

SANCTION: Held under USA Pacific Swimming Sanction No.: 13-112

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet, which may include, but is not limited to, photographs, video, web casting, television, psych sheets, and live meet results.

AUDIO & VIDEO: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:Meet Referee:Jim MorefieldHead Starter:Larry RiceHead Marshal:Holly KruitboschMeet Director:Kendra Follett (phone:775-240-5184 or email: kfollettnv@gmail.com)

LOCATION: Idlewild Pool, Idlewild Drive, Reno, NV. DIRECTIONS TO POOL: From CA: I-80 to Reno, take Keystone Ave. exit from freeway. Go south on Keystone – stay in far right lane until you reach Riverside Dr. *Do not go on overpass*. Turn right on Riverside Drive, continue about one block and turn left onto Booth Street Bridge, then turn right onto Idlewild Drive. The pool is two blocks ahead on the right.

COURSE: Outdoor heated 50 meter pool, eight lanes with Kiefer lane lines and fully automatic timing system. Up to 7 lanes will be used for competition, and the eighth lane will be used for warm-up & warm-down <u>only</u>, with Marshals on duty. The minimum water depth in the competition course, as measured in accordance with Article 103.2.3, is 10'0" at the start end and 3'6" at the turn end. All events will start at a depth of 10'0". The competition course has not been certified in accordance with Article 104.2.2C(4).

TIME: Meet begins each day at 8:30 am for 13 & Over swimmers with warm-up from 7:00 – 8:15 am. The afternoon 12 & Under sessions will **not start before** 1:00 pm with warm-ups **not before** 12:00 pm.

- **RULES:** •Current USA and Pacific Swimming rules will govern the meet.
 - •Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course. •All events will be swum fastest to slowest as timed finals.

•Swimmers may enter as many events as they wish, but shall check in for and compete in **no more than 4 events per day**, and **10 events maximum for the meet**.

•If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down to 3 events or less per swimmer per session. Immediate refunds will be made for any mandatory scratches. •ENTRIES WILL BE LIMITED TO FOUR HOURS PER SESSION as estimated by the Meet Referee in consultation with the Meet Director.

DISTANCE: • Per Pacific Swimming Zone-4 policy, to be eligible to enter the 800m or 1500m freestyle events, a swimmer must have previously established an official time for a freestyle event of 400m/500y or longer.

•All swimmers entered in the 800m and 1500m freestyle must be checked in by 10:00 am on Friday and Saturday for the 13 & over session and by 2:00 pm on Friday for the 12 & under session, otherwise they will be considered scratched from the event.

•The 800m and 1500m freestyle will be swum alternating women and men, fastest to slowest.

•All swimmers in the 800m and 1500m freestyle must provide their own timers and lap counters.

•At the Meet Referee's discretion, the 800m and 1500m freestyle may be swum with 2 swimmers per lane using semiautomatic or manual timing.

COACHES & OFFICIALS: All coaches and deck officials must wear their USA membership cards in a visible manner at all times

while on deck. All coaches are required to sign in and present their 2013 membership card before coaching swimmers at the meet. Except for coaches accompanying athletes participating under the provisions of 202.6 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership. **DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

UNACCOMPANIED SWIMMERS: Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm up, competition, and warm down. If a coachmember of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach. The swimmer must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Propane heaters, glass containers, and the sale and use of alcoholic beverages is strictly prohibited in <u>all</u> areas of the meet venue.

•All shelters must be properly secured at all times, or may be removed by meet management.

•Smoking and the use of tobacco products is prohibited on the pool deck, in the locker room, in any of the spectator areas, and in all areas used by swimmers during the meet and warm-up periods are strictly prohibited in <u>all</u> areas of the meet venue.

•NO ANIMALS ARE ALLOWED ON THE PREMISES.

•There will be closed areas of the deck. Cooperation of swimmers, families, and coaches will be appreciated.

