

## 2014 SPEEDO SHORT COURSE FAR WESTERN CHAMPIONSHIPS

Hosted by Morgan Hill Makos

co-sponsored by Pacific Swimming

April 3-6, 2014

Enter Online at: <http://ome.swimconnection.com/pc/mako20140403>



**SANCTION:** Held under USA/Pacific Swimming Sanction Number: **14-046**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**AUDIO & VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms, or locker rooms. Violation of this policy may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**MEET OFFICIALS:**

Meet Referee: Michael Davis	Administrative Referee: Brian Malick
Head Starter: Debbie Tucker	Head Marshal: Sachi Itow
Meet Director: Mike Greymont – <a href="mailto:mgreymont@mhgcg.com">mgreymont@mhgcg.com</a>	

**CERTIFICATION MEET:** Officials wishing to be evaluated must apply to the Meet Referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of both Trials and Finals. Officials dress for finals is white polo shirts/blouse, blue long pants or skirts, and closed white athletic shoes. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions, however, the official must work at least 4 sessions at the meet for advancement or recertification evaluation(s) to be valid. The application form can be obtained found on the Pacific Swimming Website.

**LOCATION:** **Morgan Hill Aquatic Center**, 16200 Condit Road, Morgan Hill, CA

**COURSE:** 25 yard x 50-meter outdoor, heated pool. Up to 16 competition lanes will be available. A separate 6 lane, 25 yard warm-up & cool-down pool will be available during the meet.

**POOL CERTIFICATION:** The minimum water depth of 6'- 6" at the start and turn ends of this pool, which complies with article 103.2.3. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

**TIME:** ***Prelims:*** Each session will begin at 9:00 AM each day. The competition course will be open for warm-ups from 7:00-8:45 AM.

***Finals:*** This session will begin no earlier than 1 hour after the conclusion of the preliminary session. The exact time will be determined by the Meet Referee and Meet Director. This time will be announced as early as practical each day.

**RULES:**

- Current USA and Pacific Swimming rules will govern the meet.
- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of the Course.
- Swimmers may enter as many individual events as they have qualified for, but may only **compete in up to three (3) events per day and a maximum of seven (7) individual events**, plus relays for the entire meet.
- All events will swim fastest to slowest.
- All individual events are trials and finals, except for the 1000 & 1650 yard freestyle events which are timed finals. Relays are timed finals.
- **All Coaches and Deck Officials must display their USA Swimming membership cards in a visible manner.**

**SPECIAL RULES:** The 1000 and 1650 Freestyle events are timed finals and will be scored. Swimmers must provide their own lap counter and timers. Check in for the 1000 and 1650 Freestyle events (Events 201-204) will be open from the start of the meet until 11:00 AM the day of the event. These events are swum fastest to slowest. The 15-16 & 17-18 age groups will be run as combined events in Preliminary Heats.

**SEEDING:** Event seeding will be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters - USA Swimming rules 207.11.7B. Preliminary heats will be swum fastest to slowest. **See Special Rules for distance events seeding.**

**UNACCOMPANIED SWIMMERS:** USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision. However, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Sale and use of alcoholic beverages and smoking and the use of other tobacco products is prohibited in all areas of the meet venue during the meet.
- Glass containers of any kind are not allowed in pool area.
- No propane containers, other than provided for the snack bar, are allowed in all areas of the meet venue.
- All pets are prohibited in the pool area with the exception of service dogs.
- Coaches, parents, siblings and officials may not use the pool.
- All chairs, canopies, tents or other setups must be in designated areas only.
- No overnight RV parking allowed on Aquatic Center property.
- Except for coaches' seating next to the pool, no chairs, canopies, tents, or "camping" on the competition deck is allowed.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S. The meet host will check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- **No Time "NT" entries will not be accepted.** Swimmers must have met the Pacific Swimming Far Western conforming short course yards or non-conforming long course meter or short course meter time standards for each event entered.
- Swimmers 19 years of age and over may participate in the 17-18 age group provided they have met the time standards for that age group; they will not be eligible to swim in finals, or receive awards.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

**PROOF OF TIME:** Proof of time will be required for this meet per Pacific Swimming rule Section 4.C.2. All entry times will be verified against the USA Swimming SWIMS database. Entry times must have been achieved prior to the closing date of entries for the meet (Wednesday, March 19, 2014, 11:59PM PST). If the time cannot be proven prior to the meet, the swimmer will be not be allowed to check-in for the event until the entry time has been proven. When possible, the coaches will be notified of the swimmers who have not proven their entry time. No refunds will be given if a time cannot be proven.

