

USA Swimming
Speedo Champions Series
CA/NV Summer Sectionals

July 23-27, 2014

Open to All CA, CC, PC, SI, & SN Teams



Location:

Clovis North Aquatics Complex
Clovis North High School
2770 E. International Ave, Fresno, CA 93730

Sponsored By:

USA Swimming & Central California Swimming

Hosted By:

Clovis Swim Club



USA Swimming 2014 Speedo Champions Series

California-Nevada Summer Championship

SANCTIONED BY: CENTRAL CALIFORNIA SWIMMING/USA SWIMMING

SPONSORED BY: Central California Swimming & Clovis Swim Club

DATES OF MEET: July 23-27, 2014

ENTRIES DUE: **DELIVERED by Tuesday July 15, 2014 by 11PM**

START TIMES: Prelims 9:00 am

Finals: July 23: 4:00 pm

July 24-27: 5:00 pm

SANCTION #S2414BS / TT #S2514BS

HEATS & FINALS

WARMUPS: Wednesday: 2:30 pm (Finals)

Thursday – Sunday: 7:00 am (Prelims)

3:30 pm (Finals)

Open to: CA, CC, PC, SI, and SN LSCs

POOL: CLOVIS NORTH AQUATICS COMPLEX (CLOVIS NORTH HIGH SCHOOL) 2770 E International Ave. Fresno, CA 93730.

DIRECTIONS:

From the North: From Highway 99 exit onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

From the South: From Highway 99, go north on Highway 41. Exit from Highway 41 onto Herndon Avenue. Go east on Herndon to Willow, north on Willow to the corner of Willow & International. Continue on Willow to the north end of the campus and turn left at the tennis courts. Drop off at the pool entrance and continue to Chestnut (left) and left into the parking lot.

COURSE: Two 50 M x 25 Y outdoor pools. The main competition pool has a uniform depth of 7 ft. The adjacent multi-purpose pool is an 8-lane 50M course for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

ELIGIBILITY: Open to athletes in Central California, Pacific, Southern California, San Diego/Imperial and Sierra Nevada Swimming who hold **2014 USA Swimming full membership**. Entries accepted by OME or team electronic entry only. Relay-only swimmers MUST be included in the team electronic entry file. Please designate unattached swimmers 'UN'. All TEAMS must be 2014 registered and have 2014 approved team charters. If an entering team is NOT 2014 registered, all swimmers must swim as unattached "UN" at this meet and may not compete in relays.

QUALIFYING TIMES: must be achieved **between May 1, 2013, and July 20, 2014**

Long Course Meter (LCM) qualifying times will be seeded first, next Short Course Yard (SCY) qualifying times, then Bonus LCM and Bonus SCY. Athletes may compete in no more than six (6) individual events (may enter all qualified events). Swimmers may compete in no more than three (3) individual events per day. A swimmer with 5 or fewer qualifying times may enter one (1) additional bonus event (labeled "B" on entry) only IF the swimmer has achieved the listed bonus time standard. NEW (no updated) entry times achieved **7/16/14-7/20/14** may be entered by the Meet Administrative Referee when submitted by e-mail by MIDNIGHT 07/20/14 to CSCMeetEntries@yahoo.com. If a qualifying time is achieved in an event that the athlete has currently entered as bonus event, they can use the qualifying time to enter that event and add an additional bonus event, as long as they have five (5) or fewer total qualifying events.

COACHES MEETING: 2:30 pm, Wednesday, July 23, 2014, Clovis North Aquatics Complex. A representative from each team must attend.

ENTRY INTO THE MEET

ENTRY: All entries must be submitted and received electronically via USA Swimming OME or team electronic file. Team electronic entry (non-OME) is to be sent via email with entry file and meet entry report as attachments to CSCMeetEntries@yahoo.com. Please use the event file provided on the CCS website for electronic entries (www.centralcalswim.org). The electronic entry file must be accompanied by a printout (signed by the coach) including the proof of time for all individual and relay events. When entering electronically, "Y" or "L" must be indicated on proof-of-time sheet and bonus events must be indicated as "YB" or "LB" on proof-of-time sheet. For relays, accurately complete the Official Team Relay Entry form. All teams MUST submit the Meet Entry Recap sheet, whether they or entering relays or not.

