

DE ANZA CUPERTINO AQUATICS  
PACIFIC SWIMMING ZONE 1N LONG COURSE C/B/A+ MEET  
FRIDAY, MAY 30<sup>TH</sup> thru SUNDAY, JUNE 1<sup>ST</sup>, 2014



Enter Online:

SESSION A (DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC) <http://ome.swimconnection.com/pc/1daca20140530>  
SESSION B (PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV) <http://ome.swimconnection.com/pc/2daca20140530>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-089**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital camera, cell phones and tablets, is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in the ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b> Sylvain Flamant	<b>Head Starter:</b> Kim Clarno
<b>Meet Marshal:</b> Tammy Hopkins	<b>Admin Official:</b> Larry Rice
<b>Meet Director:</b> Annie Stein – <a href="mailto:annie@daca.org">annie@daca.org</a> / (408) 253-7946	

**LOCATION:** De Anza College: 21250 Stevens Creek Blvd., Cupertino, CA 95014.

**From the North:** Take Highway 280 South. Exit right on De Anza Blvd. Turn right on Stevens Creek Blvd. Turn Left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

**From the South:** Take Highway 280 North. Exit left on De Anza Blvd. Turn Right on Stevens Creek Blvd. Turn left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

**PLEASE NOTE ALL PARKING IS METERED AND ENFORCED AT A COST OF \$3.00 PER DAY.** Officials will have their parking fees reimbursed.

**COURSE:** 50 meter, outdoor heated pool. Up to ten (10) lanes will be used for competition. Separate, warm-up, cool down area will be available during the meet. The minimum water depth for the course, measured in accordance with Article 103.2.3, is 6'0" at the start end and 4'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C (4).

**TIME: Friday Session:** Meet Begins at 4:45 PM; Warm-up is from 3:30 – 4:30 PM.

**Saturday and Sunday are split into Session "A" and Session "B".**

**SESSION A (DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC):** Meet begins at 8:30 AM; Warm-Up is from 7:00 – 8:15 AM.

**SESSION B (PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV):** Session B will begin 1 hour after Session A finishes, but not before 12:00 PM. Session B Warm-Ups will begin immediately after Session A finishes.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in a **maximum of one (1) event** on Friday. Swimmers may compete in a **maximum of three (3) events** per day on Saturday and Sunday.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All events will run in a fast to slow sequence
- Chase starts will be used if necessary.

- All swimmers competing in the 400 meter Freestyle or 400 meter IM must have achieved a “PC-B” Time Standard for their age group.
- All swimmers competing in the 400 meter Freestyle or 400 meter IM events must provide their own lane timers.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete’s USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer’s legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete’s USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the “A” Division must have met at least the listed “PC-A” time standard. Swimmers in the “B” Division must have met at least the listed “PC-B” time standard. All entry times slower than the listed “PC-B” time standard will be in the “C” Division.
- Entries with **"NO TIME" will be ACCEPTED, except in the 400 meter freestyle and 400 meter IM events.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards. Such swimmers must have met standards for the 17-18 age group.
- The swimmer’s age will be the age of the swimmer on the first day of the meet.

**ENTRY PRIORITY:** **This meet is limited to Zone 1N swimmers only. Zone 1N swimmers entering online must do so by 11:59 PM Wednesday, May 21<sup>st</sup>. Surface mail entries must be postmarked by Monday, May 19<sup>th</sup>. No swimmers other than those from Zone 1N may enter the meet.**

**ENTRY FEES:** \$2.75 per event plus a \$10.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/1daca20140530> (SESSION A) or <http://ome.swimconnection.com/pc/2daca20140530> (SESSION B) to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way



**EVENTS**

<b>Girls #</b>	<b>Friday Session</b>	<b>Boys #</b>
<b>1</b>	9 & Over 400 Free	<b>2</b>
<b>3</b>	11 & Over 400 IM	<b>4</b>