**VISITING FEDERATIONS:** Visiting "All-Star" teams are welcome. "All-Star" teams are defined as teams officially representing a federation outside the United States. Individual swimmers can score points towards high point awards. Teams will not be in contention for team awards. All-Star relays can win medals, but will not score points.

**ENTRY FEES:** \$5.50 per individual event, \$8.00 participation fee per swimmer, and \$20.00 per Relay. \*\*Note, relay only swimmers **ARE NOT** required to pay the participation fee. All entry fees **MUST** be included with entry.

**ENTRY OPTIONS: Option 1: Online Meet Entries:** The Deadline is **11:59 pm, Wednesday, March 19, 2014**. Enter online at: <http://ome.swimconnection.com/pc/mako20140403> to receive immediate confirmation of acceptance by email. The “**billing information**” email should be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection, LLC. Fees collected by this system are completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.

**Option 2: Surface Mail Entries:** Entry forms must be completely filled out, including the conforming short course yards (FW time) or non-conforming long course meters (FW time) or short course meter time (FW time) for each event. All entry times shall be noted by SCY, LCM and SCM to the right of the entry time. Entries (individual & relay) and fees must be postmarked by midnight **Monday, March 17, 2014**. Entries (individual and relay) that are hand delivered or sent via an overnight delivery service will be accepted if they are received with appropriate fees no later than **Wednesday, March 19, 2014 by 6:00 pm**. **No late entries via mail, fax, email or phone will be accepted. No refunds will be made.**

Make check payable to: **Morgan Hill Makos**  
Mail with entries to: **Far Western Meet Entries**  
**Morgan Hill Makos – Michael Greymont**  
**1921 W Edmundson Avenue**  
**Morgan Hill, CA 95037**  
\*If sending via Express/Overnight Delivery....**WAIVE THE SIGNATURE**

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk of Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Pacific Swimming scratch rules will be enforced. A copy will be posted at the clerk-of-course. Swimmers entered in an individual event in a Trials and Finals meet that is seeded on the deck who have checked in for that event, must swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from rest of his/her events that day including relays. If the swimmer qualified for a final before missing an event they may swim that final. The penalty will not apply if the Meet Referee accepts proof that the failure to swim has been caused by illness, injury, or other circumstances out of the swimmer’s control. Any swimmer qualifying for a Finals race in an individual event, who fails to show in said final race, prior to calling the alternate, shall be barred from further competition for the remainder of the meet. If the No-Show occurs on the last day that the swimmer is entered in an individual event in the meet, and no other individual event penalty is applicable, the swimmer shall then be fined \$25.00. Swimmers have 30 minutes after the results of an event are announced to scratch or declare their intent to scratch.

**SCORING:**

Place	1	2	3	4	5	6	7	8	9	10
Individual events	11	9	8	7	6	5	4	3	2	1
Relay events	22	18	16	14	12	10	8	6	4	2

**AWARDS:**  
Individual Events: Medals 1<sup>st</sup> – 10<sup>th</sup>  
Relay Events: Medals 1<sup>st</sup> – 6<sup>th</sup>  
Team Awards: Distinctive Awards 1<sup>st</sup> – 3<sup>rd</sup>  
Individual High Point: Distinctive Award for the Champion, Runner-up & 3<sup>rd</sup> place

(1st) through (10th) place medals will be presented to the individual event finalists 1½ hours before the start of the next day finals session at the Awards Ceremony. Sunday individual and relay awards will be available shortly after

the completion of each final event. Individual and Team High Point Awards will be presented at the Awards Ceremony at the conclusion of Sunday's finals session.

Awards will not be mailed. All awards need to be picked up by the conclusion of finals on Sunday.

**ADMISSION:** Free. A limited number of four-day programs will be available for purchase at the meet for a reasonable price.