ENTRY FEES: \$11.00 per Individual Event must accompany team entry form. Relays: \$24.00 per relay team entered. Relay only swimmers MUST be listed on the team entry form. Relay only swimmers may NOT be deck entered. There are no refunds. Time Trials entry fee: \$11.

For non-OME Team entries made via the internet (email), the team check must be postmarked

WITHIN 48 HOURS OF THE EMAIL DATE STAMP.
Make CHECKS PAYABLE to: Clovis Swim Club and MAIL with a copy of the ENTRY FORMS to:

2014 CA / NV Sectional Championships
Attn: Clovis Swim Club
1690 David E. Cook Way
Clovis, CA 93611
or EMAIL to: CSCMeetEntries@yahoo.com

ENTRY CLOSURE: Entries must be received by Tuesday, July 15, 2014. Next day delivery service with tracking is recommended (ex: USPS, Fed Ex, UPS, or Airborne). You must sign for 'no signature required' on the shipping label. Certified, registered, or special delivery mail - OR- delivery service (with tracking) requiring signature at time of delivery will be rejected. NEW (no time updated) entry times achieved 07/16/13- 07/20/14 may be entered by the Meet Administrative Referee where submitted by e-mail by MIDNIGHT 07/20/14 to CSCMeetEntries@yahoo.com.

RULES AND PROCEDURES

MEET REFEREE: The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

RULES: USA Swimming Rules and National Championship procedures will govern the meet. Meet entry times must be designated 'Y' for yards or 'L' for meters. The National Championship scratch procedures will be used for prelims and finals. In order, there will be a "C", "B" and "A" Final for all events except 800 and 1500 freestyle and relays. All entered swimmers (including RELAY ONLY) must be on a team entry form. Positive check-in for the 800 and 1500 Freestyle AND ALL Relays is required by the day's scratch deadline.

RECORDING DEVICES & MEDIA NOTICE: The use of audio-visual recording devices, including cell phones, is not permitted in the locker rooms, changing areas or restrooms. Recording devices are not permitted behind the starting blocks during the starting sequence through the meet. This meet may be covered by the media, including photographs, video, web casting and other forms of obtaining images of athletes participating in the meet. Entry into this meet is acknowledgement and consent to this fact.

SWIMWEAR: Swimwear must conform to USA Swimming rule 102.8. Only swimsuits complying with FINA swimsuit specifications may be worn in any USA Swimming sanctioned or approved competition.

DECK CHANGING: Except where venue facilities require otherwise, changing into or out of swim suits, other than in locker rooms or other designated areas, is not appropriate and is strongly discouraged.

RACING START CERTIFICATION: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, or much start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or swimmers' legal guardian to ensure compliance with this requirement.

PROOF OF TIME: This is a proof of time meet. The meet host will verify all entries against the USA Swimming SWIMS time database. An unverified entry time must be proven by the scratch deadline or the swimmer/relay team will be scratched from that event. Only swimmers/relay teams with verified times will be seeded. Entry times not proven by the scratch deadline shall be subject to the "Responsibility Clause" in USA Swimming Rules and Regulations (207.8.5A). **NOTE:** Proof of Time is required through SWIMS, the national times database, or recognized FINA competitions. Times must be achieved at (a) a USA Swimming sanctioned competition; (b) a USA Swimming observed competition; (c) a USA Swimming approved competition; or (d) a FINA approved competition. Times in this database are not meet entry, only proof of entered time.

