**60th Annual**

**City of Alameda**

**Swim Championships**

**![j0295379[1]]()**

**Friday, Saturday & Sunday**

**August 8, 9 & 10, 2014**

**Awards Ceremony**

Sunday, August 10th, 2014 – 1:00 pm

***Sponsored by the Alameda Recreation and Park Department***

***in cooperation with the Alameda Gator Swim Team***

***and Island Aquatics Swim Team***

|  |  |
| --- | --- |
| APPROVAL | To be held under USA/Pacific Swimming approval number  |
| NOTICE | By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, psych sheets and live meet results. By entering this meet, the athlete or his/her guardian consents to this publication. |
| USE OF AUDIOAND VISUAL | Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.  |
| OFFICIALS | **Meet Referee:** Amy Allington **Starter:** Ray Ortner**Admin Referee:** Charlie Gonzales **Marshal:** Rodrigo Orduna**Meet Director:** Dawn Lemoine |
| LOCATION | **Encinal High School Swim Center, 210 Central Ave., Alameda, CA 94501** From Interstate 980 South, take the 11th & 12th Street off ramp, go three blocks off the highway and make a left onto 5th St. Go eight blocks, make a right on Webster and go through the Tube into Alameda. After exiting the Tube, go straight approx. 8 blocks and make a right onto Central Ave. Encinal High School is approximately 5 blocks on the left (at Third St.). From Interstate 880 North, take the Broadway Exit. Take a left, then an immediate left under the highway and take the Webster St. Tube to Alameda. After exiting the Tube, go straight approx. 8 blocks and make a right on Central Ave. Encinal High School is approx. 5 blocks on the left; swim center entrance is on 3rd Street. |
| PARKING | There is parking along the streets adjacent to the pool. Additional parking will be available through the gate on the right just past the pool on 3rd street. |
| COURSE | Outdoor heated pool, 25 yards with 6 competition lanes. A separate warm-up pool will be available throughout the duration of the meet. Locker rooms with showers are available.  |
| TIME | The meet will begin at 5:30 PM on Friday with warm-ups running from 4:30-5:15 PM. On Saturday and Sunday, the meet will begin at 11:00 AM with warm-ups running from 10-10:45 AM. A special warm-up for 8 and under swimmers only will be held for 10:45-10:55 AM on Saturday and Sunday. |
| RULES | •Current USA Swimming and Pacific Swimming Rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk-of-the-Course. •All events are timed finals. •**All swimmers ages 12 and under should complete competition within four (4) hours**. •**Swimmers may compete in a maximum of three (3) individual events per day**. •Entries will be accepted until the number of splashes exceeds the estimated time line, per the Four Hour Rule, based on swimmer's age and gender. •If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches. •**All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.** **•**All 1650 Free swimmers must provide their own timers and lap counters.•Novice swimmers without USA Swimming Cards may only enter Novice events. •Masters swimmers may only enter Masters events. |
| RACING STARTS | Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. |
| RESTRICTIONS | •Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating or standing areas and in all areas used by swimmers during the meet and warm-up periods. •Glass containers, sale and use of alcoholic beverages and propane heaters are prohibited in all areas of the meet venue. •All shelters must be properly secured. •Outside BBQ pits are not permitted.• No propane heater is permitted except for snack bar/meet operations.• Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged. |
| ELIGIBILITY | •All swimmers must be Alameda residents at the time of the meet to participate. •All swimmers, **EXCEPT NOVICE SWIMMERS**, must be current members of USA-Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. •Any swimmer not showing a current registration number **MUST PRESENT A CURRENT REGISTRATION CARD OR MUST REGISTER AT THE MEET BEFORE HE/SHE IS ALLOWED TO CHECK IN.** **•**No Time (“NT”) entries will be accepted.•Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming policy.**Novice Swimmer Defined:** For this competition, a Novice Swimmer is a swimmer who: * Never swam in a USA Swimming Meet OR
* Has not swum in a USA Swimming meet within the last two years

