

CLOSED SHORT COURSE INVITATIONAL MEET
FEBRUARY 16 TO 18, 2013 - SATURDAY, SUNDAY, MONDAY
HOSTED BY THE WALNUT CREEK AQUABEARS



PACIFIC
SWIMMING

Enter this meet online at: <http://ome.swimconnection.com/pc/wcab20130216>

This Trials and Finals meet is open to Qualified Senior Swimmers from Arden Hills (SN), Clovis Swim Club (CC), Davis Aquadarts (SN), Marin Pirates (PC), Northern Sierra Aquatics (SN), Scottsdale Aquatic Club (AZ), Walnut Creek Aquabears (PC), Wolverine Aquatic Club (SN), and unattached members training with these clubs.

SANCTION: Held under USA Pacific Swimming Sanction No. 13-038

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print, or other media, information and/or imagery related to their participation in this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results. By entering the meet, the athlete or his/her guardian consents to this publication.

USE OF AUDIO & VISUAL: Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms. Photography and video recording from behind the blocks or starting areas are prohibited unless prior permission to do so is given by the Meet Referee.

OFFICIALS: Head Referee: Leo Lin Meet Director: Todd Krohn, aquabears@sbcglobal.net
Head Starter: David Benjamin Head Marshall: Rick Millington

LOCATION: Lehmer's Aquatic Center at Diablo Valley College, 321 Golf Club Road, Pleasant Hill, CA 94523. From I-680 South, take the Concord Avenue exit. Turn left onto Contra Costa Boulevard. Turn right onto Golf Club Road. Turn left at the first light into Diablo Valley College. From I-680 North, take the Willow Pass Road exit and turn left onto Taylor Boulevard. Turn right onto Contra Costa Boulevard. Turn left onto Golf Club Road. Turn left at the first light into Diablo Valley College. The pool is located south of the tennis courts.

COURSE: Outdoor, heated 25 yard pool, 8 lanes all deep water. Colorado automatic timing system with touch pads will be used. Warm-up/cool down lanes will be available during the meet. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has been certified in accordance with 104.2.2C (4).

TIME: Prelims sessions begin at 9:00 a.m. each day, with warm ups from 7:30 a.m. to 8:50 a.m. Finals sessions start and warm-up times will be determined at the coaches' meeting each morning.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-Course. The number of finals heats will be determined at the coaches' meeting on Saturday morning. **Swimmers may compete in a maximum of three (3) events per day.** All coaches and deck officials must wear their USA Swimming (USA-S) membership cards in a visible manner. Finals will be run for individual events on Saturday and Sunday only.

1650 FREE: The 1650 Free will be a timed final. The 1650 Free will swim, alternating girls and boys heats, fastest to slowest, at the end of the timed finals session. Swimmers must check-in at the Colorado desk for the 1650 Free by 9:00 a.m. on Monday, February 18.

RELAYS: All relays are timed finals, and will be swum in finals, in event order. Relay entries will be taken on deck. Relay entries will be due by 12:00 p.m. each day. Relay only swimmers must provide proof of USA Swimming registration.

SEEDING: Prelims, Finals, and Timed Finals of all events will be pre-seeded, fastest to slowest.

DECK CHANGING: Except where venue facilities require otherwise, changing into and out of swim suits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

RESTRICTIONS: Sale and use of alcoholic beverages and smoking and the use of other tobacco products is prohibited. No shelters will be allowed inside or outside the pool area. No glass containers are allowed in all areas of the meet venue which includes at least the pool deck and the locker room area. Propane heaters are prohibited except for snack bar/meet operations.

- RACING START:** Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- ELIGIBILITY:** This meet is open to members of Arden Hills (SN), Clovis Swim Club (CC), Davis Aquadarts (SN), Marin Pirates (PC), Northern Sierra Aquatics (SN), Scottsdale Aquatic Club (AZ), Walnut Creek Aquabears (PC), Wolverine Aquatic Club (SN), and unattached members training with these clubs (UN swimmers will be verified and removed from the meet if they are not with one of the invited clubs). Swimmers must be current members of USA-Swimming. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee of \$65). Duplicate registrations will be refunded by mail. 'No Time' entries will not be accepted.
- ENTRIES:** **Option 1: Online Meet Entries** - Enter at: <http://ome.swimconnection.com/pc/wcab20130216> to receive immediate confirmation of acceptance via email (the same web site can be used to check for session open or closed status). The "billing information" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using Swim Connection's secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is a separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Online entries must be entered through the online entry system no later than 11:59 p.m. on **Tuesday, February 12, 2013**. Use of this system is completely voluntary. Online Meet Entry is in no way required or expected of a swimmer by Pacific Swimming.
- Option 2: Team entries via hitek entry file** - We will email the entry file to each team. Entry files and a .pdf copy of entry report must be emailed to aquabears@sbcglobal.net by 11:59 p.m. on Tuesday, February 12, 2013. Bring a check for your team's entry fees to the meet (payable to Walnut Creek Aquabears).
- ENTRY FEES:** \$5.50 per event entered and \$8.00 participation fee per swimmer. \$16.00 per relay. Relay only swimmers will not be charged the participation fee.
- SCRATCHES:** Swimmers may scratch final events at the Colorado desk before the end of the morning session. Swimmers may scratch prelim or timed final events at the Colorado desk before the end of the finals session on the previous day.
- AWARDS:** No awards.
- SCORING:** Individual events through 14th place: 18, 15, 14, 13, 12, 11, 10, 8, 6, 5, 4, 3, 2, 1. Relay events doubled.
- ADMISSION:** Free. A three (3) day program will be available for a reasonable cost.
- HOSPITALITY:** Coaches and working officials will be offered lunch each day, as well as beverages and snacks throughout the meet. Timers will be offered snacks and beverages throughout the meet.
- SNACK BAR:** There will not be a snack bar available.

EVENT SUMMARY

Saturday, February 16, 2013 – PRELIMS & FINALS

Girls Event #	Qualifying Time	Event Description	Qualifying Time	Boys Event #
1	NA	200 Free Relay*	NA	2
3	6:01.79	500 Free	5:49.49	4
5	2:37.99	200 IM	2:29.59	6
7	29.49	50 Free	27.59	8
9	NA	400 Medley Relay*	NA	10

* Relays will be swum in event order, during the finals session.

Sunday, February 17, 2013 – PRELIMS & FINALS

Girls Event #	Qualifying Time	Event Description	Qualifying Time	Boys Event #
11	NA	200 Medley Relay*	NA	12
13	5:35.99	400 IM	5:24.79	14
15	1:12.39	100 Fly	1:07.79	16
17	2:18.49	200 Free	2:09.99	18
19	1:23.89	100 Breast	1:18.39	20
21	1:13.99	100 Back	1:11.69	22
23	NA	400 Free Relay*	NA	24

* Relays will be swum in event order, during the finals session.

Monday, February 18, 2013 – TIMED FINALS ONLY

Girls Event #	Qualifying Time	Event Description	Qualifying Time	Boys Event #
25	2:37.99	200 Back	2:36.49	26
27	1:03.79	100 Free	59.49	28
29	3:02.59	200 Breast	2:52.49	30
31	2:42.39	200 Fly	2:34.59	32
33	20:47.89	1650 Free	19:40.79	34