

PACIFIC SWIMMING SHORT COURSE  
 PACIFIC SENIOR II TRIALS AND FINALS MEET  
 HOSTED BY CABRILLO THRESHERS

Co-sponsored by Pacific Swimming

February 15 – 17, 2014

Enter Online: <http://ome.swimconnection.com/pc/cab20140215>



<b>SANCTION</b>	Held under Pacific Sanction number: <b>14-024</b> <i>In granting this sanction, it is understood that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</i>
<b>NOTICE</b>	By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to his/her participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. <b>The results of this meet will be posted in real time on the Internet at <a href="http://www.cabrillothreshers.org">http://www.cabrillothreshers.org</a>.</b>
<b>OFFICIALS</b>	Meet Referee: Mike Piccardo <span style="float: right;">Head Starter: Paul Reidl</span> Administrative Referee: Mike Davis <span style="float: right;">Head Marshal: Rush Bolender</span> Meet Director: Sean Lemmon, <a href="mailto:sweetlemmons@sbcglobal.net">sweetlemmons@sbcglobal.net</a> (preferred) or (831) 818-3918
<b>LOCATION</b>	<b>University of California Santa Cruz, East Field House complex via Hagar Rd.</b> From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz. Take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the university at the Main entrance at Bay and High streets. Turn left at Hagar Road. Follow signs to “Event Parking” at the southwest parking lot near the pool complex.
<b>PARKING</b>	Ample free parking is available at the southwest of the pool complex off Hagar Road. There are an extremely limited number of reserved parking spaces near the pool which will be reserved for senior officials only.
<b>COURSE</b>	Outdoor, heated 25 yard pool, up to 10 lanes all deep water. Separate warm up area available. The minimum water depth at the start and turn ends of this pool is in accordance with article 103.2.3. The minimum depth at both the start and turn ends is 8 feet.
<b>POOL CERTIFICATION</b>	In accordance with Article 104.2.2c (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.
<b>TIME</b>	Competition begins on Saturday, Sunday and Monday at 9:00 a.m., with warm-ups from 7:30-8:45 a.m. <b>The start time for finals each day will be determined by the meet referee and announced at the officials’ and coaches’ meetings. Warm-ups for finals will be 45 minutes prior to the beginning of finals. Officials’ and coaches’ meetings will be conducted prior to the starting time for both trials and finals.</b>
<b>RULES</b>	<ol style="list-style-type: none"> <li>1. Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.</li> <li>2. The 1000 Free and 1650 Free will swim as timed finals (see special rules below). All other events will swim as trials and finals. In finals, there will be a Championship Final, Consolation Final and Bonus Final and will swim in that order.</li> <li>3. Swimmers may compete in a MAXIMUM of three (3) events per day.</li> <li>4. All events will swim FASTEST TO SLOWEST.</li> <li>5. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Each coach must check in with the meet director prior to the first session in which he or she plans to coach. Please be sure your coach’s card is valid and that all your certifications are up to date and valid for the duration of the meet. If your coach’s card is expired or your certifications have lapsed, you will not be allowed to coach.</li> <li>6. <b>Attention High School Swimmers:</b> If you are a high school swimmer in competition season, you need to be unattached from this meet. It is your responsibility to be unattached from this meet. You can unattach at the meet if necessary. This does not apply to swimmers swimming under the rules of the</li> </ol>

	Nevada Interscholastic Activities Association (NIAA).
<b>DISTANCE RULES</b>	<ol style="list-style-type: none"> <li>1. The 1000 free will be swum alternating women and men's heats and will be swum on Saturday as the last event of trials.</li> <li>2. The 1650 free events will be swum as the last event of trials on Sunday. The men's 1650 free will be swum as the last event of trials on Monday.</li> <li>3. Swimmers must provide counters for the 500 Free, and timers and counters for the 1000 free and 1650 free.</li> </ol>
<b>SEEDING</b>	Conforming Short Course yards (Senior II Times) will be seeded first, followed by non-conforming Short Course meters (Senior II Times), followed by non-conforming Long Course meters (Senior II Times).
<b>UNACCOMPANIED SWIMMERS</b>	Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
<b>RESTRICTIONS</b>	<ul style="list-style-type: none"> <li>• Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.</li> <li>• Glass containers, sale and use of alcoholic beverages are prohibited in <u>all</u> areas of the meet venue.</li> <li>• No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue. UCSC does not allow dogs on campus and will issue citations if a dog (or other animal) is left in a car in a UCSC parking lot.</li> <li>• <b>In accordance with Pacific Swimming Safety standards, absolutely no propane heaters will be allowed on the pool deck or in the fenced pool area regardless of the air temperature. Please do not ask for permission to set up a propane heater on the pool deck. Propane heaters set up outside the fenced pool area are permitted as long as their use and operation are safe. Safety is to be determined in the sole discretion of the meet director (or university personnel).</b></li> <li>• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>• Swimmers must be current members of USA-Swimming and enter their names and registration number on the meet entry card as they are shown on their Registration Card. All swimmer registrations will be checked against the SWIMS database. If a swimmer is not found to be registered, the Meet Director shall accept the registration at the meet. A \$10 surcharge will be added to the regular registration fee. Duplicate registrations will be refunded by mail.</li> <li>• Swimmers 13/over are eligible to enter this meet. There is no proof of time. Swimmers should enter events with their best time</li> <li>• Swimmers 11-12 must meet the time standard (Senior II) as outlined by Pacific time verification procedures and will be considered qualified with either a short course or long course time.</li> <li>• Swimmers with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.</li> <li>• No refunds will be given if a time cannot be proven.</li> </ul>
<b>CHECK IN</b>	The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course each day. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. However, no event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