SCRATCH DEADLINES: Positive check-in deadline for Women's 800 and Men's 1500 Freestyle is Wednesday 3:15 pm. Scratch deadline for Thursday events is Wednesday at 4:30 pm. For Thursday, Friday and Saturday the scratch deadline is 5:30 pm for the next day's events. A swimmer who fails to scratch and 'no shows' a prelim or timed final event will be removed from all remaining events including relays that day and must positive check in each day for all subsequent individual events. A swimmer who fails to scratch and 'no shows' a Final, will be removed from the meet. Scratches for Thursday's events may be submitted via email before 4:30 pm Wednesday to CSCMeetEntries@yahoo.com.

POSITIVE CHECK-IN: Women's 800 Freestyle and Men's 1500 Freestyle Deadline: Wednesday 7/23/2014 at 3:15 PM. Women's 1500 and Men's 800 Freestyle Deadline: Saturday, 30 Minutes after start of Finals, to be seeded by time. **ALL RELAYS:** by scratch deadline for the next day's events.

SPECIAL NOTES: ALL preliminary heats of events will be swum fastest-to-slowest. Additionally, the 400 Freestyle, 800 Freestyle, 1500 Freestyle (except fastest heat), and 400 IM will be swum fastest-to-slowest, alternating women's and men's heats. Fastest heat of women's 1500 Freestyle (#27) will be swum after the men's 100 Backstroke A Final (Event #26). Fastest heat of the men's 800 (#30) will be swum after the men's 100 Breaststroke A Final (#29). **Flights:** If the timeline warrants, the meet will be swum in 'A' and 'B' flights. There will be 7 preliminary heats of each event in the 'A' flight followed by a brief 'practice start' break, followed by the 'B' flight for the remaining heats.

FLIGHT DECISION WILL BE ANNOUNCED MONDAY, July 21, on the Clovis Swim Club website
www.clovisswimclub

RELAYS: A team may enter no more than two relays in each relay event. Relays must be pre-entered; relay times must be provable by team or aggregate. A swimmer may be used only once to prove a relay in each relay event. Relays must CHECK-IN by the scratch deadline for the day swum. **Relay-only swimmers must be listed on the team entry form.** Relays will be contested at the end of Finals Friday through Sunday. Relays will be swum in the National format: fastest two heats of women (slow to fast), fastest two heats of men (slow to fast), remaining heats alternating women and men, fast to slow. There will be an option to swim the Medley Relay on Sunday at the conclusion of prelims (before the 1500/800 freestyle). Sunday afternoon relays will be swum fast to slow. The am/pm option must be declared by the scratch deadline (5:30 pm) on Saturday.

AWARDS: Team awards: first through third place in each division. Large, Medium, and Small Team Divisions will be based on the number of individual events entered by a team. High point award: the top male and female swimmer. Individual event awards: first through eighth place. Relays awards: first through third place. Scoring to be as follows: 32-28-27-26-25-24-23-22, 20-17-16-15-14-13-12-11 and 9-7-6-5-4-3-2-1; relay scoring will have double the point value. Divisional scoring will be based on the 24 places; points will be applied towards the team's overall score in the team's division with no tiered scoring by division. There will be a "Coach of the Meet" award to be balloted on the final day of the meet during the preliminaries.

TIME TRIALS: Time Trials will be swum, time permitting, at the discretion of the meet referee. Time Trials are open only to swimmers entered in individual events, limited to two (2) for the meet. Time trial entry will be at the Administrative Table. Entry Fee: \$11.00 per event.

WARM-UP: Thursday through Sunday: from 7:00 - 8:00 am and 3:30 - 4:00 pm, the competition course will be open for general warm-up - NO DIVING. From 8:00-8:50 am and 4-4:50 pm – Competition Pool Lanes 1 & 8 will be designated for push-pace work; 2 & 7 will be sprint lanes, one-way from the blocks under USA Swimming member coach supervision. Practice starts only in the sprint lanes. Pace or sprint lanes may be opened as needed by the referee. No paddles, boards or fins will be allowed in the competition course.