**HOSPITALITY:** Meals and refreshments will be provided for working Officials and Coaches. Refreshments and snacks will be provided for timers.

**SNACK BAR:** A full snack bar with food and drinks will be available.

**SEATING:** Deck area around the pool is reserved for coaches' canopies only.

**SETUP:** In the designated areas only. Set-up will be allowed on Wednesday, April 2 after 12:00 PM.

**PARKING:** Limited, reserved parking for Coaches and working Officials will be available. Overnight RV parking is not allowed on the Aquatic Center Property.

**10 & UNDER CAMP:** Forty-eight swimmers will be selected at the 2014 Pacific Swimming Short Course Far Westerns Championship Meet in Morgan Hill, California to attend the Adam Szmidt Memorial Camp for 10 & Under swimmers. Participants must be no more than 10 years old as of the final day of competition at the meet and must be members of Pacific Swimming. The camp will be held Sunday, April 27, 2014 at Hartnell College Pool, Salinas, CA. To apply, the athlete must compete at the 2014 Short Course Far Western Championships. Applications will be on-line after February 23, 2014 and at the FWSC Championships Meet at the Camp Desk. Applications may be turned in to the Camp Desk Fri., Sat. and Sun. at the FWSC Championships Meet.

**EVENT SUMMARY**

<b>10/UNDER</b>	<b>11-12</b>	<b>13-14</b>	<b>15-16</b>	<b>17-18</b>
<b>THURSDAY, APRIL 03, 2014</b>				
200 FREE	200 FREE	200 FREE	200 FREE	200 FREE
100 FLY	100 FLY	100 FLY	200 BREAST	200 BREAST
100 BREAST	200 BREAST	200 BREAST	200 BACK	200 BACK
	50 BACK	1650 FREE (GIRLS)	1650 FREE (GIRLS)	1650 FREE (GIRLS)
	1650 FREE (GIRLS)	400 MEDLEY RELAY		
	400 MEDLEY RELAY			
<b>FRIDAY, APRIL 04, 2014</b>				
200 IM	200 IM	200 IM	400 IM	400 IM
100 FREE	100 FREE	100 FREE	100 FREE	100 FREE
50 BACK	200 BACK	200 BACK	100 FLY	100 FLY
	50 FLY	1650 FREE (BOYS)	1650 FREE (BOYS)	1650 FREE (BOYS)
	1650 FREE (BOYS)	400 FREE RELAY		
	400 FREE RELAY			
<b>SATURDAY, APRIL 05, 2014</b>				
500 FREE	500 FREE	500 FREE	200 FLY	200 FLY
100 BACK	100 IM	100 BACK	100 BACK	100 BACK
50 BREAST	100 BACK	100 BREAST	100 BREAST	100 BREAST
200 MEDLEY RELAY	50 BREAST	1000 FREE (GIRLS)	1000 FREE (GIRLS)	1000 FREE (GIRLS)
	1000 FREE (GIRLS)	200 MEDLEY RELAY		
	200 MEDLEY RELAY	200 FREE RELAY		
<b>SUNDAY, APRIL 06, 2014</b>				
100 IM	400 IM	400 IM	500 FREE	500 FREE
50 FLY	50 FREE	50 FREE	200 IM	200 IM
50 FREE	100 BREAST	200 FLY	50 FREE	50 FREE
200 FREE RELAY	200 FLY	1000 FREE (BOYS)	1000 FREE (BOYS)	1000 FREE (BOYS)
	1000 FREE (BOYS)	800 FREE RELAY		
	200 FREE RELAY			

**EVENTS**

THURSDAY, APRIL 03, 2014			
GIRLS	DESCRIPTION		BOYS
#	AGE	EVENT	#
1	17-18	200 FREESTYLE	2
3	15-16	200 FREESTYLE	4
5	11-12	200 FREESTYLE	6
7	13-14	200 FREESTYLE	8
9	10 & U	200 FREESTYLE	10
11	17-18	200 BREASTSTROKE	12
13	15-16	200 BREASTSTROKE	14
15	11-12	100 BUTTERFLY	16
17	13-14	100 BUTTERFLY	18
19	10 & U	100 BUTTERFLY	20
21	17-18	200 BACKSTROKE	22
23	15-16	200 BACKSTROKE	24
25	11-12	200 BREASTSTROKE	26
27	13-14	200 BREASTSTROKE	28
29	10 & U	100 BREASTSTROKE	30
31	11-12	50 BACKSTROKE	32
201	11-12	1650 FREESTYLE*	--
	13-14		
	15-16		
	17-18		
33	13-14	400 MEDLEY-RELAY**	34
35	11-12	400 MEDLEY-RELAY**	36

