

**Northern Nevada Aquatics  
SHORT COURSE PC-C/B/A+ MEET**

**June 8-9, 2013**

Enter Online: <http://ome.swimconnection.com/pc/NNA20130608>



**PACIFIC  
SWIMMING**



**SANCTION:** Held under USA Pacific Swimming Sanction No. **13-120**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results.

**USE OF AUDIO AND VIDEO:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:** *Meet Referee: Jim Morefield      Head Starter: Kevin Tokunaga      Meet Marshal: David Rinaldi  
Meet Director: Marjorie Turner – 775-331-0123 [naswimmeet@gmail.com](mailto:naswimmeet@gmail.com)*

**LOCATION:** Fernley Swim Pool, 300 Cottonwood Lane, Fernley NV 89408 - (775) 575-2121.

**DIRECTIONS:** From Reno/Sparks: Take exit 46 to Fernley West, Merge onto NV-427E/US-95 Alt S, Continue to E Main Street, Turn Right on Hardie Lane. Cottonwood Lane is on your Left. Parking will be on the street or in an adjacent parking lot.

**COURSE:** Indoor heated 6 lane 25 yard pool. **Semi-automatic (buttons +watches) timing will be used. Six lanes will be used for competition there will be no warm-up/warm-down lanes available during the competition. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 12'3" at the start end and 3'6" at the turn end. All events will start at a depth of 12'3".** The competition course has not been certified in accordance with Article 104.2.2C(4).

**TIME:** Meet begins at 9:00 AM each day, warm-ups from 7:30 AM to 8:45 AM each day. A designated lane for 8 and under swimmers will be available.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and will be swum fastest to slowest.
- Swimmers may compete in 5 events per day.**
- All swimmers ages 12 and under should complete competition within four (4) hours.**
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.**
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA membership cards in a visible manner at all times while on deck.** All coaches are required to sign in and present their 2013 membership card before coaching swimmers at the meet. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing starter or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** •Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers, during the meet and during warm-up periods.  
•Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.  
•All shelters must be properly secured. No glass containers are allowed in the building for the meet venue.  
•Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

**ELIGIBILITY:** •Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.  
•Entries with "**NO TIME**" will be accepted.  
•Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.  
•Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.  
•Swimmers 19 years of age and over may compete in the meet.  
•The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRIES:** Entries will be accepted by mail or online.

**ENTRY FEES:** \$2.75 per event, \$9.00 participation fee per swimmer. NO REFUNDS. Entries will be rejected if payment is not sent at time of request.

**Make check payable to:** Northern Nevada Aquatics  
**Mail with entries to:** Marjorie Turner  
Swim Meet Entries  
1135 Terminal Way #106  
Reno, NV 89502

**MAILED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be entered using the current Pacific Swimming rules. Entries must be postmarked by midnight, **TUESDAY, JUNE 4, 2013**. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/NNA20130608> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **WEDNESDAY, JUNE 5, 2013**.

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check-in will not be allowed to compete in the event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** Distinctive awards will be given to 1<sup>st</sup> through 8<sup>th</sup> place for each age group, 6&un, 7-8, 9-10, 11-12, 13 &up for each even. Points will be awarded as follows (9-7-6-5-4-3-2-1) for 1<sup>st</sup> through 8<sup>th</sup>. High Point awards for the highest overall point total for each age group in male and female categories. Pick-up awards at meet. No awards will be mailed.

**ADMISSION:** Free. Programs will be available for \$5.00 each.

**REFRESHMENTS:** A snack bar will be available serving hot breakfast, hot lunches, salads and other nutritious items and beverages. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**Minimum Officials:** All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

| Club swimmers entered in session | Trained and carded officials requested |
|----------------------------------|--|
| 1-10                             | 0                                      |
| 11-25                            | 1                                      |
| 26-50                            | 2                                      |
| 51-75                            | 3                                      |
| 76-100                           | 4                                      |
| 101 or more                      | 5                                      |

Contact the Zone officials chair for specific requirements.

**EVENTS**

| Saturday, June 8 |         |            | Sunday, June 9 |    |         |           |    |
|------------------|---------|------------|----------------|----|---------|-----------|----|
| #                | Age     | Event      | #              | #  | Age     | Event     | #  |
| 1                | 9 & UP  | 200 Free   | 2              | 27 | 9 & UP  | 200 IM    | 28 |
| 3                | 8 & UN  | 25 Free    | 4              | 29 | 8 & UN  | 25 Breast | 30 |
| 5                | 10 & UN | 100 IM     | 6              | 31 | 10 & UN | 100 Free  | 32 |
| 7                | 11 & UP | 100 IM     | 8              | 33 | 11 & UP | 100 Free  | 34 |
| 9                | 10 & UN | 50 Back    | 10             | 35 | 10 & UN | 50 Breast | 36 |
| 11               | 11 & UP | 50 Back    | 12             | 37 | 11 & UP | 50 Breast | 38 |
| 13               | 10 & UN | 100 Breast | 14             | 39 | 10 & UN | 100 Back  | 40 |
| 15               | 11 & UP | 100 Breast | 16             | 41 | 11 & UP | 100 Back  | 42 |
| 17               | 10 & UN | 50 Fly     | 18             | 43 | 10 & UN | 100 Fly   | 44 |
| 19               | 11 & UP | 50 Fly     | 20             | 45 | 11 & UP | 100 Fly   | 46 |
| 21               | 10 & UN | 50 Free    | 22             | 47 | 8 & UN  | 25 Back   | 48 |
| 23               | 11 & UP | 50 Free    | 24             |    |         |           |    |
| 25               | 8 & UN  | 25 Fly     | 26             |    |         |           |    |

|   |                   |                 |       |  |  |            |        |                |  |  |  |  |
|---|-------------------|-----------------|-------|--|--|------------|--------|----------------|--|--|--|--|
| Northern Nevada Aquatics<br>Short Course PC-C/B/A+<br>June 8-9, 2013                  |                   |                 |       |  |  |            |        |                |  |  |  |  |
| Name: Last,   |                   |                 | First |  |  |            | Middle |                |  |  |  |  |
| Club Abbr.  |                   | UNATT TEAM ABBR |       |  |  | Club Name  |        |                |  |  |  |  |
| Age   |                   | Date of Birth   |       |  |  | Sex<br>M F |        | LSC – (PC, SN) |  |  |  |  |
| USA-#   |                   |                 |       |  |  |            |        |                |  |  |  |  |
| Event #   | Distance / Stroke |                 |       |  |  | Entry Time |        | Circle one     |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
|   |                   |                 |       |  |  | : .        |        | SCY / LCM      |  |  |  |  |
| # of entries _____ x \$2.75 = \$ _____<br>Participation Fee \$ 9.00<br>Total \$ _____ |                   |                 |       |  |  |            |        |                |  |  |  |  |
| Coach   |                   |                 |       |  |  |            |        |                |  |  |  |  |
| Swimmer's Address   |                   |                 |       |  |  |            |        |                |  |  |  |  |
| Home Phone  |                   |                 |       |  |  | Cell Phone |        |                |  |  |  |  |
| Email   |                   |                 |       |  |  |            |        |                |  |  |  |  |