

Gilroy Gators Swim Team

PACIFIC SWIMMING 'Race to JO's Last Chance SHORT COURSE C/B/A+ MEET

November 22-24, 2013

Enter Online: <http://ome.swimconnection.com/pc/GGST20131122>



SANCTION: Held under USA/Pacific Swimming Sanction No. 13-203

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet will be posted in real time on the Internet at (results.teamunify.com/ggst/index.html).**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee:* Carole Keighley *Head Starter:* Jennifer McKennan *Admin Official:* Denise Brolin
 Meet Marshal: Bruce Gordon *Meet Director:* Dave Foster – dave@sandhillfinance.com - 408-605-6152

LOCATION: Morgan Hill Aquatic Center is located at 16200 Condit Rd, Morgan Hill, CA 95037-9598.

From the North: Exit Highway 101 at Tennant Avenue and turn left onto Tennant. Continue .3 miles to Condit Road and turn left. The Aquatics Center is .1 miles ahead on your right.

From the South: Exit Highway 101 at Tennant Avenue and turn right onto Tennant. Continue .1 miles to Condit Road and turn left. The Aquatics Center is .1 miles ahead on your right.

COURSE: 25 yard x 50 Meter Outdoor, heated pool with up to 16 competition lanes. A separate warm up and warm-down area will be available throughout the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 6 ft 7" at the start and 7ft at the turn end. The competition course has been certified in accordance with 104.2.2C (4). A copy of such certification is on file with USA Swimming.

TIME: Meet begins at 4:30 PM on Friday, with a warm-up from 3:15 to 4:15 PM. On Saturday and Sunday, the meet will begin at 9:00 AM, with warm-ups from 7:30 to 8:45 AM. A special warm-up time for 8 and under swimmers only will be held from 8:15 AM to 8:45 AM on Saturday and Sunday, where there will be warm-up lanes specific for 8 and under swimmers. Gates for seating and set up will open no earlier than 2:30 PM on Friday, 6:00 AM on Saturday, and 6:30 AM Sunday.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in **four (4)** events per day on Saturday and Sunday, and **two (2)** events on Friday.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender. Per Zone 1 South, the meet shall be capped at 1000 swimmers per day.
- The meet will be limited to the first 30 swimmers of each gender for the 1650 Free and the 400 IM.
- The 1650 Freestyle and the 400 IM will be swum in heats alternating girls and boys from fastest to slowest.
- The 500 and 1000 Freestyle will be swum in heats fastest to slowest on two courses.
- Swimmers competing in any of these four distance events must provide their own timers and lap counters.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the

swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals are allowed on the premises.
- Except for coaches seating next to the pool, no chairs, canopies, tents or "camping" in the competition area is allowed.
- All chairs, canopies, tents, or other setups must be on the lawn and other designated setup areas only.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "NO TIME" will be ACCEPTED.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Zone 1 South (Z1S) entries postmarked by **Monday, November 4, 2013** or entered online by 11:59 p.m. **Monday, November 4, 2013** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, November 11, 2013**, entered online by 11:59 p.m. **Wednesday, November 13, 2013**, or hand delivered by 8:00 p.m. **Wednesday, November 13, 2013** will be considered in the order that they were received or until meet cap is reached.

ENTRY FEES: \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/GGST20131122> to receive an immediate entry confirmation. This method requires payment by credit card. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, **November 13, 2013**.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, **Monday, November 11, 2013**, or hand delivered by 6:30 p.m. **Wednesday, November 13, 2013**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Gilroy Gators Swim Team

Mail entries to: Dave Foster, GGST Meet Director
1291 Blue Parrot Ct
Gilroy, CA 95020

Hand-deliver entries to: Dave Foster, GGST Meet Director
1291 Blue Parrot Ct
Gilroy, CA 95020

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers entered in an individual event that they have checked in for, must swim in the event unless they notify the clerk of the course before seeding for that event has begun. Swimmers who miss an event they have checked in for will not be penalized by the loss of the next event they have entered.

AWARDS: One set of ribbons will be awarded for 1st through 8th places in each age group and division (C, B and A+). Standard "A" medals shall be awarded to swimmers attaining new "PC-A" times in each event, regardless of the place achieved in the event. Events that contain multiple age group participants will be awarded separately, unless it is a 10 & Under event. The 10 & Under events will be awarded as one age group. Swimmers 19 years of age and older will not receive awards. A team representative must pick up their swim team's awards at the conclusion of the meet at the awards desk. Awards will not be handed out to individuals, unless the swimmer is unattached. Awards will not be mailed.

ADMISSION: Free. A program will be available at a reasonable price.

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please note signs and avoid parking in restricted areas. Access ways, passage ways, doorways must remain clear of chairs, seats, bulky items and bags per compliance with Fire Marshall's orders.

*** Timing lane assignments will be emailed to each participating team several days prior to the meet.*

EVENT SUMMARY

<i>Summary of Events for Friday</i>	<i>Summary of Events for Saturday</i>			<i>Summary of Events for Sunday</i>		
11 & Up	10 & Under	12 & Under	11 & Up	10 & Under	12 & Under	11 & Up
400 IM	100 Fly	50 Breast	200 Back	100 Back	100 IM	100 Back
1650 Free	100 Free	50 Back	100 Fly	200 Free	50 Fly	200 Free
	200 IM		200 Breast	100 Breast		100 Breast
	500 Free		100 Free	50 Free		50 Free
			200 IM			200 Fly
			500 Free			1000 Free

EVENTS

Gilroy Gators Swim Team - Race to JO's C/B/A+ Meet

Friday, November 22, 2013

Girls	Event Description & Aged Group	Boys
1	11 & Up 400 IM ***	2
3	11 & Up 1650 Free ***	4

***** Friday's events are limited to first 30 swimmers per gender, per event.**

Saturday, November 23, 2013

Girls	Event Description & Aged Group	Boys
5	11 & Up 200 Back	6
7	12 & Under 50 Breast	8
9	11 & Up 100 Fly	10
11	10 & Under 100 Fly	12
13	11 & Up 200 Breast	14
15	12 & Under 50 Back	16
17	11 & Up 100 Free	18
19	10 & Under 100 Free	20
21	11 & Up 200 IM	22
23	10 & Under 200 IM	24
25	11 & Up 500 Free **	26
27	10 & Under 500 Free **	28

Sunday, November 24, 2013

Girls	Event Description & Aged Group	Boys
29	11 & Up 100 Back	31
31	12 & Under 100 IM	33
33	11 & up 200 Free	35
35	10 & Under 100 Back	37
37	11 & Up 100 Breast	39
39	10 & Under 200 Free	41
41	11 & Up 50 Free	43
43	10 & Under 100 Breast	45
45	11 & Up 200 Fly	47
47	10 & Under 50 Free	49
49	12 & Under 50 Fly	51
51	11 & Up 1000 Free **	53

***** All Distance Freestyle swimmers (500 Free, 1000 Free, and 1650 Free) must provide their own timers and lap counters. All 400 IM swimmers must provide their own timers. These distance events will all be seeded fastest to slowest. Additionally, the 400 IM and 1650 Free will be alternating girls' and boys' heats.**

Use the following URL to find the time standards.
http://www.pacswim.org/page/times_standards.shtml



<p>Pacific Swimming – Hosted by Gilroy Gators Swim Team Zone 1 South Race to JO's– C/B/A+ November 22-24, 2013 Consolidated Entry Form</p>													
Name: Last,				First				Middle					
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
<p># of entries _____ x \$2.75 = \$ _____ Plus: Event Participation Fee = \$ 8.00 TOTAL \$ _____</p>													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email address													