52	747	Troup, Lexy	15	PC	Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
22	9:16.64	804	Davis, Allie	14	PC	Neptune Swimming	8/5/2009	2009 CA North American Challen
23	9:17.05	721	Albiston, KC	21	PC	Tiger Aquatics	6/11/2009	XLII Santa Clara International
24	9:17.42	720	Matevish, Lauren	17	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
25	9:21.03	725	Brown, Marissa	15	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

### Boys Age 13-33 800 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	7:47.24	1035	La Tourette, Chad	20	PC Unattached	7/5/2009	2009 WUG's Champs
2	8:05.82	929	Hinshaw, Ryan	19	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
3	8:13.14	897	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

4	8:14.16	956	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
5	8:20.53	921	Shimomura, Sam	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
5	8:20.53	848	Harper, Greg	17	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
7	8:22.35	911	Owens, Kevin	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
8	8:23.28	842	Peters, Jeff	16	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
9	8:25.65	959	Hughes, Bryan	14	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
10	8:27.71	810	Herman, Matthew	19	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
11	8:28.46	806	Quincy, Paul	17	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
12	8:30.10	797	Howell, Isaac	19	PC	California Aquatics	6/18/2009	2009 CA TYR Swim Meet of Champ
13	8:32.49	922	Kremer, Tom	14	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
14	8:38.93	751	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
15	8:39.11	822	Porter, Andrew	15	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
16	8:40.08	745	Charnin-Aker, Josh	19	PC	Stanford Swimming	6/11/2009	XLII Santa Clara International
17	8:40.36	744	Drogemuller, Brandon	18	PC	Monterey Bay Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	8:40.65	975	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	8:41.16	973	Silverthorn, Nick	13	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
20	8:41.36	811	Nunan, Michael	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
21	8:44.83	721	Stuhr, Matt	18	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	8:45.63	717	Zlotoff, Zack	18	PC	San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	8:45.74	788	Yee, Andrew	15	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
24	8:45.97	715	Guido, Christopher	17	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
25	8:48.50	702	Presant, Bill	18	PC	South Valley Swim Team	7/22/2009	2009 CA/NV Speedo

# Senior LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

Championship

## Girls Age 13-33 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	16:46.33	910	Narum, Jennifer	20	PC Pleasanton Seahawks	6/11/2009	XLII Santa Clara International
2	16:54.04	893	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
3	16:55.88	888	Batiza, Delise	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
4	16:56.23	902	Brown, Allison	15	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
5	16:59.36	875	Duckworth, Angela	19	PC Stanford Swimming	8/4/2009	2009 U. S. Open
6	17:11.25	843	George, Heidi	33	PC Los Altos & Mountain View A.C.	5/29/2009	2009 WI SSTY Time Trial
7	17:11.32	843	Reynolds, Caitlin	21	PC Unattached	5/14/2009	2009 NC Charlotte UltraSwim
8	17:30.25	848	Lincoln, Casey	14	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	17:32.79	791	Breed, Catherine	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	17:37.68	774	Matevish, Lauren	17	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
11	17:40.92	820	Troup, Lexy	14	PC Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
12	17:50.32	742	Clark, Arenne	17	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
13	17:57.58	778	Davis, Allie	14	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
14	17:57.95	723	Riley, Taylor	17	PC Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
15	18:01.52	733	Brown, Marissa	15	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	18:06.30	756	Kay, Kortney	14	PC Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM
17	18:11.77	707	Oosterhouse, Haley	15	PC Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
18	18:16.84	676	Delay, Sara	18	PC Walnut Creek Aquabears	6/6/2009	2009 PC SJA LCM JR+
19	18:18.98	671	Short, Mary Kate	17	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
20	18:21.05	670	Silvas, Cara	16	PC Reno Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

21	18:23.46	679	Blake, Abby	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
22	18:28.96	666	Smith, Riley	15	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
23	18:31.23	646	Rados, Sam	16	PC	Thunderbolt Aquatics	6/11/2009	XLII Santa Clara International
24	18:32.61	692	Duckett, Abby	14	PC	Palo Alto Stanford Aquatics	5/1/2009	2009 PC LAMV LCM PC-C/B/A+
25	18:34.42	634	Herrington, Katie	17	PC	The Swim Club of NorCal	6/19/2009	2009 SN SS Invitational

### Boys Age 13-33 1500 Freestyle Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	14:53.77	1015	La Tourette, Chad	20	PC Unattached	7/5/2009	2009 WUG's Champs
2	15:33.88	911	Scheid, Trevor	19	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
3	15:40.46	894	Hinshaw, Ryan	19	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
4	15:41.44	891	Smith, Taylor	20	PC Santa Clara Swim Club	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	15:47.65	894	Partin, Jackson	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
6	15:49.12	919	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
7	16:01.87	887	Owens, Kevin	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
8	16:04.19	852	Peters, Jeff	16	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
9	16:07.36	943	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	16:11.01	817	Howell, Isaac	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
11	16:13.86	810	Herman, Matthew	19	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
12	16:13.88	811	Quincy, Paul	17	PC San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
13	16:17.41	848	Shimomura, Sam	15	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
14	16:22.05	791	Harper, Greg	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
15	16:34.07	761	Zlotoff, Zack	18	PC San Jose Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
16	16:34.65	759	Drogemuller, Brandon	18	PC Monterey Bay Swim Club	6/11/2009	XLII Santa Clara International
17	16:35.90	757	Guido, Christopher	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

