

**DE ANZA CUPERTINO AQUATICS
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET**

OCTOBER 5 – 6, 2013

Enter Online: <http://ome.swimconnection.com/pc/daca20131005>



SANCTION: Held under USA/Pacific Swimming Sanction No. **13-197**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: **Meet Referee:** Rufino Olay **Admin Referee:** Darryl Woo **Head Starter:** Sylvain Flamant
 Meet Marshal: Tammy Hopkins **Meet Director:** Annie Stein – annie@daca.org / (408) 253-7946

LOCATION: West Valley College Pool, 14000 Fruitvale Avenue, Saratoga 95070. **From the Peninsula:** Take Highway 101 or 280 to Route 85 South. Exit right on Saratoga Ave. Turn left on Fruitvale Ave. West Valley Campus is on left hand side. **From the East Bay:** Take Highway 880 south to route 237 west to Route 85 South. Exit right on Saratoga Ave. Turn Left on Fruitvale Ave. West Valley Campus is on left hand side. **From Gilroy/Morgan Hill:** Take 101 North to Route 85 North. Exit left on Saratoga Ave. Turn left on Fruitvale Ave. West Valley Campus is located on left hand side.

PARKING: Parking is \$3.00 per day (dollar bills or coins ONLY) and is regulated 24/7. Please use Parking Lot 5 and 7 only. Parking in staff spaces is **NOT PERMITTED**.

COURSE: 25 yard, outdoor heated pool. Up to ten (10) lanes will be used for competition. Separate, warm-up, cool down area will be available during the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

TIME: SESSION A (11-12 Girls and All 13 & Over Swimmers): Meet begins at 9:00 AM; Warm-Up is from 8:00 – 8:45 AM.

SESSION B (11-12 Boys and All 10 & Under Swimmers): Session B will begin 1 hour after Session A finishes, but not before 1:00 PM. Session B Warm-Ups will begin immediately after Session A finishes.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
 - All events are timed finals.
 - Swimmers may compete in a **maximum of three (3)** events per day.
 - All swimmers ages 12 and under should complete competition within four (4) hours.
 - Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
 - If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
 - **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
 - All events will run in a fast to slow sequence
 - All swimmers competing in the 500 yard Freestyle or 400 yard IM events must provide their own lane timers.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. Any swimmers not reporting for or competing in an individual timed final event **shall not** be penalized.

AWARDS: Individual events will be awarded in the A, B, and C division. Ribbons for First through Eighth place will be given to the following age groups 8 & U, 9-10, 11-12, 13-14, and 15 & Over. All 13-14 and 15 & Over events will compete together but will be awarded separately. Swimmers 19 years of age and older will not receive awards. "A" time medals will be given to swimmers achieving a new "PC - A" times, regardless of place achieved in the event. All awards must be picked up at the meet by coaches at the end of each session. Awards will not be mailed.

ADMISSION: Free. A 2-day program will be available for a reasonable fee.

REFRESHMENTS: A snack bar will be open each day. Generous and friendly hospitality provided for officials, coaches, and volunteers. Lunches will be available for officials and coaches.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating teams are expected to provide lane timers based upon the number of swimmers registered to swim each day. Team timing lanes for Saturday and Sunday will be assigned and coaches will be notified of assignments during the week prior to the meet.

MINIMUM OFFICIALS: Teams must follow Zone 1 North rules for providing officials. Each team must provide officials for each session according to the number of swimmers entered in that session, following the table below. Teams that do not provide sufficient officials must provide coaches to act in the place of officials.

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 swimmers)

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
50 FR	50 FR	200 FR	200 FR	50 BK	100 BK	200 BK	100 BK
25 BR	100 BR	100 BR	100 BR	25 FR	100 FR	100 FR	100 FR
25 FL	50 FL	100 FL	100 FL	50 BR	50 BR	100 IM	200 IM
100 IM	100 IM	50 BK	200 BK	100 FR	100 FL	200 FL	200 BR
	500 FR (G)	400 IM (G)	500 FR (G)		500 FR (B)	400 IM (B)	500 FR (B)

EVENTS

SATURDAY, OCTOBER 5TH

SUNDAY, OCTOBER 6TH

EVENT #	EVENT	EVENT #
SESSION A		
1	11 – 12 200 FREE	
3	13 & O 200 FREE	4
5	11 – 12 100 BREAST	
7	13 & O 100 BREAST	8
9	11 – 12 100 FLY	
11	13 & O 100 FLY	12
13	11 – 12 50 BACK	
15	13 & O 200 BACK	16
17	11 – 12 400 IM	
19	13 & O 500 FREE	
SESSION B		
	11 – 12 200 FREE	22
23	10 & U 50 FREE	24
	11 – 12 100 BREAST	26
27	9 – 10 100 BREAST	28
29	8 & U 25 BREAST	30
	11 – 12 100 FLY	32
33	9 – 10 50 FLY	34
35	8 & U 25 FLY	36
	11 – 12 50 BACK	38
39	10 & U 100 IM	40
41	9 – 10 500 FREE	

EVENT #	EVENT	EVENT #
SESSION A		
43	13 & O 100 BACK	44
45	11 – 12 200 BACK	
47	13 & O 100 FREE	48
49	11 – 12 100 FREE	
51	13 & O 200 IM	52
53	11 – 12 100 IM	
55	13 & O 200 BREAST	56
57	11 – 12 200 FLY	
	13 & O 500 FREE	60
SESSION B		
	11 – 12 200 BACK	62
63	9 – 10 100 BACK	64
65	8 & U 50 BACK	66
	11 – 12 100 FREE	68
69	9 – 10 100 FREE	70
71	8 & U 25 FREE	72
	11 – 12 100 IM	74
75	10 & U 50 BREAST	76
	11 – 12 200 FLY	78
79	9 – 10 100 FLY	80
81	8 & U 100 FREE	82
	11 – 12 400 IM	84
	9 – 10 500 FREE	86

NOTE – THE GIRLS 500 FREE AND 400 IM WILL SWIM ON SATURDAY 10/5, THE BOYS 500 FREE AND 400 IM ON SUNDAY 10/6

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by De Anza Cupertino Aquatics
 Short Course C/B/A +
 October 5-6, 2013
 Consolidated Entry Form

Name: Last, First Middle												
Club Abbr.			UNATT TEAM ABBR				Club Name					
Age			Date of Birth				Sex M F		LSC – (PC, SN)			
USA-#												
Event #	Distance / Stroke					Entry Time			Circle one			
						: .			SCY / LCM			
						: .			SCY / LCM			
						: .			SCY / LCM			
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						: .			SCY / LCM			
# of entries _____ x \$2.75 = \$ _____ Participation Fee \$ 8.00 Total \$ _____												
Coach												
Swimmer's Address												
Home Phone						Cell Phone						
E-Mail Address												