

SANTA CRUZ SWIMMING
PACIFIC SWIMMING SHORT COURSE C/B/A+ MEET
OCTOBER 6 - 7, 2018
Enter Online: <http://ome.swimconnection.com/pc/CRUZ20181006>



SANCTION: Held under USA/Pacific Swimming Sanction No. **18-126**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Pacific Swimming, and Santa Cruz Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee:	Mike Piccardo	Head Starter:	Ray Tanaka
Meet Marshal:	Virginia Leal	Admin Official:	Donna Johansen
Meet Director:	Bill Norris; cruz.meetdirector@gmail.com, 650-303-2921		

LOCATION: Watsonville High School, 380 Lincoln Street, Watsonville, CA

DIRECTIONS: Map for parking and pool location can be found at <http://cruzswimming.org>. From US Highway 101 (either from north or south) take Chittenden Road (CA 129) west towards Watsonville. From CA 1 (either from north or south) take Riverside Drive (CA 129) east towards Watsonville. From either direction turn north onto Lincoln Street, athletic fields will be on your right. Turn first right onto Wildcatz Way, pool entrance and drop-off will be on your right. Parking will be at the end of Wildcatz way under solar installations.

COURSE: Outdoor pool with up to 10 lanes available for competition. An additional 4 lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 7'0" at the start end and 7'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME:

MORNING SESSION (All 10 & Under Athletes): Meet begins at 9:00 AM; Warm-Up is from 7:30 – 8:45 AM

AFTERNOON SESSION (11 and Over Athletes): Afternoon Session will begin one hour after Morning Session finishes, but not before 12:00 PM.

Note: Depending upon entries, the morning session may be considerably shorter than the afternoon session. A rough timeline as well as other logistical information will be available at <http://cruzswimming.org>.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- All events will swim fast to slow.
- **MORNING SESSION (All 10 & Under Athletes):** Athletes may compete in a **maximum of 3** events per day.
- **AFTERNOON SESSION (11 and Over Swimmers):** Athletes may compete in a **maximum of 4** events per day.
- All athletes ages 12 and under should complete competition within four (4) hours.
- Entries will be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athletes age and gender.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

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- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.
- Athletes must provide their own lapcounters for the 500 Freestyle events, timers for the 400 I.M. events and both timers and lapcounters for the 1000 Freestyle events.

UNACCOMPANIED ATHLETES: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- **PLEASE DO NOT BRING YOUR DOGS TO THIS MEET.** No animals are allowed in any area of the meet venue (which includes the parking lots) except service animals wearing a service animal vest and actually working to assist a disabled person. Even service animals who are not behaving properly (barking, jumping and the like) will be asked to leave the meet venue.
- **For safety and accessibility reasons the entire pool deck must be cleared of non-coach tents, chairs, blankets, etc. All setup is intended to be located on the basketball courts between the pool and the football field.**

ELIGIBILITY:

- Athletes must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- Athletes in the "A" Division must have met at least the USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division must have met at least the listed "B" minimum time standard. All entry times slower than the listed "B" time standard will be in the "C" Division.
- **Entries with "NO TIME" will be ACCEPTED with the following exceptions:**
 - **500 Free events** will utilize athlete's times for 200 Free for entry and seeding. Athletes must have met the 200 Free time standard listed in the event table for entry in the 500 Free. Times will be verified. Entries that do not meet the time standard requirement will be scratched with no refunds or alternate events offered.
 - **1000 Free events** will utilize athlete's times for 500 Free for entry and seeding. Athletes must have met the 500 Free time standard listed in the event table for entry in the 1000 Free. Times will be verified. Entries that do not meet the time standard requirement will be scratched with no refunds or alternate events offered.

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- **400 I.M. events** will utilize athlete's times for 200 I.M. for entry and seeding. Athletes must have met the 200 I.M. time standard listed in the event table for entry in the 400 I.M. Times will be verified. Entries that do not meet the time standard requirement will be scratched with no refunds or alternate events offered.
- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athletes must have met standards for the 17-18 age group.
- The athlete's age will be the age of the athlete on the first day of the meet.

ENTRY PRIORITY: Zone 1 South (Z1S) and SN-RAD entries postmarked by **Monday, September 17, 2018** or entered online by 11:59 p.m. **Monday, September 17, 2018** will be given priority acceptance. All entries from Zone 1 South, all other Pacific LSC zones, and other LSC's either postmarked by **Monday, September 24, 2018**, entered online by 11:59 p.m. **Wednesday, September 26, 2018** or hand delivered by 5:00 p.m. **Wednesday, September 26, 2018** will be considered in the order that they were received or until the meet cap is reached.

ENTRY FEES: \$4.00 per event plus an \$8.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/CRUZ20181006> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries will be accepted through Wednesday, **September 26, 2018**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with athlete's best time. Entries must be postmarked by midnight, **Monday, September 24, 2018** or hand delivered by 5:00 p.m. **Wednesday, September 26, 2018**. No late entries will be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Santa Cruz Swimming

Mail entries to: Bill Norris
Swim Meet Entries
P.O. Box 1616
Soquel, CA 95073

Hand deliver entries to: Bill Norris
Leave at Front Desk of Business
345 Encinal Street
Santa Cruz, CA 95073

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized.

AWARDS: Awards will be given to top 8 finishers in the following age groups in each division (C, B, A): 8&u, 9-10, 11-12, 13-14, 15-16 and 17-18 age groups. "A" medals will be awarded to swimmers achieving a new USA-S "A" time regardless of place achieved in the event. No awards will be given to swimmers age 19 years or older. All Individual awards must be picked up at the meet. No awards will be mailed or distributed after the meet.

ADMISSION: Free.

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SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
200 FREE	200 FREE	200 FREE	200 FREE	25 FREE	500 FREE	200 BREAST	200 BREAST
25 BREAST	50 FLY	100 BREAST	100 BREAST	50 BREAST	50 BREAST	50 BACK	100 FLY
50 FLY	100 BREAST	200 FLY	200 FLY	25 BACK	100 FLY	100 FLY	100 FREE
100 BREAST	100 BACK	50 FLY	200 IM	100 FLY	100 IM	100 FREE	200 BACK
25 FREE	50 FREE	200 IM	100 BACK	25 FLY	50 BACK	200 BACK	50 FREE
100 BACK	200 IM	50 FREE	400 IM	100 IM	100 FREE	100 IM	1000 FREE
25 BACK		100 BACK		50 BACK		50 BREAST	
50 FREE		400 IM		100 FREE		1000 FREE	



EVENTS

Saturday October 6, 2018				
Morning Session				
Warm-up 7:30-8:45				
Time Standard	Girls EVENT #	EVENT	Boys EVENT #	Time Standard
	1	10 & U 200 FREE	2	
	3	8 & U 25 BREAST	4	
	5	10 & U 50 FLY	6	
	7	10 & U 100 BREAST	8	
	9	8 & U 25 FREE	10	
	11	10 & U 100 BACK	12	
	13	8 & U 25 Back	14	
	15	10 & U 50 FREE	16	
	17	9 & 10 200 IM	18	

Sunday October 7, 2018				
Morning Session				
Warm-up 7:30-8:45				
Time Standard	Girls EVENT #	EVENT	Boys EVENT #	Time Standard
3:19.19*	45	9 - 10 500 FREE	46	3:06.69*
	47	8 & U 25 FREE	48	
	49	10 & U 50 BREAST	50	
	51	8 & U 25 Back	52	
	53	10 & U 100 FLY	54	
	55	8 & U 25 FLY	56	
	57	10 & U 100 IM	58	
	59	10 & U 50 BACK	60	
	61	10 & U 100 FREE	62	

Afternoon Session				
Session Begins No Earlier Than 12:00 noon				
Time Standard	Girls EVENT #	EVENT	Boys EVENT #	Time Standard
	19	11 - 12 200 FREE	20	
	21	13 & O 200 FREE	22	
	23	11 - 12 100 BREAST	24	
	25	13 & O 100 BREAST	26	
	27	11 - 12 200 FLY	28	
	29	13 & O 200 FLY	30	
	31	11 - 12 50 FLY	32	
	33	13 & O 200 IM	34	
	35	11-12 200 IM	36	
	37	11 & 12 50 FREE	38	
	39	13 & O 100 BACK	40	
	41	11 - 12 100 BACK	42	
3:00.69*	43	11 & O 400 IM	44	2:57.59*

Afternoon Session				
Session Begins No Earlier Than 12:00 noon				
Time Standard	Girls EVENT #	EVENT	Boys EVENT #	Time Standard
	63	11 & 12 200 BREAST	64	
	65	13 & O 200 BREAST	66	
	67	11 & 12 50 BACK	68	
	69	13 & O 100 FLY	70	
	71	11 & 12 100 FLY	72	
	73	13 & O 100 FREE	74	
	75	11 & 12 100 FREE	76	
	77	13 & O 200 BACK	78	
	79	11 & 12 200 BACK	80	
	81	11 & 12 100 IM	82	
	83	13 & O 50 FREE	84	
	85	11 & 12 50 BREAST	86	
7:09.09*	87	11 & O 1000 Fr	88	6:57.29*

- * **500 Free events** will utilize athlete's times for 200 Free for entry and seeding. Athletes must have met the 200 Free time standard listed in the event table for entry in the 500 Free.
- 1000 Free events** will utilize athlete's times for 500 Free for entry and seeding. Athletes must have met the 500 Free time standard listed in the event table for entry in the 1000 Free.
- 400 I.M. events** will utilize athlete's times for 200 I.M. for entry and seeding. Athletes must have met the 200 I.M. time standard listed in the event table for entry in the 400 I.M.
- Athletes must provide their own lapcounters for the 500 Freestyle events, timers for the 400 I.M. events and both timers and lapcounters for the 1000 Freestyle events.
- All 25 yard events will start at the north end of the pool without starting blocks while timers remain in place at the south side of the pool.

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Pacific Swimming – Hosted by Santa Cruz Swimming Short Course C/B/A+ October 6-7, 2018 Consolidated Entry Form													
Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Athlete's Address													
Home Phone							Cell Phone						
Email													