ELIGIBILITY: •All swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular fee). Swimmers who enter as "pending" or "applied for" must be prepared to present their current card or register before being allowed to check in unless the Meet Director determines that they are validly pending. Duplicate registrations will be refunded by mail.

•Meet is open to qualified swimmers of invited USA-S teams. Swimmers 19 years of age and older may participate in 13 & Over and 15 & Over events but may not receive awards or score points.

•Disabled swimmers, <u>attached or unattached</u>, are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.

•Entries with "NO TIME" will be accepted (exception: see Distance eligibility rules).

•Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Time Verification Procedures.

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. The first two events of each session will close 30 minutes before the start of the session. The remaining events shall be closed for seeding no earlier than 30 minutes prior to the estimated start of the first heat of the event, **except for the 800m and 1500m freestyle events**. Please see distance rules for special check-in times. Swimmers who do not check in will not be allowed to compete in the event.

SCRATCHES: Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

ENTRIES: Entries must be submitted using the swimmer's <u>best long-course meters time</u> for each event. All entry times must be submitted in <u>meters</u>. "No Time" entries WILL be accepted (exception: see Distance eligibility rules). NO LATE ENTRIES WILL BE ACCEPTED. NO DECK ENTRIES OR ENTRY CHANGES WILL BE ALLOWED. NO REFUNDS will be given except in the case of a mandatory scratch-down.

TWO OPTIONS FOR MEET ENTRY:

Option 1: Online Meet Entries

Enter at <u>http://ome.swimconnection.com/pc/reno20130614</u> to receive immediate confirmation of acceptance via email. <u>The "billing information" email should be brought to the meet as proof of entry.</u> Online entry requires payment by credit card using our secure site. The cost of using Online Meet Entries is \$1 per swimmer plus 5% of the total entry fees. Please note that the processing fee is separate fee from the entry fees. Online meet entry fees are paid to Swim Connection LLC. Fees collected by the use of this system are completely voluntary. Online meet entry is no way required or expected of a swimmer by Pacific Swimming. **Online entries will be accepted until 11:59 pm** Wednesday June 5, 2013, or until a session of the meet has reached the 4 hour limit.

Option 2: Paper Entries:

1. Fill out the provided Consolidated Entry Form completely for each swimmer in your family.

2. Cut out your entry card(s) and mail or hand-deliver to address below.

ANY AND ALL PAPER ENTRIES MUST BE POSTMARKED BY MONDAY JUNE 3, 2013, OR HAND DELIVERED BY 7:00 P.M. WEDNESDAY, JUNE 5, 2013, with check payable to RENO AQUATIC CLUB, TO: Doug Rawson, 550 W Plumb Lane, Ste 520, Reno NV 89509 and are subject to limitations in the meet rules of the 4-hour session limit.

If you would like confirmation of paper entry, please include a self-addressed stamped envelope or postcard. IF SENT EXPRESS MAIL OR FEDEX **indicate NO SIGNATURE REQUIRED FOR DELIVERY* Entries will not be signed for.*

Check <u>http://ome.swimconnection.com/pc/reno20130614</u> for session open or closed status.

ENTRY FEES: \$2.75 per individual event, plus an \$11.00 Participation Fee per swimmer to help cover meet expenses.

AWARDS: High Point Awards: Individual high point and runner up awards for 1 boy and 1 girl in each age group (8-Under, 9-10, 11-12, 13-14, 15-16, 17-18). Individual high point will be scored using only the events recognized by Pacific Swimming for the respective age groups. Individual Awards: 1st thru 16th. Swimmers 19 years of age and older will not receive awards.

SCORING: High point scoring will be scored to the 16th place as follows:

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Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

ADMISSION: Free. A three day program will be available for \$5.00.

SNACK BAR: A snack bar will be available all three days. BREAKFAST WILL BE AVAILABLE EACH DAY.

HOSPITALITY: Hospitality and lunches will be served to all working officials and coaches.

TIMERS: Clubs will be assigned lanes based on the number of swimmers from each club (host club will not be expected to time). All swimmers in the 800M Free and 1500M Free must provide their own timers and lap counters.

