

**WINTER SUPERLEAGUE LONG COURSE CHAMPIONSHIP
TRIALS & FINALS**

**Hosted by the Santa Clara Swim Club
February 8-9, 2014**



Invited Clubs: PLS, SMST, TERA, PASA, SRN, NBA, DAVIS, SCSC

SANCTION: Held under USA-S / Pacific Swimming Sanction # **14-032**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Head Referee: Jeanette Soe	Head Starter: Soren Soe
Admin Official: Amy Gonzales	Head Marshal: John Golos/Chuma Minjares
Meet Director: Stella Ezrre - sezrre@santaclaraswimclub.org	

LOCATION: George Haines International Swim Center, 2625 Patricia Drive, Santa Clara, CA 95051. From Highway 101, exit south on Lawrence Expressway or Bowers Avenue. Turn left at Homestead Road. Turn left at Las Palmas Drive. Proceed to Patricia Drive and turn left. - Or - Exit Highway 101 on San Tomas Expressway. Turn right on Homestead Road. Turn right on Las Palmas. Proceed to Patricia Drive and turn left. There is limited free parking in the parking lot and adjoining streets. Do not park in the Library parking lot you will be ticketed.

PARKING: Limited parking is available in the parking lot adjacent to the pool. **DO NOT PARK IN THE LIBRARY PARKING LOT.** When parking in the neighborhood, please be respectful to our neighbors and not block their driveways. **NO OVERNIGHT PARKING OR RV PARKING IS PERMITTED.**

COURSE: 50 meter x 25 yard outdoor, heated pool. Up to 9 (50 meter – long course) competition lanes will be used. The minimum water depth at the start and turn ends of this pool is in accordance with article 103.2.3. The depth is from 5 ft. to 7 ft. A separate warm-up area will be available during the meet. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Saturday & Sunday

PRELIMS - Warm-up at 7:30 a.m. – 8:45 a.m., competition begins at 9:00 a.m.

FINALS – Warm-up at 3:00 pm – 3:45 pm; competition begins at 4:00 pm or at a time agreed upon by majority of coaches in conjunction with the Meet Referee and the Meet Director

RULES:

- Current USA Swimming (USA-S) and Pacific Swimming rules will govern the meet.
- Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the venue.
- Swimmers may compete in three (3) individual events per day.
- The 800m Free will be swum as a timed final during prelims, and will be alternating women’s and men’s heats. Swimmers must provide their own timers and lap counters.
- All coaches and deck officials must wear their USA-S membership cards in a visible manner.
- The meet will be swum fastest to slowest. *The first 3 heats of each event will be circle seeded with exception of any events identified as timed finals.*

TIMERS: Each team is required to provide timers. Meet director will email timer/lane assignments to each team prior to the meet.

TRIALS: Up to 9 competition lanes will be used; events and heats will be swum fastest to slowest.

FINALS: Consolation (B) finals and Championship (A) finals will be held, in that order (18 spots). A bonus (C) final may be included if warranted and agreed upon by all coaches. If you are one of the 18 (possibly 27) finalists, you will be seeded in finals unless you scratch during the appropriate time. Alternates will not be penalized. Swimmers will have 30 minutes after the results of their completed events are announced in which to scratch or declare their intent to scratch. Swimmers will be seeded in finals unless they scratch. Refer to the scratch rules for penalties.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No pets or animals allowed in venue except for guide dog.
- Glass bottles / containers are prohibited in all areas of the meet venue (except for snack bar use).
- No electric or propane heaters / containers or similar devices including gasoline powered generators, other than provided for meet operations, are allowed in any areas of the meet venue.
- Except for coaches' seating next to the pool no chairs, canopies, tents, or "camping" in the competition pool area. All swimmer and spectator chairs, canopies, tents, or other set-ups must be outside the competition pool gates and on the lawn only.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

ELIGIBILITY:

- Meet is open to all qualified swimmers registered with one of the invited teams.
- Swimmers must be current members of USA-S and must enter their name and registration number on the meet entry card, or online, as shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registration against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Disabled swimmers from those teams are welcome to attend this meet and should contact the Meet Director regarding special accommodations on entry times and seeding per Pacific Swimming policy.

ENTRIES: A Hy-Tek entry file must be submitted by Wednesday, January 29, 2014. Request a confirmation of receipt to ensure delivery of the email / file. Send meet entry file to sergey@fastlanetek.com

ENTRY FEES: There will be no entry fee for individual athletes. Teams will share the meet expenses equally.

CHECK-IN: The prelim sessions will be pre-seeded. There will be no check in.

SCRATCHES: There is NO penalty for a swimmer entered in this meet that misses one of his/her events in Prelims or in Finals.

AWARDS: None.

ADMISSION / PROGRAMS: Free admission. No programs will be available. Heat sheets will be available electronically and should be printed prior to arrival at the meet.

HOSPITALITY: Light snacks & beverages will be served to deck officials, marshals, coaches and timers (during their shifts only). Coaches and Officials will be served lunch.

SNACK BAR: No Snack Bar will be available

EVENTS:

WOMEN	SATURDAY	MEN
1	400 IM	2
3	100 Fly	4
5	200 Back	6
7	100 Free	8
9	200 Breast	10
11	400 Free	12
	SUNDAY	
13	200 IM	14
15	100 Breast	16
17	200 Free	18
19	200 Fly	20
21	50 Free	22
23	100 Back	24
25	**800 Free	26

** The 800 Free will be swum as a timed final during prelims, and will be alternating women's and men's heats. Swimmers must provide their own timers and lap counters for the 800 Free.