<b>SCRATCHES</b>	Pacific Swimming rule Section 3.B.5.b.3 will be enforced. A Swimmer entered in an individual event in a Trials and Finals meet that is seeded on the deck that has checked in for that event, must swim in the event unless he/she notifies the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event will result in being barred from the rest of his/her events that day including relays. If the swimmer qualified for a final before missing an event, he or she may swim that final. The penalty will not apply if the swimmer scratches the event before it is seeded, or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.
<b>POSITIVE CHECK IN FOR FINALS</b>	Swimmers qualifying for and wishing to swim in the Championship, Consolation, or Bonus Final must positively check-in or declare their intention to swim and have up to 30 minutes after the announcement of results to do so. Any swimmer who checks in for a Final Event (i.e. Championship, Consolation, or Bonus) and fails to compete in that Final will be subject to disqualification from the remainder of the meet or a \$25.00 fine if that is their last event of the meet. <b>(Note: Due to scratches, any swimmer wishing to have an opportunity to swim in the finals must check-in or declare their intention to swim as noted above.)</b>
<b>CERTIFICATION MEET</b>	This is a National Officials Qualifying Meet. Officials wishing to be evaluated must apply to the Meet Referee before the meet by email or when they first arrive at the meet and attend pre-session meetings. Briefing will occur one hour before the start of Trials and Finals. Shorts are not permitted for Finals. For an N3 evaluation to be valid it must be done over 4 sessions in the position. N2 evaluation must be done over 3 sessions in the position. Recertification evaluations must each be done over two sessions, however, the official must work at least 4 sessions at the meet for the recertification evaluation(s) to be valid.
<b>ENTRY FEES</b>	\$5.50 per individual event. \$8.00 participation fee per swimmer to help cover meet expenses. Make check payable to: <b>Cabrillo Threshers Swim Team</b> . Mail or hand deliver entries to: Sean Lemmon 202 Sidesaddle Circle Scotts Valley, CA 95066
<b>ENTRIES</b>	<b>Option 1: Online Meet Entries</b> - Enter at <a href="http://ome.swimconnection.com/pc/cab20140215">http://ome.swimconnection.com/pc/cab20140215</a> To receive immediate confirmation of acceptance via email (the same web site can be used to check for session open or closed status). The “billing information” email should be brought to the meet as proof of entry. Online entry requires payment by credit card using SwimConnection’s secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection, LLC. Online entries must be entered through the online entry system no later than midnight <b>Wednesday, February 5, 2014</b> . Use of this system is voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming. <b>No refunds will be made</b> , except for mandatory scratches.  <b>Option 2: Traditional Postal System Mailed Entries</b> - All entries must be on the attached Consolidated Entry Card. Entries must be postmarked by midnight, <b>Monday, February 3, 2014</b> or hand delivered no later than 8:00 PM on <b>Wednesday, February 5, 2014</b> . No late entries will be accepted. <b>No refunds will be made</b> , except for mandatory scratches. Entry forms must be completely filled out, including best conforming short course yard time, or non-conforming long/short course meter time for each event. All entries shall be noted by (SCY) or (LCM/SCM) to the right of the entry time (SCY - short course yards; LCM - long course meters; SCM – short course meters). <b>DO NOT CONVERT TIMES USING ANY CONVERSION FORMULAS.</b>
<b>AWARDS</b>	None.
<b>ADMISSION</b>	Free. A three day program will be available for a reasonable cost.
<b>HOSPITALITY</b>	Hospitality available for coaches, officials, timers and volunteers. Lunches will be provided for coaches and working deck officials. There will be a snack bar available.

**ORDER OF EVENTS**

Time Standards can be found at <http://www.pacswim.org/swim-meet-times/standards>

**Saturday, February 15, 2014**

Event #	Description	Event #
1	100 Breast	2
3	200 Free	4
5	100 Fly	6
7	200 IM	8
9	1000 Free	10

Events 9 and 10 will be swum as timed finals during the "trials" session.

**Sunday February 16, 2014**

Event #	Description	Event #
11	400 IM	12
13	50 Free	14
15	200 Breast	16
17	200 Back	18
101	Women's 1650 Free	

Event 101 will be swum as a timed final during the "trials" session.

**Monday, February 17, 2014**

Event #	Description	Event #
19	500 Free	20
21	100 Back	22
23	200 Fly	24
25	100 Free	26
	Men's 1650 Free	102

Event 102 will be swum as a timed final during the "trials" session.

**Pacific Swimming – Hosted by Cabrillo Threshers  
Senior II T&F Meet  
February 15-17, 2014  
Consolidated Entry Form**

Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
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						: .			SCY / LCM				
# of entries _____ x \$5.50 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													