

**CARSON TIGERSHARKS INTERMOUNTAIN CLASSIC  
PACIFIC SWIMMING LONG COURSE AGE GROUP OPEN  
FRIDAY – SUNDAY, MAY 24 – 26, 2019**

Enter Online: <https://ome.swimconnection.com/pc/CARS20190524>



**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-052**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, of information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. The results of this meet may be posted in real time on the Internet.

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b> Jim Morefield	<b>Head Starter:</b> Chris Fanter
<b>Meet Marshal:</b> Gary Kolb	<b>Admin Official:</b> Veronica Harmon
<b>Chief Judge:</b> Valerie Rudd	
<b>Meet Director:</b> Ben Kahue; <a href="mailto:benkahue3@gmail.com">benkahue3@gmail.com</a> ; 775-338-4387	

**LOCATION:** Carson Aquatic Facility, 841 N. Roop St., Carson City, NV

**DIRECTIONS:** From Business Hwy. 395 go two traffic lights East on Hwy. 50 (E. Williams St.). Turn right on Roop St. and go one block south. Turn left behind the Carson City Community Center. From Reno on Hwy. 395 take exit 39. Turn right and travel west for 0.9 mile. Turn left into Mills Park and the Carson City Community Center. Additional parking is available at the Bank of America at the northwest corner of Roop St. and Hwy. 50 (E. Williams St.).

**COURSE:** 50 meter heated indoor pool with up to 8 lanes for competition and a 25 yard outdoor pool for warm-up and warm down. Colorado Timing system. The minimum water depth in the competition course as measured in accordance with Article 103.2.3 is at least 5 feet at the start end and 4 feet at the turn end. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. All events except events of 50 meters will start at the start end of the pool and the 50-meter events will start at the turn end.

**TIME:**

- **FRIDAY SESSION:** Meet begins at 5:00 pm with warm-ups from 4:00 – 4:45 pm.
- **SATURDAY AND SUNDAY AM:** Meet begins at 8:30 am with warm-ups from 7:00am-8.15am
- **SATURDAY AND SUNDAY PM:** WARM-UP: at the conclusion of the AM session, but not before 11:00 am.

**RULES:**

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals and will be seeded fast to slow.
- Athletes may enter as many events as they wish, but shall check in for and compete in **no more than 2 events on Friday and 5 events each day on Saturday and Sunday, for a maximum of 10 events total, plus 1 relay.**
- **Entries for a session will close before the entry deadline** if and when the estimated session timeline for 12-under athletes reaches 4 hours, or when the combined session timelines for that day reach 8.5 hours, whichever occurs first.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their valid USA Swimming membership information in a visible manner at all times while on deck.** All coaches are required to sign in at the meet before the start of warm-ups and present their valid registration information. Except for coaches accompanying athletes participating under the provisions of 202.8 or USA Swimming's "open border" policy, all persons acting in any coaching capacity must show proof of current USA Swimming coach membership.

#### **DISTANCE:**

- Per Zone-4 policy, to be eligible to enter the 1500 freestyle, an Athlete must have previously established an official time in an event of 400Y/400M or longer.
- All athletes entered in the 1500 freestyle must be **checked in by 5:00 pm on Friday otherwise they will be considered scratched from the event.**
- The 1500 freestyle events will be swum alternating women's and men's heats.
- All athletes in the 1500 freestyle must provide their own timers and lap counters.

#### **RELAYS:**

- Relays are timed finals and will be deck entered by the announced deadlines on Friday and Saturday.
- Entries will be due to the Clerk of Course no later than 1 hour after the start of races for each session.
- Clubs may submit as many relay entries as they wish.
- All relays will be open-gender.
- Relay entry cards will be available from the Admin table throughout the meet. Each entry must clearly designate the order of swim and any alternate athletes, and shall not be changed after the lead athlete is called to the blocks.
- Each relay athlete must be entered in an individual event in the meet, and must not be Unattached.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Athletes must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start the race in the water without the use of the backstroke ledge. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

#### **RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages or the recognition of alcohol sponsors is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- No animals except for physician certified "service assistance" animals. Please show certification when asked by meet officials or marshals.
- All shelters must be properly secured.
- Deck changes are prohibited.
- **IMPORTANT:** All floor and wall vents must be kept clear at all times to ensure proper air circulation in the facility.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

#### **ELIGIBILITY:**

- Athletes must be current athlete members of USA Swimming and enter their name and registration number exactly as they are shown in their USA Swimming registration. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Entries with **"NO TIME" will be ACCEPTED (Exception: see distance rules).**
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards.
- The athlete's age will be the age of the athlete on the first day of the meet.