**Masters Swimmer Defined:** Participants must be 19 years of age or older.  |
| CHECK-IN | The meet will be deck seeded. Swimmers must check-in at the Clerk-of-the-Course. Close of check-in for all events shall be no more than 30 minutes before the start time of the first heat of that event. A swimmer who does not check in will not be allowed to compete in the event.  |
| SCRATCHES | Any swimmers not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. |
| ENTRY FEES | $5.00 participation fee per swimmer, $2.25 per event (to help defray meet expenses). ***Please make checks payable to: Alameda Recreation and Parks Department (ARPD)*** |
| ENTRIES | Entries must be on consolidated entry forms, one swimmer per form. See the last page of this meet sheet for that form. Entry forms must be completely filled out including best short course times for each event. Entry times must be submitted in yards. ENTRIES MUST BE POSTMARKED BY MIDNIGHT MONDAY, JULY 21, 2014. Hand delivered entries accepted by 5:00 pm. FRIDAY, JULY 25, 2014.Mail or deliver entries to:City Swim Meet1810 Oak St.Alameda, Ca.94501email: algaswimming@gmail.comNo late entries will be accepted, or refunds made. Enclose a self-addressed, stamped envelope or postcard for entry confirmation. |
| AWARDS | **18 & Under Swimmers:** Gold, Silver and Bronze medals will be awarded to the first three finishers in each event. Ribbons will be awarded for 4th, 5th, and 6th place. Awards will be given out in the following age groups: 8 & Under, 9-10, 11-12, 13-14, 15-18.**Masters Swimmers:** Master individual events will be awarded medals for 1st place and ribbons for 2nd and 3rd place in each age group.**Note: *Individual awards must be picked up at the meet. We will not mail or distribute them after the meet.*** |
| ADMISSION | Admission is free. |
| PROGRAMS | A two-day program will be available for sale at a reasonable price. |
| HOSPITALITY | Hospitality will be available for officials, coaches; and timers (during their shifts only). |
| SNACK BAR | A snack bar will be available. |

**EVENT SUMMARY:**

**Friday, August 8, 2014, 5:30 p.m.**

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| **OPEN** | **Masters** |
| 1650 Free | 50 Breast |
|  | 100 IM |
|  | 50 Fly |
|  | 50 Free |
|  | 50 Back |
|  | 100 Free |

**Saturday, August 9, 2014, 11 a.m.**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **6 & underNovice** | **8 & under** | **8 & underNovice** | **9 -10** | **9 -10Novice** | **11-12** | **11-12Novice** | **13-& up** | **13 & upNovice** |
|  |
| 25 Back | 100 IM | 25 Back | 100 IM | 25 Back | 200 IM | 50 Back | 200 IM | 50 Back |
|  | 25 Fly | 25 Fly | 50 Fly | 25 Fly | 50 Fly | 50 Fly | 100 Fly | 50 Fly |
|  | 50 Free |  | 100 Free |  | 100 Free |  | 100 Free |  |

**Sunday, August 10, 2014, 11 a.m.**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **6 & under** | **6 & underNovice** | **8 & under** | **8 & underNovice** | **9 -10** | **9 -10Novice** | **11-12** | **11-12Novice** | **13-& up** | **13 & upNovice** |
| 25 Back | 25 Free | 25 Back | 25 Breast | 50 Back | 25 Breast | 50 Back | 50 Breast | 100 Back | 50 Breast |
| 25 Free |  | 25 Breast | 25 Free | 50 Breast | 25 Free | 50 Breast | 50 Free | 100 Breast | 50 Free |
|  |  | 25 Free |  | 50 Free |  | 50 Free |  | 50 Free |  |

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| **Girls / Women** | **Division | Event** | **Boys / Men** |
| **Event #**  | **Event #**  |
| **101**  | Masters | 50 Breast | **102**  |
| **103**  | Masters | 100 IM | **104** |
| **1a**  | Open | 1650 Free | **2a** |
| **105** | Masters | 50 Fly | **106** |
| **107** | Masters | 50 Free | **108** |
| **1b**  | Open | 1650 Free | **2b** |
| **109** | Masters | 50 Back | **110** |
| **1c**  | Open | 1650 Free | **2c** |
| **111** | Masters | 100 Free | **112** |