For hotel information go to the Reno Aquatic Club website at https://www.teamunify.com/Home.jsp?team=reno

MINIMUM OFFICIALS: All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club swimmers entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

SCHEDULE OF EVENTS

Friday morning 13 & over session, June 14, 2013

	Girls		Boys	
Event #	Age Group	Event	Age Group	Event #
1	13 & 14	400 IM	13 & 14	2
3	15 & Over	400 IM	15 & Over	4
5	13 & 14	100 Free	13 & 14	6
7	15 & Over	100 Free	15 & Over	8
9	13 & 14	200 Back	13 & 14	10
11	15 & Over	200 Back	15 & Over	12
13	13 & 14	100 breast	13 & 14	14
15	15 & Over	100 Breast	15 & Over	16
17	13 & Over	1500 Free		
		800 Free	13 & Over	18

Friday afternoon 12 & under session, June 14, 2013

	Girls		Boys		
Event #	Age Group	Event	Age Group	Event #	
19	11 & 12	400 IM	11 & 12	20	
21	10 & Under	100 Free	10 & Under	22	
23	11 & 12	100 Free	11 & 12	24	
25	10 & Under	100 breast	10 & Under	26	
27	11 & 12	100 Breast	11 & 12	28	
29	8 & Under	50 Back	8 & Under	30	
31	11 & 12	50 Back	11 & 12	32	
33	9 & 10	50 Back	9 & 10	34	
35	11 & 12	800 Free	11 & 12	36	

Saturday morning 13 & over session, June 15, 2013

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	Girls		Boys	
Event #	Age Group	Event	Age Group	Event #
37	13 & 14	200 Free	13 & 14	38
39	15 & Over	200 Free	15 & Over	40
41	13 & 14	200 Breast	13 & 14	42
43	15 & Over	200 Breast	15 & Over	44
45	13 & 14	100 Back	13 & 14	46
47	15 & Over	100 Back	15 & Over	48
49	13 & 14	200 Fly	13 & 14	50
51	15 & Over	200 Fly	15 & Over	52
53	13 & Over	800 Free		
		1500 Free	13 & Over	54

Saturday afternoon 12 & under session, June 15, 2013

	Girls		Boys	
Event #	Age Group	Event	Age Group	Event #
55	12 & Under	200 Free	12 & Under	56
57	8 & Under	50 Breast	8 & Under	58
59	9 & 10	50 Breast	9 & 10	60
61	11 & 12	50 Breast	11 & 12	62
63	10 & Under	100 Back	10 & Under	64
65	11 & 12	100 Back	11 & 12	66
67	8 & Under	50 Fly	8 & Under	68
69	9 & 10	50 Fly	9 & 10	70
71	11 & 12	50 Fly	11 & 12	72

Sunday morning 13 & over session, June 16, 2013 Girls

	Girls		Boys	
Event #	Age Group	Event	Age Group	Event #
73	13 & 14	200 IM	13 & 14	74
75	15 & Over	200 IM	15 & Over	76
77	13 & 14	50 Free	13 & 14	78
79	15 & Over	50 Free	15 & Over	80
81	13 & 14	400 Free	13 & 14	82
83	15 & Over	400 Free	15 & Over	84
85	13 & 14	100 Fly	13 & 14	86
87	15 & Over	100 Fly	15 & Over	88

Sunday afternoon 12 & under session, June 16, 2013

	Girls		Boys	
Event #	Age Group	Event	Age Group	Event #
89	12 & Under	200 IM	12 & Under	90
91	8 & Under	50 Free	8 & Under	92
93	11 & 12	50 Free	11 & 12	94
95	9 & 10	50 Free	9 & 10	96
97	11 & 12	100 Fly	11 & 12	98
99	10 & Under	100 Fly	10 & Under	100
101	11 & 12	400 Free	11 & 12	102

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PLEASE FILL IN YOUR ENTRY CARD COMPLETELY, INCLUDING YOUR BEST LONG COURSE METER TIMES.