

PACIFIC SWIMMING SHORT COURSE SENIOR OPEN PRELIMINARIES & FINALS MEET
HOSTED BY APTOS CABRILLO SWIM CLUB
02/16/2019 thru 02/17/2019
Enter Online: <http://ome.swimconnection.com/pc/ACSC20190216>



SANCTION: Held under USA/Pacific Swimming Sanction No. **19-022**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet shall be posted in real time on the Internet at <http://results.teamunify.com/pcacsc/index/html>

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS: *Meet Referee: Frank Suchomel* *Head Starter: Paul Reidl*
 Meet Marshal: Bob Evans *Admin Official: Mike Davis*
 Meet Director: Sean Lemmon, sweetlemmons@sbcglobal.net, 831-818-3918

LOCATION: University of California, Santa Cruz Pool, East Field House Complex, 1156 High Street, Santa Cruz, CA 95064.

DIRECTIONS: From the Bay Area take US 280 or CA 101 to US 880 to CA Hwy 17 south. Take Hwy 17 south to Santa Cruz. Take the Highway 1 North exit (which turns into Mission St.) to Bay Street. Turn right on Bay which will take you to the base of campus (Bay & High streets). Enter the University at the main entrance at Bay and High streets. Turn left at Hagar Road. Follow signs to "Event Parking" at the southwest parking lot near the pool complex.

COURSE: Short course 25 yard outdoor pool with up to 10 lanes available for competition. An additional 4 to 6 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 8' at the start end and 8' at the turn end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Competition begins on Saturday and Sunday at 9:00 a.m., with warm-ups from 7:30-8:45 a.m.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All preliminary events will swim fast to slow, with the fastest three heats circle seeded.
- Athletes may compete in a maximum of three (3) events per day.
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. Each coach must check in with the meet director prior to the first session in which he or she plans to coach. Please be sure your coach's card is valid and that all your certifications are up to date and valid for the duration of the meet. If your coach's card is expired or your certifications have lapsed, you will not be allowed to coach.
- The 1650 Free and 1000 Free will be swum as timed finals, fastest to slowest, alternating women and men's heats. All other events will be swum as trials and finals.
- There will be a Championship Final, Consolation Final and Bonus Final, swum in that order.

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can unattach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming

member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes shall be certified by a USA-S member-coach as being proficient in performing a racing start, or shall start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in Spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- In accordance with Pacific Swimming Safety standards, absolutely no propane heaters will be allowed on the pool deck or in the fenced pool area regardless of the air temperature. Please do not ask for permission to set up a propane heater on the pool deck. Propane heaters set up outside the fenced pool area are permitted as long as their use and operation are safe. Safety is to be determined in the sole discretion of the meet director (or university personnel).

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes under the age of 12 years are not eligible to compete.
- Athletes 13 & Over are eligible to enter this meet. There is no proof of time. Entry times should be the athlete's actual time and not the minimum standard.
- Athletes 12 years of age shall meet the Senior Open time standard as outlined by Pacific Swimming time verification procedures. No refunds shall be given if a time cannot be proven.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations.
- Entries with "NO TIME" will be rejected.

SEEDING: Event seeding will be in the following order: conforming short course yards, non-conforming long course meters, and non-conforming short course meters. USA Swimming rules 207.11.7B. See Rules for distance events seeding.

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

SCRATCH RULE – PRELIMINARIES: Athletes entered in a Preliminaries & Finals meet that is seeded on the deck that have checked in for that event, shall swim in the event unless they notify the clerk of the course before seeding for that event has begun that they wish to scratch. Failure to swim an event shall result in being barred from the rest of his/her events that day including relays. If the athlete qualified for a final before missing an event they may swim that final.

SCRATCH RULE – FINALS: Athletes may scratch or declare their intent to scratch a final event, or multiple final events at the beginning of competition for that day. Any athlete qualifying for any level of finals in an individual event who does not wish to

compete shall scratch within 30 minutes after the announcement of qualifiers. During this period, qualifiers may also notify the referee that they may not intend to compete in bonus finals, consolation finals or finals. In this case they shall declare their final intention within 30 minutes after the announcement of qualifiers following their last individual preliminary event. In a non-positive check-in Preliminaries & finals meet any athlete qualifying for any level of finals in an individual event who fails to show up in said bonus final, consolation final, or final race prior to calling the alternate shall be barred from further competition for the remainder of the meet. If the No-Show occurs on the last day that the athlete is entered in an individual final event in the meet, and no other individual event penalty is applicable, the athlete shall then be fined \$100.00. The final shall be increased to \$150.00 if after 30 days of receiving the letter of notification the party has not made the payment.

Exceptions: No Penalty shall apply for failure to withdraw or compete in an individual event if: (i) the referee is notified in the event of illness or injury and accepts the proof thereof. (ii) It is determined that the No-Show is caused by circumstances beyond the control of the athlete. (iii) The athlete is an alternate for any level of finals.

ENTRY FEES: \$7.50 per individual event plus an \$8.00 per athlete participation fee. Entries will be rejected if payment is not sent at time of request. No late entries will be accepted. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/acsc20190216> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Wednesday, February 6th, 2019 or until the meet is full.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete’s best time. Entries must be entered using the current Pacific Swimming procedure: and postmarked by midnight, Monday, February 4th, 2019 or hand delivered by 6:30 p.m. Wednesday, February 6th, 2019. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make checks payable to: Aptos Cabrillo Swim Club

Mail entries to: Sean Lemmon, 202 Sidesaddle Circle, Scotts Valley, CA 95066

Hand deliver entries to: Sean Lemmon, 202 Sidesaddle Circle, Scotts Valley, CA 95066

ADMISSION: Free.

HOSPITALITY: Hospitality available for coaches, officials, timers, and volunteers. Lunches will be provided for coaches and working deck officials. There will be a snack bar.

MISCELLANEOUS: Neither the University of California, Santa Cruz nor the Aptos Cabrillo Swim Team will be responsible for any items (EZ-ups, tents, chairs, coolers, towels, clothing, etc.) left at the pool facility or on campus overnight.

ORDER OF EVENTS

Saturday, 2/16		
EVENT #	EVENT	EVENT #
1	500 FREE	2
3	200 I.M.	4
5	100 BACK	6
7	200 FLY	8
9	100 BREAST	10
11	100 FREE	12
13	1650 FREE	14

Sunday, 2/17		
EVENT #	EVENT	EVENT #
15	400 I.M.	16
17	200 FREE	18
19	100 FLY	20
21	200 BREAST	22
23	50 FREE	24
25	200 BACK	26
27	1000 FREE	28

Events 13-14 and 27-28 shall be swum fastest to slowest alternating women and men
There shall be a 10 minute break before the start of these events

Time standards may be found at: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by ACSC
 SENIOR OPEN PRELIMINARIES & FINALS
 02/16/2019 thru 02/17/2019
 Consolidated Entry Form

Name: Last, First Middle												
Club Abbr.			UNATT TEAM ABBR				Club Name					
Age			Date of Birth				Sex M F		LSC – (PC, SN)			
USA-#												
Event #	Distance / Stroke					Entry Time			Circle One			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
						: .			SCY / LCM / SCM			
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						: .			SCY / LCM / SCM			
# of entries _____ x \$7.50 = \$ _____ Participation Fee \$8.00 Total \$ _____												
Coach												
Athlete's Address												
Home Phone						Cell Phone						
Email												