18	16:40.83	940	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	16:44.40	931	Silverthorn, Nick	13	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
20	16:50.41	769	Yee, Andrew	15	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
21	16:51.47	737	Blazevski, Marko	16	PC	Monterey Bay Swim Club	5/22/2009	2009 PC MBSC LCM OPEN
22	16:56.38	755	Chen, Ronald	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 Western Zone Swimming Cha
23	16:58.02	722	Stuewe, Connor	16	PC	Monterey Bay Swim Club	8/5/2009	2009 CA North American Challen
24	16:59.34	701	Butler, Wyatt	17	PC	Burlingame Aquatic Club	7/22/2009	2009 CA/NV Speedo Championship
25	17:01.25	743	Nunan, Michael	15	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM

### Girls Age 13-33 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:01.39	977	Roth, Deborah	16	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
2	1:01.90	956	Rogers, Lauren	22	PC California Aquatics	7/5/2009	2009 WUG's Champs
3	1:02.10	1012	White, Madison	14	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
4	1:02.64	927	Webb, Betsy	18	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	1:03.27	902	Bard, Presley A	21	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
6	1:04.04	871	Woodward, Samantha	18	PC Unattached	6/11/2009	XLII Santa Clara International
7	1:04.23	864	Schaefer, Madeline	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
8	1:04.40	857	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
9	1:04.49	965	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
10	1:04.65	848	Dagg, Erica	20	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
11	1:05.04	833	Clute, Deirdre	17	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
12	1:05.09	831	Wang, Karen	17	PC Pleasanton Seahawks	8/14/2009	2009 Speedo Junior National Ch
13	1:05.14	829	Wei, Stephanie	18	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

14	1:05.37	820	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
15	1:05.50	815	Luchini, Shelbi	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	1:05.55	832	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	1:05.55	877	Upshaw, Arlyn	14	PC	Unattached	8/10/2009	2009 Speedo Junior National Ch
18	1:05.57	923	Mack, Linnea	13	PC	Osprey Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
19	1:05.70	807	Thomas, Tara	19	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	1:06.16	790	White, Heather	21	PC	California Aquatics	6/11/2009	XLII Santa Clara International
21	1:06.22	788	Liang, Joann	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
22	1:06.25	787	Liu, Michelle	21	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	1:06.38	892	Hayes, Nina	13	PC	Livermore Aqua Cowboys Club	8/5/2009	2009 CA North American Challen
24	1:06.56	839	Neel, Marissa	14	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
25	1:06.60	774	Dwellely, Kate E	20	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved

### Boys Age 13-33 100 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	53.89	1025	Russell, David	22	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	54.51	998	Barnea, Guy	21	PC Unattached	7/26/2009	Fina World Championships Roma
3	55.12	972	Godsoe, Eugene	21	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
4	57.00	892	Liivamagi, Martin	21	PC Unattached	7/26/2009	Fina World Championships Roma
5	57.35	878	Gydesen, Mathias	20	PC California Aquatics	6/18/2009	2009 CA TYR Swim Meet of Champ
6	57.50	872	Donnelly, Danny	21	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
7	57.81	859	Trowbridge, Nick	18	PC Palo Alto Stanford Aquatics	8/8/2009	2009 U. S. Open
8	58.18	844	Aljand, Martti	21	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
9	58.28	840	Simpkins, Patrick	21	PC Unattached	8/4/2009	2009 U. S. Open Time Trials



## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

10	58.56	828	Daneke, Alex	19	PC	Walnut Creek Aquabears	8/4/2009	2009 U. S. Open Time Trials
11	58.60	827	Dunford, Jason	22	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved
11	58.60	827	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
13	58.69	823	Ceah, Geoff	18	PC	Unattached	7/26/2009	Fina World Championships Roma
14	58.70	823	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
15	59.14	805	Lager, Jordan	18	PC	Marin Pirates	8/8/2009	2009 U. S. Open
16	59.26	800	Davis, Peter	24	PC	Palo Alto Stanford Aquatics	7/26/2009	2009 CA/NV Speedo Championship
17	59.27	800	Lathrope, Scott	23	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
18	59.31	798	Ostler, Jack	18	PC	North Bay Aquatics	8/14/2009	2009 Speedo Junior National Ch
19	59.41	794	Hurko, Matt	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
20	59.49	843	Peske, Erich	16	PC	De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
21	59.54	802	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
22	59.55	788	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
23	59.58	787	Staab, Austin	20	PC	Unattached	6/11/2009	XLII Santa Clara International
24	59.80	778	Hanna, Colin	19	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
25	59.86	776	Garcia, Ryan	19	PC	Palo Alto Stanford Aquatics	8/8/2009	2009 U. S. Open

### Girls Age 13-33 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.31	1020	White, Madison	14	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
2	2:14.47	916	Roth, Deborah	16	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
3	2:17.77	860	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
4	2:18.36	850	Wei, Stephanie	17	PC Santa Clara Swim Club	3/5/2009	2009 Austin GP
5	2:18.72	845	Wang, Karen	17	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
6	2:19.04	839	Breed, Catherine	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	2:19.11	838	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

