

Livermore Blue Dolphins
PACIFIC SWIMMING Zone 2 14-UNDER SCY PENTATHLON MEET
March 8, 2014
Enter Online: <http://ome.swimconnection.com/pc/lbd20140308>



SANCTION: Held under USA Pacific Swimming Sanction No. **14-029**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, psych sheets and live meet results.

USE OF AUDIO AND VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

<i>Meet Referee: David Benjamin</i>	<i>Head Starter: Charlotte Rooney</i>
<i>Meet Marshal: Joshua Senecal</i>	<i>Admin. Official: Marie Lin</i>
<i>Meet Director: Wendi French, 925-292-1962, kasmom2003@aol.com</i>	

LOCATION: Robert Livermore Community Center Pool, 4444 East Avenue, Livermore, CA 94550. Main parking will be in the lot off of Loyola Way. Take 580 to the Springtown Blvd/First St. exit, and go south onto First St. Turn left on North Mines Road, and follow North Mines down to East Ave. Turn right onto East Ave, and then right onto Loyola. The parking lot and pool will be on the left.

PARKING: There is no fee for parking. There will be a section for officials' and coaches' parking; coaches and officials will need to show their USA Swimming membership cards to park in this area. All vehicles must be parked in marked stalls only, and must not be left unattended, even in designated loading/unloading zones. Per regulations there must be a path allowing easy access to the pool deck by emergency vehicles; any vehicle improperly parked will therefore be promptly towed after suitable warning.

The facility has a parking lot off East Avenue. Swim meet parking is **not** permitted in this lot.

There is also an additional smaller lot located at the NW corner of the community center at the end of Pomona Way. To get to this lot take East Avenue past Loyola, and turn right on Jefferson. Follow Jefferson until it T-intersects with Pomona, and turn right.

Additional street parking is available on Loyola. As this is a residential area please be considerate of the neighbors.

COURSE: 25-yard outdoor heated pool with eight lanes for competition. Competition lanes will be available for warm-up the morning of the meet; 4 lanes will be available for warm-up/warm-down during competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 9' at the start end and 9' at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: Meet begins at 9:00 AM, warm-ups from 7:30 to 8:45 AM. A special warm-up time for 8 and under swimmers only will be held from 8:45 to 8:55 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals, **and will be swum fastest to slowest.**
- **All swimmers must enter in all five (5) events in their age group.**
- **All swimmers ages 12 and under should complete competition within four (4) hours.**
- **Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.**
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.

ATTENTION HIGH SCHOOL SWIMMERS (February through May): If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to swimmers swimming under the rules of the Nevada Interscholastic Activities Association (NIAA)

UNACCOMPANIED SWIMMERS: Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach.

RACING STARTS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- All shelters must be properly secured.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY:

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Entries with "**NO TIME**" **will not be** accepted.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.
- The swimmer's age will be the age of the swimmer on the day of the meet.**

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/lbd20140308> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, February 26, 2014. **Online entries must be confirmed by 11:59 p.m., Wednesday, February 26, 2014, or until the meet is closed due to a timeline in excess of the Four Hour Rule. No late entries will be accepted or refunds made.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time for each event. Entry times must be in Short Course Yards (SCY). Entries must be postmarked by Monday, February 24, 2014 or hand delivered by 6:30 p.m. Wednesday, February 26, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

ENTRY PRIORITY: Meet entries will not be accepted any earlier than February 1, 2014. Zone 2 entries postmarked or entered online by 11:59 p.m. on Feb 17, 2014 will be given priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSCs, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**** Note:** Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.

ENTRY FEES: \$2.75 per event, \$8 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

Make check payable to: Blue Dolphin Aquatics
Mail/Hand deliver with entries to: Blue Dolphin Aquatics
c/o Wendi French, Meet Director
1986 Cornflower Common
Livermore, CA 94551

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the meet. Swimmers who do not check-in will not be allowed to compete in the event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: Heat winner ribbons will be awarded for all events. Awards will be given to the swimmers with the top three cumulative times within each age group. Swimmers must participate in all five events to be eligible to receive a top swimmer award. All awards must be picked up during the meet; awards will not be mailed or delivered.

ADMISSION: Free. A meet program will be available to coaches and serving officials at no charge, all others may purchase one for a reasonable fee.

REFRESHMENTS: A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

TENTS: Only coaches' tents will be allowed in the pool area (inside the fence). A tented area for coaches will be provided by the facility; should this prove insufficient coaches may set up their own tents on deck provided the tents do not interfere with the running of the meet or pose a safety risk. Tents will be allowed at the discretion of the meet officials and facility staff.

Team tents must be set up outside the pool area (outside the fence) on the grass.

MINIMUM OFFICIALS RULE: The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

# of swimmers entered in meet per team per day	# of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 swimmers over 100	1+

SUMMARY OF EVENTS

Saturday, March 8, 2014			
8 & Under	9-10	11-12	13-14
50 Free	50 Free	100 Free	100 Free
25 Fly	50 Fly	50 Fly	100 Fly
25 Back	50 Back	50 Back	100 Back
25 Breast	50 Breast	50 Breast	100 Breast
100 IM	100 IM	100 IM	100 IM

ORDER OF EVENTS

Saturday, March 8, 2014			
GIRLS Event #	AGE GROUP	EVENT	BOYS Event #
1	13-14	100 Free	2
3	11-12	100Free	4
5	9-10	50 Free	6
7	8-Under	50 Free	8
9	13-14	100 Fly	10
11	11-12	50 Fly	12
13	9-10	50 Fly	14
15	8-Under	25 Fly	16
17	13-14	100 Back	18
19	11-12	50 Back	20
21	9-10	50 Back	22
23	8-Under	25 Back	24
25	13-14	100 Breast	26
27	11-12	50 Breast	28
29	9-10	50 Breast	30
31	8-Under	25 Breast	32
33	13-14	100 IM	34
35	11-12	100 IM	36
37	9-10	100 IM	38
39	8-Under	100 IM	40

Livermore Blue Dolphins Pentathlon Meet
 March 8, 2013
 Consolidated Entry Card

NAME (Last, First, MI):

LSC CODE (PC, CC, SN)

CLUB ABBR	IF UNATT, Team Abbr	CLUB NAME
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AGE	DATE OF BIRTH	AMOUNT PAID \$
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USA-S REG #																				
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SEX BOY GIRL	AGE GROUP
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EVENT #	DISTANCE/STROKE	ENTRY TIME (SCY)
		: .
		: .
		: .
		: .
		: .

Swimmers must enter all five (5) events in their age group

of events 5 x \$ 2.75 = \$13.75

Participation Fee = \$ 8.00

Total Amount Due \$21.75

Coach:

Swimmer's Address:	
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Contact Phone #
 Contact Email: