

**BRENTWOOD SEAWOLVES**  
**PACIFIC SWIMMING ZONE 2 SHORT COURSE C/B/A+ MEET**  
**NOVEMBER 21-23, 2014**  
Enter Online: <http://ome.swimconnection.com/pc/bsw20141121>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **14-190**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**  
**Meet Referee:** Marie Lin                      **Head Starter:** Ken Barsanti  
**Meet Marshal:** Jeff Lapum                      **Admin Official:** Leo Lin / Tom Loomis  
**Meet Director:** Jay Rowland [meet.director@brentwoodseawolves.com](mailto:meet.director@brentwoodseawolves.com) 925-679-5294

**LOCATION:** HERITAGE HIGH SCHOOL POOL, 101 American Ave, Brentwood CA 94513.

**DIRECTIONS: From Highway 4 Eastbound:** Take CA-4 East past Pittsburg and Antioch into Brentwood, turn right on Balfour Rd then left onto American Avenue. **From Stockton / Central Valley:** Take CA-4 West from Stockton (I-5) through Discovery Bay (signs at traffic lights are marked "SR 4") into Brentwood, turn left on Balfour Rd and then left onto American Avenue. **From Tracy / I-205:** Take Grant Line Rd west to Byron Rd (J4) then Byron Road / Highway (J4) north through Byron to CA-4, turn left on CA-4 (signs at traffic lights are marked "SR 4"), then turn left on Balfour Rd in Brentwood and then left onto American Avenue. **From Livermore or Pleasanton:** Take Vasco Rd northbound from I-580 towards Brentwood, merge with CA-4 at Marsh Creek Rd then turn left on Balfour Rd in Brentwood and then left onto American Avenue. **Once on Balfour Rd in Brentwood:** follow Balfour Rd ~3½ miles (from CA-4 intersection) westbound to American Avenue and turn left. Note that American Avenue is only on your left – the right side of that intersection is W. Country Club Dr. **The student parking lot and access to the swimming pool are the first right once you are on American Ave.**

**COURSE:** Outdoor 25 yard pool with up to 8 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'9" at the start end and 7'9" at the turn end. The competition course has not been certified in accordance with Article 104.2.2C(4).

**TIME:** Meet will begin at 5:00 PM on Friday, November 21, with warm-ups from 4:00 to 4:45 PM. The meet will begin at **9:00 AM** on Saturday and Sunday with warm-ups from **7:30 to 8:45 AM** each day. A special warm-up time for 8 and under swimmers only will be held from **8:45 to 8:55 AM**.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Swimmers may compete in a **maximum of four (4)** events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the swimmers age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.

- Swimmers entering the 400 Yard IM and 1650 Yard Freestyle events must have achieved a minimum 11-12 USA Swimming Motivational BB Time for their gender.
- Swimmers entering the 500 Yard Freestyle must have achieved a minimum 9-10 USA Swimming Motivational BB Time for their gender.
- Swimmers competing in the 500 Yard Freestyle and 1650 Yard Freestyle events must provide their own timers and lap counters. Swimmers competing in the 400 Yard I.M. must provide their own timers.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

**RACING STARTS:** Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited in all areas of the meet venue.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heaters are permitted except for snack bar / meet operations.
- Deck setup is limited to officials and coaches. Space for coach setup with good visibility is somewhat limited and teams are encouraged to share table / tent space where possible.
- All shelters must be properly secured.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

**ELIGIBILITY:**

- Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Swimmers in the "A" Division must have met at least the listed USA Swimming Motivational "A" time standard. Swimmers in the "B" Division must have met at least the listed "B" time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- Entries with **"NO TIME" will be REJECTED.**
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the open and 13-18 events for time only, no awards. Such swimmers must meet any applicable time standards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

**ENTRY PRIORITY:** Meet entries will not be accepted any earlier than October 17, 2014. Entries from members of "year round" Zone 2 teams postmarked or entered online by 11:59 p.m. on October 24, 2014 will be given 1<sup>st</sup> priority acceptance. Entries from members of all Zone 2 teams (year round and seasonal) postmarked or entered online between 12:00 a.m. October 25, 2014, and

11:59 p.m. October 31, 2014, will be given 2<sup>nd</sup> priority acceptance. All entries received after 12:00 a.m. November 1, 2014, from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**\*\* NOTE: Swimmers who falsify their entry form by listing a team to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and the swimmer may be referred to the Pacific Swimming Review Committee for disciplinary action.**

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

**ONLINE ENTRIES:** To enter online go to <http://ome.swimconnection.com/pc/bsw20141121> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, November 12, 2014.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Tuesday, November 11, 2014, or hand delivered by 6:30 p.m. Wednesday, November 12, 2014. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope. Hand deliveries must be made to a BSW team representative present on deck immediately before or within the first 15 minutes of a regularly scheduled practice.