8	2:19.64	829	Clute, Deirdre	17	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
9	2:20.06	907	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
10	2:20.92	808	Dagg, Erica	20	PC	California Aquatics	6/11/2009	XLII Santa Clara International
11	2:21.08	806	Liu, Michelle	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
12	2:21.11	805	Anderson, Katrina	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
13	2:21.84	793	Hoff, Kelsey	19	PC	California Aquatics	6/11/2009	XLII Santa Clara International
14	2:22.29	805	Grima, Alicia	15	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:22.47	783	Liang, Joann	17	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
16	2:22.74	830	Chenault, Chelsea	14	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
17	2:22.92	795	Troup, Lexy	15	PC	Crow Canyon Country Club Sharks	8/5/2009	2009 CA North American Challen
18	2:23.53	766	Luchini, Shelbi	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
19	2:23.54	766	Munk, Taylor	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
20	2:24.34	772	Brown, Allison	15	PC	Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
21	2:24.47	751	Howland, Molly	18	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:24.93	795	Upshaw, Arlyn	14	PC	Piedmont Swim Team	8/5/2009	2009 CA North American Challen
23	2:24.97	743	Yuen, Vivian	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	2:25.24	758	Burton, Hannah	15	PC	Reno Aquatic Club	7/16/2009	2009 PC TERA LCM PC-JO
25	2:25.75	731	Smith, Haley	16	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

### Boys Age 13-33 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:58.00	1003	Russell, David	22	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	2:01.63	929	Godsoe, Eugene	21	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

3	2:03.70	888	Trowbridge, Nick	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	2:04.15	879	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	2:04.27	876	Casey, Aaron	20	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
6	2:05.84	846	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 Mel Zajac Jr Internationa
7	2:06.76	828	Garcia, Ryan	19	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
8	2:07.29	829	Murray, Matthew	17	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
9	2:07.97	804	Hurko, Matt	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
10	2:08.17	801	Daneke, Alex	19	PC	Walnut Creek Aquabears	7/22/2009	2009 CA/NV Speedo Championship
11	2:08.25	799	Cheah, Geoff	18	PC	Unattached	7/26/2009	Fina World Championships Roma
12	2:08.38	797	Gydesen, Mathias	20	PC	California Aquatics	6/11/2009	XLII Santa Clara International
13	2:09.13	794	Fleming, Shayne	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	2:09.27	780	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
15	2:09.34	778	Lager, Jordan	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open
16	2:10.30	1014	Silverthorn, Nick	13	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
17	2:11.04	846	Fleming, Casey	15	PC	De Anza Cupertino Aquatics	8/5/2009	2009 CA North American Challen
18	2:11.17	756	Quincy, Paul	17	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
19	2:11.49	893	Webster, Matthew	14	PC	Santa Clara Swim Club	7/29/2009	2009 PC LCM FAR WEST CHM
20	2:11.93	784	Dezwirek, Jeremie	16	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:12.05	827	Palley, David	15	PC	Terrapins Swim Team	7/29/2009	2009 PC LCM FAR WEST CHM
22	2:12.10	727	Rogers, Chris	19	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
23	2:12.47	732	Weber, Blake	17	PC	Palo Alto Stanford Aquatics	6/11/2009	XLII Santa Clara International
24	2:13.27	705	McMahon, Jack	19	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	2:13.45	702	Fong, Jimmy	19	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship

# Senior LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

## Girls Age 13-33 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:05.75	1046	Carlson, Kasey	17	PC Unattached	7/26/2009	Fina World Championships Roma
2	1:09.19	936	Kraemer, Kerry	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	1:09.84	940	Gargalikis, Allison	15	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
4	1:11.24	872	Hannis, Molly	17	PC Neptune Swimming	8/4/2009	2009 U. S. Open
5	1:11.28	870	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
6	1:12.12	870	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
7	1:12.62	840	Houston, Tory	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
8	1:12.74	836	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	1:12.82	834	Yamauchi, Sophia	16	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
10	1:13.40	806	Yamauchi, Penelope	19	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
11	1:13.55	801	Naylor, Charlotte	20	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
12	1:13.56	801	Alvarez, Liliana	17	PC Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
13	1:13.60	800	Isaacs, Dory	20	PC Mission San Jose Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:13.97	788	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 ConocoPhillips National Championships TT
15	1:14.22	781	Petrakis, Danae	17	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
16	1:14.43	864	Poppe, Heidi	13	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
17	1:14.55	771	Yoder, Shaila	18	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
18	1:14.63	769	Monobe, Ellie	20	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
19	1:15.42	756	Khojasteh, Jessica	16	PC De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation

## Senior LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

20	1:15.62	739	Allard, Chelsea	20	PC	Walnut Creek Aquabears	8/4/2009	2009 U. S. Open
21	1:15.63	750	Beach, Megan	16	PC	Peninsula Covenant Aquatics	7/16/2009	2009 PC TERA LCM PC-JO
22	1:15.67	763	Chen, Eva	15	PC	De Anza Cupertino Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
23	1:15.71	823	Young, Taylor	14	PC	Neptune Swimming	6/19/2009	2009 SN SS Invitational
24	1:15.83	744	Levere, Jacqui	16	PC	Unattached	7/2/2009	2009 Maccabiah Games USA
25	1:15.87	822	Nelson, Lilly	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM

### Boys Age 13-33 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>		<i>Meet Date</i>	<i>Meet</i>
1	59.66	1052	Dugonjic, Damir	21	PC	Unattached	7/26/2009	Fina World Championships Roma
2	1:00.56	1018	Aljand, Martti	21	PC	Unattached	7/26/2009	Fina World Championships Roma
3	1:01.36	989	Freeman, Tim	19	PC	Walnut Creek Aquabears	8/4/2009	2009 U. S. Open
4	1:01.88	971	Koon, Nolan	19	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	1:03.34	918	Mahoney, Sean	20	PC	Terrapins Swim Team	6/18/2009	2009 CA TYR Swim Meet of Champ
6	1:03.41	916	Weltz, Scott	22	PC	San Jose Aquatics	8/4/2009	2009 U. S. Open Time Trials
7	1:03.54	911	Nissen, Troy	20	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
8	1:03.71	905	Smith, Matt	28	PC	Unattached	7/26/2009	Fina World Championships Roma
9	1:03.77	903	Ferrif, Nick	20	PC	California Aquatics	6/18/2009	2009 CA TYR Swim Meet of Champ
10	1:03.99	895	Liivamagi, Martin	21	PC	California Aquatics	7/7/2009	2009 ConocoPhillips National Championships TT
11	1:04.48	897	Liu, Mark	17	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
12	1:04.89	864	LeRoy, Nathan	20	PC	Tiger Aquatics	8/4/2009	2009 U. S. Open Time Trials
13	1:04.95	862	Denton-Schneider, Jon	18	PC	North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
14	1:05.44	845	Luchini, Dustin	20	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
14	1:05.44	845	Jepson, Travis	21	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
16	1:05.78	852	Richard, Timothy	17	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

17	1:05.81	832	Godbe, Andrew	20	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
18	1:06.02	825	Cushing, Blake	18	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
19	1:06.27	925	Stumph, Steven	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	1:06.32	815	Benoit, Matt	21	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
21	1:06.44	810	Fischer, Brandon	20	PC	Unattached	8/4/2009	2009 U. S. Open
22	1:06.57	806	Litz, Jordan	21	PC	Tiger Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	1:07.00	810	Lowe, Brett	17	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
24	1:07.14	787	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
25	1:07.31	845	Jean, Tyler	16	PC	Terrapins Swim Team	8/10/2009	2009 Jr National Champs TT

### Girls Age 13-33 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:31.30	913	Kraemer, Kerry	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	2:31.40	912	Carlson, Kasey	17	PC Terrapins Swim Team	5/22/2009	2009 CA Janet Evans Invitation
3	2:32.82	908	Gargalikis, Allison	15	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
4	2:35.43	857	Brix, Katelyn	20	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
5	2:35.62	854	Bradley, Paige	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	2:35.79	864	Houston, Tory	16	PC Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
7	2:37.24	832	Kucera, Heidi	20	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
8	2:38.70	812	Hannis, Molly	17	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
9	2:39.50	801	Colonias, Kirstyn	18	PC Crow Canyon Country Club Sharks	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
10	2:39.76	810	Liang, Sarah	16	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
11	2:40.17	805	Yamauchi, Sophia	16	PC Neptune Swimming	8/4/2009	2009 U. S. Open Time Trials
12	2:40.40	789	Monobe, Ellie	20	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

13	2:40.63	799	Levere, Jacqui	16	PC	Unattached	7/2/2009	2009 Maccabiah Games USA
14	2:40.69	785	Delisle, Laurence	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	2:40.70	801	Herman, Shannon	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:40.92	795	Khojasteh, Jessica	16	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
17	2:41.03	830	Young, Taylor	14	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
18	2:41.05	781	Yamauchi, Penelope	19	PC	Neptune Swimming	8/4/2009	2009 U. S. Open
19	2:41.36	789	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
20	2:41.47	775	Yoder, Shaila	18	PC	Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
21	2:41.97	827	Poppe, Heidi	13	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
22	2:42.12	779	Beach, Megan	16	PC	Peninsula Covenant Aquatics	8/5/2009	2009 CA North American Challen
23	2:42.22	765	Alvarez, Liliana	17	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
24	2:42.53	773	Petrakis, Danae	16	PC	Unattached	6/11/2009	XLII Santa Clara International
25	2:43.08	754	Naylor, Charlotte	20	PC	Unattached	4/18/2009	2009 PC Stanford Invitational Approved

### Boys Age 13-33 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.79	1052	Mahoney, Sean	20	PC Terrapins Swim Team	7/5/2009	2009 WUG's Champs
2	2:15.06	972	Koon, Nolan	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
3	2:15.62	964	Johnson, BJ	21	PC Unattached	3/5/2009	2009 Austin GP
4	2:15.85	960	Freeman, Tim	19	PC Walnut Creek Aquabears	8/4/2009	2009 U. S. Open
5	2:16.74	947	Aljand, Martti	21	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	2:17.60	934	Weltz, Scott	22	PC San Jose Aquatics	8/4/2009	2009 U. S. Open
7	2:19.69	955	Stumph, Steven	15	PC Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