Warm-up Pool: Lanes will be available for warm-up/cool down at all times in the separate warm-up pool. No Diving at any time in this pool. Pace lanes in this pool will be designated by the referee, as needed.

CLOSED DECK: Please note, this meet will be run with a **CLOSED DECK**. Only coaches, officials, athletes and volunteers will be permitted on deck. You will need a deck pass to be on deck.

OFFICIALS: This meet has been approved as an Officials Qualifying Meet (QM14-xxxx) for N2 and N3 certification and recertification. Please see the Central California Swimming web site (<http://www.centralcalswim.org>) for applications to officiate at this meet. Applications must be received by June 23, 2014 for consideration for assigned positions. For additional information contact: Mary Flatman - mary.flatman@iwvisp.com
Meet Director – Stephen Mendyk - bandsong@sbcglobal.net

INFORMATION: Clovis Swim Club (559) 327-9232 - johnmcgough@cusd.com

ACCOMODATIONS: Please see below for our accommodation booking website. Traveling Teams Inc. will be managing all hotel accommodations for this meet. Please visit this website to book your accommodations.

<https://ttievent.com/eventmanager/onlineregistration.asp?D=d&EventCode=RPE>

If you are looking to set up a block of rooms for your organization, please follow the group block request link on the website.

USA Swimming 2014 Speedo Champions Series

California-Nevada Summer Championship

Order of Events & Yard/Meter Time Standards

Note: All Prelims, Finals, Timed Finals & Time Trials will be swum Long Course Meters.

#	Women		Event	Men		#
	Yards	Meters		Yards	Meters	
Wednesday July 23, 2014 4:00 PM						
*Positive Check-in: 3:15 P.M. Wednesday						
1	10:32.99	09:30.69	W800/M1500 Meter Freestyle	16:31.59	17:03.09	2

Thursday, July 24, 2014 - 09:00 AM Prelims/5:00 PM Finals						
*Scratch Deadline: 4:30 P.M. Wednesday						
3	2:06.19	2:25.09	200 Meter Butterfly	1:54.59	2:12.69	4
5	2:23.59	2:47.49	200 Meter Breaststroke	2:08.59	2:31.79	6
7	2:04.89	2:26.49	200 Meter Backstroke	1:54.69	2:14.69	8
9	52.89	1:01.09	100 Meter Freestyle	47.29	55.29	10
*All Thursday events, scratches only.						

Friday, July 25, 2014 - 09:00 AM Prelims/5:00 PM Finals						
*Scratch Deadline: 5:30 P.M. Thursday						
11	1:54.09	2:11.79	200 Meter Freestyle	1:44.49	1:58.29	12
13	4:29.69	5:14.69	400 Meter Ind. Medley	4:06.59	4:49.29	14
15	7:53.69	8:58.49	800 Meter Freestyle Relay	7:11.29	8:11.09	16
Relays must be pre-entered; use special relay entry form.						
*Relays require positive check-in - All other Friday events, scratches only.						

Saturday, July 26, 2014- 09:00 AM Prelims/5:00 PM Finals						
*Scratch Deadline: 5:30 P.M. Friday						
17	2:07.89	2:29.29	200 Meter Ind. Medley	1:55.69	2:15.99	18
19	24.29	28.29	50 Meter Freestyle	21.79	25.59	20
21	5:05.69	4:36.99	400 Meter Freestyle	4:43.69	4:17.49	22
23	3:38.89	4:08.39	400 Meter Freestyle Relay	3:17.69	3:45.69	24
Relays must be pre-entered; use special relay entry form.						
*Relays require positive check-in - All other Saturday events, scratches only.						

