

Hills Hurricane Swimming/ East Bay Silver Dolphins
PACIFIC SWIMMING Zone 2 SHORT COURSE C/B/A+ MEET
November 2 - 3, 2013



Enter Online: <http://ome.swimconnection.com/PC/HILL20131102>

SANCTION: Held under USA/Pacific Swimming Sanction No. **13-171**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet.**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas are prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee:* David Cottam *Head Starter:* David Benjamin
 Admin Referee: Carol Cottam *Meet Marshal:* Jennifer Rose
 Meet Director: Shad Wojtala - swimfast2400@aol.com

LOCATION: Chabot College Pool, 25555 Hesperian Blvd., Hayward, California, 94545.

From Highway 92 (San Mateo Bridge Exit from 880) take Hesperian Blvd./Chabot College turnoff. Go about ½ mile on Hesperian, turn left into athletic parking lot at Turner St.

PARKING: PLEASE OBSERVE ALL POSTED PARKING REGULATIONS. A parking fee of \$2.00 is required on Saturday. Permit dispensers are located in Lots E and B. They are yellow and located on the light poles. Authorized holders of DMV disabled plates or placards may park in designated disabled spaces and must display a valid parking permit on the dashboard. The parking fee machine accepts \$1.00 bills and coins. You can be ticketed if you don't pay! There is no charge for parking on Sunday.

COURSE: 25 yard x 50 meter outdoor, heated pool. Up to 16 competition lanes available, to be allocated based on number of entries received and determined by the meet referee. Electronic timing equipment will be used. Separate warm up lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4' at the start end and 4' at the turn end. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at **9:00 AM** each day with warm-ups from **7:30 AM** to **8:45 AM** each day. A special warm-up time for 8 and under swimmers only will be held from **8:45 AM - 8:55 AM**.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals, and will be swum fastest to slowest.
- Swimmers may compete in four **(4)** events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- The 500y event will be held as an "open" event and will not be awarded. There is a minimum seed time that must be met. Any swimmer who can meet or exceed the entry time may enter the event regardless of age. Entry times for OPEN events with a minimum time standard (see Schedule of Events listed on page 4) which cannot be proven using the Pacific Swimming database may be verified by a complete set of meet results or verified by the swimmer's coach, either of which may be presented upon check-in. (Refer to PacSwim Rule 4A2).

- **Swimmers entering the 500y Free must provide their own timers and counters.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- NO pets allowed on deck, other than service assistance animals.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will not be accepted.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than September 28, 2013. Entries from members of "year round" Zone 2 teams in "good standing" postmarked or entered online by **11:59PM on October 5, 2013** will be given 1st priority acceptance. Entries from members of all Zone 2 teams in "good standing" (year round and seasonal) postmarked or entered online between 12:00 am October 5, 2013 and 11:59 pm October 12, 2013 will be given 2nd priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they are received. **Entries from Unattached swimmers must be mailed or hand delivered. Online entries from Unattached swimmers will not be accepted.**

****NOTE:** *Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.*

ENTRY FEES: \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/PC/HILL20131102> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to

\$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming. Online entries will be accepted through **Wednesday, October 23, 2013, or until the capacity of the meet is met, whichever is first.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, **October 21, 2013** or hand delivered by **6:30 p.m. Wednesday, October 23, 2013, or until the capacity of the meet is met, whichever is first.** No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: East Bay Silver Dolphins or EBSD

**Mail/Hand Deliver entries to: Dionne Dunn
Swim Meet Entries
244 Cinnabar Way
Hercules, CA 94547**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately

AWARDS: The first 8 places will be awarded to "C", "B" and "A" swimmers in 8&UN, 9-10, 11-12, 13-14 and 15-18 age groups. All "C" and "B" swimmers achieving a new "PC-A" time will be awarded a standard "A" medal, regardless of place achieved in the event. No awards for swimmers age 19 and older. Note: Individual awards must be picked up at the meet. The awards will not be mailed out or distributed after the meet.

ADMISSION: Free. A 2-day program will be available for \$3.00

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and working deck officials will also be provided lunch. Hospitality will serve refreshments and snacks to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

MINIMUM OFFICIALS: The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 swimmers over 100	1+

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 IM	100 IM	100 IM	200 IM	100Free	50 Fly	200 Fly	200 Fly
50 Free	50 Free	50 Free	50 Free	50 Breast	50 Breast	50 Breast	200 Breast
25 Fly	100 Fly	100 Fly	100 Fly	25 Back	50 Back	100 Back	100 Back

25 Breast	100 Breast	100 Breast	100 Breast	25 Free	100 Free	100 Free	100 Free
	500 Free*	500 Free*	500 Free*		500 Free*	500 Free*	500 Free*

- The open 500 free minimum time standard is the Pacific Swimming 9-10 "A-Time.

Boys minimum standard: 7:41.99

Girls minimum standard: 7:41.99

EVENTS

Saturday, November 2

Event #	Event	Event #
1	13+ 200 I.M.	2
3	11-12 100 I.M.	4
5	9-10 100 I.M.	6
7	8-UN 100 I.M.	8
9	13+ 50 Free	10
11	11-12 50 Free	12
13	9-10 50 Free	14
15	8-UN 50 Free	16

Sunday, November 3

Event #	Event	Event #
35	13+ 200 Fly	36
37	11-12 200 Fly	38
39	9-10 50 Fly	40
41	8-UN 100 Free	42
43	13+ 200 Breast	44
45	11-12 50 Breast	46
47	9-10 50 Breast	48
49	8-UN 50 Breast	50

17	13+ 100 Fly	18
19	11-12 100 Fly	20
21	9-10 100 Fly	22
23	8-UN 25 Fly	24
25	13+ 100 Breast	26
27	11-12 100 Breast	28
29	9-10 100 Breast	30
31	8-UN 25 Breast	32
33	OPEN 500 Free	

51	13+ 100 Back	52
53	11-12 100 Back	54
55	9-10 50 Back	56
57	8-UN 25 Back	58
59	13+ 100 Free	60
61	11-12 100 Free	62
63	9-10 100 Free	64
65	8-UN 25 Free	66
	OPEN 500 Free	68

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Hills Hurricane Swimming/ East Bay Silver Dolphins C/B/A+ Short Course November 2 - 3, 2013 Consolidated Entry Form													
Name: Last,			First				Middle						
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				

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		: .	SCY / LCM
		: .	SCY / LCM
# of entries _____ x \$2.75 = \$ _____ Participation Fee \$ 8.00 Total \$ _____			
Coach			
Swimmer's Address			
Home Phone		Cell Phone	
Email			