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk of Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all events shall be no earlier than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be allowed to compete in the event.

**SCRATCHES & NO SHOWS:** Any athlete not reporting for or competing in an individual event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**ENTRY TIMES:** Entries must be submitted using the athlete's best long course meters time for each event. All entry times must be submitted in long course meters.

**DECK ENTRIES:** Deck entries may be accepted at the Clerk of Course during this meet, for time only and subject to proof of USA Swimming registration. Deck entries will not be accepted after the event has closed for seeding or the session is full.

**ENTRY FEES:** \$4.00 per individual event, \$11.00 participation fee per athlete. All entry fees MUST be included with entry. No refunds will be made, except mandatory scratch downs. Relays will be \$16.00 due with the relay entries or no later than 1 hour after the start of session.

**ONLINE ENTRIES:** To enter online go to <https://ome.swimconnection.com/pc/CARS20190524> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will not be accepted after 11:59 pm Wednesday, May 15, 2019 or after a session is full.**

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best meter time. Entries must be postmarked by midnight, **Monday, May 13, 2019** or hand delivered by 6:30 p.m. **Wednesday, May 15, 2019, and may be rejected if a session is already full.**

**Make check payable to: Carson Tigersharks**

**Mail entries to: Becki Boehnke  
P.O. Box 1876  
Carson City, NV 89702**

**Hand deliver entries to: Becki Boehnke  
841 N. Roop Street  
Carson City, NV 89701**

**AWARDS:**

- **Individual High Point:** High Point and runner up awards for age groups 8 & U, 9-10, 11-12, 13-14, and 15-18.
- **Individual Events:** Ribbons 1<sup>st</sup> – 8<sup>th</sup> place for age groups 8 & U, 9-10, 11-12, and 13-14.
- Relays: 1<sup>st</sup> – 3<sup>rd</sup>
- Athletes 15-18 will not receive individual ribbons. Athletes 19 years of age and older will not receive points or awards.
- ALL AWARDS MUST BE PICKED UP AT THE MEET. Each club is asked to designate a club representative to claim awards. NO AWARDS WILL BE MAILED.

**SCORING:** Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

**ADMISSION:** Free. A 3-day meet program will be available for a fee.

**SNACK BAR:** A snack bar will be available during the meet.

**HOSPITALITY:** Lunch and limited hospitality will be available to all working officials and coaches.

**MINIMUM OFFICIALS:** All available USA Swimming member certified officials are welcomed and encouraged to work at this meet. As the number of certified officials allows, interested parents/trainees are also welcome to shadow working officials for education and/or mentoring. Participating clubs are **requested** to provide at least the following number of certified and carded officials for each session:

Club Athletes entered in session:	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101 or more	5

**TIMERS:** Clubs will be assigned lanes based on the number of Athletes from each club (host club will not be expected to time).

**EVENT SUMMARY:**

	10 & Under	11-12	13 & Over
<b>Friday</b>	200 IM	200 IM 400 Free 1500 Free	400 IM 1500 Free
<b>Saturday</b>	200 Free 100 Back 50 Breast 50 Free 100 Fly Open-Gender 200 Free Relay	200 Back 200 Breast 100 Back 50 Breast 50 Free 100 Fly Open-Gender 200 Free Relay	200 IM 50 Free 200 Fly 100 Breast 200 Free 100 Back
<b>Sunday</b>	100 Breast 50 Back 50 Fly 100 Free	200 Free 200 Fly 100 Breast 50 Back 50 Fly 100 Free	400 Free 100 Fly 200 Breast 200 Back 100 Free