8	2:19.79	901	Nissen, Troy	20	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
9	2:20.58	890	Fischer, Brandon	20	PC	Unattached	8/4/2009	2009 U. S. Open Time Trials
10	2:21.27	880	Jepson, Travis	21	PC	Unattached	4/24/2009	2009 CA SPEEDO GRAND CHALLENGE
11	2:21.41	878	LeRoy, Nathan	20	PC	Tiger Aquatics	8/4/2009	2009 U. S. Open
12	2:22.20	866	Smith, Matt	28	PC	Unattached	7/26/2009	Fina World Championships Roma
13	2:22.21	866	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
14	2:23.08	853	Ferrif, Nick	20	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
15	2:23.23	851	Luchini, Dustin	20	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:23.43	854	Richard, Timothy	17	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:23.97	840	Ito, Yota	22	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	2:25.62	816	Litz, Jordan	21	PC	Tiger Aquatics	6/11/2009	XLII Santa Clara International
19	2:26.44	810	Lowe, Brett	17	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
20	2:27.29	798	Chuck, Chris	17	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:27.35	791	Meints, Joshua	18	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
22	2:27.40	790	Denton-Schneider, Jon	18	PC	North Bay Aquatics	8/4/2009	2009 U. S. Open
23	2:27.44	790	Perfect, Brad	18	PC	San Ramon Vly/Livermore Aq.	7/22/2009	2009 CA/NV Speedo Championship
24	2:27.68	987	Ogren, Curtis	13	PC	Palo Alto Stanford Aquatics	7/29/2009	2009 PC LCM FAR WEST CHM
25	2:28.13	900	Sanborn, Byron	14	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship

### Girls Age 13-33 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	56.94	1044	Vollmer, Dana	21	PC Unattached	7/26/2009	Fina World Championships Roma
2	57.46	1024	Breeden, Elaine	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio



## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

3	58.60	982	Dwellely, Kate E	20	PC	Terrapins Swim Team	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	59.10	963	Isakovic, Sara	21	PC	Unattached	7/26/2009	Fina World Championships Roma
5	59.29	956	Sutton, Stefanie	20	PC	Stanford Swimming	8/4/2009	2009 U. S. Open
6	59.45	950	Sims, Amanda	20	PC	California Aquatics	7/5/2009	2009 WUG's Champs
7	59.67	942	Woodward, Samantha	18	PC	Stanford Swimming	8/4/2009	2009 U. S. Open
8	1:00.16	924	Wilson, Hannah	20	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
9	1:00.51	958	Neel, Marissa	14	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
10	1:00.62	907	Fotsch, Colleen	19	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
11	1:00.89	918	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
12	1:01.16	887	Herrington, Katie	17	PC	The Swim Club of NorCal	7/22/2009	2009 CA/NV Speedo Championship
13	1:01.25	884	Dailey, Ursi	18	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
14	1:01.57	875	Davey, Kate	16	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	1:02.21	852	Breed, Catherine	16	PC	Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
16	1:02.23	849	Spence, Whitney	21	PC	Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
17	1:02.25	848	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
18	1:02.27	847	Drysdale, Emma	18	PC	De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
19	1:02.96	825	Dirado, Maya	16	PC	Neptune Swimming	8/4/2009	2009 U. S. Open
20	1:02.97	822	Thomas, Tara	19	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
21	1:03.01	821	Christofferson, Stephanie	17	PC	North Bay Aquatics	3/17/2009	2009 FL NCSA Junior Nats
22	1:03.04	820	O'Brien, Rachel N	18	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
23	1:03.06	902	Howe, Ally	13	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	1:03.23	813	Parsons, Kristina	18	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
25	1:03.32	810	Dagg, Erica	19	PC	California Aquatics	5/22/2009	2009 CA Janet Evans Invitation

## Senior LC top times through 8/31/09

LSC: PC For Dates 9/1/2008 - 8/31/2009

### Boys Age 13-33 100 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	50.78	1064	Dunford, Jason	22	PC Unattached	7/26/2009	Fina World Championships Roma
2	53.28	950	Simpkins, Patrick	21	PC Unattached	8/4/2009	2009 U. S. Open
3	53.35	947	Davis, Peter	24	PC Palo Alto Stanford Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
4	53.79	927	Godsoe, Eugene	21	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
5	53.96	920	Nielsen, Kevin	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
6	54.08	970	Peske, Erich	16	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
7	54.48	897	Aljand, Martti	21	PC Unattached	4/18/2009	2009 PC Stanford Invitational Approved
8	54.71	887	Wayne, Aaron	18	PC Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
9	54.74	886	Liivamagi, Martin	21	PC Unattached	7/26/2009	Fina World Championships Roma
10	55.05	872	Meichtry, Dominik	24	PC California Aquatics	2/13/2009	2009 Missouri GP
11	55.19	866	Barnea, Guy	21	PC California Aquatics	6/11/2009	XLII Santa Clara International
12	55.37	858	Donnelly, Danny	21	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
13	55.45	855	Staab, Austin	20	PC Unattached	6/11/2009	XLII Santa Clara International
14	55.54	851	Prior, Mark	20	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	55.63	847	Ostler, Jack	18	PC North Bay Aquatics	8/10/2009	2009 Speedo Junior National Ch
16	55.71	843	Birich, Paul	20	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	55.77	841	Weltz, Scott	22	PC San Jose Aquatics	8/4/2009	2009 U. S. Open
18	55.78	840	Shilling, Brandon	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
19	55.82	839	Reilly, Sean	19	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
20	55.86	892	Gibson, Piankhi	16	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
21	55.87	837	Gydesen, Mathias	20	PC California Aquatics	6/11/2009	XLII Santa Clara International

