

**CROW CANYON SHARKS  
14 & U JO LAST CHANCE  
PACIFIC SWIMMING SHORT COURSE B/BB+ MEET  
NOVEMBER 23 – 24, 2019**



Enter Online: <https://ome.swimconnection.com/PC/CROW20191123>

**SANCTION:** Held under USA/Pacific Swimming Sanction No. **19-159**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://www.results.teamunify.com/crow/index.htm>**

**USE OF AUDIO AND VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<b>Meet Referee:</b> Tom Cross	<b>Head Starter:</b> Dave Cottam
<b>Meet Marshal:</b> Daryl Smith	<b>Admin Official:</b> Carol Cottam
<b>Meet Director:</b> Naim Heddadji <a href="mailto:crowmeetchief@yahoo.com">crowmeetchief@yahoo.com</a>	925-271-2761

**LOCATION:** Dougherty Valley High School 10550 Albion Rd, San Ramon, CA 94582. Do not park where no parking signs or permit parking only signs are posted. You will be ticketed or towed. No overnight/RV parking allowed.

**DIRECTIONS:** From the north of San Ramon follow I-680 S to Bollinger Canyon Rd in San Ramon. Take left on Albion Rd

**COURSE:** Outdoor 25 yard x 50 meter outdoor, heated pool pool with up to 13 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 10' at the start end and 7' at the turn end. The competition course has been certified in accordance with Article 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**TIME:** Meet will begin at 9:00 AM each day with warm-ups from 7:30 to 8:45 AM each day. A special warm-up time for 8 and under athletes only will be held from 8:45 to 8:55 AM. Check-in begins at 7:30 a.m. on Saturday and Sunday each day.

**RULES:**

- Current USA and Pacific Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP") and warm-up procedures, will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in 4 events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes' age and gender.
- If local conditions warrant, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch-down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**
- Athletes entering the 500 and 1650 freestyle must have achieved the BB time for this event in their age group, and must provide their own timers and lap counters. Athletes entering the 400 IM must have achieved the BB time for this event in their age group, and must provide their own timers. These events may be swum alternating heats of girls and boys, or seeded combining girls and boys.

**UNACCOMPANIED ATHLETES:** Any USA Swimming athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet

Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

**RACING STARTS:** Any athlete entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start, or must start each race from within the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:**

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, in standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck Changes are prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**ELIGIBILITY:**

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "BB" Division must have met at least the listed "BB" time standard. Athletes in the "B" Division must have met at least the listed "B" time standard.
- Entries with "**NO TIME**" will be **REJECTED**.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The athlete's age will be the age of the athlete on the first day of the meet.

**ENTRY PRIORITY:** Meet entries will not be accepted any earlier than **October 19, 2019**. Entries from members of assigned "year round" Zone 2 clubs postmarked or entered online by 11:59 PM. on **October 26, 2019** will be given 1<sup>st</sup> priority acceptance. Entries from members of all Zone 2 clubs (year round and seasonal) postmarked or entered online between 12:00 AM **October 27, 2019** and 11:59 PM **November 2, 2019** will be given 2<sup>nd</sup> priority acceptance. All entries from Zone 2, all other Pacific LSC Zones and other LSC's, either postmarked, entered online, or hand delivered by the entry deadline will be considered in the order that they were received.

**\*\* NOTE: Athletes who falsify their entry form by listing a club to which they are not legitimately associated will be rejected from the meet. Further, entry fees will not be refunded and they may be referred to the Pacific Swimming Review Committee for disciplinary action.**

**ENTRY FEES:** \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch-downs.

**ONLINE ENTRIES:** To enter online go to <https://ome.swimconnection.com/PC/CROW20191123> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through 11:59 PM Wednesday, **November 13, 2019**, or until the meet has reached capacity, whichever comes first.

**MAILED OR HAND DELIVERED ENTRIES:** Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by Monday, **November 11, 2019** or hand delivered by 6:30 PM, Wednesday, **November 13, 2019**. No late entries will be accepted. No entries received after the meet has reached capacity will be accepted. No refunds will be made, except mandatory scratch-downs. Requests for confirmation of receipt of entries should include a self-addressed, stamped envelope.

