

Enter this meet online at: <http://ome.swimconnection.com/pc/quik20131109>

SANCTION: Held under USA Pacific Swimming Sanction No. **13-157**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

USE OF AUDIO & VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee: Bill Sargis Admin Referee: Sheri Lang*
 Head Starter: Brian Gross Meet Marshal: Phil Spratt
 Meet Director: Nicole Whetstone, 707-337-6219 / quilnmama@sbcglobal.net

LOCATION: Honey Bee Pool, 1170 Golf Course Drive, Rohnert Park. Take Hwy 101 NB to the Wilfred Ave exit. Turn left off hwy on to Commerce. Go right at next light on to Golf Course Dr. Turn left into pool. There is a small parking lot available as well as street parking. For additional parking: While on Golf Course (before the Pacific Market Shopping Center) turn left at stop light for Country Club. Turn right at Hudis Street stop sign. On right will be parking lot for Marguerite Hahn Elementary School. If you walk past the baseball field, follow the sidewalk into the park and you will see the pool.

COURSE: Heated 25-yard outdoor pool with up to 6 competition lanes as well as a small Warm-up/Warm-down area available during the meet. The minimum water depth measured in accordance with USA Swimming (USA-S) Article 103.2.3, is 5'0" at the start end and 3'5" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: The competition pool will be available for warm-up from 7:30 am – 8:45am. The Session will start at 9:00 am.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and will be seeded fastest to slowest.
- At the discretion of the Meet Director and the Meet Referee, all events may be combined and/or consolidated (combined boys and girls heats, and may be swum slowest to fastest).
- **Swimmers may compete in up to 4 events each day.**
- **All swimmers ages 12 and under should complete competition within four (4) hours.**
- **Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.**
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

Coaches must maintain contact with their swimmers during warm-up.

All entry into the pool for warm-up is feet first from the starting block end of the pool.

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start. **It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.** The certification process includes the completion of a Racing Start Certification Checklist. If the swimmer is not accompanied by their USA Swimming Coach, please have their coach complete and deliver to the Meet Director a signed copy of Racing Start Certification Checklist:

http://pacswim.org/09rsc_checklist.pdf. **Please Note:** Swimmers not accompanied by a USA Swimming Member coach, that do not have signed copy of Racing Start Certification Checklist, must start each race from within the water.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All shelters must be properly secured. No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the "PC-A" time standard; swimmers in the "B" Division must have met at least the "PC-B" time standard; all entry times slower than the "PC-B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be accepted.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the meet director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and older may swim with the oldest age group of an event, but may not receive awards or score points.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: \$2.75 per event, \$8 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

Make check payable to: Piranha Swimming

Mail with entries to: Sheri Lang
Swim Meet Entries
3 Fall Court
Rohnert Park, CA 94928

MAILED OR HAND DELIVERED ENTRIES: Mailed Entries must be on the attached Consolidated Entry card. Entry cards must be filled out including best short course time for each event. Entered times must be submitted in yards. "No Time" entries will be accepted and will be seeded in the slowest heats. Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures. Incomplete or illegible entries may require that a collect call be made in order to accept entries. Entries must be postmarked by midnight Monday, October 28, 2013 or hand delivered to Sheri Lang at Honeybee Pool in Rohnert Park, CA no later than 8pm, Wednesday, October 30, 2013. No late entries will be accepted. No fax entries will be accepted. No refunds will be made except for mandatory scratches. If you would like to confirm entry, please include a self-addressed, stamped envelope or postcard.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/QUIK20131109> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **October 30, 2013.**

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any Swimmer not reporting for, or competing in an individual timed final event shall not be penalized.

AWARDS: For individual events, awards will be given for 1st – 8th place by age group and flights (“PC-A”, “PC-B”, and “PC-C”) within. “A” medals will be awarded for NEW A times achieved by swimmers in flights PC-B or PC-C, regardless of the place achieved in the event. Age groups are: 6 & under, 7-8, 9-10, 11-12, 13-14, 15-16, and 17-Over.

ADMISSION: Free.

REFRESHMENTS: A snack bar will be available serving breakfast, lunches, snacks and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers.

MINIMUM OFFICIALS: One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of swimmers present against the number of Officials present representing each team. No more than 3 days after close of entries, Meet management (ref or director) shall contact the representative from each team participating, and provide a preliminary inventory.

Each team shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that team during the meet, in accordance with the table below. * Zone 3 Pacific Swimming will include Colorado, Intermediary/ Chief Timing Judge, and Hytek-Computer into the count of Officials for a session: these positions are not carded. Zone 3 Pacific Swimming will accept Trainees into the count of Officials for a session, so long as they are carded.

Number of swimmers competing in meet per team:	*Number of trained and carded officials required:
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

EVENTS

Event #	SATURDAY EVENTS (AM Session)	Event #
1	15 and Over 500 Yard Free	2
3	13-14 500 Yard Free	4
5	11-12 500 Yard Free	--
7	15 and Over 200 Yard Fly	8
9	13-14 200 Yard Fly	10
11	11-12 200 Yard Fly	--
13	15 and Over 200 Yard Back	14
15	13-14 200 Yard Back	16
17	11-12 200 Yard Back	--
19	11-12 1650 Yard Free	--
21	13 and Over 1650 Yard Free	22
	SATURDAY EVENTS (PM Session)	
23	8 and Under 500 Yard Free	24
25	9-10 500 Yard Free	26
--	11-12 500 Yard Free	28
29	8 and Under 100 Yard Fly	30
31	9-10 200 Yard Fly	32
--	11-12 200 Yard Fly	34
35	8 and Under 100 yard Back	36
37	9-10 200 Yard Back	38
--	11-12 200 Yard Back	40
41	8 and Under 200 Yard IM	42
43	10 and Under 1650 Yard Free	44
--	11-12 1650 Yard Free	46

Event #	SUNDAY EVENTS (AM Session)	Event #
47	15 and Over 400 yard IM	48
49	13-14 400 Yard IM	50
--	11-12 400 Yard IM	52
53	15 and Over 200 Yard Free	54
55	13-14 200 Yard Free	56
--	11-12 200 Yard Free	58
59	15 and Over 200 Yard Breast	60
61	13-14 200 Yard Breast	62
--	11-12 200 Yard Breast	64
--	11-12 1000 Yard Free	66
67	13 and Over 1000 Yard Free	68
	SUNDAY EVENTS (PM Session)	
69	8 and Under 200 Yard Free	70
71	10 and Under 400 Yard IM	72
73	11-12 400 Yard IM	--
75	8 and Under 100 Yard Free	76
77	9-10 200 Yard Free	78
79	11-12 200 Yard Free	--
81	8 and Under 100 Yard Breast	82
83	9-10 200 Yard Breast	84
85	11-12 200 Yard Breast	--
87	8 and Under 100 Yard IM	88
89	10 and Under 1000 Yard Free	90
91	11-12 1000 Yard Free	--

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Piranha Swimming Nov 9 & 10, 2013 Consolidated Entry Form												
Name: Last,			First				Middle					
Club Abbr.		UNATT TEAM ABBR				Club Name						
Age		Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#												
Event #	Distance / Stroke					Entry Time			Circle one			
						: .			SCY / LCM			
						: .			SCY / LCM			
						: .			SCY / LCM			
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# of entries _____ x \$2.75 = \$ _____ Participation Fee 8.00 Total \$ _____												
Coach												
Swimmer's Address												
Home Phone						Cell Phone						
Email												