FRIDAY, APRIL 04, 2014			
GIRLS	DESCRIPTION		BOYS
#	AGE	EVENT	#
37	17-18	400 INDIVIDUAL MEDLEY	38
39	15-16	400 INDIVIDUAL MEDLEY	40
41	11-12	200 INDIVIDUAL MEDLEY	42
43	13-14	200 INDIVIDUAL MEDLEY	44
45	10 & U	200 INDIVIDUAL MEDLEY	46
47	17-18	100 FREESTYLE	48
49	15-16	100 FREESTYLE	50
51	11-12	100 FREESTYLE	52
53	13-14	100 FREESTYLE	54
55	10 & U	100 FREESTYLE	56
57	17-18	100 BUTTERFLY	58
59	15-16	100 BUTTERFLY	60
61	11-12	200 BACKSTROKE	62
63	13-14	200 BACKSTROKE	64
65	10 & U	50 BACKSTROKE	66
67	11-12	50 BUTTERFLY	68
--	11-12	1650 FREESTYLE*	202
	13-14		
	15-16		
	17-18		
69	13-14	400 FREESTYLE-RELAY**	70
71	11-12	400 FREESTYLE-RELAY**	72

Individual time standards available at: <http://www.pacswim.org/userfiles/cms/documents/475/fw2014.pdf>

Relay time standards available at: <http://www.pacswim.org/userfiles/cms/documents/476/fw-relays-2014.pdf>

\*Will be swum between trials and finals, immediately following event 32 on Thursday and event 68 on Sunday

\*\*Will be swum at the conclusion of finals

**EVENTS**

SATURDAY, APRIL 05, 2014			
GIRLS	DESCRIPTION		BOYS
#	AGE	EVENT	#
73	17-18	200 BUTTERFLY	74
75	15-16	200 BUTTERFLY	76
77	11-12	500 FREESTYLE	78
79	13-14	500 FREESTYLE	80
81	10 & U	500 FREESTYLE	82
83	11-12	100 INDIVIDUAL MEDEY	84
85	17-18	100 BACKSTROKE	86
87	15-16	100 BACKSTROKE	88
89	11-12	100 BACKSTROKE	90
91	13-14	100 BACKSTROKE	92
93	10 & U	100 BACKSTROKE	94
95	17-18	100 BREASTSTROKE	96
97	15-16	100 BREASTSTROKE	98
99	11-12	50 BREASTSTROKE	100
101	13-14	100 BREASTSTROKE	102
103	10 & U	50 BREASTSTROKE	104
203	11-12	1000 FREESTYLE*	--
	13-14		
	15-16		
	17-18		
105	13-14	200 MEDLEY-RELAY+	106
107	11-12	200 MEDLEY-RELAY+	108
109	10 & U	200 MEDLEY-RELAY**	110
111	13-14	200 FREESTYLE-RELAY**	112

SUNDAY, APRIL 06, 2014			
GIRLS	DESCRIPTION		BOYS
#	AGE	EVENT	#
113	17-18	500 FREESTYLE	114
115	15-16	500 FREESTYLE	116
117	11-12	400 INDIVIDUAL MEDLEY	118
119	13-14	400 INDIVIDUAL MEDLEY	120
121	10 & U	100 INDIVIDUAL MEDLEY	122
123	17-18	200 INDIVIDUAL MEDLEY	124
125	15-16	200 INDIVIDUAL MEDLEY	126
127	11-12	50 FREESTYLE	128
129	13-14	50 FREESTYLE	130
131	10 & U	50 BUTTERFLY	132
133	11-12	100 BREASTSTROKE	134
135	17-18	50 FREESTYLE	136
137	15-16	50 FREESTYLE	138
139	13-14	200 BUTTERFLY	140
141	11-12	200 BUTTERFLY	142
143	10 & U	50 FREESTYLE	144
--	11-12	1000 FREESTYLE*	204
	13-14		
	15-16		
	17-18		
145	13-14	800 FREESTYLE-RELAY**	146
147	11-12	200 FREESTYLE-RELAY**	148
149	10 & U	200 FREESTYLE-RELAY**	150