**Make check payable to: Sharks Swim Team**

**Mail entries to: Ethan Hall  
711 Silver Lake Dr,  
Danville, CA 94526**

**hand deliver entries: Ethan Hall  
711 Silver Lake Dr,  
Danville, CA 94526**

**CHECK-IN:** The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check-in will not be seeded and will not be allowed to compete in that event.

**SCRATCHES:** Any athletes not reporting for or competing in an individual timed final event shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

**AWARDS:** First through eighth places in each division (B & BB) will be awarded for the 10&under, 11-12, 13-14 age groups. All athletes achieving an A time for the first time will be awarded a standard A medal, regardless of place achieved in the event. We will not mail or distribute awards after the meet.

**ADMISSION:** Free. A limited number of meet programs will be available for \$5.00.

**SNACK BAR & HOSPITALITY:** A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

**MISCELLANEOUS:** No overnight parking is allowed. Facilities will not be provided after meet hours.

**MINIMUM OFFICIALS:** The Meet Referee shall conduct an inventory of Officials and shall compare the number of athletes entered against the number of Officials that worked representing each club per day of the meet. Those clubs who have not provided sufficient Officials in a day of the meet, in accordance with the table below, will be fined \$100 per missing Official per day.

<b>Number of athletes entered in meet per club per day</b>	<b>Number of trained and carded officials required</b>
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
Every 20 Athletes over 100	+1

**EVENT SUMMARY**

SATURDAY			SUNDAY		
10 & under	11-12	13 - 14	10 & under	11-12	13 - 14
200 FREE	200 FREE	200 FREE	200 I.M.	200 I.M.	200 I.M.
100 BREAST	100 BREAST	100 BREAST	50 FREE	50 FREE	50 FREE
100 FLY	100 FLY	100 FLY	50 BREAST	50 BREAST	
50 BACK	50 BACK			200 BREAST	200 BREAST
	200 BACK	200 BACK	50 FLY	50 FLY	
100 FREE	100 FREE	100 FREE		200 FLY	200 FLY
100 I.M.	100 I.M.		100 BACK	100 BACK	100 BACK
500 Free				400 I.M.	
				1650 Free	

**EVENTS**

Saturday, November 23, 2018		
Girls EVENT #	EVENT	Boys EVENT #
1	11-12 200 FREE	2
3	10 & U 200 FREE	4
5	13-14 200 FREE	6
7	11-12 100 BREAST	8
9	10 & Under 100 BREAST	10
11	13-14 100 BREAST	12
13	11-12 100 FLY	14
15	10 & Under 100 FLY	16
17	13-14 100 FLY	18
19	11-12 50 BACK	20
21	10 & Under 50 BACK	22
23	13-14 200 BACK	24
25	11-12 200 BACK	26
27	10 & Under 100 FREE	28
29	13-14 100 FREE	30
31	11-12 100 FREE	32
33	10 & Under 100 I.M.	34
35	11-12 100 I.M.	36
37	OPEN 500 FREE *	38

Sunday, November 24, 2018		
Girls EVENT #	EVENT	Boys EVENT #
39	11-12 200 IM	42
41	10 & Under 200 I.M.	44
43	13-14 200 I.M.	46
45	11-12 50 FREE	48
47	10 & Under 50 FREE	48
49	13-14 50 FREE	50
51	11-12 50 BREAST	52
53	10 & Under 50 BREAST	54
55	13-14 200 BREAST	56
57	11-12 200 BREAST	58
59	10 & Under 50 FLY	60
61	11-12 50 FLY	62
63	13-14 200 FLY	64
65	11-12 200 FLY	66
67	10 & Under 100 BACK	68
69	13-14 100 BACK	70
71	11-12 100 BACK	72
73	11 -14 400 I.M. *	74
75	11-14 1650 FREE *	76

\*Athletes entering the 500 and 1650 freestyle must have achieved the BB time for this event in their age group, and must provide their own timers and lap counters.

Athletes entering the 400 IM must have achieved the BB time for this event in their age group, and must provide their own timers. These events may be swum alternating heats of girls and boys, or seeded combining girls and boys.

Time standards are located on the Pacific Swimming web site at:

<http://www.pacswim.org/swim-meet-times/standards>

Pacific Swimming – CROW Canyon Sharks  
 2019 Short Course B/BB+ Last Chance Meet  
 Saturday, November 23rd – Sunday November 24th, 2019  
 Consolidated Entry Form

Name: Last,                      First                      Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M    F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee        \$ 8.00 Total                                \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													