Sunday, July 27, 2014 - 09:00 AM Prelims/5:00 PM Finals						
*Scratch Deadline: 5:30 P.M. Saturday						
25	57.89	1:08.29	100 Meter Backstroke	52.89	1:02.39	26
27	17:32.69	18:12.59	1500 Meter Freestyle			
28	1:06.69	1:17.59	100 Meter Breaststroke	59.29	1:10.09	29
			800 Meter Freestyle	9:42.99	8:53.29	30
31	57.39	1:06.19	100 Meter Butterfly	52.09	59.99	32
33	4:03.79	4:36.89	400 Meter Medley Relay	3:38.49	4:08.89	34
Relays must be pre-entered; use special relay entry form.						
*1500/800 Free & Relays require positive check-in - All other Sunday events, scratches only.						

**USA Swimming 2014 Speedo Champions Series
CA/NV Summer Championships**

BONUS EVENT TIME STANDARDS

	WOMEN		MEN	
	Meters	Yards	Meters	Yards
50 Freestyle	28.89	24.99	26.09	22.49
100 Freestyle	1:01.89	53.99	56.29	48.29
200 Freestyle	2:13.29	1:56.19	2:03.59	1:46.39
400/500 Freestyle	4:39.69	5:09.99	4:20.29	4:46.79
800/1000 Freestyle	9:37.39	10:41.79	8:58.19	9:53.69
1500/1650 Freestyle	18:31.69	17:45.79	17:26.29	16:44.19
100 Backstroke	1:09.59	59.59	1:03.39	53.69
200 Backstroke	2:29.29	2:07.99	2:17.49	1:56.49
100 Breaststroke	1:18.69	1:07.79	1:11.09	1:00.19
200 Breaststroke	2:49.79	2:27.19	2:33.69	2:10.39
100 Butterfly	1:07.49	59.19	1:01.29	53.09
200 Butterfly	2:27.59	2:09.59	2:14.99	1:56.69
200 Ind. Medley	2:30.79	2:11.49	2:17.89	1:57.49
400 Ind. Medley	5:18.09	4:37.79	4:53.69	4:10.99

USA Swimming 2014 Speedo Champions Series
Summer CA/NV Sectional Championship
July 23-27, 2014
Fresno, CA

Team Information Sheet

Team Name: _____

LSC: _____

Head Coach: _____

Asst. Coach: _____

Asst. Coach: _____

Team Address: _____

Email: _____

Phone: _____

Fax: _____

Where is team staying in Fresno/Clovis California:

Hotel Phone: _____

Cell Phone: _____

Total number of 2014 USA-Swimming Certified Coaches in attendance: _____

Please complete this form and submit it with your entries.

USA Swimming 2014 Speedo Champions Series
Summer CA/NV Sectional Championship
Relay Entry & Proof of Time

CLUB: _____ USA-Swimming Code: _____

For each relay team listed, list the qualifying time that can be proven for each team, team time or aggregate, and the swimmers' names and times. The named swimmers may be "relay only" members. A swimmer may be listed once per relay event. Any swimmer listed on the Official Team Entry may compete on any entered relay team. An aggregate relay entry time must include the individual times of all four swimmers. Reminder: Relay-only swimmers MUST be included in the team electronic entry file; relay-only swimmers may NOT be deck-entered.

Event 15 - Women's 800 Meter Freestyle Relay – Friday, July 25th

Time Standards: 7:53.69Y/8:58.49 M

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

Event 16 - Men's 800 Meter Freestyle Relay – Friday, July 25th

Time Standards: 7:11.29 Y/8:11.09 M

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

Event 23 - Women's 400 Meter Freestyle Relay – Saturday, July 26th

Time Standards: 3:38.89 Y/4:08.30 M

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

Event 24 - Men's 400 Meter Freestyle Relay – Saturday, July 26th

Time Standards: 3:17.69 Y/3:45.69 M

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

Event 33 - Women's 400 Meter Medley Relay – Sunday, July 27th

Time Standards: 4:03.79 Y/4:36.89 M

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

Event 34 - Men's 400 Meter Medley Relay – Sunday, July 27th

Time Standards: 3:44.179M/4:19.49Y

Relay A Entry Time _____

1. _____
2. _____
3. _____
4. _____

Relay B Entry Time _____

1. _____
2. _____
3. _____
4. _____

USA Swimming 2014 Speedo Champions Series
Summer CA/NV Sectional Championship
Meet Entry Recap

