

Zone 1 South
BAY SCY Distance Challenge (closed)
April 12, 2014



SANCTION: Held under USA/Pacific Swimming Sanction No. **14-059**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: **Meet Referee:** Mike Piccardo **Head Starter:** Gary Arita **Admin Official:** Cliff Reyda
 Meet Marshal: Marisa Cozort **Meet Director:** Marisa Cozort (marisa@swimsouthbay.org)

LOCATION: *Presentation High School*, 2281 Plummer Avenue, San Jose, CA 95125

COURSE: Outdoor heated 25 yard course with up to 10 competition lanes available. The minimum water depth at the shallow end of this pool measures 7 feet, with a maximum depth of 12 feet, and is in accordance with article 103.2.3. The competition course has not been certified in accordance with USA Swimming Article 104.2.2C(4). Separate warm-up /warm-down lanes will be available.

TIME: Meet will begin at **12:30pm** with warm-ups from **11:30-12:15pm**.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and all heats will be seeded fastest to slowest heats.
- Swimmers may compete in **2 individual** events – see “Notes for Swimmers” on last page.
- The 1650 Freestyle may be swum 2 swimmers per lane.
- Swimmers in the 400IM and the 1650 Freestyle must provide their own timers.
- All events are open to all age groups and will be swum in heats with mixed genders.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

ATTENTION HIGH SCHOOL SWIMMERS (February through May): If you are a high school swimmer in season, you need to be Unattached from this meet. It is the swimmers responsibility to be Unattached from this meet. You can un-attach at the meet, if necessary.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer’s legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.

- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged

ELIGIBILITY: • Swimmers must be current members of USA-S. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Only BAY swimmers or UN-BAY swimmers may enter this closed meet
- Entries with **"NO TIME" will be accepted.**
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY FEES: No fees.

EMAILED ENTRIES: Entries must be submitted to coach, Marisa Cozort, by midnight on Monday, April 7th, via email: marisa@swimsouthbay.org .

CHECK-IN: The meet will be pre-seeded. There is no check-in.

SCRATCHES: There is no penalty for a swimmer entered in this meet that misses one of his/her events.

AWARDS: No awards are issued

ADMISSION: Free.

REFRESHMENTS: A snack bar will be available.

PROGRAMS: No programs will be available.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. Please park only in designated areas.

OPEN EVENTS – MIXED GENDERS (choose up to 2 events – see “Notes For Swimmers” below)

#1	100Y Freestyle	
#2	200Y Freestyle	
#3	200Y Breaststroke	
#4	200Y Backstroke	
#5	200Y Butterfly	
#6	100Y IM	
#7	200Y IM	
#8	400Y IM	(swimmers must provide their own timers)
#9	1650Y Freestyle	(swimmers must provide their own timers)

NOTES FOR SWIMMERS:

Swimmers may ONLY choose 2 events. You are welcome to select only one. Please denote this in the RSVP box on the BAY website to enter.

- Blue group suggestions: 100 Free, 100 IM
- Yellow group suggestions: 200 Free, 200 Breast, 200 Back, 200 IM
- Gold group suggestions: 200 Free, 200 Breast, 200 Back, 200 Fly, 200 IM, 400 IM
- JV/Varsity/Senior group suggestions: 200 Fly, 400 IM, 1650 Free