<b>Girls #</b>	<b>Saturday Session A</b>	<b>Boys #</b>
<b>5</b>	9 – 10 100 FREE	<b>6</b>
<b>7</b>	8 & U 100 FREE	<b>8</b>
<b>9</b>	11 – 12 50 FREE	<b>10</b>
<b>11</b>	13 & O 50 FREE	<b>12</b>
<b>13</b>	9 – 10 50 BACK	<b>14</b>
<b>15</b>	8 & U 50 BACK	<b>16</b>
<b>17</b>	11 – 12 100 BACK	<b>18</b>
<b>19</b>	13 & O 200 BACK	<b>20</b>
<b>21</b>	9 – 10 100 FLY	<b>22</b>
<b>23</b>	8 & U 50 FLY	<b>24</b>
<b>25</b>	11 – 12 50 FLY	<b>26</b>
<b>27</b>	13 & O 100 FLY	<b>28</b>
<b>29</b>	9 – 10 200 IM	<b>30</b>
<b>31</b>	11 – 12 200 BREAST	<b>32</b>
<b>33</b>	13 & O 200 FREE	<b>34</b>
<b>Girls #</b>	<b>Saturday Session B</b>	<b>Boys #</b>
<b>35</b>	9 – 10 100 FREE	<b>36</b>
<b>37</b>	8 & U 100 FREE	<b>38</b>
<b>39</b>	11 – 12 50 FREE	<b>40</b>
<b>41</b>	13 & O 50 FREE	<b>42</b>
<b>43</b>	9 – 10 50 BACK	<b>44</b>
<b>45</b>	8 & U 50 BACK	<b>46</b>
<b>47</b>	11 – 12 100 BACK	<b>48</b>
<b>49</b>	13 & O 200 BACK	<b>50</b>
<b>51</b>	9 – 10 100 FLY	<b>52</b>
<b>53</b>	8 & U 50 FLY	<b>54</b>
<b>55</b>	11 – 12 50 FLY	<b>56</b>
<b>57</b>	13 & O 100 FLY	<b>58</b>
<b>59</b>	9 – 10 200 IM	<b>60</b>
<b>61</b>	11 – 12 200 BREAST	<b>62</b>
<b>63</b>	13 & O 200 FREE	<b>64</b>

<b>Girls #</b>	<b>Sunday Session A</b>	<b>Boys #</b>
<b>65</b>	9 – 10 200 FREE	<b>66</b>
<b>67</b>	11 – 12 100 FREE	<b>68</b>
<b>69</b>	13 & O 100 FREE	<b>70</b>
<b>71</b>	8 & U 50 FREE	<b>72</b>
<b>73</b>	9 – 10 50 FREE	<b>74</b>
<b>75</b>	11 – 12 100 FLY	<b>76</b>
<b>77</b>	13 & O 200 FLY	<b>78</b>
<b>79</b>	8 & U 50 BREAST	<b>80</b>
<b>81</b>	9 – 10 50 BREAST	<b>82</b>
<b>83</b>	11 – 12 50 BREAST	<b>84</b>
<b>85</b>	13 & O 100 BREAST	<b>86</b>
<b>87</b>	9 – 10 100 BACK	<b>88</b>
<b>89</b>	11 – 12 200 IM	<b>90</b>
<b>91</b>	13 & O 200 IM	<b>92</b>
<b>Girls #</b>	<b>Sunday Session B</b>	<b>Boys #</b>
<b>93</b>	9 – 10 200 FREE	<b>94</b>
<b>95</b>	11 – 12 100 FREE	<b>96</b>
<b>97</b>	13 & O 100 FREE	<b>98</b>
<b>99</b>	8 & U 50 FREE	<b>100</b>
<b>101</b>	9 – 10 50 FREE	<b>102</b>
<b>103</b>	11 – 12 100 FLY	<b>104</b>
<b>105</b>	13 & O 200 FLY	<b>106</b>
<b>107</b>	8 & U 50 BREAST	<b>108</b>
<b>109</b>	9 – 10 50 BREAST	<b>110</b>
<b>111</b>	11 – 12 50 BREAST	<b>112</b>
<b>113</b>	13 & O 100 BREAST	<b>114</b>
<b>115</b>	9 – 10 100 BACK	<b>116</b>
<b>117</b>	11 – 12 200 IM	<b>118</b>
<b>119</b>	13 & O 200 IM	<b>120</b>

\*Swimmers in the 400 Free and 400 IM must have achieved a “PC-B” Time Standard\*

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

ZONE 1N TEAMS ASSIGNED TO SESSION A: **DACA, OSC, SSF, LO, PCCA, PSRP, MCAC, DCD, MM, PSRP, HDAC**  
 ZONE 1N TEAMS ASSIGNED TO SESSION B: **PASA, BAC, SUNN, BSC, KOA, PSL, SOLO, LAMV, PPSC, MAV**

Pacific Swimming – Hosted by De Anza Cupertino Aquatics Long Course C/B/A + May 10 – 11, 2014 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$2.75 = \$ _____ Participation Fee        \$ 10.00 Total                        \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
E-Mail Address													