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| **Girls** | **Age | Event** | **Boys** |  | **Girls** | **Age | Event** | **Boys** |
| **Event #**  | **Event #**  |  | **Event #**  | **Event #**  |
| **3** | 13 & Up | 200 IM | **4** |  | **45** | 13 & Up | 100 Back | **46** |
| **5** | 11-12 | 200 IM | **6** |  | **47** | 11-12 | 50 Back | **48** |
| **7** | 9-10 | 100 IM | **8** |  | **49** | 9-10 | 50 Back | **50** |
| **9** | 8 & Un | 100 IM | **10** |  | **51** | 8 & Un | 25 Back | **52** |
| **11** | 13 & Up Novice | 50 Back | **12** |  | **53** | 6 & Un | 25 Back | **54** |
| **13** | 11-12 Novice | 50 Back | **14** |  | **55** | 8 & Un Novice | 25 Breast | **56** |
| **15** | 9-10 Novice | 25 Back | **16** |  | **57** | 9-10 Novice | 25 Breast | **58** |
| **17** | 8 & Un Novice | 25 Back | **18** |  | **59** | 11-12 Novice | 50 Breast | **60** |
| **19** | 6 & Un Novice | 25 Back | **20** |  | **61** | 13 & Up Novice | 50 Breast | **62** |
| **21** | 13 & Up | 100 Fly | **22** |  | **63** | 13 & Up | 100 Breast | **64** |
| **23** | 11-12 | 50 Fly | **24** |  | **65** | 11-12 | 50 Breast | **66** |
| **25** | 9-10 | 50 Fly | **26** |  | **67** | 9-10 | 50 Breast | **68** |
| **27** | 8 & Un | 25 Fly | **28** |  | **69** | 8 & Un | 25 Breast | **70** |
| **29** | 8 & Un Novice | 25 Fly | **30** |  | **71** | 6 & Un Novice | 25 Free | **72** |
| **31** | 9-10 Novice | 25 Fly | **32** |  | **73** | 8 & Un Novice | 25 Free | **74** |
| **33** | 11-12 Novice | 50 Fly | **34** |  | **75** | 9-10 Novice | 25 Free | **76** |
| **35** | 13 & Up Novice | 50 Fly | **36** |  | **77** | 11-12 Novice | 50 Free | **78** |
| **37** | 13 & Up | 100 Free | **38** |  | **79** | 13 & Up Novice | 50 Free | **80** |
| **39** | 11-12 | 100 Free | **40** |  | **81** | 13 & Up | 50 Free | **82** |
| **41** | 9-10 | 100 Free | **42** |  | **83** | 11-12 | 50 Free | **84** |
| **43** | 8 & Un | 50 Free | **44** |  | **85** | 9-10 | 50 Free | **86** |
|  |  |  |  | **87** | 8 & Un | 25 Free | **88** |
|  |  |  |  | **89** | 6 & Un | 25 Free | **90** |

\* 6 – Under swimmers may enter 8 – Under events, but cannot exceed a total of three events per day.

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| 60th Annual City of AlamedaSwim ChampionshipsEntry Card |
| NAME: LAST FIRST INTL  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| LSC Code ( PC, SN, CC) |
| CLUB ABBR | IF UNATT,TEAM ABBR | CLUB NAME |
| AGE | DATE OF BIRTH | AMT. PAID**$** |
| USA-SwimmingREG # |  |
| SEX  Boy Girl | AGE GROUP |
| EVENT # | DISTANCE/STROKE | ENTRY TIME |
|  |  | **: .** |
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|  |  | **: .** |
| # of Entries \_\_\_\_\_ x **$ 2.25** = \_\_\_\_\_\_\_\_ + Participation Fee: **$ 5.00**Total \_\_\_\_\_\_\_\_  |
| COACH: |
| SWIMMERSADDRESS: |  |
| PHONE # ( ) |
| E-MAIL@ |

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| 60th Annual City of AlamedaSwim ChampionshipsEntry Card |
| NAME: LAST FIRST INTL  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| LSC Code ( PC, SN, CC) |
| CLUB ABBR | IF UNATT,TEAM ABBR | CLUB NAME |
| AGE | DATE OF BIRTH | AMT. PAID$ |
| USA-SwimmingREG # |  |
| SEX  Boy Girl | AGE GROUP |
| EVENT # | DISTANCE/STROKE | ENTRY TIME |
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| # of Entries \_\_\_\_\_ x $ 2.25 = \_\_\_\_\_\_\_\_ + Participation Fee: $ 5.00Total \_\_\_\_\_\_\_\_  |
| COACH: |
| SWIMMERSADDRESS: |  |
| PHONE # ( ) |
| E-MAIL@ |

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