**Make check payable to: Brentwood SeaWolves**

**Mail entries to:** BSW Meet Entries  
PO Box 1212  
Brentwood, CA 94513

**Hand deliver entries to: BSW Representative on HHS Pool Deck**  
101 American Ave.  
Brentwood, CA 94513

**CHECK-IN:** The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any swimmers not reporting for or competing in an individual timed final event shall not be penalized. Swimmers who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** The first eight (8) places will be awarded for 8 & Under, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. Ribbons will be awarded for C, B and A divisions. All B swimmers achieving a USA Swimming Motivational A time will be awarded a standard "A" medal, regardless of place achieved in the event. 13-18 Events will swim together but will be awarded as 13-14, 15-16, and 17-18.

**ADMISSION:** Free. A three-day meet program will be available for a reasonable price.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** The Meet Referee shall conduct an inventory of Officials and shall compare the number of swimmers entered against the number of Officials that worked representing each team per day of the meet. Those teams who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

Number of swimmers entered in meet per team per day	Number of trained and carded officials required
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Swimmers over 100	+1

#### EVENT SUMMARY

	8 & UN	9-10	11-12	13-18
<b>FRIDAY, November 21, 2014</b>			400 I.M.	400 I.M.
	500 FR	500 FR	500 FR	500 FR
<b>SATURDAY, November 22, 2014</b>	*	200 FR	200 FR	200 FR
	25 FR			
	*	100 BR	100 BR	100 BR
	50 BK	50 BK	50 BK	
			200 BK	200 BK
	25 BK			
	*	100 FL	100 FL	100 FL
	100 FR	100 FR	100 FR	100 FR
	100 I.M.	100 I.M.	100 I.M.	
			1650 FR (G)	1650 FR (G)
<b>SUNDAY, November 23, 2014</b>	*	200 I.M.	200 I.M.	200 I.M.
	50 FR	50 FR	50 FR	50 FR
	50 BR	50 BR	50 BR	
			200 BR	200 BR
	25 BR			
	*	100 BK	100 BK	100 BK
	50 FL	50 FL	50 FL	
			200 FL	200 FL
	25 FL			
			1650 FR (B)	1650 FR (B)

13-18 Events will be swum together but awarded separately.

\* 100 FL, 100 BK, 100 BR, 200 FR and 200 I.M. will be swum as 10 & Under events to accommodate 8 & Under swimmers. Swimmers must meet the time standards listed below the following event tables to swim the 400 I.M., 500 Free and 1650 Free.

## EVENTS

Friday, November 21, 2014		
EVENT #	EVENT	EVENT #
1	11 & Over 400 I.M.*	2
3	Open 500 Free**	4

Saturday, November 22, 2014		
EVENT #	EVENT	EVENT #
5	11-12 200 Free	6
7	10 & Under 200 Free	8
9	13-18 200 Free	10
11	8 & Under 25 Free	12
13	11-12 100 Breast	14
15	10 & Under 100 Breast	16
17	13-18 100 Breast	18
19	11-12 50 Back	20
21	9-10 50 Back	22
23	8 & Under 50 Back	24
25	13-18 200 Back	26
27	11-12 200 Back	28
29	8 & Under 25 Back	30
31	10 & Under 100 Fly	32
33	13-18 100 Fly	34
35	11-12 100 Fly	36
37	8 & Under 100 Free	38
39	9-10 100 Free	40
41	11-12 100 Free	42
43	13-18 100 Free	44
45	11-12 100 I.M.	46
47	9-10 100 I.M.	48
49	8 & Under 100 I.M.	50
51	11 & Over 1650 FR (Girls)***	--

Sunday, November 23, 2014		
EVENT #	EVENT	EVENT #
53	10 & Under 200 I.M.	54
55	11-12 200 I.M.	56
57	13-18 200 I.M.	58
59	8 & Under 50 Free	60
61	9-10 50 Free	62
63	11-12 50 Free	64
65	13-18 50 Free	66
67	9-10 50 Breast	68
69	11-12 50 Breast	70
71	8 & Under 50 Breast	72
73	13-18 200 Breast	74
75	11-12 200 Breast	76
77	8 & Under 25 Breast	78
79	10 & Under 100 Back	80
81	11-12 100 Back	82
83	13-18 100 Back	84
85	8 & Under 50 Fly	86
87	9-10 50 Fly	88
89	11-12 50 Fly	90
91	13-18 200 Fly	92
93	11-12 200 Fly	94
95	8 & Under 25 Fly	96
--	11 & Over 1650 FR (Boys)***	98

\* Swimmers entering the 400 I.M. must provide their own timers  
and have official times of 6:00.89 (Girls) / 5:52.99 (Boys)

\*\* Swimmers entering the 500 Free must provide their own timers and lane counters  
and have official times of 7:39.49 (Girls) / 7:32.59 (Boys)

\*\*\* Swimmers entering the 1650 Free must provide their own timers and lane counters  
and have official times of 23:14.19 (Girls) / 22:57.79 (Boys)

Use the following URL to find the time standards: <http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – Hosted by Brentwood SeaWolves Short Course C/B/A+ November 21-23, 2014 Consolidated Entry Form													
Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						
Email													