

SANCTION: Held under USA/Pacific Swimming Sanction No. **19-109**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

<i>Meet Referee:</i> Leo Lin	<i>Head Starter:</i> John King
<i>Meet Marshal:</i> Cameron Chilcot	<i>Admin Official:</i> Marie Lin
<i>Meet Director:</i> Chase Kreitler	

LOCATION: Legends Aquatic Center, 2214 Bancroft Way, Berkeley CA 94704

COURSE: : Outdoor 50 meter pool with up to 6 lanes available for competition. The minimum water depth for the competition course, measured in accordance with Article 103.2.3, is 8¾ feet at the shallow end and 17 feet at the deep end. The competition course has not been certified in accordance with 104.2.2C(4). The dimensions of the competition course with a moveable bulkhead will be verified in accordance with 104.2.2C(5).

TIME: Meet will begin at 10:00 AM with warm-ups from 8:30 AM.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet.
- All events are timed finals.
- The meet will be pre-seeded. There will be no penalty for missing an event
- **All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may be used to prove registration status.**

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Deck Changes are prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or

removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.

- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY: • Athletes shall be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.

- Entries are limited to athletes attached to or training with **California Aquatics or Alto Swim Club**
- Entries with "**NO TIME**" will be **ACCEPTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.

ENTRY FEES: None.

ENTRIES: Entries shall be submitted in an electronic format to Kevin Rapien (kevin.rapien@gmail.com) Cal Aquatics. Entries are due by 5:00 PM, Friday, June 21, 2019.

CHECK-IN: The meet shall be pre-seeded. No check-in is required.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS: None.

ADMISSION: Free.

SNACK BAR & HOSPITALITY: There will be no snack bar available.

ORDER OF EVENTS

Women	Stroke-Distance	Men
1	Mixed 800 Free	2
3	400 IM	4
5	50 Free	6
Break - 5 min		
7	100 Breast	8
9	200 Free	10
Break - 5 min		
11	100 Back	12
13	200 Fly	14
Break - 5 min		
15	200 Breast	16
17	100 Fly	18
19	200 Back	20
Break - 5 min		
21	400 Free	22
23	200 IM	24
25	100 Free	26