Entries MUST BE RECEIVED BY Tuesday, July 15, 2014
This form must be submitted with your Team Entry

LSC Code:	
Long Team Name:	
USA-S Team Code	
Coach:	
Phone (cell):	

Total number of Women's events entered	@ \$11.00/event =	\$
Total number of Men's events entered	@ \$11.00/event =	\$
Total number of Relays entered	@ \$24.00/relay =	\$
	TOTAL	\$
<i>Make check payable to Clovis Swim Club</i>		

Mail to:

2014 CA/NV Long Course Sectionals
c/o Clovis Swim Club
1690 David E. Cook Way
Clovis, CA 93611

CSCMeetEntries@yahoo.com

NOTE: ALL RELAY-ONLY SWIMMERS MUST BE LISTED IN THE ELECTRONIC ENTRY FILE

For additional information & help with hotel accommodations:

Traveling Teams Inc. will be managing all hotel accommodations for this meet. Please visit this website to book your accommodations. <https://ttievent.com/eventmanager/onlineregistration.asp?D=d&EventCode=RPE>

If you are looking to set up a block of rooms for your organization, please follow the group block request link on the website.

**USA Swimming 2014 Speedo Champions
Series
Summer CA-NV Sectional
Championship**

**5 Kilometer Open Water
Swim**

Central California Swimming Sanction #

Monday, July 28, 2014

8:30 AM – Men

8:40 AM – Women

Host: Clovis Swim Club

Race Director: Faron Reed - faron-heleen@sbcglobal.net

Information: www.clovisswimclub.org

Where: Shaver Lake

Directions: From Clovis North High School, head north on Willow Avenue to Copper. Turn Right on East Copper and then take the first left onto Auberry Road / CA 168. Follow CA 168. Follow CA 168 for 35 miles. Arrive at Shaver Lake.

Course: The swimming competition course will be a 5K looping point-to-point course with a 100 M entry and exit. The course will be marked with buoys. Course is subject to change based up on lake conditions, safety concerns and final measurement considerations.

Eligible Athletes: Any entered swimmers (individual or relay) in the Summer CA-NV Sectional Swimming Championship may enter and compete in the Open Water Competition.

Check in & Registration: Registration and check in will begin at 7:00 AM at Camp Edison. Race day registrations will be accepted up to 8:00 AM on the day of the race. At 8:15 AM there will be a pre-race briefing.

Entry fee: \$25.00 with sectional entry and up to the coaches meeting on Wednesday July 17th. Entries will be accepted during the meet and up to the morning of the swim, \$40.00.

Entry: This event will be included in the electronic meet file with the Sectional (Pool) Swim events; entry will be accepted on or before the meet entry deadline. Paper entries will be accepted after the entry deadline and at the meet venue. Paper entry forms can be found at the at the meet administration table.

Awards: Every participant will receive a race swim cap to wear during the race. Awards will be given to the top eight finishers in the men's and women's divisions. Scoring is to 24 places. Team awards for 1-3 will be given.

Note: This event will not count towards the overall individual event entry limit, high point awards, and/or team point total, at the 2014 Speedo Championship Series. No paddlers will be allowed on the course.

Safety: The course will be monitored by safety boats, kayak/jet ski safety marshals and lifeguards. A lifeguard decision to remove a struggling swimmer is final.

Hotels: Closest hotel to the course is the Shaver Lake Village Hotel (559-841-8289).

Last Name: _____ First Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____

Phone: (____) _____ DOB ____/____/____ USA Swimming Number _____

Sex: M____F____ Club Affiliation _____ Club initials _____