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

22	55.95	833	Hurko, Matt	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
23	56.08	918	Winder, Alan	15	PC	North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	56.13	825	Lathrope, Scott	23	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	56.29	819	Muir, Jonny	20	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship

### Girls Age 13-33 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:07.40	985	Breeden, Elaine	20	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	2:11.22	956	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	2:13.99	881	Sims, Amanda	20	PC California Aquatics	6/11/2009	XLII Santa Clara International
4	2:15.96	880	Davey, Kate	16	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:16.07	878	Dirado, Maya	16	PC Neptune Swimming	6/11/2009	XLII Santa Clara International
6	2:16.27	846	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
7	2:16.32	875	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
8	2:16.54	947	Howe, Ally	13	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
9	2:17.01	864	Breed, Catherine	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
10	2:17.14	865	Ruby, Charlotte	15	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
11	2:17.84	822	O'Brien, Rachel N	18	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
12	2:17.89	821	Hyde, Hayes	19	PC De Anza Cupertino Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
13	2:18.53	812	Harper, Shelley	19	PC Walnut Creek Aquabears	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
14	2:18.61	810	Dwellely, Kate E	20	PC Unattached	5/14/2009	2009 NC Charlotte UltraSwim
15	2:18.64	810	Bradley, Paige	17	PC Unattached	5/22/2009	2009 PC TIGR LCM OPEN

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

16	2:19.11	866	Neel, Marissa	14	PC	Terrapins Swim Team	8/10/2009	2009 Speedo Junior National Ch
17	2:19.27	800	Spence, Whitney	21	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
18	2:19.49	797	Naylor, Charlotte	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
19	2:19.56	796	Tringham, Hannah	21	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	2:19.86	855	Cheung, Hilvy	14	PC	Mission San Jose Aquatics	8/5/2009	2009 CA North American Challen
21	2:20.88	840	Applegate, Madison	14	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
22	2:21.18	801	Whyte, Courtney	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:21.19	771	Schneider, Miranda	19	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
24	2:21.51	796	Lim, Stephanie	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
25	2:21.77	792	Batiza, Delise	16	PC	Crow Canyon Country Club Sharks	7/29/2009	2009 PC LCM FAR WEST CHM

### Boys Age 13-33 200 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:59.68	932	Simpkins, Patrick	21	PC Unattached	8/4/2009	2009 U. S. Open
2	2:01.54	896	Charnin-Aker, Josh	19	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
2	2:01.54	904	Harper, Greg	17	PC Walnut Creek Aquabears	8/10/2009	2009 Speedo Junior National Ch
4	2:01.95	925	Peske, Erich	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
5	2:02.00	887	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
6	2:03.84	852	Lathrope, Scott	22	PC Unattached	3/5/2009	2009 Austin GP
7	2:04.03	849	Muir, Jonny	20	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
8	2:04.47	841	Donnelly, Danny	21	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
9	2:05.92	821	Murray, Matthew	17	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials
10	2:07.11	792	Birich, Paul	20	PC North Bay Aquatics	7/22/2009	2009 CA/NV Speedo Championship
11	2:07.31	945	Kremer, Tom	14	PC Unattached	8/5/2009	2009 ISR Nationals
11	2:07.31	796	Stringer, Shaun	17	PC Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
13	2:07.77	779	Hurko, Matt	18	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

14	2:07.91	934	Hughes, Bryan	14	PC	Pleasanton Seahawks	8/5/2009	2009 CA North American Challen
15	2:07.97	776	LaFlamme, David	18	PC	Ripon Aquatics	8/10/2009	2009 Speedo Junior National Ch
16	2:08.12	773	Horrell, Max	18	PC	Marin Pirates	8/4/2009	2009 U. S. Open Time Trials
17	2:09.48	748	Shilling, Brandon	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
18	2:09.69	782	Wooldridge, Andy	16	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
19	2:10.01	820	Hinshaw, Adam	15	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	2:10.87	723	Prior, Mark	20	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
21	2:11.50	870	Burns, Ian	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
22	2:11.52	793	Davison, Richard	15	PC	Marin Pirates	7/22/2009	2009 CA/NV Speedo Championship
23	2:11.59	719	Patnaik, Rohan	17	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
24	2:11.64	710	Murray, Brad	18	PC	Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	2:11.87	706	Yen, Adam	18	PC	Valley Splash	8/10/2009	2009 Jr National Champs TT

### Girls Age 13-33 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:09.34	1050	Smit, Julia	21	PC Stanford Swimming	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
2	2:13.84	976	Dirado, Maya	16	PC Neptune Swimming	5/22/2009	2009 Mel Zajac Jr Internationa
3	2:14.77	965	Tosky, Jasmine	15	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
4	2:14.91	943	Breeden, Elaine	20	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
5	2:15.17	938	Monsees, Courtney	20	PC Santa Clara Swim Club	8/4/2009	2009 U. S. Open
6	2:17.07	902	Dwellely, Kate E	20	PC Unattached	5/14/2009	2009 NC Charlotte UltraSwim
7	2:17.55	894	Vollmer, Dana	21	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
8	2:17.70	891	White, Heather	21	PC California Aquatics	6/11/2009	XLII Santa Clara International
9	2:17.95	897	Delisle, Laurence	17	PC De Anza Cupertino Aquatics	8/4/2009	2009 U. S. Open
10	2:17.98	886	Eronemo, Courtney	21	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA

## Senior LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

Rank	Time	Points	Name	Age	LSC / Club	Meet Date	Meet
11	2:18.90	869	Bispo, Karlee	19	PC Pirate Aquatics	6/11/2009	Swimming National Champio XLII Santa Clara International
12	2:19.03	866	Brix, Katelyn	20	PC Crow Canyon Country Club Sharks	8/4/2009	2009 U. S. Open
13	2:19.75	853	Fischer-Colbrie, Megan	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
14	2:20.09	847	Woodward, Samantha	18	PC Unattached	6/11/2009	XLII Santa Clara International
15	2:20.71	836	Yamauchi, Penelope	19	PC Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
16	2:21.08	829	Hoff, Kelsey	19	PC California Aquatics	7/7/2009	2009 ConocoPhillips National Championships TT
17	2:21.16	828	Kennedy, Madison	21	PC California Aquatics	5/22/2009	2009 CA Janet Evans Invitation
18	2:21.17	828	Kraemer, Kerry	20	PC Stanford Swimming	8/4/2009	2009 U. S. Open Time Trials
19	2:21.18	841	Khojasteh, Jessica	16	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
20	2:21.81	829	Davey, Kate	16	PC Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
21	2:22.00	813	Hyde, Hayes	19	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
22	2:22.02	823	Fong, Chelsea	17	PC De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	2:22.68	814	Nanfria, Taylor	16	PC Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
24	2:22.70	800	Read, Haley	18	PC Palo Alto Stanford Aquatics	7/22/2009	2009 CA/NV Speedo Championship
25	2:22.86	808	Carlson, Kasey	17	PC Terrapins Swim Team	6/11/2009	XLII Santa Clara International

### Boys Age 13-33 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC / Club	Meet Date	Meet
1	1:59.95	1013	Liivamagi, Martin	21	PC Unattached	7/26/2009	Fina World Championships Roma
2	2:00.48	1001	Mahoney, Sean	20	PC Terrapins Swim Team	7/5/2009	2009 WUG's Champs
3	2:01.26	984	Aljand, Martti	21	PC Unattached	7/26/2009	Fina World Championships Roma
4	2:01.53	978	Weltz, Scott	22	PC San Jose Aquatics	8/4/2009	2009 U. S. Open
5	2:02.84	950	Koon, Nolan	19	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

6	2:03.41	937	Hinshaw, Ben	18	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
7	2:03.64	932	Lathrope, Scott	23	PC	Orinda Aquatics	8/4/2009	2009 U. S. Open
8	2:04.29	918	Weiss, Michael	18	PC	Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
9	2:05.36	895	Charnin-Aker, Josh	19	PC	Unattached	5/22/2009	2009 CA Janet Evans Invitation
10	2:05.91	884	Godbe, Andrew	20	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
11	2:06.05	881	Shilling, Brandon	18	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
12	2:06.42	873	Litz, Jordan	21	PC	Tiger Aquatics	8/4/2009	2009 U. S. Open Time Trials
13	2:06.81	865	Freeman, Tim	19	PC	Walnut Creek Aquabears	8/4/2009	2009 U. S. Open Time Trials
14	2:06.84	864	Ravnan, Eirik	19	PC	Unattached	3/5/2009	2009 Austin GP
15	2:06.99	921	Peske, Erich	16	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
16	2:07.21	868	Richard, Timothy	17	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	2:08.75	825	Hanna, Colin	19	PC	Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
18	2:08.86	822	Benoit, Matt	21	PC	University of California, Berkeley	3/5/2009	2009 Austin GP
19	2:09.45	822	Fleming, Shayne	17	PC	De Anza Cupertino Aquatics	5/22/2009	2009 CA Janet Evans Invitation
20	2:09.81	803	Hartz, Reid	19	PC	Neptune Swimming	8/4/2009	2009 U. S. Open Time Trials
21	2:10.15	796	Casey, Aaron	20	PC	Unattached	7/22/2009	2009 CA/NV Speedo Championship
22	2:10.27	794	Gydesen, Mathias	20	PC	California Aquatics	6/18/2009	2009 CA TYR Swim Meet of Champ
23	2:10.35	859	Porter, Andrew	15	PC	Cabrillo Threshers	7/22/2009	2009 CA/NV Speedo Championship
24	2:10.42	857	Burns, Ian	15	PC	Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
25	2:10.60	787	Garcia, Ryan	19	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open Time Trials

### Girls Age 13-33 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:35.33	1015	Smit, Julia	21	PC Unattached	7/26/2009	Fina World Championships Roma