Individual time standards available at: <http://www.pacswim.org/userfiles/cms/documents/475/fw2014.pdf>  
 Relay time standards available at: <http://www.pacswim.org/userfiles/cms/documents/476/fw-relays-2014.pdf>  
 \* Will be swum between trials and finals, immediately following event 104 on Saturday and event 144 on Sunday  
 +Will be swum at the start of finals \*\*Will be swum at the conclusion of finals

### RELAY EVENTS ENTRY FORM

CLUB NAME			LSC	CLUB ABBREVIATION			
THURSDAY, APRIL 3, 2014							
GENDER	AGE-GROUP	EVENT	#	A TEAM	B TEAM	C TEAM	D TEAM
F	13-14	400 MEDLEY RELAY	33				
M	13-14	400 MEDLEY RELAY	34				
F	11-12	400 MEDLEY RELAY	35				
M	11-12	400 MEDLEY RELAY	36				
FRIDAY, APRIL 4, 2014							
F	13-14	400 FREE RELAY	69				
M	13-14	400 FREE RELAY	70				
F	11-12	400 FREE RELAY	71				
M	11-12	400 FREE RELAY	72				
SATURDAY, APRIL 5, 2014							
F	13-14	200 MEDLEY RELAY	105				
M	13-14	200 MEDLEY RELAY	106				
F	11-12	200 MEDLEY RELAY	107				
M	11-12	200 MEDLEY RELAY	108				
F	10 & U	200 MEDLEY RELAY	109				
M	10 & U	200 MEDLEY RELAY	110				
F	13-14	200 FREE RELAY	111				
M	13-14	200 FREE RELAY	112				
SUNDAY, APRIL 6, 2014							
F	13-14	800 FREE RELAY	145				
M	13-14	800 FREE RELAY	146				
F	11-12	200 FREE RELAY	147				
M	11-12	200 FREE RELAY	148				
F	10 & U	200 FREE RELAY	149				
M	10 & U	200 FREE RELAY	150				
COACH NAME					# OF RELAYS		
					RELAY FEE		X \$20/EACH
COACH EMAIL					TOTAL		\$

Relay entries & a check payable to "Morgan Hill Makos" are due by the entry deadline, postmarked by Monday, March 17, 2014.

### RELAY ONLY SWIMMERS

CLUB NAME		LSC	CLUB ABBREVIATION													
AGE	NAME (LAST, FIRST)	GENDER	USA-S REGISTRATION NUMBER													
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														
		F M														



**CONSOLIDATED ENTRY FORM**

**FORM MUST BE FILLED OUT COMPLETELY**

**PRINT CLEARLY**

LAST										FIRST									
SWIM CLUB										LSC					CLUB CODE				
DOB (MM/DD/YY)			GENDER		USA-S #										AGE		AGE-GROUP		
EVENT #		DISTANCE & STROKE								ENTRY TIME				COURSE (SCY/LCM/SCM)					
										: .									
										: .									
										: .									
										: .									
										: .									
										: .									
										: .									
										: .									
SWIMMER'S COACH										ENTRIES X \$5.50				\$					
CONTACT PHONE ( )										PARTICIPATION FEE				\$8.00					
CONTACT EMAIL										TOTAL				\$					

**CHECK PAYABLE TO:**

**MORGAN HILL MAKOS**

**MAIL ENTRIES TO:**

Far Western Meet Entries  
Morgan Hill Makos – Mike  
Greymont  
1921 W Edmondson Ave  
Morgan Hill, CA 95037

**ENTRY DEADLINE: (Rec'd by)**

Wed, March 19, 2014

**ENTRY AMOUNTS:**

# EVENTS	/	TOTAL DUE
1	/	\$13.50
2	/	\$19.00
3	/	\$24.50
4	/	\$30.00
5	/	\$35.50
6	/	\$41.00
7	/	\$46.50