**ORDER OF EVENTS:**

<b>Friday, May 24, 2019 – PM Session</b>		
<i>GIRLS EVENT #</i>	<i>EVENT</i>	<i>BOYS EVENT #</i>
1	12 & Under 200 IM	2
3	13 & Over 400 IM	4
5	11-12 400 Free	6
7	11 & Over 1500 Free	8

<b>Saturday, May 25, 2019 – AM Session</b>		
<i>GIRLS EVENT #</i>	<i>EVENT</i>	<i>BOYS EVENT #</i>
9	13 & Over 200 IM	10
11	13 & Over 50 Free	12
13	13 & Over 200 Fly	14
15	13 & Over 100 Breast	16
17	13 & Over 200 Free	18
19	13 & Over 100 Back	20

<b>Sunday, May 27, 2019- AM Session</b>		
<i>GIRLS EVENT #</i>	<i>EVENT</i>	<i>BOYS EVENT #</i>
45	13 & Over 400 Free	46
47	13 & Over 100 Fly	48
49	13 & Over 200 Breast	50
51	13 & Over 200 Back	52
53	13 & Over 100 Free	54

<b>Saturday, May 25, 2019 – PM Session</b>		
<i>GIRLS EVENT #</i>	<i>EVENT</i>	<i>BOYS EVENT #</i>
21	11-12 200 Back	22
23	10 & Under 200 Free	24
25	11-12 200 Breast	26
27	10 & Under 100 Back	28
29	11-12 100 Back	30
31	10 & Under 50 Breast	32
33	11-12 50 Breast	34
35	10 & Under 50 Free	36
37	11-12 50 Free	38
39	10 & Under 100 Fly	40
41	11-12 100 Fly	42
43	10 & under Open-Gender 200 Free Relay	
44	12 & under Open-Gender 200 Free Relay	

<b>Sunday, May 26, 2019 – PM Session</b>		
<i>GIRLS EVENT #</i>	<i>EVENT</i>	<i>BOYS EVENT #</i>
55	11-12 200 Free	56
57	11-12 200 Fly	58
59	10 & Under 100 Breast	60
61	11-12 100 Breast	62
63	10 & Under 50 Back	64
65	11-12 50 Back	66
67	10 & Under 50 Fly	68
69	11-12 50 Fly	70
71	10 & Under 100 Free	72
73	11-12 100 Free	74

**Special rules:**

- Athletes may enter as many events as they wish, but shall check in for and compete in no more than 2 events on Friday and 5 events on Saturday and Sunday, for a maximum of 10 events total, plus 1 relay.
- Events 1 & 2 will be swum combined 12 & under, but will be scored 8 & under, 9-10, and 11-12.
- Events 7 & 8 will be swum combined 11 & over, but will be scored 11-12, 13-14, and 15 & over.
- All 10 & under events will be scored 8 & under and 9-10.
- The 1500m freestyle will be swum fastest to slowest, alternating women and men. Athletes must provide their own timers and lap counters.

**Times:**

- Friday: warm-up: 4.00 pm-4.45pm / meet start: 5:00pm
- Saturday and Sunday AM: warm-up: 7:00am-8.15am / meet start: 8.30am
- Saturday and Sunday PM: warm-up: at the conclusion of the AM session, but not before 11:00 am.

Pacific Swimming – Hosted by Carson Tigersharks  
LONG COURSE AGE GROUP OPEN  
FRIDAY – SUNDAY, MAY 24 – 26, 2019

Consolidated Entry Form

Name: Last,                      First                      Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M    F	LSC – (PC, SN, etc.)
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USA-#															
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Event #	Distance / Stroke	Entry Time	
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM
		: .	LCM

# of entries \_\_\_\_\_ x \$4.00 = \$ \_\_\_\_\_  
Participation Fee                      \$ \$ 11.00  
Total    \$ \_\_\_\_\_

Coach

Athlete's  
Address

Home Phone	Cell Phone
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Email