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

2	4:42.11	963	Tosky, Jasmine	15	PC	Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
3	4:44.16	940	Dirado, Maya	16	PC	Neptune Swimming	8/4/2009	2009 U. S. Open
4	4:51.43	879	Brix, Katelyn	20	PC	Crow Canyon Country Club Sharks	8/4/2009	2009 U. S. Open
5	4:52.55	870	Nanfria, Taylor	16	PC	Crow Canyon Country Club Sharks	8/10/2009	2009 Speedo Junior National Ch
6	4:52.96	867	White, Heather	21	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	4:54.97	850	Eronemo, Courtney	21	PC	California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
8	4:55.38	847	Duckworth, Angela	19	PC	Stanford Swimming	8/4/2009	2009 U. S. Open
9	4:56.46	844	Brown, Allison	15	PC	Pleasanton Seahawks	8/10/2009	2009 Speedo Junior National Ch
10	4:56.86	835	Hoff, Kelsey	19	PC	California Aquatics	6/11/2009	XLII Santa Clara International
11	4:57.99	868	White, Madison	14	PC	Crow Canyon Country Club Sharks	5/22/2009	2009 Mel Zajac Jr Internationa
12	4:58.52	822	Harper, Shelley	19	PC	Walnut Creek Aquabears	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
13	4:59.37	815	Munk, Taylor	17	PC	Crow Canyon Country Club Sharks	7/22/2009	2009 CA/NV Speedo Championship
14	4:59.45	814	Davey, Kate	16	PC	Ripon Aquatics	7/22/2009	2009 CA/NV Speedo Championship
15	5:00.81	803	Fischer-Colbrie, Megan	18	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
16	5:00.96	802	Delisle, Laurence	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
17	5:03.77	780	Rodriquez, Jessica	18	PC	Unattached	6/11/2009	XLII Santa Clara International
18	5:04.13	819	Chenault, Chelsea	14	PC	Terrapins Swim Team	6/11/2009	XLII Santa Clara International
19	5:05.03	770	Jones, Jill	17	PC	Orinda Aquatics	8/10/2009	2009 Jr National Champs TT
20	5:05.19	775	Ruby, Charlotte	15	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
21	5:05.61	765	Liang, Sarah	16	PC	Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
22	5:06.24	760	Bradley, Paige	18	PC	Crow Canyon Country Club Sharks	6/6/2009	2009 PC SJA LCM JR+
23	5:06.56	758	Levere, Jacqui	16	PC	Unattached	7/2/2009	2009 Maccabiah Games USA
24	5:06.93	755	Ward, Andrea	16	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship



## Senior LC top times through 8/31/09

**LSC: PC For Dates 9/1/2008 - 8/31/2009**

25	5:07.07	754	Yamauchi, Sophia	16	PC	Neptune Swimming	7/22/2009	2009 CA/NV Speedo Championship
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### Boys Age 13-33 400 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC / Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	4:20.39	958	Hinshaw, Ben	18	PC Palo Alto Stanford Aquatics	8/4/2009	2009 U. S. Open
2	4:22.83	935	Mahoney, Sean	20	PC Terrapins Swim Team	7/22/2009	2009 CA/NV Speedo Championship
3	4:25.81	907	Lathrope, Scott	22	PC Unattached	3/5/2009	2009 Austin GP
4	4:26.75	898	Weiss, Michael	18	PC Lakeridge Swim Team	7/22/2009	2009 CA/NV Speedo Championship
5	4:28.89	878	Casey, Aaron	20	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship
6	4:30.23	866	Liivamagi, Martin	21	PC California Aquatics	7/7/2009	2009 Conoco Phillips USA Swimming National Champio
7	4:30.95	859	Charnin-Aker, Josh	19	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
8	4:32.87	841	Litz, Jordan	21	PC Tiger Aquatics	8/4/2009	2009 U. S. Open
9	4:33.97	831	Ravnan, Eirik	19	PC Unattached	3/5/2009	2009 Austin GP
10	4:36.06	813	Garcia, Ryan	18	PC Unattached	5/22/2009	2009 CA Janet Evans Invitation
11	4:36.39	859	Porter, Andrew	15	PC Cabrillo Threshers	8/10/2009	2009 Speedo Junior National Ch
12	4:38.32	1024	Ogren, Curtis	13	PC Palo Alto Stanford Aquatics	8/5/2009	2009 CA North American Challen
13	4:38.56	790	Hartz, Reid	19	PC Neptune Swimming	8/4/2009	2009 U. S. Open
14	4:39.37	816	Peters, Jeff	16	PC Santa Clara Swim Club	8/10/2009	2009 Speedo Junior National Ch
15	4:39.69	829	Hinshaw, Adam	15	PC Palo Alto Stanford Aquatics	5/22/2009	2009 CA Janet Evans Invitation
16	4:40.41	1006	Silverthorn, Nick	13	PC Pleasanton Seahawks	7/16/2009	2009 PC TERA LCM PC-JO
17	4:40.93	802	Seitz, Andrew	16	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
18	4:42.06	759	Hinshaw, Ryan	19	PC Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
19	4:42.15	900	Hughes, Bryan	14	PC Pleasanton Seahawks	7/29/2009	2009 PC LCM FAR WEST CHM
20	4:42.29	899	Kremer, Tom	14	PC Unattached	7/22/2009	2009 CA/NV Speedo Championship

## Senior LC top times through 8/31/09

### LSC: PC For Dates 9/1/2008 - 8/31/2009

21	4:43.08	750	Harper, Greg	17	PC	Walnut Creek Aquabears	7/16/2009	2009 PC TERA LCM PC-JO
22	4:43.43	796	Stumph, Steven	15	PC	Orinda Aquatics	7/22/2009	2009 CA/NV Speedo Championship
23	4:44.26	740	Fleming, Shayne	17	PC	De Anza Cupertino Aquatics	7/22/2009	2009 CA/NV Speedo Championship
24	4:44.59	879	Burns, Ian	14	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship
25	4:44.63	737	Hurko, Matt	18	PC	Santa Clara Swim Club	7/22/2009	2009 CA/NV Speedo Championship